New Year’s Learning Resolutions

INSIDE:

UCLA Extension (pg. 5 & 7)
Start an Auto Wholesale Business (pg. 4)
Mummies: New Secrets From the Tombs (pg. 26)
Shake and Shimmy Saturdays: Belly Dance (pg. 17)
Medical Assistant (pg. 15)

Register online or by phone:
www.ECCommunityEd.com
310.660.6460

Ongoing classes offered from January - May 2016
Welcome to Community Education!

ABOUT COMMUNITY EDUCATION
El Camino College’s Community Education department provides short-term, not-for-credit classes, workshops, career-training programs, events, and excursions designed for professional or personal development with a special emphasis on inspiring a sense of wonder and imagination for life-long learning. College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades. Community Education is a self-supporting entity of the college and is not funded by taxpayer dollars. We are here to help! If you have a special interest or particular need for a class, please send us your suggestion(s) to commed@elcamino.edu.

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Natural History Museum of Los Angeles County & The Lab Gastropub Excursion: Featuring the Mummies: New Secrets From the Tombs special exhibition (pg. 26)
Saturday, January 16, 2016
9:30 am - 12:30 pm

Mother Daughter Tropical Tiki Tea
(pg. 25)
Saturday, May 7, 2016
10:00 am - 12:00 pm
Introduction to Voiceovers #210146

This fun and empowering 2 hour Introductory workshop covers the different types of voiceovers and what tools are needed to find success. You’ll be coached as you read a script, and be recorded so you can receive a professional voiceover evaluation later. You’ll have the knowledge necessary to help you decide if this is something you’d like to pursue. Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Tuesday 7:00 PM - 9:00 PM,
1 session; January 19, 2016
Tuesday 7:00 PM - 9:00 PM,
1 session; April 12, 2016
Tuition: $59
Instructor: Voices For All
Location: MBBM 135

DMV Auto Wholesale Certificate—Start an Auto Wholesale Business! #210153

Make $3K-$6K per month buying, selling or exporting wholesale cars from home. Students will learn step-by-step directions on how to obtain an auto dealer license and how to operate a profitable used-car business. By the end of this course, students will know how to and where to buy vehicles, motorcycles, commercial, off-road and RV’s at wholesale prices and sell for a profit. Tips on how to supplement your 9-5 with $3,000 - $6,000 income per month on a part-time basis will also be provided. Students will receive a DMV Certificate of Completion at the end of the class.

Monday, Tuesday 6:00 PM - 9:00 PM; 2 sessions; starting January 18, 2016 ending January 19, 2016
Monday, Tuesday 6:00 PM - 9:00 PM; 2 sessions; starting April 11, 2016 ending April 12, 2016
Tuition: $89
Instructor: Ronald Williams
Location: MBBM 132
Materials Cost: $25

UCLA Extension
Get there from here.
Become a Child Visitation Monitor
Part 1 & 2 #210177

Are you looking to make extra money, and be of service to children in need? Consider being a part of this growing field, as a Professional Child Visitation Monitor. The role of the Professional Child Visitation Monitor is to be a neutral party who observes behavior. In this Standard 5.20, 14 hour training, you will be thoroughly trained to be an Independent Professional Monitor or register with a Monitoring Agency. Your training will include monitor procedures, visitation techniques, child abuse reporting, stages of child development, codes and standards, preparing reports and declarations, handling subpoenas, and marketing your business. The Training will consist of lecture, training videos, and role playing. The Court orders a Professional Monitor to accompany a minor child and their non-custodial parent, for various reasons. Your service will allow the custodial parent the reassurance that the child’s physical and emotional safety is being provided for. You will receive a Certificate of Education from the instructor.

Prerequisites: Must be 21 years of age, have post high school education or training per Assembly Bill 1674, and able to obtain a background check clearance and fingerprinting. $75 cash material fee for your course manual is payable to the instructor.

Instructor Shirley Douglass is a certified Supervised-Visitation Monitor who has been training professional monitors for more than eight years. Her experience includes nearly 30 years working for the Los Angeles County Court including 10 years in Family Law Courtroom.

Saturday 10:00 AM - 5:00 PM; 2 sessions; starting February 13, 2016, ending February 20, 2016
Saturday 10:00 AM - 5:00 PM; 2 sessions; starting May 7, 2016, ending May 14, 2016

Tuition: $285
Instructor: Shirley Douglass
Location: MBBM 130
Materials Cost: $75

“Very knowledgeable, enthusiastic, and thorough in her approach.”
—Child Visitation Monitor Student

“Excellent! Very informative. I really enjoyed this class.”
—Child Visitation Monitor Student

UCLA Extension
Expand Your Career Options in Health Care and Business

Exploring or expanding your career in the health care industry? Looking for new strategies for success in business? UCLA Extension’s world-class courses at El Camino College mean convenience and flexibility.

Winter 2016
Health Care
• Communication Strategies in the Health Care System

Business
• Ethics in Accounting
• Math for Management

(T Winter 2016 enrollment opens 11/2/15. Spring 2016 enrollment opens 2/1/16.)

Learn how UCLA Extension can transform your career. Attend one of our free information sessions!

Visit uclaextension.edu/elcamino

UCLA Extension
Get there from here.
Food Manager Certification  
#300123
Attention food managers and food handler supervisors! This one day class prepares you to take the examination needed to certify or recertify you as a licensed food manager. The Certified Food Manager requirement is mandated by California State law for all retail food operations (restaurants, cafes, markets, mobile carts, etc.), and is enforced by local health departments. This program (course, instructor, proctor, etc.) is on Los Angeles County Health Department’s list of approved trainers and certification providers. The exam/certification for this course is listed and accepted by all health departments in California. Important: Pre-registration required! Walk-in registration is not available for this class.

Exam/Materials Fee: Students who wish to sit for the exam during the last two hours of class will be required to use their credit card to make an online payment of $30 to the certifying third party organization.

