

CAREER OPPORTUNITIES

Job Training Programs



Alcohol & Drug Counselor CAADACE-Approved Training (pg. 14)

Start a Career as an Alcohol & Drug Counselor! Perhaps you've had personal experience with drugs and alcohol, or you may have some special abilities to help other people. Here's your opportunity to make a difference in the lives of others and enjoy what you do for a living. This program is approved by the California Association of Alcohol and Drug Abuse Counselors (CAADAC), and the California Foundation for Advancement of Addiction Professionals (CFAAP). It is designed to teach you the theoretical and clinical skills needed to become a CAADAC certified Alcohol and Drug Counselor, and it is the only CAADAC approved program that teaches the traditional twelve step program with alternative and complementary therapeutic modalities such as hypnotherapy and ariculotherapy. **Starts February 4, 2012!**

Pharmacy Technician Training Program (pg. 23)

As a pharmacy technician you will help the pharmacist package or mix a prescription, maintain client records, refer clients to the pharmacist for counseling, assist with inventory control and purchasing, as well as collect payment and coordinate billing. This course combines 180 hours of classroom instruction with a 120-hour pharmacy externship to provide you with a complete learning experience. For detailed information including financing options, course resources & prescreening preparation visit: www.adultedreg.com/elcamino. **Starts February 21, 2012!**



Floristry Training Certificate Program (pg. 16)

Do you love flowers? Do people often compliment you for being naturally creative? Then you should consider a career in the floral industry! **Starts January 14, 2012!**

Personal Fitness Trainer (pg. 18)

We know you're in shape, but what about your career? Become a nationally certified personal trainer! **Starts February 11, 2012! Or April 14, 2012!**

Veterinary Assistant Training Program (pg. 20)

As a Veterinary Assistant, you will help the Veterinarian or the Veterinarian Technician in their daily tasks. **Starts February 11, 2012! Or April 14, 2012!**

Welcome to Community Education!

ABOUT COMMUNITY EDUCATION

El Camino College's Community Education department provides short-term, not-for-credit classes, workshops, career-training programs and events designed for professional and/or personal development with a special emphasis on inspiring a sense of wonder and imagination toward life-long learning. College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades. Community Education is a self-supporting entity of the college and is not funded by taxpayer dollars. We are here to help! If you have a special interest or particular need for a class, please send us your suggestion(s) to commed@elcamino.edu.

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How to Register for a Class



BY MAIL

Mail the registration form & payment to:
Community Education-
El Camino College
16007 Crenshaw Bl.
Torrance CA 90506



BY PHONE

Call 310-660-6460
Provide your Visa,
Mastercard or
Discover card.



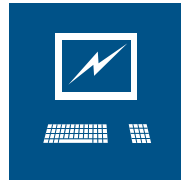
BY FAX

Fax your completed
registration form
to the Community
Education Office at
310-660-6015



IN PERSON

Bring your completed
registration form
& payment to the
Community
Education Office in
the Community
Advancement Bldg.
(see map).



ONLINE

Visit:
ECCCommunityEd.com
& pay by credit card

Please call for directions to our office.

OFFICE HOURS:

Change holidays to: November 24-25, 2011 (Thanksgiving), December 19, 2011-
January 2, 2012 (Winter Holidays), January 16, 2012 (Martin Luther King),
February 10, 2012 & February 20, 2012 (President's day), May 28, 2012 (Memorial day)

REGISTRATION FORM AVAILABLE ON PAGE 7

PRE-REGISTRATION IS IMPORTANT!

Please register early. Class sizes are limited and early registration may assure your place in a popular class. Classes that do not meet minimum student enrollment may be cancelled before the first session. Your timely registration may help ensure this necessary enrollment figure.

REGISTRATION AT FIRST CLASS

If you wish to register with the instructor at the first class meeting, please call our office to confirm availability. Enrollments are accepted on a first-come, first-serve basis if space is available. Bring a check, cash or credit card to enroll.

MATERIALS FEES

Pay material fees in cash directly to the instructor at the first class. Do not include the material fee with your registration fee payment.

NO REFUNDS

Please choose your classes carefully. No refunds issued unless a class is cancelled by El Camino College. Credit vouchers in the amount of the class registration fee less a \$10 service fee per class will be issued upon request 3 full business days before the first class meeting. No exceptions. Any requests received less than 3 full business days before the first class meeting will not be processed and will not receive a

credit voucher. Credit Vouchers are applicable toward a future Community Education class and are valid for 3 years.

IF A CLASS IS CANCELLED

Every attempt is made to contact students ahead of time. A full course fee refund will be issued within four to six weeks.

TRANSFERS

To transfer to another class, requests must be received at least 3 full business days before the original class meets. A \$10 transfer fee will apply.

REGISTRATION CONFIRMATION

Paper confirmations and receipts furnished ONLY upon request. If you register online or over the phone, you will be asked to provide your email address to receive an email confirmation indicating your registration-confirmation information. It is your responsibility to ensure the accuracy of all registration and contact information you provide. If you would prefer to receive a paper confirmation receipt, please visit our office or submit your request in writing along with a self-addressed envelope.

CERTIFICATES OF COMPLETION \$5

If you would like a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of a course, mail in or phone in your request to the Community Education office along with \$5 per certificate.



PARKING ON CAMPUS

A parking permit is required to park in any lot 24 hours a day, seven days a week. One-day permits are available for \$2 at vending machines located throughout the campus (Lots D, H, K, L). Arrive early to park! Please do not park in "staff" or "reserved" spaces unless otherwise posted. **Please note:** Be aware of posted signs. Due to construction on campus, parking restrictions may change.

PLEASE RECYCLE

Finished with this Catalog? Please be kind to our planet and recycle this brochure. Please pass it along to a friend or colleague.

♻️ Catalog is printed on recycled paper.

*"In times of profound change,
the learners inherit the earth,
while the learned find
themselves beautifully
equipped to deal with a
world that no longer exists."
-Al Rogers*

WHAT ARE YOU DOING TONIGHT?

Check out our Facebook or Twitter site(s) for listings of classes being held tonight and attend a class tonight!

