

**Health Sciences and Athletics
Institutional (ILO), Program (PLO), and Course (SLO) Alignment**

Program Kinesiology Theory		Number of Courses 15	Date Updated 2.15.13	Submitted by Russell Serr Ext. 3811						
Institutional SLOs	I. Content Knowledge	II. Critical, Creative, and Analytical Thinking	III. Communication and Comprehension	IV. Professional and Personal Growth	V. Community and Collaboration	VI. Information and Technology Literacy				
Program Rating	4	4	2	3	2	2				
Program Level SLOS					ILOs to PLOs Alignment (Rate 1-4)					
					I	II	II I	IV	V	V I
1. Students will apply the knowledge and skills in the field of kinesiology to think critically in examining issues and solving problems associated with their chosen sub discipline					4	4	2	2	2	2
Course Level SLOs				Course to Program SLO Alignment Mark with an X	ILOs to Course SLOs Alignment (Rate 1-4)					
				P1	I	II	II I	IV	V	V I
CH1 Personal and Community Health Issues: SLO #1 The student will identify the seven warnings signs of cancer				X	4	2	2	1	1	1
CH1 Personal and Community Health Issues: SLO #2 The student will identify the risk factors of cardiovascular disease.				X	4	2	2	1	1	1
CH 3 Drugs and Alcohol in Society: Student will distinguish the signs and symptoms for alcoholism.				X	4	2	2	1	1	1
FAID 1 First Aid, CPR and Basic Emergency Care: Student will achieve American Red Cross certification by demonstrating correct procedures in cardiopulmonary resuscitation and automated external defibrillator.				X	2	4	2	4	1	2
PE 217 Sports Officiating: Students will apply the rules of a specific sport through officiating to game situations.				X	2	2	4	2	1	1
PE 260abcd Basic Principles of Fitness and Weight Control: SLO #1 Based on laboratory fitness test results and reference standards for age and gender, students will evaluate their level of Cardiopulmonary Fitness and make training program design recommendations for improvement.				X	2	2	2	1	1	4

Course Level SLOs	Course to Program SLO Alignment Mark with an X	ILOs to Course SLOs Alignment (Rate 1-4)					
	P1	I	II	III	IV	V	VI
PE 270abcd Fitness and Sports Nutrition: Students will demonstrate how nutritional modifications applied together with resistance exercise training may result in increased skeletal muscle mass.	X	2	4	2	1	1	1
PE 272 Care and Prevention of Athletic Injuries: Student will demonstrate proficiency in preventative taping and bandaging.	X	4	2	2	1	1	1
PE 274 Clinical Assessment and Management of Athletic Injury: Students will be able to describe the emergency management of musculoskeletal injuries.	X	2	2	4	1	1	1
PE 275 Sport Psychology: Student will identify the six early periods of Sport Psychology	X	4	2	1	2	1	1
PE 277 Introduction to Kinesiology and Physical Education: Students will identify and objectively describe populations that are historically underserved and consequently at risk with respect to the benefits of physical activity and exercise.	X	4	2	2	1	4	1
PE 280 Exercise and Nutrition program for Fitness and Weight Management: Based on laboratory fitness test results and reference standards for age and gender, students will evaluate their level of Cardiopulmonary Fitness and make training program design recommendations for improvement.	X	2	2	2	1	1	4
PE 282 Primary Prevention of Cardiovascular and Related Diseases: Student will demonstrate advancement in cardiovascular conditioning.	X	2	2	2	4	1	1
PE 285 Continuing Fitness, Nutrition, and Weight Management Programs: Based on laboratory fitness test results and reference standards for age and gender, students will evaluate their level of Cardiopulmonary Fitness and make training program design recommendations for improvement.	X	2	2	2	1	1	4
PE 290 Personal Fitness Trainer: Students will achieve certification or knowledge equivalency in Personal Fitness Training from an accredited agency.	X	2	4	2	4	1	1