Pre-class preparation: Pre-class preparation: Students are expected to familiarize themselves with food-safety concepts prior to attending class. Numerous sources of food-handler information are available to help you prepare for the exam. Students may also purchase a study guide developed specifically for this class directly from instructor Gevork Kazanchyan. This is available for immediate printing/download (purchased for $15) via request through the instructor. Email the instructor requesting the access link at gev.kaz@gmail.com. All other matters should be directed to the Community Education office.
Saturday 8:00 AM - 5:00 PM; 1 session; February 13, 2016
Saturday 8:00 AM - 5:00 PM; 1 session; April 9, 2016
Tuition: $89  
Instructor: Gevork Kazanchyan  
Location: El Camino College  
Materials Cost: $30

Food Handler Training Program (online)  
#210178
Environmental Health Testing / National Registry of Food Safety Professionals  
Food Safety First Principles for Food Handlers Online Program only $12.95  
ANSI / ASTM Accredited & adheres to California, Illinois, Florida, Texas law!  
To Register, pay and enter the online classroom at:  
http://www.usfoodhandler.com/amember/aff/go/elcamino  
Tuition: $12.95

Make-Up Artist 101 Certificate  
#300116
Are you a cosmetologist who wants to offer more to your customers? Or do you just love make-up and want to know everything there is to know about applying beautiful make-up?

Then, this class is for you! Jennessy will teach you the step-by-step stages of make-up application. Note: Please bring a bottle of oil-based make-up remover (i.e. Almay), a pack of face wipes (i.e. Ponds) and one fashion or tabloid magazine.
Saturday & Sunday 9:00 AM - 6:00 PM; 2 sessions; starting February 27, 2016, ending February 28, 2016
Saturday & Sunday 9:00 AM - 6:00 PM; 2 sessions; starting April 2, 2016, ending April 3, 2016
Tuition: $399  
Instructor: Jennessy Tyler  
Location: El Camino College  
Materials Cost: $30

Personal Fitness Trainer Certification  
#210152
Come join this fun profession and be a part of what Fortune Magazine & ABC NEWS.com states as the 4th hottest job in the U.S. at a national average of $34 an hour. Employers like 24 Hour Fitness, LA Fitness and Gold’s Gyms are just a few of the club groups that seek out our graduates. Whether a career move or for your own personal knowledge get all the information you need to become a Certified Personal Trainer. This challenging course is taught over a 5-week period for better retention and skill competency. The National Exam is held on the 6th week. This course is formatted as a 60-hour program and is comprised of 15 hours of lecture, 15 hours of hands-on practical training and a 30-hour internship that networks many graduates right into a job. The course prepares you for success with key topics that include biomechanics, exercise physiology, fitness testing, and equipment usage and health assessment. CPR/AED is needed to receive the certificate. W.I.T.S. is the only major certifying body in the country providing comprehensive practical training and internship components. The internships help walk you into jobs in many cases.

Textbook is required and not included in course fees. * Call to order and start reading immediately 888-330-9487 (www.witseducation.com)  

Instructors of W.I.T.S (World Instructor Training Schools) are approved CEU providers for the Board of Certification for Athletic Trainers (BOC), the American Occupational Therapy Association (AOTA), National Certification Board for Therapeutic Massage & Bodywork (NCBTMB), Veterans Training and Education, the International Association of Continuing Education and Training (IACET).  
The American Council on Education and Training Schools (ACE/CTC) is approved to deliver CEUs through ACE/CTC institutional membership.  
*Note: Many employers only accept W.I.T.S. certification.

Instructor Training Schools  
Instructors of W.I.T.S Training Schools) are approved CEU providers for the Board of Certification for Athletic Trainers (BOC), the American Occupational Therapy Association (AOTA), National Certification Board for Therapeutic Massage & Bodywork (NCBTMB), Veterans Training and Education, the International Association of Continuing Education and Training (IACET).  
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Make-Up Artist 101 Certificate  
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Are you a cosmetologist who wants to offer more to your customers? Or do you just love make-up and want to know everything there is to know about applying beautiful make-up?

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Saturday & Sunday 9:00 AM - 6:00 PM; 2 sessions; starting February 27, 2016, ending February 28, 2016
Saturday & Sunday 9:00 AM - 6:00 PM; 2 sessions; starting April 2, 2016, ending April 3, 2016
Tuition: $399  
Instructor: Jennessy Tyler  
Location: El Camino College  
Materials Cost: $30

FREE Information Session  
#210151
Saturday 10:00AM – 11:00AM; 1 session; January 16, 2016
Saturday 10:00AM – 11:00AM; 1 session; March 19, 2016
Tuition: FREE; Reservation required: Call 310-660-6460  
Location: Alondra Room (Upstairs, Book Store Building)
Bartending Courses (online)  NEW!

http://www.barprofessional.com/elcamino

Designed to be comprehensive and easy to learn, you will be a respected bartending professional! We have created a step-by-step formula for bartender training using the most up-to-date methods of instruction in your own home. Follow along with your online instructor as you work hands-on to complete the exercises, activities and drills.

Instructor: Kellie Nicholson

Course offerings include:
- Basic Level Bartending ($39)
- Professional Level Bartending ($99)
- Master Level Bartending ($219)
- Bar Management ($79)
- The Basics of Wine Service ($39)
- How to Start a Mobile Bar Service ($39)

Bartending Certification #210126

Quick and easy! Learn to bartend like a rock star! This exceptional course will teach you the business side of the beverage industry, in addition to the skills to become a bartender that managers want to hire.

Instructor Kellie Nicholson has been working in restaurants, bars and nightclubs for 30 years in every type of establishment all over the United States. Trained by the very best in the food/beverage, and hospitality businesses, including Marriott, Lettuce Entertain You, and The Levy Restaurants, her experience is unparalleled. Serving clientele like Will from the Black-Eyed Peas, David Schwimmer, Jessica Simpson and Ashton Kutcher is only a small part of her extraordinary career.