FOLLOW US ON TWITTER

FOLLOW US ON Twitter

www.twitter.com/eccommunityed

BECOME A FAN ON FACEBOOK

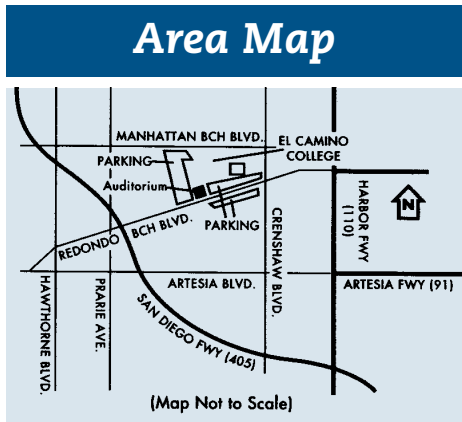


www.facebook.com/El Camino College Community Education

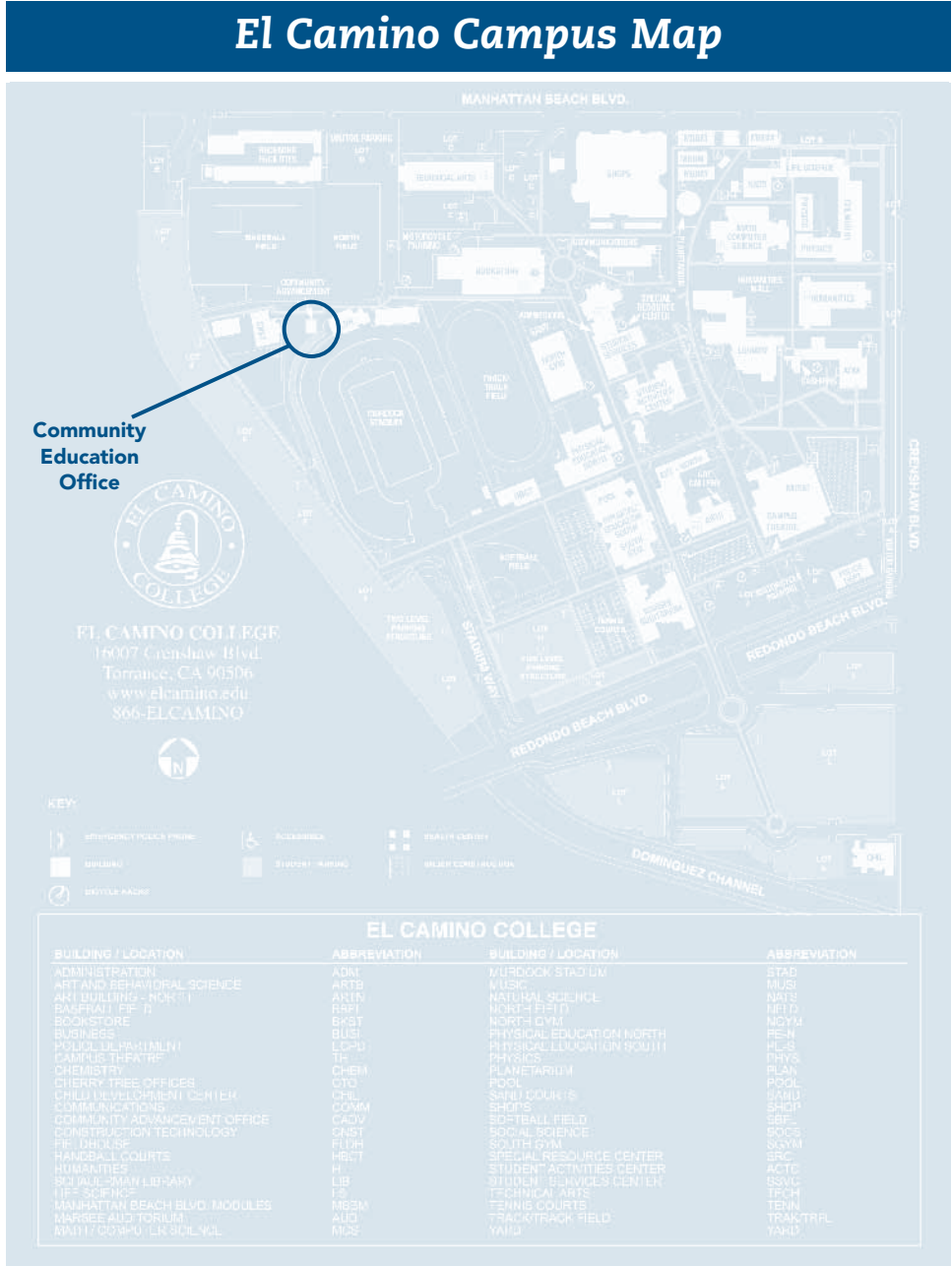
The El Camino Community College District is committed to providing equal opportunity in employment and educational opportunities for all individuals, regardless of race, color, ancestry, religion, gender, national origin, marital status, sexual orientation, handicap, age, and Vietnam-era status.

The El Camino Community College District and the Office of Community Education have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses, programs, instructors, class locations, together with other matters contained herein, are subject to change without notice by the administration of the El Camino Community College District and the Office of Community Education for reasons related to student enrollment, level of financial support, instructor availability, or for any other reason, at the discretion of the district and college. The district and the college further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures.

The Community Education catalog is produced by the El Camino College Community Education department: Betty L. Sedor and Veronica Mendoza; Graphic design by Soap Design Co. at soapdesign.com. Contributing photographers: Veronica Mendoza and Douglas Morrison at morrisonphotography.com.



Off the 405/San Diego freeway at the Redondo Beach Blvd. exit in the South Bay



For More Information

For online directions and map, go to www.ECCommunityEd.com and click on FAQs.



(OK to duplicate)

REGISTRATION FORM

(310) 660-6460 • www.ECCommunityEd.com
Winter/Spring 2012

Cancellation Policy: Please choose your classes carefully. No refunds issued unless a class is cancelled by El Camino College. Credit vouchers in the amount of the class registration fee less a \$10 service fee per class will be issued upon receipt of a completed "Cancellation Request" form. Cancellation Request forms must be submitted in writing 3 full business days before the first class meeting. No exceptions. Any requests received less than 3 full business days before the first class meeting will not be processed and will not receive a credit voucher. Visit our website, call, or stop by our office to obtain a "Cancellation Request" form. Credit Vouchers are applicable toward a future Community Education class and are valid for 3 years.

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone (____) _____ Evening Phone: (____) _____
E-Mail Address _____

May we send you e-mail announcements? ☐ Yes ☐ No

Kid's College Release & Medical Consent Form

This portion of the form must be completed by a parent or guardian of students under 18 years of age.

I grant approval for my child _____
Age _____ Grade Level _____ Date of Birth _____
to participate in youth classes.

I understand Community Education does not provide health or medical insurance for participants. The undersigned agrees to defend, indemnify and hold harmless the El Camino Community College District, its Board of Trustees, officers, agents and employees, individually and collectively, from and against all costs, losses, claims, demands, suits, actions, payments and judgments, including legal and attorney fees, arising from personal or bodily injuries, property damage or otherwise, regardless of and however caused, brought or recovered against any of the above that may arise for any reason from or during or be alleged to be caused by the undersigned's participation in the El Camino College Community Education and Professional Development Program. Consent is hereby given to the Community Education instructors or supervisors to give or seek medical aid required in the case of emergency. My child's photograph and name may appear in print ads or the college's publications for El Camino Community Education while engaged in campus activities and classes.

- No credit or grades given for these courses
 - Community Education does not provide escort service for children.
 - Remind your children to speak & behave quietly in the hallways. There are other classes in session.
 - Young children should not be dropped off in the parking lot.
- I understand that each youth class is designed for a specific grade level. I certify that I have enrolled my child in the appropriate grade level.

Parent/Guardian Signature: _____
Date _____ Parent's Name (print): _____
Phone: (____) _____

Contact Information of additional person who may be contacted in case of Emergency:
Name: _____
Phone: (____) _____

Course	Start Date/Time	Title of Course	Fee
			TOTAL

Payment Options: (PAY MATERIAL FEES DIRECTLY TO INSTRUCTOR)
☐ Cash ☐ Check ☐ Credit Card

Make checks payable to: El Camino College
Check # _____
Name on Check _____
(\$20 charge for all returned checks)

Cardholder Name _____
Authorized Signature _____
Card # _____
Expires _____
(must be 16 numbers)

Send registration form to: Community Education – El Camino, 16007 Crenshaw Blvd., Torrance, CA 90506
www.ECCommunityEd.com e-mail: CommEd@elcamino.edu Fax: (310) 660-6015



Aqualillies Water Ballet Mini-Show and Workshop

#2990005

Perfect
Mother's Day
Gift!

Saturday, May 19, 2012
1:00pm-3:00pm

Tuition: \$89.00

Instructors: Two lovely and highly trained dancers from the Aqualillies water-ballet company

Location: The swimming pool at El Camino College

Partake in a beautiful and sophisticated reinvention of the classic 1950's era water ballet synchronized swimming. for fun and great exercise! In this 2-hour combined mini presentation and workshop, students of all ages will enjoy making a splash while learning the fundamentals of synchronized swimming. Class includes mini-show demonstration by your two Aqualillies instructors, Esther Williams film footage, and in-water workshop where you'll learn sculling techniques, back-layouts, torpedoes, ballet legs and more... Then you'll be able to set your new skills to music with a beautiful and graceful routine you'll learn.

Prerequisite: Students must have good swimming ability (i.e. crawl, back, side, breaststroke). Wear your bathing suit underneath comfortable clothing to enjoy the demonstration part prior to dipping into the pool.



