



## **JOB TITLE: ATHLETIC TRAINER**

Classification: Classified  
Salary Range: 35

Retirement Type: PERS\*  
Reviewed/Board: October 18, 2004  
Approved:

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### **BASIC FUNCTION:**

Under the direction of the Dean of Health Sciences and Athletics, assist the Senior Athletic Trainer in the development and implementation of a program for the prevention and care of athletic injuries to student athletes; administer first aid and emergency care; treat injuries and provide rehabilitation according to medical directions and standard medical practice.

### **REPRESENTATIVE DUTIES:**

Devise and recommend methods of preventing injuries and provide long term reconditioning programs as necessary.

Inspects dressing rooms, showers, playing fields, and athletic equipment to eliminate hazards.

Administer first aid and emergency medical care including lifesaving procedures to student athletes.

Administer light, heat, cold, sound, water, exercise, manual therapy and other physical therapy treatments as directed by physicians.

Operate related therapy equipment employing properties of heat, cold, water, sound and electricity.

Attend teams on trips and at home games.

Assist College physician and health personnel with health screening examinations for athletes.

Recognize athletic injuries and take appropriate steps in managing injuries including referral to appropriate medical facilities.

Maintain accurate and detailed injury and treatment records of athletes and others treated.

Maintain the Athletic Training Room and equipment in a clean and orderly condition.

Assist in the development of off-season conditioning programs for athletes.

Develop and maintain positive and effective working relationships with athletes, coaches, athletic department staff and health center personnel.

Assist in the preparation of the budget for athletic first aid supplies and equipment for approval by the Dean.

Make decisions concerning the participation status of injured athletes following guidelines from the standard orders.

Facilitate communications between athletes, coaches, parents, college and community concerning assessment of health and physical status of the athletes.

Assist athletes, students and staff in the submission of athletic insurance claims.

Perform related duties as assigned.

## **JOB QUALIFICATIONS:**

### Education and Experience:

Any combination equivalent to: Bachelor's degree in physical education or related field and sufficient experience required for certification.

## **OTHER QUALIFICATIONS:**

### Knowledge/Areas of Expertise:

Methods, practices, terminology, and procedures used in athletic training activities including recognition and prevention of injuries.

Principles and techniques used in the application of light, heat, cold, sound, water, exercise, manual therapy and other physical therapy treatments.

Principles and practices of providing work direction.

Principles and techniques of physical conditioning and exercise.

Policies, procedures and objectives of physical education and athletic programs.

Advanced principles of anatomy and physiology.

Symptoms of various athletic injuries and applicable treatment and first aid methods.

Various types of therapeutic treatments, equipment and conditioning programs.

Laws and rules regulations involved in assigned activities.

Oral and written communication skills.

Record keeping techniques.

Interpersonal skills using tact, patience and courtesy.

### Abilities/Skills:

Assist in the development and implementation of a program for the prevention of injuries to physical education students and athletes.

Administer first aid and emergency medical care.

Recognize injuries, treat injuries and provide rehabilitation according to authorized medical directions.

Oversee and provide direction to athletic training interns.

Assist in the preparation of the budget for athletic first aid medical supplies and equipment for approval by the Dean.

Read, interpret, apply and explain rules regulations, policies and procedures.

Analyze situations accurately and adopt an effective course of action.

Communicate effectively both orally and in writing.

Meet schedules and timelines.

Establish and maintain cooperative and effective working relationships with others.

Understand and work within the scope of authority.

Maintain records and prepare reports.

Learn and apply budgeting methods and practices.

### Licenses or Other Requirements:

Valid California driver's license: National Athletic Trainers Association (NATA) Certification: First Aid and CPR certification.

**WORKING CONDITIONS:**

Interact with a wide variety of individuals.  
Variable working hours; weekend assignments.  
Ability to lift up to 75 lbs.  
Indoor and outdoor work.  
Twisting, standing, reaching and bending required.

\* Previous employment performed in a different public retirement system may allow eligibility to continue in the same retirement system.