Wednesday 6:00PM – 10:00PM; 3 sessions; starting January 20, 2016, ending February 3, 2016
Tuesday 6:00PM – 10:00PM; 3 sessions; starting April 12, 2016, ending April 26, 2016
Tuition: $149
Instructor: Kellie Nicholson
Location: MBBM 137
Materials Cost: $50

Become a Solar Installer (Crash Course) #620009

Installing solar panels are becoming more and more popular. Thousands of home & commercial owners are looking for “Solar Installers” to install solar panels on their roof-top. Thousands of experienced solar installers are doing the same kind of work as independent contractors. In fact, independent contractor positions are in high demand. By 2020, 65% of solar installation will be done by independent solar installers. This course will prepare participants to design and install solar photovoltaics on roof-tops. This class will cover solar, electrical, and city code as well as electrical writing. Materials fees $40 (Covers printed copies & CDs to be paid to the instructor on the first day of class. Optional information on how to receive hands-on training on real world installation with Grid Alternatives will be available to students upon request.

Instructor Quayum Abdul has been an instructor in solar system design and installation since 2010. He has contributed several research papers on Solar Energy to several National and International Solar Energy Conferences.

Monday, Wednesday, 6:00 PM-10:00 PM; 5 sessions; starting March 21, 2016, ending April 4, 2016
Tuition: $189
Instructor: Quayum Abdul
Location: MBBM 137
Materials Cost: $40

CPR & FIRST AID

Two for $65 when purchasing CPR/AED and First Aid together!

Heartsaver--CPR and AED Course #150004
This Heartsaver CPR and AED course from the American Heart Association teaches the basic technique of adult, child and infant CPR and the use of the AED (Automatic External Defibrillator).
Course fee includes American Heart Association instructional booklet, certification card and all course instructional materials.
Saturday, 9:00 AM - 12:00 PM; 1 session; January 16, 2016
Saturday, 9:00 AM - 12:00 PM; 1 session; March 19, 2016
Saturday, 9:00 AM - 12:00 PM; 1 session; May 14, 2016
Tuition: $45
Instructor: CPRfun
Location: MBBM 137

Heartsaver--First Aid Course #150005
This American Heart Association Heartsaver First Aid course provides training in basic First Aid procedures including skills recommended by OSHA. Course fee includes American Heart Association instructional booklet, certification card and all course instructional materials.
Saturday, 12:30PM – 4:30PM; 1 session; January 16, 2016
Saturday, 12:30PM – 4:30PM; 1 session; March 19, 2016
Saturday, 12:30PM – 4:30PM; 1 session; May 14, 2016
Tuition: $50
Instructor: CPRfun
Location: MBBM 137

BLS for the Healthcare Provider #234002
This BLS (Basic Life Support) for the Healthcare Provider course is designed to provide a wide variety of healthcare professionals the ability to recognize several life threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. The course is intended for certified or noncertified, licensed or non licensed and future healthcare professionals. The course includes adult, child, & infant resuscitation and 1 & 2 Rescuer Techniques. Course fee includes American Heart Association instructional booklet, certification card and all course instructional materials.
Saturday, 9:00 AM - 12:00 PM; 1 session; February 20, 2016
Saturday, 9:00 AM - 12:00 PM; 1 session; April 16, 2016
Tuition: $60
Instructor: CPRfun
Location: MBBM 137

Contractors State License Board Exam Preparation #300131

Properly prepare yourself to pass the Contractors State License Board exam with this comprehensive preparation course.

Saturday, 8:00am-12:00pm; 1 session; January 23, 2016
Thursday, 6:00-8:00pm; 2 sessions; February 18 and 25, 2016
Saturday, 8:00am-12:00pm; 1 session; March 19, 2016
Thursday, 6:00-8:00pm; 2 sessions; April 14 and 21, 2016
Saturday, 8:00am-12:00pm; 1 session; May 14, 2016
Tuition: $195
Instructor: Michael Williams
Location: El Camino College
Materials Cost: $110
MEDICAL CAREERS

Online Career Training Programs for Health Care Professionals

Medical Billing & Coding, plus more!

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace.

How it Works:
- You will receive a certificate upon successful completion.
- Courses start anytime – begin when you wish.
- A typical program takes 3-6 months to complete. Extensions are available upon request.

Online Career Training Programs

Pharmacy Technician
A growing consumer demand for prescription medications has made pharmacy technicians more important in today’s pharmacy industry. Learn the skills to enter this rapidly growing field. Contact Hours: 300

Clinical Dental Assistant
This program features in-depth information on every aspect of professional Dental Assisting, including invaluable real-world perspectives from experienced Certified Dental Assistants. Contact Hours: 240

Administrative Medical Specialist with Medical Billing and Coding*
This nationally recognized Administrative Medical Specialist (AMS) online training course with Medical Billing and Coding will give you the skills you need to find the job you are looking for as an Administrative Medical Specialist (AMS), Medical Billing Specialist, and/or Medical Coder. Contact Hours: 300

Medical Billing and Coding*
This nationally recognized Medical Billing Training and Coding online certificate program is designed to prepare students to fill positions for medical coding and billing professionals. Contact Hours: 240

Medical Transcription*
Learn to transcribe medical reports in hospitals, offices, or from home with the most popular transcription program in the country for entry-level training. Contact Hours: 240

Administrative Dental Assistant
Learn how to perform the administrative tasks essential for managing the business aspects of a dental practice. Contact Hours: 150

ICD-10 Medical Coding: Preparation and Instruction for Implementation
Keep coding skills up-to-date with the recently upgraded diagnostic and procedural medical coding system course. Contact Hours: 200

To learn more call: (877) 221-5151
Start Your New Career Today!

Visit Our Online Instruction Centers!

INSTRUCTOR LED ONLINE COURSES

Introduction to Stock Options
Learn how stock options can protect your portfolio and help you profit in any type of market.

Accounting Fundamentals
Give yourself skills that are in high demand by exploring corporate accounting with a veteran instructor.

Creating Web Pages
Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Creating a Successful Business Plan
Turn your business ideas into a solid plan for financing and long-term success.

How to Make Money From Your Writing
Whether you want to create your own business, add to your income, supplement your retirement, or boost what you’re earning as a writer, you’ll find the how-to’s here.