SPECIAL APPEARANCE:
A visit from
Princess Vanessa



Enjoy a manicure!



SPECIAL APPEARANCE:
Fairy Godmother!



El Camino College
Community Education
AND PROFESSIONAL DEVELOPMENT



2012 Mother-Daughter Tea

Mother-Daughter Tea Viva Mexico Themed!

In honor of the special bond that exists
between Moms and Daughters...

Join us for our 2nd annual Mother-Daughter Tea
with a Mexican-themed presentation!

Saturday, May 12, 2012

10:30 am-12:30 pm

El Camino College East Dining Room

\$25 each.

Limited seating. Pre-registration required. Call 310-660-6460.

INCLUDES:

- *Food:* Buffet-style light luncheon/tea service

- *Beauty:* Manicures
Provided by **EL Camino College**
Cosmetology department

- *Photo Booth:* Take home a printed photo
of you with your Mom or Daughter

Presented by



- *Special Activities:* Mexican-themed fun including hands-on
tamale-making demonstration!

- *Special Appearances:* A visit from Princess Vanessa
and Fairy Godmother
Presented by **EL Camino College Kid's College Princess Camp**

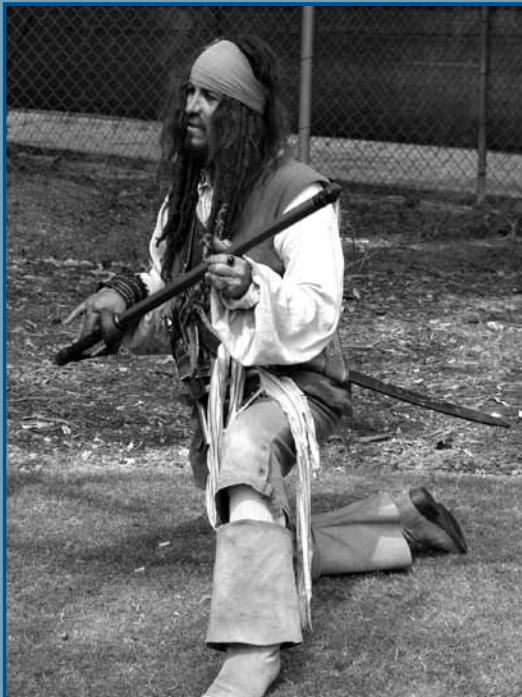
- *Special Guest Speaker:* Presentation by
Sara Elena Loaiza, Mom & Founder/Managing Partner
of Latino Consultants who was recently awarded the
prestigious Public Relations Woman of the Year award
by the National Latina Business Women Association.



Photo by
Aaron Gil,
fotonuova.com

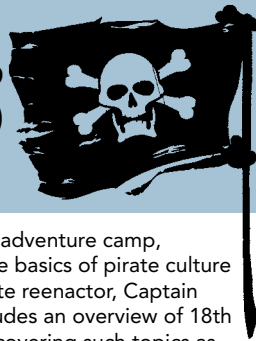
- *Gift bag*

"The house does not
rest upon the ground,
but upon a woman."
– Mexican Proverb



Pirate Camp (For Adults!)

#730086



In this 2 hour learning-adventure camp, attendees will learn the basics of pirate culture from an authentic pirate reenactor, Captain Parrot Jack. Class includes an overview of 18th century pirate history covering such topics as pirate clothing, pirate customs, pirate pets including live interactions with Captain Parrot Jack's vibrantly exotic parrots, and pirate weaponry--each attendee will learn pirate sword fighting/fencing technique with rubber stunt swords and choreographed technique with metal stunt swords just like the type used in the *Pirates of the Caribbean* movies! And if you play like a good pirate, Captain Parrot Jack might even let you try out his genuinely-crafted *Pirates of the Caribbean* stunt sword made by master blacksmith, Tony Swatton of Sword & Stone! No costume required. Wear comfortable clothing and shoes.

Instructor **Parrot Jack** is a popular west coast event entertainer that performs as a pirate accompanied by his friendly parrots, the parrots of the Caribbean. He operates *Pirates for Parties* which is a national talent and event Production Company that provides pirate entertainers, parrots and parrot shows, exotic animals to parties, events and film productions in Southern California and throughout the United States.

Sunday, 1:00 pm - 3:00 pm; 1 session
on January 15, 2012

Tuition: **\$39.00**

Instructor: **Captain Parrot Jack**

Location: **El Camino College, North Field**

Watch
Spotlight
Torrance
show
#02.11!

As featured
on Torrance
CitiCABLE!

Watch Torrance CitiCABLE reporter Leah Uko in attendance at our January 15, 2011 *Pirate Camp (For Adults!)* class! The feature story highlights our extraordinary *Pirate Camp (For Adults!)* instructor Captain Parrot Jack and his parrots of the Caribbean.

Watch the segment Online at:
<http://www.ci.torrance.ca.us/CableTV/22216.htm>



City of Torrance Centennial--A Celebration of the Year 191

El Camino College's Community Education department invites you to participate in two extraordinary events related to the centennial anniversary of the City of Torrance that was established in 1912 exploring the "emerging new worlds" of 1912 and its influence on contemporary society:

- 1 Join us for an evening of related discussion and talks on Thursday, May 24, 2012.
- 2 Take an excursion to the Southwest Museum's Braun library and the Autry museum on Saturday, June 9, 2012.

See pages
12-13

2012



This series is in association with the TorranceLive 2012 Works in Progress series *Visionaries--A Celebration of Great Americans From the Year 1912* presenting original dramas portraying visionary individuals

of 1912 featuring businessman Jared Sidney Torrance, labor activist Mother Jones, novelist Zane Grey, poet Amy Lowell, and novelist and playwright L. Frank Baum.

Established in 1912, the City of Torrance was an expression of the visionary businessman Jared Sidney Torrance who sought to create "a workers' paradise." That same year saw publications and initiatives by other great Americans expressing their visions of emerging new worlds.

Wed FEB 29 7 PM
JARED SIDNEY TORRANCE

Wed MAR 28 7 PM
MOTHER JONES

Wed APR 25 7 PM
ZANE GREY

Wed MAY 30 7 PM
AMY LOWELL

Wed JUN 27 7 PM
L. FRANK BAUM

Visionaries

2012 Works in Progress ~ Celebrating the City's Centennial

Great actors in solo performances of artists and activists of 1912 in their own words

Nakano Theatre
Torrance Cultural Arts Center
3330 Civic Center Dr., Torrance

Box Office 310-781-7171

Find more information, visit www.TorranceLive.us
or twitter.com/torrancelive facebook.com/torrancelive TorranceCA.Gov

Tickets (includes \$2.50 handling fee): \$25 adults, \$23 seniors/students, \$20 subscribers

Works in Progress is a program of the Cultural Services Division, Torrance Community Services Department

in association with El Camino College Community Education, Torrance Community Television, Torrance Historical Society & Museum, Torrance Public Library



1912: Visions of Emerging New Worlds Lecture & Discussion Event

May 24, 2012
6:30 pm
Doors open at 6:00 pm.
Light refreshments served.

Thursday,
May 24,
2012!

