The overall goals of this course are to give you a strong base of knowledge in psychology and an understanding of the ways in which you can apply this psychological knowledge to your own life.

**COURSE OBJECTIVES**
At the end of this course, you should be able to do the following:
1. Identify the early and modern schools of thought in psychology.
2. Describe and explain the scientific method.
3. Describe structures of the nervous system and endocrine system, identify the lobes of the cerebral cortex, and explain the relationship between the lobes and behavior.
4. Describe and discuss various states of consciousness, such as waking, sleeping, dreaming, and states induced by psychoactive substances.
5. Discuss the major topics in sensation and perception.
6. Identify the principles of learning.
7. Describe the nature and characteristics of motivation and the various theories of emotion.
8. Identify cognitive processes and discuss the subjects related to cognitive processes (e.g., memory, language, and intelligence).
9. Discuss lifespan development.
10. Identify the various theories of personality and describe and explain personality assessment.
11. Discuss how psychologists classify abnormal behavior and describe the various types of psychological disorders and their possible causes.
12. Describe the various approaches to psychotherapy.
13. Discuss the major topics in social psychology.
14. Discuss the interaction between mental processes and psychological health and discuss the relationship among stress, personality, health, and illness.

**STUDENT LEARNING OUTCOME**
As part of the accreditation process, community colleges in California are developing student learning outcomes (SLOs) to assess the quality of learning. Professors are asked to include SLOs in their syllabi as a matter of record only. Students who successfully complete this course and its requirements will be able to identify and explain major historical trends, theoretical perspectives, and empirical findings relevant to mental processes and behavior.
The text assigned for this class is *The World of Psychology, Portable Edition* (2007) by Wood, Wood, and Boyd. You will need a MyPsychLab/CourseCompass student access code for this online course. There are three options to acquire the text and access:

- Buy a new textbook – an access code is packaged with all new texts (bought at the ECC Bookstore).
- Buy a used version of the textbook and purchase an access code by going to [www.mypsychlab.com](http://www.mypsychlab.com).
- Purchase an access code by going to [www.mypsychlab.com](http://www.mypsychlab.com) and use only the electronic version of the textbook, which is available with an access code.

If you purchase an access code, make sure that you purchase the access code for “MyPsychLab CourseCompass”

**Exams:** There will be a total of five multiple choice exams, the fifth being the Final Exam. Each exam will be worth 50 points and will consist of 50 questions drawn from the text. [Angela will provide information regarding learning objectives for each topic, but no formal lecture notes.] **Please be prepared to take all five exams on the dates noted. All students are required to take the Final Exam (Exam #5). I will drop your lowest score on Exams #1 to #4, so your final grade will be based on your performance on four of the five exams.** See the “Schedule” on the next few pages for more detailed information regarding the exams.

**Assignments:** Your final grade will also be based on your performance on several graded discussion and writing assignments given throughout the semester. Specific information regarding these assignments, including due dates, will be given as the semester progresses.

**Grades:** It will be possible to earn a certain total of points from the exams and assignments. You will be in the “A” range if you obtain at least 90% of the total points, the “B” range if you obtain at least 80%, the “C” range if you obtain at least 70%, and the “D” range if you obtain at least 60% of the total points. As a frame of reference, students in the Spring 2009 version of this course were able to earn a possible 242 total points. [As a note, you may choose to take the “Chapter Exams” that are part of “Chapter Contents” in MyPsychLab/CourseCompass. Your scores on these will be recorded in the gradebook under “My Grades”; however, the only scores that will figure into your final grade for this course will be your scores on four of the five exams which I give and your scores on the various assignments.]

Please check our site every other day or so for “Announcements,” “Course Documents,” etc. All attachments posted to the site are in WORD format.

Please note that the Fall Psych 5 course taught online has the same course content, requirements, etc. as the Fall Psych 5 course taught on-campus. In the on-campus, Fall or Spring semester Psych 5 course, students spend at least 3 hours per week in class and up to 6 hours per week for reading, additional studying, etc. This should serve as a baseline for you. Further, in the on-campus version of this course, students have 60 – 65 minutes to complete the exams and take the exams as closed-book, closed-notes exams. The assumption is that you, the students in the online version, are also taking the exams as closed-book, closed-notes exams.