Introduction to Microsoft Outlook 2010
Take control over your meetings, emails, and to-do lists by mastering the essentials of Microsoft Outlook 2010.

Solving Classroom Discipline Problems
Veteran teacher reveals the secrets to an orderly classroom. A step-by-step approach to effective, positive discipline.

www.ed2go.com/elcamino

CAREER TRAINING PROGRAMS

Certified Personal Trainer - 62 hrs
Prepare for an in-demand career as a personal trainer as you earn a nationally-recognized W.I.T.S. certification and gain real-life experience in an internship.

Travel Agent Training – 200 hrs
Learn the basic skills needed to operate a computer reservation system for airlines, travel agencies, cruise lines, hotel, or as a home-based agent, and get started in a career in the travel industry.

Principles of Green Building – 30 hrs
The Principles of Green Buildings (PGB) program explains the science that individuals in the building, remodeling, or trade industries need to know in order to make buildings perform more efficiently.

Optician Certification Training - 150 hrs
Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam.

Medical Transcription – 240 hrs
Learn to transcribe medical reports in hospitals, offices, or from home with the most popular transcription program in the country for entry-level training.

Event Management & Design - 300 hrs
From planning to pyrotechnics, the Event Management and Design Online Training Program will teach you everything you need to know to create events that are truly special.

To learn more call: (877) 221-5151
Start Your New Career Today!

http://careertraining.ed2go.com/elcamino

Reach us at: (877) 221-5151

Register By Phone: 310-660-6460

Register Online: www.ECCommunityEd.com
**Pharmacy Technician**

Pharmacy Technician jobs are among the fastest growing occupations! 32% growth expected by 2020.

Assist the pharmacist with mixing and packaging prescriptions, referring clients to the pharmacist for counseling, inventory control and purchasing, as well as collecting payment and coordinating billing. This program includes 182 hours of classroom instruction (including quizzes and activities online) plus 120 externship hours. Tuition includes lab coat, CPR certification and certification examination. Textbooks sold separately. Payment plans (pay as you go along) available through The Learning Oasis. For more information regarding available payment plans, call The Learning Oasis directly at 1-888-766-1770. $2,499

Weekend Course:  
February 27, 2016- August 13, 2016  
(No class March 26, May 28, and July 22)  
Instructor: The Learning Oasis  
Location: MBBM 135

**FREE Information Session #210109**

Saturday, January 16, 2016  
12:00PM-1:00PM  
Location: Alondra Room (2nd floor, Bookstore building)  
FREE to attend, RSVP required, call 310-660-6460

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**Medical Assistant**

Pay per module or purchase entire 6-module series + Externship at discounted rate $3,999!

240 total classroom hours + 160 Externship hours

Textbook and clinical supplies included!

Upcoming Start Dates:
- Saturday, January 16, 2016
- Saturday, March 5, 2016
- Saturday, April 16, 2016

Begin enjoying a fulfilling and rewarding career caring for others! As a certified Medical Assistant, you’ll have the opportunity to work in a variety of care settings assisting newborns to senior citizens. A highly qualified Medical Assistant can make or break a Doctor’s office, clinic, or hospital. Set yourself apart from the rest, become the best office, clinic, or hospital. Set yourself apart from the rest, become the best

Medical Assistant Externship/Apprenticeship (160 hours) $799

**Instructor Leonor Gonzalez** is a highly sought-after instructor with an engaging and caring teaching style. She brings more than 20 years of experience in the medical field to her classroom—including work in rheumatology and clinical research. She holds a Bachelor in Higher Education Management from Everest University (formerly Florida Metropolitan University) and obtained her teaching credential in Health Sciences & Medical Technology from LACOE.

**FREE Information Sessions #234031**

Thursday, December 10, 2016  6:00 PM – 7:00 PM or  
Thursday, February 18, 2016  6:00 PM – 7:00 PM or  
Thursday, April 7, 2016  6:00 PM – 7:00 PM

Instructor: Leonor Gonzalez  
Location: Alondra Room (2nd floor, Bookstore building)  
FREE to attend, reservation required: Call 310-660-6460

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“Leonor Gonzalez is the best instructor I’ve ever had!”

“Mrs. Gonzalez was the best. I learned so much from her. She took the time to teach us as a class and as an individual.”

“She had my full attention in every class.”

–Medical Assistant Students
Veterinary Assistant Training Program #210154

Do you LOVE animals?! Are you addicted to cute animal videos and all the Animal Planet shows? Then why not start a career working with adorable, loving, amazing animal creatures every day of your life?! Enroll now in this purrrrrr-tastic meowy woof woof of a course to learn to become a Veterinary Assistant. As a Veterinary Assistant, you will learn how to help the Veterinarian or the Veterinarian Technician in their daily tasks. You will learn the proper way to feed, water, and examine pets for signs of illness, disease, or injury, and how to clean and disinfect cages and work areas, as well as sterilize laboratory and surgical equipment in laboratories, animal hospitals, or clinics.

This course combines 35-hours of classroom instruction with a 24-hour voluntary externship to provide you with a complete learning experience (59 total hours). After you have registered with El Camino College, our instructional partner, The Learning Oasis, will send you information on how to order your textbook, Tasks for Oasis, will send you information on our instructional partner, The Learning Oasis, registered with El Camino College, with a complete learning experience voluntary externship to provide you classroom instruction with a 24-hour laboratories, animal hospitals, in laboratories, animal hospitals, or clinics.

Saturday 9:00 AM - 4:30 PM;
5 sessions; starting February 6, 2016, ending March 12, 2016 (No class February 13)
Saturday 9:00 AM - 4:30 PM;
5 sessions; starting April 23, 2016, ending May 21, 2016
Tuition: $799
Instructor: Lilliana Balam
Location: El Camino College

FREE Information Session #210157
Free information session for anyone interested in enrolling in the Veterinary Assistant Training program. Attend this orientation to meet the instructor Lilliana Balam, learn all the specifics of the program and the job opportunities waiting for you as a Veterinary Assistant. Free to attend, RSVP required: Reserve online at www.ECCommunityEd.com or call 310-660-6460.