Location: Alondra Room (above bookstore, overlooking the El Camino College Stadium)
Fee: \$5 Limited seats, pre-registration required:
www.ECCommunityEd.com or Call 310-660-6460



Moderated by John Powers,
Visionaries—A Celebration of Great Americans From the Year 1912 writer/producer/director

3
Captivating
Topics!

Sheafs of Rainbows: Amy Lowell on Life, Poetry, and Other Stained Glass Windows
Presented by El Camino College Adjunct English Instructor, Kathryn Hall

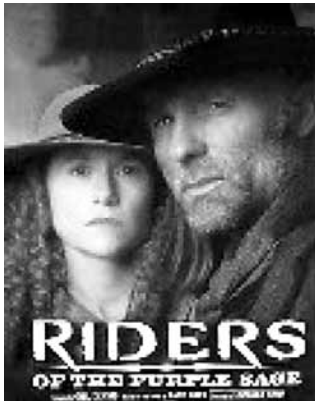
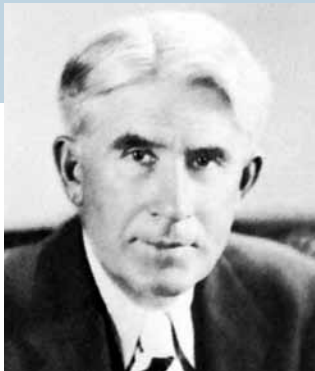
For decades, Amy Lowell, daughter of one of the wealthiest families in America was searching for direction in her life. In 1912, she found it with the publication of her first book of poetry *A Dome of Many-Colored Glass*. From that moment on, she was determined to cut away the influence of English Victorianism on the nation's literary landscape and plant it with a modern, wholly American style.

Progressivism and the 1912 Presidential Election
Presented by El Camino College History Instructor, Dr. Michael James Eula

The Progressive Movement (1890-1918) emerged during a period in American history of tremendous economic and demographic change including the advent of the industrial age and an influx of immigrants arriving in the United States that introduced new political traditions and an emergent capitalist class. These new capitalist industrial barons were perceived by "Progressives" as a threat to American life and traditional values of individual achievement and Republican government. The 1912 presidential election marked the birth of the Progressive Party and a call for a "New Nationalism" based on progressive reform.

The Zane Grey Influence on the Early Film Industry
Presenter To Be Announced.

The failed baseball player turned dentist had been struggling for ten years to transform himself into a popular writer. Then in 1912, he published a novel that would make him a household name and would become the archetype of Western story telling ultimately fueling a whole new industry in film making.



Autry National Center



Saturday,
June 9,
2012

Museum Excursion:
Southwest Museum's
Braun Research Library &
The Autry Museum

Continue your exploration of the "emerging new worlds" of 1912 and its influence on contemporary society with this daytrip to the Braun Library and the Autry Museum.

Saturday, June 9, 2012
10:00 am-3:00 pm

\$55 (Limited seats, pre-registration required:
Call 310-660-6460)

Includes: Transportation via chartered coach; lunch at the Autry Museum's Golden Spur Café; guided tours and entrance fees.

First
Stop!

Southwest Museum's Braun Library: The Southwest Museum of the American Indian is currently closed to the public due to ongoing conservation of the collection. However, the Braun Research Library established more than one hundred years ago as part of the Southwest Museum to provide the research materials necessary to place the museum collections in their cultural and historical contexts is still open by special appointment only.

Join us as Kim Walters, Interim Director of the Southwest Museum of the American Indian opens the doors of the library to El Camino College for a peek at collection items related to Jared Sidney Torrance, Zane Grey and Los Angeles in 1912. Jared Sidney Torrance's charitable donations included support of the Southwest Museum for the building of its tower known as the Torrance Tower. He also served on their board of directors until his death.

Afternoon
Tour!

Autry Museum: The Autry National Center, formed in 2003 by the merger of the Autry Museum of Western Heritage with the Southwest Museum of the American Indian and the Women of the West Museum, is an intercultural history center dedicated to exploring and sharing the stories, experiences, and perceptions of the diverse peoples of the American West.



Next
Stop!

Lunch @ the Autry Cafe,
Autry Museum



• **Transportation** via chartered coach.
Includes snack on board!



• **Special guest** on our ride/tour includes John Powers, 1912 *Visionaries* writer/producer/director.



BUSINESS & CAREERS

Alcohol & Drug Counselor CAADAC-Approved Training

NEW!



Start a Career as an Alcohol & Drug Counselor

Perhaps you've had personal experience with drugs and alcohol, or you may have some special abilities to help other people. Here's your opportunity to make a difference in the lives of others and enjoy what you do for a living.

This program is approved by the California Association of Alcohol and Drug Abuse Counselors (CAADAC), and the California Foundation for Advancement of Addiction Professionals (CFAAP). It is designed to teach you the theoretical and clinical skills needed to become a CAADAC certified Alcohol and Drug Counselor, and it is the only CAADAC approved program that teaches the traditional twelve step program with alternative and complementary therapeutic modalities such as hypnotherapy and ariculotherapy.

Important Reasons You Should Choose This Program

1. Complete in six months. Most programs take years to complete; you can complete this course in about six months, excluding the clinical externship.
2. Courses are taught on the weekends to accommodate those who may have a fulltime day job.
3. Learn the traditional twelve step program along with other complementary therapies such as hypnotherapy and ariculotherapy. This is the only CAADAC program that will teach you these special skills to keep you current in the alcohol & drug counselor job market.
4. Upon completing the program, you will receive.
 - Certification of Completion for CAADAC courses
 - Certification of Hypnotherapy
 - Certification of Ariculotherapy
 - Free one year renewable membership in the Indian Board of Alternative Medicines.
5. Do your research first then plug into the program that offers superior, cutting edge

training and costs thousands less than other CAADAC programs.

Most programs will cost you about \$8,000 to \$11,000. You'll pay only \$4,500 for this course series.

Enrollment requirements:

- At least eighteen years old.
- Have a high school diploma or GED.
- Six months of sobriety recommended.

**Offered by El Camino
College Community Education**

**In partnership with:
California Mind Institute**

FREE Information Session

#210158

Thursday, January 12, 2012 6:30-7:30 pm

Free orientation meeting for anyone interested in enrolling in the Alcohol & Drug Counselor CAADAC-Approved Training program. Attend this orientation to learn all the specifics of the program and opportunities waiting for you as a Alcohol & Drug Counselor.

Reservation required: Call 310-660-6460

**Fridays 5-10 pm; Sat/Sun 8-6 pm
STARTING FEBRUARY 4, 2012!**

**1. Introduction and Overview of Alcohol
and Other Drugs** (45 hours/\$500)

Two Weeks: 2/4, 2/5, 2/10, 2/11, 2/12

**2. Physiology & Pharmacology of Alcohol and
Other Drugs** (45 hours/\$500)

Three Weeks: 2/18, 2/19, 2/24, 2/25, 2/26

3. Law and Ethics (45 hours/\$500)

Two weeks: 3/3, 3/4, 3/9, 3/10, 3/11

4. Case Management (45 hours/\$500)

Three weeks: 3/17, 3/18, 3/23, 3/24, 3/25

5. Individual, Group and Family Counseling
(45 hours/\$500)

Two weeks: 3/31, 4/1, 4/6, 4/7, 4/8

6. Professional and Personal Growth
(45 hours/\$500)

Two weeks: 4/14, 4/15, 4/20, 4/21, 4/22

7. Supervised Practicum (45 hours/\$500)

Two weeks: 4/28, 4/29, 5/4, 5/5, 5/6

8. Ariculotherapy (16 hours/\$400)

One week: 5/12, 5/13

9. Hypnotherapist Certification (24 hours/\$700)

One week: 5/26, 5/27

10. Supervised Field Work Practicum

(255 hours to be arranged/No Course Fee)

Location: **El Camino College**

Become a Notary Public - Renewing Notaries ONLY

#210139

As of January 2009, renewing notaries may take a three hour approved Notary refresher course. In this three hour state required seminar you will review all laws and regulations required to know to continue as a notary. You must take the exam and be fingerprinted again.

