### EL CAMINO COMMUNITY COLLEGE DISTRICT

### CLASS TITLE: ATHLETIC TRAINER

#### **BASIC FUNCTION:**

Under the direction of the Director of Kinesiology and Athletics, assist the Senior Athletic Trainer in the development and implementation of a program for the prevention and care of athletic injuries to student-athletes; administer first aid and emergency care; provide event coverage; treat injuries and provide rehabilitation according to medical directions and standard medical practice set forth by the team physician.

#### **REPRESENTATIVE DUTIES:**

Assist in providing athletic medical coverage to student-athletes in accordance with the medical guidelines of the California Community College Athletic Association (CCCAA), El Camino College and the State of California.

Devise and recommend methods of preventing injuries and provide reconditioning programs, as necessary, for in-season and off-season student-athletes.

Inspects playing fields, and athletic equipment to eliminate hazards.

Administer first aid and emergency medical care including lifesaving procedures to student athletes.

Administer light, heat, cold, sound, water, exercise, manual therapy and other physical therapy treatments as directed by physicians.

Operate related therapy equipment employing properties of heat, cold, water, sound and electricity.

Provide event coverage at all home/hosted contests, and assigned away contests, including football and/or state playoffs.

Assist College physician and health personnel with health screening examinations for studentathletes.

Recognize athletic injuries and take appropriate steps in managing injuries including referral to appropriate medical facilities.

Maintain accurate and detailed injury and treatment records of student-athletes and others treated.

Maintain the Athletic Training Room and equipment in a clean and orderly condition.

Assist in the development of off-season conditioning programs for student-athletes.

Develop and maintain positive and effective working relationships with student-athletes, coaches, athletic department staff and health center personnel.

Assist in the preparation of the budget for athletic first aid supplies and equipment for approval by the Director of Kinesiology and Athletics.

Make decisions concerning the participation status of injured student-athletes following guidelines from the standard orders.

## Athletic Trainer (continued)

Facilitate communications between student-athletes and coaches concerning assessment of health and physical status of the student-athletes.

Assist student-athletes, students and staff in the submission of athletic insurance claims.

Perform related duties as assigned.

# **KNOWLEDGE AND ABILITIES:**

## **KNOWLEDGE OF:**

California Community College Athletics Association Constitution, especially Bylaw 9, Medical Guidelines.

Methods, practices, terminology, and procedures used in athletic training activities including recognition and prevention of injuries.

Principles and techniques used in the application of light, heat, cold, sound, water, exercise, manual therapy and other physical therapy treatments.

Principles and standards of assessment and care in concussion screening, assessment and return to play.

Principles and practices of providing work direction.

Principles and techniques of physical conditioning and exercise.

Policies, procedures and objectives of physical education and athletic programs.

Advanced principles of anatomy and physiology.

Symptoms of various athletic injuries and applicable treatment and first aid methods.

Various types of therapeutic treatments, equipment and conditioning programs.

Laws and rules regulations involved in assigned activities.

Oral and written communication skills.

Record keeping techniques.

Interpersonal skills using tact, patience and courtesy.

## **ABILITY TO:**

Assist in the development and implementation of a program for the prevention of injuries to student-athletes.

Collaborate effectively with the Senior Athletic Trainer and other Certified Athletic Trainers.

Administer first aid and emergency medical care.

Recognize injuries, treat injuries and provide rehabilitation according to authorized medical directions.

Oversee and provide direction to athletic training interns.

Establish and implement injury assessment and management procedures.

Assist in the preparation of the budget for athletic first aid medical supplies and equipment for approval by the Director of Kinesiology and Athletics <del>Dean</del>.

Read, interpret, apply and explain rules regulations, policies and procedures.

Analyze situations accurately and adopt an effective course of action.

Communicate effectively both orally and in writing.

Meet schedules and timelines.

Establish and maintain cooperative and effective working relationships with others.

Understand and work within the scope of authority.

### **Athletic Trainer (continued)**

Maintain records and prepare reports. Learn and apply budgeting methods and practices. Utilize computer based injury tracking software. Ability to maintain Certification by the Board of Certification (BOC).

## **EDUCATION AND EXPERIENCE:**

Any combination equivalent to: Bachelor's degree in physical education or related field and sufficient experience required for certification.

## LICENSES AND OTHER REQUIREMENTS:

Valid California driver's license Board of Certification (BOC), Certified Athletic Trainer First Aid and CPR certification.

## **WORKING CONDITIONS:**

Interact with a wide variety of individuals. Variable working hours; weekend assignments. Ability to lift up to 75 lbs. Indoor and outdoor work. Twisting, standing, reaching and bending required Working hours vary: Day, Night, and Weekends, Monday through Saturday.

Classified Salary Range 35 Revised and Board Approved: February 21, 2017