Saturday 11:00 AM - 12:00 PM;
January 16, 2016 or
Saturday 11:00 AM - 12:00 PM;
March 19, 2016
Instructor: Lilliana Balam
Location: Alondra Room (Bookstore Bldg, 2nd floor)

“I am so glad we have an enthusiastic and warm teacher like yourself guiding us into a career in the veterinary field.”
–Veterinary Assistant Student

Bath Products (shampoo, shower gel & bubble bath) #119697
Saturday, 9:00AM -12:00PM;
1 session; March 12, 2016
Tuition: $49
Instructor: Quayum Abdul
Location: Chemistry 103
Materials Cost: $25

Candle Making #119681
Saturday, 9:00AM -12:00PM;
1 session; January 30, 2016
Tuition: $49
Instructor: Quayum Abdul
Location: Chemistry 103
Materials Cost: $20

Cold Process Soap Making From Scratch #119718
Saturday, 9:00AM -12:00PM;
1 session; April 30, 2016
Tuition: $49
Instructor: Quayum Abdul
Location: Chemistry 103
Materials Cost: $30

Soap Making #112371
Saturday, 9:00AM -12:00PM;
1 session; February 20, 2016
Tuition: $49
Instructor: Quayum Abdul
Location: Chemistry 103
Materials Cost: $20

Bollywood Dance Fitness #140006
Spice up your workout and boogie to the Bollywood beat! Bollywood dancing is the popular name used for modern Indian dancing that

Continues on next page...
**Bollywood Dance Fitness continued from page 17...**

incorporates both classical and folk-style dances of India with Western styles of dance.

Saturdays 1:30 PM - 2:30 PM; 7 sessions; starting January 23, 2016, ending March 12, 2016 (No class on February 13, 2016)

Tuition: $69
Instructor: Regine Costello
Location: El Camino College

**Life Drawing Marathons #100013**

Join us for a relaxing Sunday as we open our doors to the Life Drawing and Painting marathons. Two studios, one offering quick poses, the other offering one all-day pose, will be open for all artists interested in painting or drawing the nude model. Bring your own drawing and painting materials. Must be 18 years or older to attend.

Instructor Michael Van Overbeck has studied at the Art Center College of Design, the Art Academy of Los Angeles, and the American Animation Institute.

Saturday 9:00 AM - 12:00 PM; January 23, 2016
Saturday 9:00 AM - 12:00 PM; March 19, 2016
Tuition: $35
Instructor: Douglas Morrison
Location: MBBM 130

**MONEY MATTERS**

**Retirement Planning Today #810072**

Learn how to avoid the 10 biggest retirement planning mistakes! Discover how to save money on taxes, manage investment risk in your portfolio and protect your assets from long-term health-care expenses. Above all, this course shows you how to assess your financial situation and develop a personalized plan to achieve your retirement goals. Whether or not you plan to retire 10 years from now, or have just recently retired, the valuable information you’ll learn in this class can deliver rewards throughout your lifetime.

Instructor Larry Takahashi, CFP®, is a CERTIFIED FINANCIAL PLANNER™ practitioner, and a Registered Representative and Investment Advisor Representative with H. Beck, Inc., member, FINRA/ SIPC. Mr. Takahashi holds an MBA degree in finance from the UCLA Anderson School of Management.

Saturday 9:00 AM - 12:00 PM; 2 sessions; starting January 30, 2016, ending February 6, 2016
Tuesday 6:30 PM - 9:30 PM; 2 sessions; starting February 2, 2016, ending February 9, 2016
Tuition: $49
Instructor: Larry Takahashi
Location: MBBM 137
Materials Cost: $20

**Secrets of Digital Photography #109007**

Explore the world of digital photography! This course provides an introduction to digital photography along with hands-on activities utilizing the beautiful El Camino College campus as your photography canvas. Whether you’re new to photography or a longtime professional making the change to the digital world, this class will provide an introduction to new opportunities. Bring your digital camera to class and instructor Morrison will show you how to optimally use your equipment.

Instructor Douglas Morrison spent over five years as a Navy photographer, operated his own wedding photography business, and is currently working as a photographer for the Los Angeles County Fire Department.

Saturday 9:00 AM - 12:00 PM; January 23, 2016
Saturday 9:00 AM - 12:00 PM; March 19, 2016
Tuition: $79
Instructor: Regine Costello
Location: El Camino College

**A Different Way to Invest #810077**

Why do you invest? To grow your wealth? To prepare for your retirement? As an investor, you may have unfulfilled expectations and are in search of better solutions that can lead to a better investment experience. What would that approach look like? How can you improve your odds of success? Learn a different way to invest in this class. You will learn ways to help improve your investment experience, as well as, receive the answers to your key investment questions. Join us as we explore key stock and bond investing concepts and conventional investing approaches, discuss the pros and cons of indexing, and highlight an alternate, research-based approach to investing.

Tuesday 6:30 PM - 8:30 PM; May 17, 2016
Tuition: $39.00
Instructor: Larry Takahashi
Location: MBBM 137

**Yoga for Health & Relaxation--Beginning #800003**

Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall well-being. The intermediate class builds upon the basics to deepen the student’s understanding and knowledge of the yoga practice. Bring your own yoga mat.

8 sessions; starting April 2, 2016, ending May 21, 2016
Tuition: $88
Instructor: Ron Berman RYT
Location: El Camino College

**Yoga For Health & Relaxation--Intermediate #800004**

Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall well-being. The intermediate class builds upon the basics to deepen the student’s understanding and knowledge of the yoga practice. Bring your own yoga mat.

8 sessions; starting January 23, 2016, ending March 19, 2016 (No class February 13)
Tuition: $88
Instructor: Ron Berman RYT
Location: El Camino College
Stop, Feel & Heal #800102
Do self-help books make you cringe? …would you prefer some fun and sage-like in-person self-help advice?! Treat yourself to this part comedy, part magic performance, and part inspirational lecture-based interactive workshop. Under the entertaining and caring guidance of professional magician and hypnotist Alan Rich, you will learn the Stop, Feel and Heal technique toward creating a happier state of being. In just two fun-filled hours, you’ll enjoy learning this proven strategy that will help dissolve negativity in a healthy and healing way to heal painful emotions, connect with the heart, and be happier, more loving, and more light-hearted. This workshop is better than any self-help book—and way more fun!