*Instructor **Carrie Christensen**, a Notary Public expert, has conducted these seminars for over twelve years.*

Thursday, 5:45 pm - 9:00 pm; 1 session on February 16, 2012

Wednesday, 5:45 pm - 9:00 pm; 1 session on May 9, 2012

Tuition: **\$50.00**

Instructor: **Public Seminars**

Location: **El Camino College**

Materials Cost: **\$30.00**

Become a Notary Public-- Prep Class #210002

This 6-hour intensive course is designed to equip you with everything you need to know to become a safe and effective Notary. You'll learn how to pass the test (must be taken every four years), prevent lawsuits, keep a journal, fill out certificates, and solutions to challenging problems. Become a more valuable employee, make additional income, provide customer service for your business or organization, or start your own business. Class includes a practice Notary Public exam. Fingerprints required after you pass the exam. For more information visit: www.ss.ca.gov/business/notary/notary.htm

*Instructor **Carrie Christensen**, a Notary Public expert, has conducted these seminars for over twelve years.*

Wednesday, Thursday 5:45 pm - 9:00 pm; 2 sessions starting February 15, 2012, ending February 16, 2012

Monday, Wednesday 5:45 pm - 9:00 pm; 2 sessions starting May 7, 2012, ending May 9, 2012

Tuition: **\$99.00**

Instructor: **Notary Public Seminars**

Location: **El Camino College**

Materials Cost: **\$30.00**

How to Start a Cart Vending Business #210099

Learn how to start up a Cart Vending business--a low cost, all-cash business for selling food or specialty items. You can pocket up to \$60,000 a year working part-time. Topics include: what products/foods sell best; carts-how much, what kind, where to purchase; finding great locations; licenses, permits, laws and regulations; the best sources of inventory;

how to finance your start-up business; bookkeeping made simple; finding reliable workers; and building your business profitably.

*Instructor **Gene Konstant** is a third generation business owner - having started and operated 10+ businesses of his own and has been actively engaged as a business consultant focusing on owner operated businesses for over 40 years. Thousands of entrepreneurs all over North America have benefited from his classes and continue to use his systems.*

Wednesday, 6:30 pm - 9:30 pm; 1 session on January 25, 2012

Wednesday, 6:30 pm - 9:30 pm; 1 session on April 18, 2012

Tuition: **\$39.00**

Instructor: **Gene Konstant**

Location: **El Camino College**

Materials Cost: **\$20.00**

Introduction to Voiceovers

#210146



This fun and empowering 2 hour Introductory workshop covers the different types of voiceovers and what tools are needed to ?nd success. You'll be coached as you read a script, and be recorded so you can receive a

professional voiceover evaluation later. You'll have the knowledge necessary to help you decide if this is something you'd like to pursue. Taught by a professional voice actor from the Voice Acting Training Company, Voices For All. **Please read:** Ages 18 and over

*This class is taught by a professional voice actor from the voice acting training company, **Voices For All**. The Voices For All Voice Coach Producer/Instructors have many years experience in the voice over industry, and are the masters at teaching all of the information pertinent to making it in Voice Acting. These instructors not only deliver the highest quality education and coaching to their students, but their unique enthusiasm and expertise bring an element of fun and excitement to the classroom as well.*

Monday, 7:00 pm - 9:00 pm; 1 session on March 19, 2012

Tuition: **\$54.00**

Instructor: **Voices For All**

Location: **El Camino College**

FLORISTRY TRAINING CERTIFICATE PROGRAM

Discounted Series Cost \$499.00 / Or \$185 per class

Do you love flowers? Do people compliment you for being naturally creative? Then you should consider a career in the floral industry! This intensive 3-part program will prepare you for the ever-growing, ever-exciting field of floral design. Students will learn the professional practices, concepts, and applications used in the floral industry by retail designers and business/shop owners to obtain the required knowledge and skills for employment in the floristry arena. Through such effective learning techniques as lecture, group discussion, role playing, demonstration, practical application (hands-on), and maintenance of a professional portfolio, students will learn essential floristry skills and knowledge.

After completing all three courses with 90% attendance (only one missed meeting allowed per course) and successful completion/passing of a comprehensive final exam, students will earn a Certificate of Completion.

Materials fee per week for fresh-cut flowers will vary from \$10 to \$25 based on seasonal market fluctuations.

Instructor Roxana Rodriguez, CFD is an award-winning floral designer with more than 20 years experience in the industry as a flower shop owner, head designer and manager. She has taught and initiated floral design programs in two states and has graduated hundreds of students who have gone on to become successful in the floral industry. She is recognized by the American Institute of Floral Designers as a Certified Floral Designer.



Floristry Training Certificate Program: Part 1

#210148

Part 1 will include the following topics:

1. The historical journey of floral design throughout the ages, as well as cultural influences that enhance and inspire the designing professional.
2. Basic principles and elements of the design process, including color theory application.
3. Tools and supplies used within the industry.
4. Identification and nomenclature of most commonly used flowers and foliage, along with a brief physiology.
5. Proper care and handling of cut flowers and foliage.
6. Construction of basic design styles and techniques.
7. Building and maintaining a professional portfolio.

Saturday 9:00 am - 12:00 pm; 8 sessions starting January 14, 2012, ending March 3, 2012

Tuition: **\$185.00**

Instructor: **Roxana Rodriguez**

Location: **El Camino College**

Materials Cost: **\$25.00**

Floristry Training Certificate Program: Part 2

#210149

Part 2 areas to be covered will include:

1. The significance of holiday and special occasion florals.
2. Servicing, pricing and constructing weddings, including personal flowers, bouquets and church pieces. (Also includes the proper handling of wedding consultations and how to generate more wedding business).
3. Customer relations and service, and effective telephone techniques.

4. Sympathy designs and maintaining empathy along with professionalism.
5. Construction of specialty designs using ever lasting (dried and/or "silk") flowers.

Saturday 9:00 am - 12:00 pm; 8 sessions starting March 10, 2012, ending May 5, 2012
(No class on Apr 7)

Tuition: **\$185.00**

Instructor: **Roxana Rodriguez**

Location: **El Camino College**

Materials Cost: **\$25.00**

Floristry Training Certificate Program: Part 3

#210150

Part 3 areas to be covered will include:

1. Contemporary floral designs and discovering "the artist within."
2. Understanding wire services and proper order taking.
3. The effective and efficient way to make flora deliveries.
4. Dealing with commercial accounts in a conscientious and professional manner.
5. Understanding the floral industry.
6. The professional retail work environment and how to "sell" your trust to the employer and the customer.
7. The completed professional portfolio: a sure ticket to employment.

Saturday 9:00 am - 12:00 pm; 8 sessions starting May 12, 2012, ending July 7, 2012
(No class on May 26)

Tuition: **\$185.00**

Instructor: **Roxana Rodriguez**

Location: **El Camino College**

Materials Cost: **\$25.00**

***Please note:** If you would like a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of this course, mail in or phone in your request to the Community Education Office along with \$5 per certificate.

Learn to Become a Live Scan Fingerprint Operator

#210156



Looking for a new career? Want to earn extra money? In this one-day hands-on training course, students will learn how to be a skilled fingerprint roller for successful operation of live scan machinery and creating fingerprint ink cards. Actual live scan equipment and ink cards are used in class! Instruction topics include qualifications of the Department of Justice, the application process and requirements, processing procedures, prior-to -certification information, after-certification information, what identification is acceptable when rolling prints, proper rolling techniques, how to fill out customer paperwork, and tips on marketing your own business.

Instructors Susan Vega and Arron Nelson of USA Fingerprinting work directly with the Department of Justice and consult with a variety of small and medium sized business to help initiate live scan fingerprinting services.

