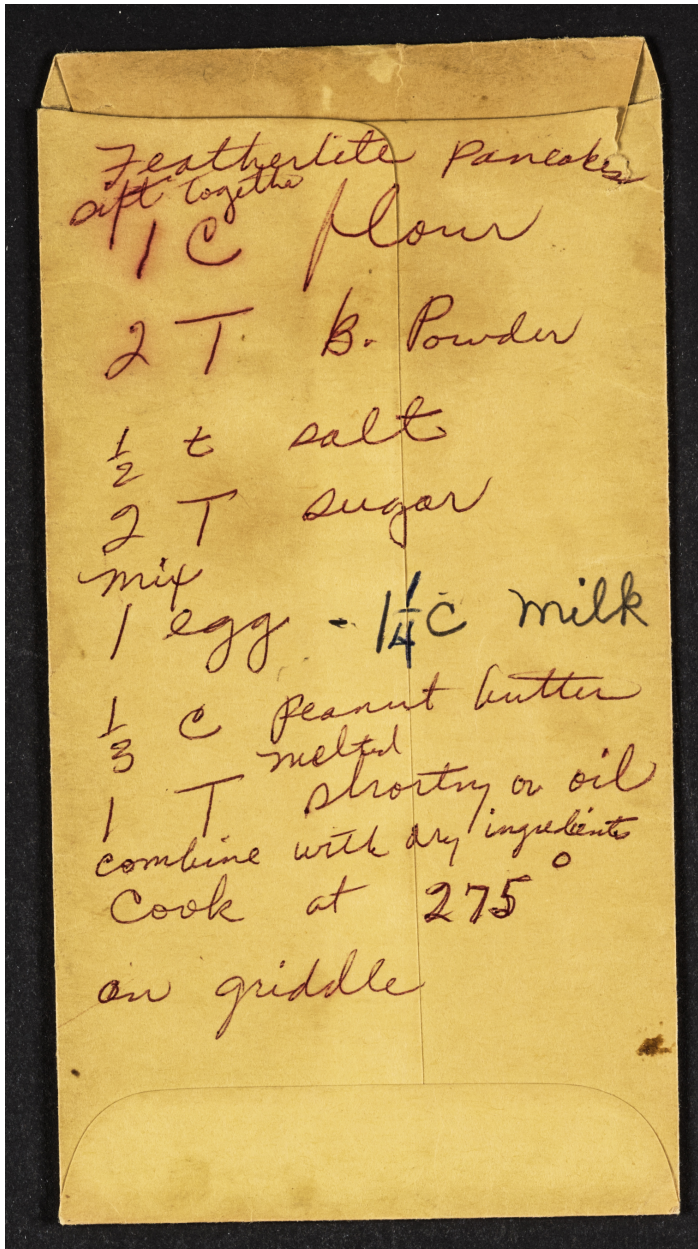


## Rosa Park's Pancake Recipe



### Featherlite Pancakes

Put together

1C flour

2T B.Powder

1/2t salt

2T sugar

Mix

1 egg - 1 1/4C milk

1/3C peanut butter

1T melted shortening or oil

Combine with dry ingredients

Cook at 275°

On griddle

Adapted version

1C All purpose GF flour

1 1/2T B.B.Powder (use less if the GF flour has B.P.)

1/2 t salt

2T beets sugar

1/4C unsweetened Applesauce

1C alternative milk

1/3C Coconut oil with

3T Kinako (ground roasted soybean)

1T coconut oil

Cook as directed in the original recipe.