Instructor Alan Rich started his career as a professional magician. He then became a hypnotherapist and a life coach. Now, Alan combines his skills to share techniques for creating a happier way of being.

Wednesday 7:00PM-9:00PM; 1 session; January 27, 2016
Tuesday 7:00PM-9:00PM; 1 session; April 5, 2016
Tuition: $45
Materials Fee: $10
Instructor: Alan Rich
Location: MBBM 132

The Answer is Vegan! #800101
Do you have concerns about weight loss? Type 2 diabetes? Loss of energy and stamina? Or other health issues? Changing to a vegan or quasi-vegan diet lifestyle has proven to provide positive benefits for all of these concerns. In this class you’ll gain an understanding of the ease of a vegan diet, be guided toward achieving the great health benefits of a vegan lifestyle and supplied with extensive support materials including vegan shopping information, recipes, and a weekly vegan diet guide.

Saturday, 1:00-4:00 PM; Jan. 16, 2016
Saturday, 1:00-4:00 PM; April 2, 2016
Tuition: $49
Materials Fee for book (optional): $30
Location: MBBM 130

Instructor Carol Cymerint has been in the health profession for more than forty years. She’s a registered nurse (RN) with a Master’s degree in Health Administration and is certified as a Vegan Lifestyle Coach and Educator.

Microsoft Word and Excel #8890010
Need to learn these programs for work? Or do you want to use Word to create great looking documents and use Excel for creating your household expenses or tracking your collections of books or old vinyl? Learn ALL the most useful features of both programs, including adding formulas, graphics, photos, formatting, sorting, and how to use them with email and Internet! Receive an interactive Excel file, Web resources, plus information on cloud collaboration.

Tuition: $59
Instructor: Paul Lance
Location: El Camino College

Best of the Internet #8890007
Get more from the Internet! Get more from the Internet! You will use email to make phone calls (even video chat!), send attachments, photos, and URLs, manage your contacts, locate lost friends, learn to download safely, including free e-books and music, find great bargains, and try out the TOP websites for shopping, blogs, entertainment, and more! Learn to use Facebook, Twitter, Pinterest and other popular site for social networking.

Tuition: $59
Instructor: Paul Lance
Location: El Camino College

Think Healthy, Be Thin, Stay Thin through Self-Hypnosis #800011
Why not enjoy the holiday season without worrying about the extra pounds? Get slim and fit with Self-Hypnosis. Just by using the power of your subconscious mind, you can gain control over your eating habits and cravings, lose extra pounds comfortably, and maintain the well-toned, beautiful body you want. This is the most relaxing, effortless and safest way to lose weight—no diets, no calories to count, no struggle, eat whatever your enjoy.

Tuesday 7:00PM-9:30PM; 1 session; March 15, 2016
Tuition: $45
Materials Fee: $15
Instructor: Jethro Carter
Location: MBBM 135

Stress Reduction & Relaxation Techniques through Self-Hypnosis #800069
Learn proven relaxation techniques that can help you manage stress through the holiday season, and beyond. In this workshop you will learn self-hypnosis and other relaxation techniques for managing your daily stressful situations. Whether you are at home or working on the job, whether you have financial or relationship stress, the techniques you learn will enhance your relationships, support your health physically, mentally, and spiritually.

Tuesday 7:00PM-9:30PM; 1 session; April 5, 2016

Computer Basics Boot Camp for Older Adults #8890001
In just four meetings you will absorb ALL the basics, including using Microsoft Windows and Word, saving files, sending email, surfing the Internet, downloading, and more! Come join the fun with an instructor known for his plain explanations and patience. Receive a Certificate of Completion to show your doubting relatives (100% attendance required).

Instructor Paul Lance is the author of Just Tell Me How It Works: Practical Help for Adults on All-Things-Digital. He has spent the last 20 years at the intersection of entertainment, publishing and new media, having worked at Twentieth Century Fox and as head of the west coast office for HarperCollins Publishers. His workshops include the US Small Business Administration, Kaiser Permanente, Employment Development Department (EDD) and others. He was one of the featured presenters at this year’s AARP National Convention in Miami.

Saturday 9:00 AM - 12:00 PM; 3 sessions; starting January 23, 2016, ending February 6, 2016
Monday, Wednesday 10:00 AM - 12:00 PM; 4 sessions; starting March 28, 2016, ending April 6, 2016
Saturday 9:00 AM - 12:00 PM; 3 sessions; starting April 16, 2016, ending April 30, 2016
Saturday 9:00 AM - 12:00 PM; 3 sessions; starting May 14, 2016, ending May 28, 2016
Tuition: $59
Instructor: Paul Lance
Location: El Camino College

El Camino College
Certificate of Completion
AARP National Convention in Miami.

In its commitment to lifelong learning, the El Camino College Community Education Department offers classes that target the needs and interests of adults of all ages. The following selection of classes highlight some of the classes designed expressly for plus 50 adults.
SAVE the DATES!
Grades 1-12 summer workshops, camps and classes.
3 two week sessions with morning and/or afternoon options:
• 1st session: Mon-Fri June 27-July 8 (9 days only, no class Mon, July 4)
• 2nd session: Mon-Fri July 11-22
• 3rd session: Mon-Fri July 25-August 5
Registration begins April 10th!

Academic Chess: All Levels #460121
Checkmate! This course is designed for children ages 5-13 years and for all different levels of chess experience. Each child will receive a different lesson each week according to his or her level of chess expertise. The course will be taught in a fun, but educational manner. A chess set and worksheets are included. Join us in this dynamic class!