Saturday, 9:30 am - 3:00 pm; 1 session starting January 14, 2012, ending January 14, 2012

Saturday, 9:30 am - 3:00 pm; 1 session starting February 25, 2012, ending February 25, 2012

Saturday, 9:30 am - 3:00 pm; 1 session starting April 21, 2012, ending April 21, 2012

Tuesday, Thursday 6:00 pm - 9:00 pm; 2 sessions starting May 15, 2012, ending May 17, 2012

Tuition: **\$139.00**

Instructor: **Susan Vega**

Location: **El Camino College**

Materials Cost: **\$49.00**

Make-Up Artist 101 Certificate Seminar #300116



Are you a cosmetologist who wants to offer more to your customers? Or do you just love make-up and want to know everything there is to know about applying beautiful make-up? Then, this class is for you! Jennesey will teach you the step-by-step stages of make-up application: 1) Skin care and prep --why and how it affects your make-up applications. 2) Foundations--how to pick out the correct color and coverage for each application. 3) Brushes--the functions for each shape and style. 4) Eye shadows--color techniques. 5) Basic everyday looks and the smokey looks. 6) Wedding application including prep for lighting and camera work. 7) Music-video applications 8) How to apply false lashes. This class will teach you the most valuable and essential make-up artist skills. Upon completion, students will be eligible to receive a Certificate of Completion.* Materials fee covers products to be used during hands-on class work including brushes, shadow palette, blush, sponges and usage of the instructor's complete kit. **Note:** Please bring a bottle of oil-based make-up remover (i.e. Almay), a pack of face wipes (i.e. Ponds) and one fashion or tabloid magazine.

***Please note:** If you would like to receive a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of this course, mail in or phone in your request to the Community Education office along with \$5 per certificate.

Instructor Jennesey Tyler has been a make-up artist since 1999 working with top cosmetic companies such as Dior, M.A.C., Chanel, Nars and Yves Saint Laurent. She is an experienced make-up instructor who regularly teaches at cosmetology schools throughout Southern California.

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting February 25, 2012, ending February 26, 2012

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting April 28, 2012, ending April 29, 2012

Tuition: **\$350.00**

Instructor: **Jenesie Tyler**

Location: **El Camino College**

Materials Cost: **\$25.00**

Personal Fitness Trainer Certification #210152



We know you're in shape, but what about your career? Become a nationally certified personal trainer! The Department of Labor states there is a current shortage of health and fitness instructors. Come join this fun field and be a part of what ABC NEWS.com calls the 4th hottest job in the US at a national average of \$25 an hour. If you are looking for a new career, get the training you need to become a CERTIFIED PERSONAL TRAINER. This challenging course is taught over 5 weeks and consists of 15 hours of lecture, 15 hours of practical training, and a 30-hour internship. The national written and practical certification exam is administered on the 6th week of class. Certification requires passing the written and practical exam, completing a 30-hour internship and having current CPR/AED credentials. Course topics include: biomechanics, exercise physiology, fitness testing, equipment usage and health assessment. Textbook is required and is not included in course fees. After registering for the class through El Camino College via 310-660-6460 or www.ECCommunityEd.com call 888-330-9487 to order the textbook. It is recommended that students order the text book immediately and start reading.

Instructors of the W.I.T.S. (World Instructor Training Schools) specialize in educational excellence for fitness professionals.

Saturday 9:00 am - 4:00 pm; 6 sessions starting February 11, 2012, ending March 17, 2012

Saturday 9:00 am - 4:00 pm; 6 sessions starting April 14, 2012, ending May 19, 2012

Tuition: **\$599.00**

Instructor: **World Instructor Training Schools**
Location: **El Camino College**

Personal Fitness Trainer Certification Session-FREE #210151

This FREE 1-hour Personal Fitness Training Orientation is designed to provide information for anyone interested in the fitness profession or in becoming a fitness trainer. This lecture includes a brief overview of the industry and professional trends while allowing ample time for a Q & A session. Topics include personal training, group exercise, senior fitness, children's fitness, fitness management and aqua fitness. **RSVP Required. Please call 310-660-6460 to reserve your seat.**

Wednesday, 6:30 pm - 7:30 pm; 1 session on February 1, 2012

Wednesday, 6:30 pm - 7:30 pm; 1 session on April 4, 2012

The Business of Bartending #210132



Quick and easy! Learn to bartend like a rock star! This exceptional course will teach you the business side of the beverage industry, in addition to the basics of bartending. This practical and effective method of instruction is sweeping the industry and updating old ways of thinking. Professional bartending requires so much more than knowing how to put ice in a glass and adding the proper ingredients. This class will prepare you to be a great salesperson, a customer service expert and an honest and valuable employee, skills that will help you succeed in the real world of bartending and throughout life. Topics included are glassware, tools, recipes, pouring the perfect shot, bar terms, wine and champagne service, martinis, high-volume sales techniques, laws, responsible beverage service, job interviews, resumes, alternative ways to make money in the beverage industry and how to start your own bartending service.

Instructor Kellie Nicholson (pictured above) has spent the past 30 years working in bars, restaurants and nightclubs all over the United States. In addition to teaching her series of bar courses, she is also a bar and restaurant consultant hired to advise in many areas of the business, such as hiring and training of staff, price structures, menus, management, inventory, policies and procedures.

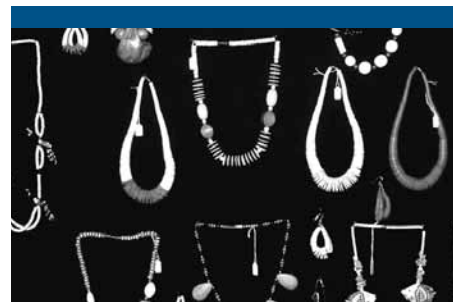
Saturday 2:00 pm - 6:00 pm; 3 sessions starting January 14, 2012, ending January 28, 2012

Saturday 2:00 pm - 6:00 pm; 3 sessions starting April 14, 2012, ending April 28, 2012

Tuition: **\$149.00**

Instructor: **Kellie Nicholson**
Location: **El Camino College**
Materials Cost: **\$50.00**

Turn Crafts into Cash #300132



Have you ever seen a great business or product making lots of money with an idea that you had first? Are you tired of seeing others find success with the same dreams that you've had? The difference between them and you is that they figured out how to commercialize their ideas — and now you can too! The process for reviewing and turning your ideas into a profit isn't magic — it's mechanics and this course shows you how to do it quickly and easily. In this interactive and informational class, instructor/successful entrepreneur Kellie Nicholson will show you how to use simple evaluation exercises to decide what's a profitable idea versus what's not, convert your ideas into a profitable business, apply low cost marketing and sales techniques, create a business plan, and much more. If you want to supplement your income or start your own business, take this workshop to learn what successful people already know!

Instructor Kellie Nicholson use her skills as a business consultant, entrepreneur and life coach to conduct career classes for the hospitality industry and motivational workshops that inspire excellence in life.

Monday, 6:30 pm - 10:00 pm; 1 session on January 23, 2012

Tuition: **\$39.00**

Instructor: **Kellie Nicholson**
Location: **El Camino College**
Materials Cost: **\$11.00**

Used Vehicle Dealer Certification—Start an Auto Wholesale Business! #210153

Make \$3K-\$6K per month buying, selling or exporting wholesale cars from home. Students will learn step-by-step directions on how to obtain an auto dealer license and how to operate a profitable used-car business. By the end of this one-day course, students will know how to and where to buy vehicles at wholesale prices and sell at retail prices. Tips on how to supplement your 9-5 with \$3,000 - \$6,000 income per month on a part-time basis will also be provided. Students will receive a DMV *Certificate of Completion at the end of the class.*

Please read: Material fee includes books and study-prep materials.

Instructor Ronald Wayne Williams is an authorized DMV occupational licensing education instructor. He also maintains a lucrative auto dealer business and a California insurance agency.

Sunday, 10:00 am - 5:00 pm; 1 session on January 15, 2012

Tuition: **\$89.00**

Instructor: **Ronald Williams**
Location: **El Camino College**
Materials Cost: **\$20.00**



Cover Story!

Who's on our cover this month? Our Winter/Spring 2012 catalog features photos of Moms and daughters who attended our May 7, 2011 special event, **Mother-Daughter Tea 2011!** The photos were taken at our fun photo booth provided by one of our most popular instructors, **Douglas Morrison (Digital Photography Boot Camp class pg. 44)**. Don't miss this year's **Mother-Daughter Tea** taking place on **Saturday, May 12, 2012 (pg. 9)**.