El Camino College’s Distance Education website has valuable information available to you, including an online student handbook. The site is [http://www.elcamino.edu/library/distance-ed/](http://www.elcamino.edu/library/distance-ed/)
LATE EXAMS, WORK

IF YOU MISS EXAM #1, #2, #3, OR #4, YOU CAN EITHER DESIGNATE IT AS THE EXAM GRADE THAT YOU WOULD LIKE TO DROP OR YOU CAN MAKE IT UP DURING THE LAST WEEK OF CLASS. IF YOU MISS AN EXAM, YOUR EXAM GRADE ON THE MAKE UP EXAM WILL BE REDUCED BY UP TO 20% OF THE TOTAL POINTS POSSIBLE. YOU WILL ONLY BE ABLE TO MAKE UP ONE MISSED EXAM.

DISCUSSION AND WRITING ASSIGNMENTS WILL BE ACCEPTED LATE, BUT POINTS WILL BE DEDUCTED FOR LATE WORK. (IT WILL NEVER BE POSSIBLE TO EARN AN “A” ON LATE ASSIGNMENTS.) THE LATE POLICY IS POSTED IN “COURSE DOCUMENTS” ON THE MYPsyChLAB/COURSECOMPASS SITE.

EXCEPTIONS TO THE ABOVE WILL ONLY BE MADE WHEN YOU AND I HAVE PERSONALLY DISCUSSED YOUR SITUATION IN ADVANCE OF WHEN TESTS AND ASSIGNMENTS ARE SCHEDULED AND HAVE MADE SPECIAL ARRANGEMENTS. YOU MUST TAKE RESPONSIBILITY FOR ACHIEVING THE GRADE THAT YOU WANT IN THIS COURSE.

PLEASE REFER TO THE 2009-2010 ECC CATALOG, PAGES 25 – 29, FOR INFORMATION REGARDING STUDENTS’ AND PROFESSORS’ RIGHTS.

SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>W 2/17/10</td>
<td>Introduction to Course</td>
<td>Chp. 1 (pp. 1-4; 23-39)</td>
</tr>
</tbody>
</table>

[FRIDAY, 2-26, IS THE LAST DAY TO DROP IN TIME FOR REFUND OF ENROLLMENT FEE and FRIDAY, 3-5, IS THE LAST DAY TO DROP WITHOUT NOTATION ON PERMANENT RECORD.]

You should begin this section of topics by Friday, 2/19.

- Introduction to the Field
- Research Methods
- Biological Psychology
- States of Consciousness

| F 3/12 | EXAM #1                      |

*All exams will open on Friday at 9:00 a.m. and will close on Sunday at 11:55 p.m. Pacific Standard Time (PST). [Keep in mind that MyPsychLab/CourseCompass uses Eastern Standard Time (EST), which is 3 hours ahead of PST.] For example, Exam #1 will open on Friday, 3/12, at 9:00 a.m. PST and will close on Sunday, 3/14, at 11:55 p.m. PST. You will only have one attempt to take each exam. You will have 70 total minutes to complete each exam. The timer will not stop you automatically, but if you take longer than 70 minutes, your score will be adjusted downward accordingly. If you wait until near closing time to begin your exam, be sure to give yourself 70 minutes before the 11:55 p.m. PST closing time. If you experience any problems while taking any of the exams, please E-Mail Angela at ASIMON@elcamino.edu immediately.

You should begin this section of topics by Monday, 3/15.

- Developmental Psychology Chps. 9 & 10
- Human Sexuality and Gender Chp. 12
EXAM #2
You should begin this section of topics by Monday, 4/5.
Learning Chp. 5
Memory Chp. 6
Motivation and Emotion Chp. 11

SA 4/10 to F 4/16 SPRING BREAK!!

EXAM #3
You should begin this section of topics by Monday, 5/3.
Social Psychology Chp. 17
Personality Psychology Chp. 14
Health and Stress Chp. 13

[FRIDAY, 5-14, IS THE LAST DAY TO DROP WITH A “W.”]

EXAM #4
You should begin this section of topics by Monday, 5/24.
Psychological Disorders Chp. 15
Clinical Psychology Chp. 16

HOLIDAY!!!

EXAM #5 (Final Exam)

This schedule may change as the semester progresses.

Please feel free to talk with your classmates in the “Questions” forum of the “Discussion Board.” The best way to communicate with me is via campus E-Mail at ASIMON@elcamino.edu.

Have a great semester!!! Remember, knowledge is fun!!!