SPRING 2009: SECTION 2420  
Human Development 8: Orientation to College and Education Planning  
February 18- April 8  
Monday & Wednesday 8:00-9:01 a.m.  
Soc Sci. RM 105

Instructor: Nelson Espinola  
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Office Hours: MW 9:00-10:00 a.m.  
Note: Best way for you to reach me is email.

"When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bounds. Your mind transcends limitations, your consciousness expands in every direction and you find yourself in a new, great and wonderful world. Dormant forces, faculties and talents become alive, and you discover yourself to be a greater person by far than you ever dreamed yourself to be."

- Patanjali

This syllabus, like life itself, is subject to change.

A. Learning Objectives:
The primary objective for this class is for you to learn how to be successful in college and in life. Through active participation in this class, you can expect to...

1. Identify three personal qualities, or soft skills, associated with success in diverse college settings.
2. Identify the four True Colors personality types and how they apply to you.
3. Identify five qualities of successful goals.
4. Identify three strategies for effective time management and develop a time management plan.
5. Identify the location of three El Camino College resources and services and how they are relevant to your individual needs.
6. Evaluate the components necessary to create an individual educational plan.
7. Create and file a student educational plan which includes personal, educational and professional goals.

B. Required Course Materials: Bring all materials to class every day.

1. Human Development 8: Orientation to College and Educational Planning – El Camino College (2007), Houghton Mifflin: Boston, MA
2. El Camino College Catalog
   - Both books are available in the bookstore for a total cost of approximately $25.
   - Ask your instructor about FREE copies of the textbook which may be available for extended check-out on reserve.
     - Limited copies are available for 8-week check-out on a first-come, first-served basis.
     - Several copies are available for 2-hour reserve, which may not be removed from the library.
3. Notebook, 2 pens, 2 highlighters. The NOTEBOOK must be for Hdev 8 only!!!

C. Attendance Policy:
Ø After two absences you may be dropped from class which means you will earn a “W” on your transcript (your permanent academic record). If your third absence occurs after the drop deadline has passed, your work will no longer be accepted which means you will earn an “F” on your permanent academic record.
Ø You must also show up on time: you are marked “tardy” for arriving late to class or leaving early and two tardies = 1 absence.
Ø If you are absent, it is your responsibility to find out what you’ve missed.
Assignments may be turned in early. However, late assignments are only accepted at the very next class and receive only half credit.

El Camino policy: if you fail to drop or withdraw from class, you may receive a “W” or an “NC” on your permanent academic record.

As a member of the El Camino community, you are expected to follow the Standards of Student Conduct as described in the El Camino College Catalog.

D. Class Assignments

Success Journal

- Journal assignments are in your textbook.
- If you wish to keep a journal assignment private, fold the page over and staple it closed at the top and bottom. You may “lock” up to two entries during the semester.
- Grammar, spelling and punctuation will NOT be factors in earning points, so concentrate on expressing yourself without worrying about these factors.

Collage

Will be discussed in Class.

Education Plan

Will be discussed in Class

E. Grading:

<table>
<thead>
<tr>
<th>Assignments</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online assignments</td>
<td>25 points each (100)</td>
</tr>
<tr>
<td>Success Journal Entries</td>
<td>20 points each (300)</td>
</tr>
<tr>
<td>Collage</td>
<td>100 points</td>
</tr>
<tr>
<td>COPS</td>
<td>50 points for each section (100)</td>
</tr>
<tr>
<td>Education Plan</td>
<td>200 points – must do to receive class credit</td>
</tr>
<tr>
<td>Attendance</td>
<td>100 points (lose 25 for each absence)</td>
</tr>
<tr>
<td>Final exam</td>
<td>100 points</td>
</tr>
<tr>
<td>TOTAL POSSIBLE POINTS</td>
<td>1000</td>
</tr>
</tbody>
</table>

MUST EARN 700 points TO PASS WITH CREDIT AND ALL ASSIGNMENTS MUST BE TURNED IN! ...

In this class, you earn a grade of either “Credit” or “No Credit” - no letter grades are given.

