Many outstanding performances were turned-in by El Camino athletes at the competitive UC Irvine Invitational. We are always thankful for the opportunity to compete against the likes of BYU, Cornell, UC Irvine, UC Riverside, Pepperdine, LMU, Claremont Mudd, and others to name a few.

*Highlighting the day for El Camino which included three new state-leading performances:*

Freshman **DAVID CARDONA** *(below)* won his debut 5,000m in a California JC-leading time of **14:49.42** and placing him **7th on the deep ECC All-Time Top-10** Performer List in this event.
Freshman BEN WOODRUFF (below) placed 2nd overall in the javelin with his throw of 174-4 losing only to BYU's athlete who threw a nation-leading 232!
Freshman **SHALE' GARLAND** *(below)* placed 3rd overall (1st JC) in the 400m with a new California JC-leading time of **56.51** and returned later to run **25.01** for 2nd overall in the 200m and 17-2 in the Long Jump.
Freshman **JOSE LEZAMA** *(below)* ran strong up front in the Invite 1500m and placed **4th** in a new California JC-leading **3:54.89**! He and teammate David Cardona are currently 1-2 in the State in the 1500m!
Other Highlights for El Camino at UC Irvine:

- Sophomore **KAYC WHARTON** continued her strong comeback with her **60.63** 400m win in the 2nd heat
- Freshman **MERRY TULIKIHIHIFO** threw a personal best **118-8** in the Discus
  - Freshman **JOVAN BEASON** threw the Shot a solid **46-2**
- Soph **REBECCA CARACOZA** ran a solid **5:00.20** 1500m (personal best) / **2:24.73** 800m double
Over at the California Relays at Cerritos College:

- Sophomore JOEY BIANCHI ran a personal best 34:03.42 in the 10,000m
  - Freshman DAVID MANCIA pole-vaulted 13'0"

More photos from the UC Irvine meet can be found here:

El Camino College Alumni in action this weekend:

At the UC Irvine Invite:
Jacob Yowell (UC Irvine below) starred for UC Irvine this weekend winning both the 110HH (14.49) and 400 IH (personal best 52.11) while also running strong legs on their 41.44 400m relay and 3:13.30 1600m relay
Nai Leni (below) placed 2nd in the Shot @ 47-1/4 and 8th in the Discus @ 135-0
Steven Calise (below) placed 11th in the 1500m @ 4:00.35 and 3rd in the 5,000m @ 15:22.20
At the USC Trojan Invitational:
Jacob Weintraub (Washington State) placed 4th in the Shot @ 54-8 and returned with a solid 142-9 in the Discus.

Jennifer Shoate (CSU Los Angeles) ran fine times of 14.82 in the 100 Hurdles, 65.67 in the 400 Hurdles, and ran a leg on their solid 3:51.40 1600m Relay

At the Point Loma Invitational:
Charles Hutchinson (UC San Diego) ran 16.26 in the 110 HH.
The El Camino Men's and Women's next competition will be the Antelope Valley College Invitational on Saturday April 3rd on their brand new athletic facility- the site of this May's State Championships.

Thanks for your support!
Coach Dean Lofgren and Staff