Veterinary Assistant Training Program #210154

As a Veterinary Assistant, you will help the Veterinarian or the Veterinarian Technician in their daily tasks. You will feed, water, and examine pets for signs of illness, disease, or injury; and clean and disinfect cages and work areas, as well as sterilize laboratory and surgical equipment in laboratories, animal hospitals and clinics. This course combines 35-hours of classroom instruction with a 24-hour externship to provide you with a complete learning experience (59 total hours). Upon successful completion, graduates will receive a certificate of completion. Course fee includes books, consumable supplies, externship, and course completion certificate.

Instructors have extensive teaching and industry experience.

Saturday 9:00 am - 4:30 pm; 5 sessions starting February 25, 2012, ending March 24, 2012

Saturday 9:00 am - 4:30 pm; 5 sessions starting April 14, 2012, ending May 12, 2012

Tuition: **\$1,099.00**

Instructor: **Boston Reed College**
Location: **El Camino College**

Veterinary Assistant FREE Information Session #210157

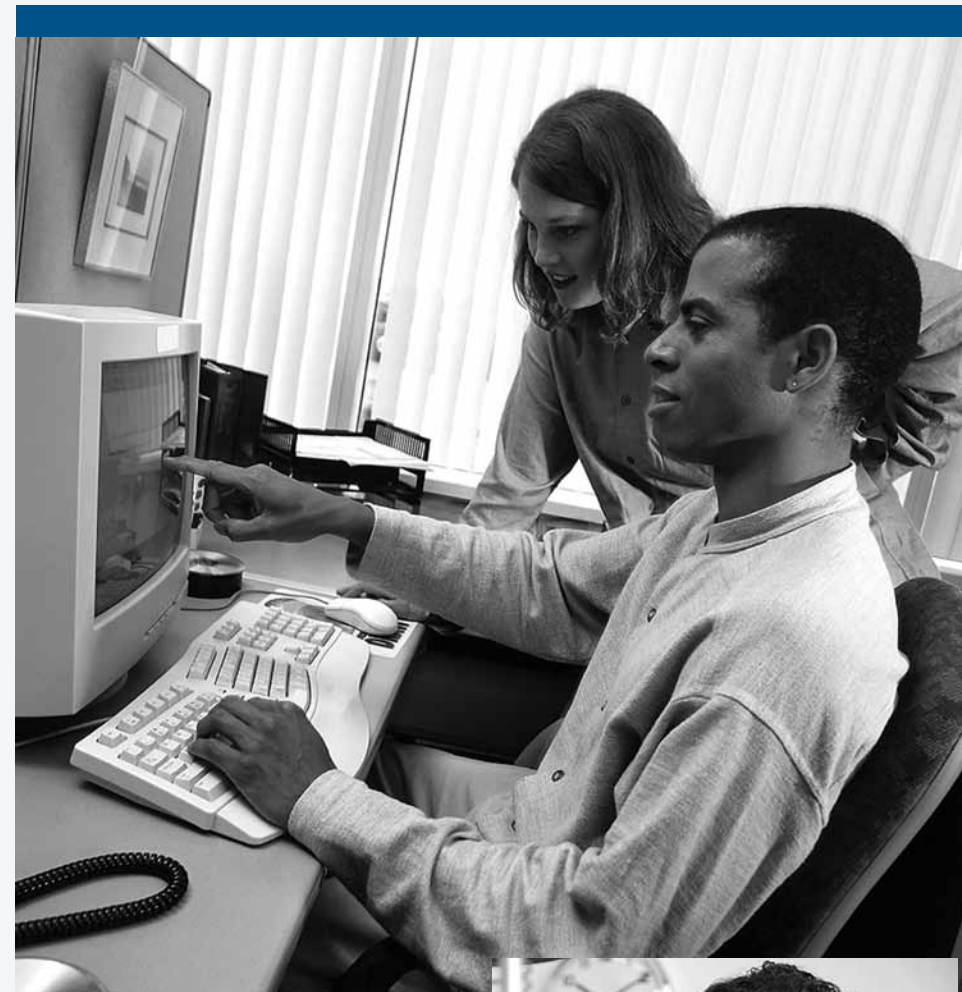
Free orientation meeting for anyone interested in enrolling in the Veterinary Assistant Training program. Attend this orientation to learn about all the specifics of the program and the opportunities waiting for you as a Veterinary Assistant.

January 26, 2012

5:30-6:30 pm

Free to attend, RSVP required.

Call 310-660-6460 to reserve.



Electronic Health Records System Technologist (online)



As an Electronic Health Records (EHR) System Technologist, you will assist healthcare providers with choosing, implementing, training and maintaining an electronic health records system. You will learn the components of the electronic health record and health information exchange essentials; system selection and implementation; project management and fundamentals of change and human factors. This course is 216 hours in duration. Program content is online in a modular system. Virtual classes will be held weekly to provide students with a complete learning experience. Upon successful completion, graduates will receive a certificate of completion. Course fee includes books, online access to program, and course completion certificate.

FREE online information sessions held monthly!

For dates or classes, more information and to enroll, visit: www.adultedreg.com/elcamino



Tuesdays 5:30 PM - 6:30 PM; (Virtual Classroom) or Thursdays 5:30 PM - 6:30 PM; (Virtual Classroom):

Tuition **\$3,600**



CPR & FIRST AID

***Buy one, get one free: Enroll in one CPR or First Aid class for \$45 each or enroll in both CPR and First Aid for the same day and get both for \$45! Material fee is a one time fee of \$28 for both classes when taking both CPR and First Aid course on the same day.**

Instructor **Shah Mundell** has been teaching safety training classes since 2001 and is certified to provide training through American Red Cross, American Heart Association and Emergency First Response at both the professional and layperson level.

CPR #150004

Learn basic CPR skills such as giving CPR to an adult, child, and infant, and using an AED when needed. The American Heart Association's Heartsaver CPR/AED training focuses on understanding of the importance of early CPR and defibrillation, relieving choking, and the role of each link in the Chain of Survival.

Saturday, 9:00 am - 12:00 pm; 1 session on January 21, 2012

Saturday, 9:00 am - 12:00 pm; 1 session on March 3, 2012

Saturday, 9:00 am - 12:00 pm; 1 session on May 19, 2012

Tuition: **\$45.00**
Instructor: **Shah Mundell**
Location: **El Camino College**
Materials Cost: **\$20.00**

"Extremely thorough and detailed in an entertaining way!"
—CPR & First Aid Student

First Aid #150005

This first aid course will teach you how to provide care for injuries—at home, work, school or around the neighborhood-- and goes over when to call 911 for life threatening conditions. You will learn first aid skills, such as determining unconsciousness, treating cuts, scrapes, and burns, controlling bleeding, treating injuries to bones, muscles, and joints, and preventing and caring for sudden illness, including heat and cold emergencies.

Saturday, 12:00 pm - 4:00 pm; 1 session on January 21, 2012

Saturday, 12:00 pm - 4:00 pm; 1 session on March 3, 2012

Saturday, 12:00 pm - 4:00 pm; 1 session on May 19, 2012

Tuition: **\$45.00**
Instructor: **Shah Mundell**
Location: **El Camino College**
Materials Cost: **\$20.00**

BLS/CPR for Healthcare Provider #234002

Saturday, 9:00 am - 1:00 pm; 1 session on March 10, 2012

Saturday, 9:00 am - 1:00 pm; 1 session on April 28, 2012

Tuition: **\$55.00**
Instructor: **Shah Mundell**
Location: **El Camino College**
Materials Cost: **\$30.00**

Pharmacy Technician Training Program #210110

Pharmacy Technician jobs are one of the fastest growing occupations! 32% growth expected between now and 2016.

As a pharmacy technician you will help the pharmacist package or mix a prescription, maintain client records, refer clients to the pharmacist for counseling, assist with inventory control and purchasing, as well as collect payment and coordinate billing. This course combines 180 hours of classroom instruction with a 120-hour pharmacy externship to provide you with a complete learning experience. For detailed information including financial options, course resources & prescreening preparation visit: www.adultedreg.com/elcamino

Choose a weekend class or weekdays-evenings class!