To earn a grade of “Credit,” you must complete all assignments and earn at least 70% in the class

Extra Credit Opportunities

- Attend any campus event – a lecture, meeting of a student organization, a workshop, a social event on-campus).
- Write a journal entry answering the following questions: How did you choose this event to attend? What happened at the event (be specific). What did you learn? Relate this event and/or what you learned to the topic of “being successful in life and in college.”
- You may complete up to two extra credit assignments for 25 points each.

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Week One:

- Introductions & Course Overview
- Self-Assessment

Assignments:

Reading: Syllabus, Chapter 1: Getting on Course
Homework: Journals 1 and 2
Self-Awareness: Collages

Introduce Collage assignment
http://collegesurvival.college.hmco.com/students print 2 copies and give one to your instructor or email it to her and put the other in you Human Development 8 notebook.

Begin collage!
On line assignment: email nespinola@elcamino.edu answering the following question from the Wise Choices in college: what are three examples of what NOT to do in class?

Have Collage Assignments Ready for Next Class.

Week Two:
- Collage Presentations
  - Student Success Transfer and Retention Services (SSTARS)

Assignments
Reading: Chapter 2: Accepting Personal Responsibility
Homework: Journals 3 thru 6

Begin COPS Inventory
Email nespinola@elcamino.edu and answer the following question from the guest speakers presentation:

Explain your primary True Colors and detail why you believe those are your colors.

Week Three:
- Guest Speaker Linda Massorotti
  - True Colors SEP 8th

Assignments
Reading: College Catalog pg1-43 and Chapter 3 in Text
Homework: Journals 7 thru 10

Catalog assignment – see hand out!
Finalize COPS Inventory!
Email nespinola@elcamino.edu explaining the 4 E’s from Wise Choices in College.

Journals will be turned in!! Complete all 10!

Week Four:
- Learning College Customs: A Virtual Scavenger Hunt
- Personal Responsibility
- Victim and Creator Language & The Power of Choice
- Film: Homeless to Harvard

Assignments
Reading: Chapter 4: Gaining Self-Awareness
Homework: Complete Journals 11 to 14
Email nespinola@elcamino.edu explaining one of your self defeating behavior patterns.

Week Five:
- Discovering Self-Motivation. Decision making and goal setting: DAPPS. Pg 56
- Career Center Visit

Assignments
Reading: Chapter 5: Staying On Course To Your Success
Homework: Complete Journal 15 (great preparation for final exam)
Go to http://collegesurvival.college.hmco.com/students and do a final assessment bring a copy for your instructor or email it to her. You will need both assessments for the final exam!!

Week Six:
- Introduction to Educational Planning
- Options: Certificate, AA, AS, Transfer &

Assignments:
Begin 6-semester Education Plan by collecting all necessary materials. See your counselor before class next week. Bring in your worksheet, major sheet
Successful students create support networks with other students. Create a study group!

Name: ___________________________ Phone #: (H) _______________ (C) ______________
Email address: ___________________________

Name: ___________________________ Phone #: (H) _______________ (C) ______________
Email address: ___________________________

Name: ___________________________ Phone #: (H) _______________ (C) ______________
Email address: ___________________________

H. Reasonable Accommodation:

I am deeply committed to creating a learning environment that is positive and stimulating for all students. Therefore, in support of the Americans with Disabilities Act (ADA), any and all reasonable accommodation will be provided to any students who are registered with the El Camino College Special Resource Center. You may speak with me about how we can work together to create an effective learning environment or, if you prefer, you may submit your request to me in writing.
1. **Show up!** To support my success, I choose to be punctual and attend every scheduled class period in its entirety.

2. **Do the work!** To support my success, I choose to do my very best work in preparing all of my assignments and hand them in on time.

3. **Participate actively!** To support my success, I choose to stay mentally alert in every class, offering my best comments, questions, and answers when appropriate. I choose to develop interest and enthusiasm in the subject, be involved in class activities and treat other members of the class with respect.

*Yes, I have read and understand the syllabus.* (check each item to indicate you understand):

- Learning objectives for this course
- Materials required for this course
- My responsibility for attendance, class participation, and to officially drop if I stop attending the class
- Appropriate classroom behavior
- Services available to students with disabilities
- Course assignments
- How my performance in this class will be evaluated, including required materials, quizzes, assignments, exam and final project.

Signed: _____________________________ Date: ___________