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El Camino College Compton Center Cross Country is Back, Marisol Adame Shatters All Season Records

Cross country returned to El Camino College Compton Center for the first time in 17 seasons with a bang: stand-out runner Marisol Adame shattered all season records in her first-ever intercollegiate season of competition. Adame and her teammates will be honored at the team's Fall Awards Banquet at 5:30 p.m. Dec. 11 at Compton Center's Student Lounge.

"I would like to thank Coaches Calvin Brown and Darnell Mitchell for helping to bring cross country back to Compton Center and especially for giving outstanding athletes like Marisol a chance to compete," said Glenn C. Johnson, Compton Center Track and Field head coach.

Marisol started the season in September with a 23:18.40 time in the 5,000 meter race. In October, she broke 22 minutes at the Mt. SAC Cross Country Invitational, the largest cross country invitational in the United States. Her record time was 21:58, resulting in offers from several four-year universities.

Marisol, 26, got her start in track at Jefferson High School in Los Angeles. She graduated from Compton in spring 2006 but decided to continue her studies at Compton Center with the goal of raising her already impressive 3.5 GPA. She plans to transfer to a four-year university next fall and pursue a bachelor's degree in kinesiology.

The Compton Center cross country team is made up of five first- and second-year students. This season, they competed in the Cal State Fullerton Invitational, the Howard Brubaker Invitational in Irvine, and the Mt. SAC Cross Country Invitational, among other events.

Marisol plans to compete in the spring 2007 track and field season, which kicks off with an "all comers" series of events. The series brings athletes of all levels – elementary, high school, community college, university, and Olympic – to Compton Center on Dec. 2, 9, and 23. For information, contact the Compton Center Athletics Department at 310-900-1600, Ext. 2940.

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