Academic Chess Instructors are experienced, caring professionals who teach in the local school districts.
Saturday 10:00 AM - 11:00 AM;
9 sessions; starting February 20, 2016, ending April 16, 2016; (No class on April 2, 2016)
Tuition: $79
Instructor: Academic Chess
Location: MBBM 132

Beginning Piano (All ages) #900009
Learn to play piano keyboard in a "hands-on" music studio environment!
Come learn fingering, hand positioning, essential music reading skills, basic songs, and chords. Students must bring their own keyboard. Students under 18 years of age must have a parent or guardian submit a completed Kid's College Release & Medical Consent form. Students must bring their own keyboard.

Instructor Charles David Wright has been a Music Teacher at Torrance High School for 11 years, and a church music director for 9 years. He has experience in many types of music, including musical theatre, jazz, classical, and opera.
Thursday 3:45 PM - 5:15 PM;
6 sessions; starting January 14, 2016, ending February 18, 2016
Thursday 3:45 PM - 5:15 PM;
6 sessions; starting February 25, 2016, ending March 31, 2016
Thursday 3:45 PM - 5:15 PM;
6 sessions; starting April 7, 2016, ending May 12, 2016
Thursday 3:45 PM - 5:15 PM;
6 sessions; starting May 19, 2016, ending June 23, 2016
Tuition: $135
Instructor: Charles David Wright
Location: MBBM 135
Materials Cost: $5
A strong performance on the S.A.T. can make the difference in your ability to be admitted to, and/or receive financial aid to your top college choices. Give yourself the edge you need to direct your future by taking the intensive El Camino College S.A.T. Boot Camp preparation course!

Course includes pre and post “mock exam” test assessment option(s) to determine student’s specific weak areas. S.A.T. Boot Camp drill sergeant (instructor) will customize a regimen to improve student’s needed skills.

Class Fee includes: Cambridge Victory for the S.A.T. Test 11th Edition and The Big Book of Skills 11th Edition textbooks, two full-length retired SAT exams/mock exams to determine student’s weak areas (optional, but highly recommended) and intensive classroom instruction.

Instructor Iyaunna Ajiduah-Towery has a Master’s degree in Education and a Multiple Subject Teaching Credential with a Supplemental Authorization in Math. With more than fifteen years of public school teaching experience, including after-school computer science classes for various grade levels and CAHSEE prep courses, Ms. Ajiduah-Towery is an enthusiastic and highly motivating SAT Boot Camp instructor.

Saturday 8:30 AM - 11:30 AM; 7 sessions; starting April 9, 2016, ending May 21, 2016

Tuition: $399
Instructor: Iyaunna Ajiduah-Towery
Location: MBBM 134

SAT Boot Camp - Mock-Exams #400028
Conquer test anxiety! Your SAT Boot Camp fee includes two opportunities to take two full-length retired SAT exams in a timed, simulated test environment. Results of the tests will determine student’s weak areas. Call (310) 660-6460 to register to take the mock exams. Only students registered for the SAT boot camp are eligible to take the SAT mock exam(s).

Sat 7:30 AM - 12:00 PM; Jan 16, 2016
Sat 7:30 AM - 12:00 PM; March 19, 2016
Sat 7:30 AM - 12:00 PM; April 2, 2016
Sat 7:30 AM - 12:00 PM; June 4, 2016

Instructor: Iyaunna Ajiduah-Towery
Location: MBBM 134

SAT Boot Camp Tutoring #400029
Are you enrolled in the S.A.T. Boot Camp class? Would you like some extra personalized help from the instructor? Stay an extra hour after each class for a 2:1 (2 students:1 instructor) private tutoring session to obtain the extra help you need.

Prerequisite: Currently or previously enrolled in the SAT Boot Camp course within the past year.

Sat 12:00 PM - 1:00 PM; 7 sessions; starting January 23, 2016, ending March 12, 2016 (No class on February 13, 2016)
Sat 12:00 PM - 1:00 PM; 7 sessions; starting April 9, 2016, ending May 21, 2016

Tuition: $299.00
Instructor: Iyaunna Ajiduah-Towery
Location: MBBM 134

MOTHER-DAUGHTER TROPICAL TIKI TEA
In honor of the special bond that exists between Moms and Daughters… Join us for our 6th annual award-winning event!

Saturday, May 7, 2016
10:00 am – 12:00 pm
El Camino College East Dining Room
$45 per person
Ages 5 & up!

INCLUDES:

- TROPICAL TIKI BRUNCH: Aloha Salads, Island Scrambled Eggs & Bacon or Sausage, Hula Hash Browns, Luau Pancakes, Pineapple Lemonade and Assorted Teas
- HAWAIIAN SHAVE ICE: by Kauai Shave Ice
- PHOTO BOOTH: A printed photo for each guest. Hawaiian, Polynesian and Tahitian costumes provided by Hulashows.com
- TIKI MUSIC BY: King Ukulele
- TIKI DANCERS BY: Halau Hula Moani ‘a ‘ala Anuhea, Hawaiian, Kaniela Evers, Tahitian, Halau O Kahealani, Hawaiian
- FRESH FLOWER LEI: Flown in from Hawaii!

Limited Seating!
Pre-registration required: Call 310-660-6460
Mummies! New Secrets from the Tombs 1-Day Excursion #47557
Saturday, January 16, 2016

This winter, see the world premiere of Mummies: New Secrets from the Tombs at the Natural History Museum. Get a rare, up-close look at a selection of more than 20 mummies, many of which have never been on public display, originating from ancient Egypt and Peru, and from many historic ages and backgrounds. This exhibition reveals these people’s burial secrets, new details about their lives, and the societies they lived in. Also on display will be richly decorated coffins, sarcophaguses, mumification tools, and mummies of birds, cats, and crocodiles. At interactive touchtables, you can “unwrap” layers of mummies, to see the precious objects the bodies were buried with, as well as vivid details about the individual children, teens, and adults who lived out their lives in ancient times. Using the modern technology of CT scanning, scientists have revealed a detailed look into long-vanished cultures of Peru and Egypt. The excursion will conclude with an easy walking tour that will familiarize you with cultural treasures of the Huntington: the magnificent gardens, art galleries, and library exhibitions. Tour lasts approximately 90 minutes. Afterwards, enjoy English tea in the newly renovated (January 2016) Rose Garden Tea Room, including an upgraded high-tea menu that will include decadent fresh fruit, imported cheeses, salads and desserts. Tea includes warm scones and jam, and hot or iced tea. Price: $135 Depart: El Camino College lot J (In front of the Marsee Auditorium) @ 8:00 AM, Return: 1:00 PM

El Camino College is delighted to offer enriching and adventurous single day tours curated by John Powers. Limited seating. Pre-registration required: Call 310-660-6460

- Transportation via chartered deluxe air-conditioned coach
- Guided tour by John Powers, a writer and director known for his Works in Progress theater series and his Ten Years After history series.
- Each tour will depart from and return to the El Camino College parking lot J (In front of the Marsee Auditorium). Please arrive 20 minutes prior to departure time.

Enjoy a premier tour of the Huntington Library and Gardens before normal visiting hours. In a docent-led tour learn how Henry and Arabella Huntington turned their San Marino ranch into a world famous cultural landmark. This easy walking tour will familiarize you with cultural treasures of the Huntington: the magnificent gardens, art galleries, and library exhibitions. Tour lasts approximately 90 minutes. Afterwards, enjoy English tea in the newly renovated (January 2016) Rose Garden Tea Room, including an upgraded high-tea menu that will include decadent fresh fruit, imported cheeses, salads and desserts. Tea includes warm scones and jam, and hot or iced tea. Price: $135 Depart: El Camino College lot J (In front of the Marsee Auditorium) @ 8:00 AM, Return: 1:00 PM

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How to Register for a Class

How to register for a Class

Pre-Registration is Important!
Please register early. Class sizes are limited and early registration may assure your place in a popular class. Classes that do not meet minimum student enrollment may be cancelled before the first session. Your timely registration may help ensure this necessary enrollment figure.

Registration at First Class
If you wish to register with the instructor at the first class meeting, please call our office to confirm availability. Enrollments are accepted on a first-come, first-serve basis if space is available. Bring a check, cash or credit card to enroll.

Materials Fees
Pay material fees in cash directly to the instructor at the first class. Do not include the material fee with your registration fee payment.

Cancellation Policy
Please choose your classes carefully. No refunds issued unless a class is cancelled by El Camino College. Credit vouchers in the amount of the class registration fee less a $10 service fee per class will be issued upon request 3 full business days before the first class meeting. Credit Vouchers are applicable toward a future Community Education class and are valid for 3 years.

If a Class is Cancelled
Every attempt is made to contact students ahead of time. A full course fee refund will be issued within four to six weeks.

Transfers
To transfer to another class, requests must be received at least 3 full business days before the original class meets. A $10 transfer fee will apply.

Registration Confirmation
Paper confirmations and receipts furnished ONLY upon request. If you register online or over the phone, you will be asked to provide your email address to receive an email confirmation indicating your registration-confirmation information. It is your responsibility to ensure the accuracy of all registration and contact information you provide. If you would prefer to receive a paper confirmation receipt, please visit our office or submit your request in writing along with a self-addressed envelope.
CERTIFICATES OF COMPLETION $5
If you would like a Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of a course, mail in or phone in your request to the Community Education office along with $5 per certificate.

PARKING ON CAMPUS
A parking permit is required to park in any lot 24 hours a day, seven days a week. One-day permits are available for $3 at vending machines located throughout the campus (Lots D, H, K, L). Arrive early to park! Please do not park in “staff” or “reserved” spaces unless otherwise posted. Please note: Be aware of posted signs. Due to construction on campus, parking restrictions may change.

PLEASE RECYCLE 🌿
Finished with this Catalog? Please be kind to our planet and recycle this brochure. Please pass it along to a friend or colleague.

Catalog is printed on recycled paper.

WHAT ARE YOU DOING TONIGHT?
Check out our Facebook or Twitter site(s) for listings of classes being held tonight and attend a class tonight!

FOLLOW US ON TWITTER
www.twitter.com/eccommunityed

LIKE US ON FACEBOOK
www.facebook.com | El Camino College Community Education

OFFICE OF COMMUNITY EDUCATION
The Community Education catalog is produced by the El Camino College Community Education Department: Betty L. Sedor, Program Director; Veronica Mendoza, Program Assistant; Graphic design by Soap Design Co. at soapdesign.com.

“Always bear in mind that your own resolution to succeed is more important than any other.”
–Abraham Lincoln

“We must cultivate our own garden.”
–Voltaire

The El Camino Community College District is committed to providing equal opportunity in employment and educational opportunities for all individuals, regardless of race, color, ancestry, religion, gender, national origin, marital status, sexual orientation, handicap, age, and Vietnam-era status.

The El Camino Community College District and the Office of Community Education have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses, programs, instructors, class locations, together with other matters contained herein, are subject to change without notice by the administration of the El Camino Community College District and the Office of Community Education for reasons related to student enrollment, level of financial support, instructor availability, or for any other reason, at the discretion of the district and college. The district and the college further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures.
**REGISTRATION FORM**

Winter/Spring 2016

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<th>Name</th>
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**Online Career-Certificate Training Programs**

Over 90 career programs to choose from in categories such as Healthcare, Business, IT, Media/Design, Hospitality and Skilled Trades. Visit website at: [http://careertraining.ed2go.com/elcamino](http://careertraining.ed2go.com/elcamino) or call: 1-877-221-5151

**Veterinary Assistant**

(End of page)

Do you LOVE animals? Why not start a career working with animals every day of your life?!

 Starts February 6, 2016!

**Medical Assistant**

(End of page)

Start an exciting career working side by side with doctors, nurses and other healthcare professionals, treating patients from newborns to senior citizens!

 Starts January 16, 2016!
2016 New Year's Resolutions

1. Get a better job (pg. 4-16)
2. Be Healthier (pg. 19-20)
3. Start a Hobby (pg. 17-18)
4. Save Money (pg. 18-19)
5. Become a Vegetarian (pg. 20)