Tuesday, Thursday 6:00 pm - 9:30 pm;
42 sessions starting February 21, 2012,
ending July 12, 2012

Tuition: **\$2,995.00**
Instructor: **Boston Reed College Instructor**
Boston Reed College Instructors have extensive teaching and industry experience.
Location: **El Camino College**



FREE Information/Orientation Session #210109

Free orientation meeting for anyone interested in enrolling in the Pharmacy Technician Training program. Attend this orientation to meet the instructor, learn all the specifics of the program and the opportunities waiting for you as a Pharmacy Technician.

Thursday, 6:30 pm - 7:30 pm; 1 session on January 26, 2012

FREE to attend, RSVP required, call 310-660-6460.

Medical Coding Certification Prep Course: AAPC Certified Professional Coder (CPC) Exam (telecourse)

#234003

Prepare to become a Certified Professional Coder (CPC) through this American Academy of Professional Coders (AAPC) 10 week course taught by a contracted AAPC instructor. There is a greater demand for coders because of the increase of medical service and the need to accurately code procedures (CPT) and diagnose (ICD9) for reimbursement. Certified coders earn more, have job security and there is an increasing number of employers that require you to be a certified coder. Would you like to have a CPC credential behind your name? Students are required to have access to email and must purchase the following books: 1) PMCC 3 books (AAPC CPC Books) 2) Medical Dictionary (Taber's) 3) 2011 ICD9, CPT, HCPCS (this will be discussed at the orientation/information night). **Pre-requisite:** Successful completion of the Medical Billing & Coding Health Information Management 7-Class series or proof of equal certification or experience.



Debbie Smith is an instructor with the American Academy of Professional Coders and has been working and teaching in the medical field for 37 years.

Class Schedule: EZ to schedule class times that fit your schedule! Call to schedule your 3 hour/10 session private instruction course. Class dates and times are scheduled to meet your needs in conjunction with instructor's availability. Free pre-assessment phone interview with the instructor required before official enrollment in course may begin.

Call to enroll: 310-660-6460

Tuition: **\$599.00**
Materials fee for text books: **\$120.00**
Instructor: **Debbie Smith**
Location: **Classroom from your home via toll-free call-in phone number**

PROFESSIONAL DEVELOPMENT

Child Care Health & Safety Training: For Child-Care Workers and Foster Parents #300121

This one day Emergency Medical Service Authority of California (EMSA) approved program designed for daycare providers, preschool teachers, foster parents and educators working with children will earn you the state-required certificate of completion and bloodborne pathogen card. This comprehensive interactive class will teach you everything you need to know about health and safety for children: Topics will include the latest on Sudden Infant Death Syndrome (SIDS) prevention, fall prevention, types of food to avoid for young toddlers and infants, the latest on Thimersol (mercury-base preservative placed in immunization shots), how to aid

choking infants and toddlers, earthquake and disaster preparedness, recognizing childhood diseases and illness and sanitizing techniques. The \$25 materials fee (cash only) includes a Health and Safety workbook, Bloodborne Pathogen booklet, wall certificate and bloodborne pathogen card. The bloodborne pathogen card is good for one year.

*Instructor **Paulette Young** has been teaching child health and safety classes for 15 years. Ms. Young has been approved by the Emergency Medical Service Authority (EMSA) of California to train child-care workers in Health and Safety for the Child-care setting.*

Saturday, 9:00 am - 5:00 pm; 1 session on January 21, 2012

Saturday, 9:00 am - 5:00 pm; 1 session on February 25, 2012

Tuition: **\$45.00**
Instructor: **Paulette Young**
Location: **El Camino College**
Materials Cost: **\$25.00**

Food Manager Certification #300123



El Camino College Community Education is proud to announce that the County of Los Angeles Public Health Department has approved El Camino College as a provider of training and certification for our new Certified Food Handler program.

Attention food-handler workers! This one day class prepares you to take the examination needed to certify or recertify you as a licensed food handler. The Certified Food Handler/Manger requirement is mandated by California State law for all retail food operations (restaurants, cafes, markets, mobile carts, etc.), and is enforced by local health departments. This program (course, instructor, proctor, etc.) is on Los Angeles County Health Department's list of approved trainers and certification providers. The exam/certification for this course is listed and accepted by all health departments in California. Important: Pre-registration required! Walk-in registration is not available for this class.

Exam/Materials Fee: Students who wish to sit for the exam during the last two hours of class will be required to use their credit card to make an online payment of \$30 to the certifying third party organization.

Pre-class preparation: Students are expected to familiarize themselves with food-safety concepts prior to attending class. Numerous sources of food-handler information are available to help you prepare for the exam. Students may also purchase a study guide developed specifically for this class directly from instructor Gevork Kazanchyan. This is available for immediate



printing/download (purchased for \$15) via request through the instructor. Email the instructor requesting the access link at gev.kaz@gmail.com. All other matters should be directed to the Community Education office

*Instructor **Gevork Kazanchyan** was a Los Angeles County Public Health Officer for 7 years and is a Professor of Food Safety and Sanitation at College of the Canyons where he directs their Food Handler Certification program. Gev lectures for both their Community Education Program and Culinary Arts Department, and is also a Professor of Environmental Health at California State University Northridge. He is a Registered Environmental Health Specialist with the California Department of Public Health and a Certified Professional in Food Safety with the National Environmental Health Association.*

Saturday, 8:00 am - 5:00 pm; 1 session on February 18, 2012

Saturday, 8:00 am - 5:00 pm; 1 session on April 21, 2012

Tuition: **\$89.00**
Instructor: **Gevork Kazanchyan**
Location: **El Camino College**
Materials Cost: **\$30.00**



Contractors State License Board Exam Preparation #300131

Properly prepare yourself to pass the Contractors State License Board exam with this comprehensive preparation course. Your success relies on how well you prepare for the exam and this class will surely provide you the knowledge and tools necessary for exam success. Students will learn essential information related to the exam as it pertains to the California State License board construction law and business requirements. Course topics include starting a company, human recourses, business requirements, insurance and bonding, contracts, public works, safety and legal issue (liens, collections, and civil codes). Material fee covers the cost of text book.

*Instructor **Michael Williams** has more than 20 years experience with helping people pass the California Contractors State License Board (CSLB). He is an experienced consultant assisting business owners with properly understanding contractor policies and procedures. His specialty is prime/subcontractor match making and he is qualified as a small business consultant by the State of California, the County of Los Angeles, Port of Long Beach, LA Unified School District and the Metropolitan Water District.*

Tuesday, Thursday 6:00 pm - 8:00 pm; 2 sessions starting January 10, 2012, ending January 12, 2012

Saturday, 8:00 am - 12:00 pm; 1 session on February 25, 2012

Tuesday, Thursday 6:00 pm - 8:00 pm; 2 sessions starting March 20, 2012, ending March 22, 2012

Saturday, 8:00 am - 12:00 pm; 1 session on April 21, 2012

Tuition: **\$195.00**
Instructor: **Michael Williams**
Location: **El Camino College**
Materials Cost: **\$110.00**



THE ART OF NEGOTIATION SERIES

Instructor **Pearl Georgen** is a Professional Mediator, with her private practice located here in the South Bay since 1993. Some of the panels she serves on are the Los Angeles Superior Court in addition to United States Bankruptcy Court and the Equal Employment Opportunity Commission.

Discounted Series price \$135 + ONE TIME \$40 material fee for booklet used for the whole series.

Negotiation 1: The Art of Getting What You Want-- Course 1 of 4 #300041

Learn the inside secrets the pro's use to negotiate successfully for anything they want. Discover techniques so powerful they'll literally guarantee you'll never again be intimidated or have to settle for anything less than what you want when dealing with landlords, creditors, attorneys, salespeople, mechanics, bosses, family, friends, lovers, co-worker, and even children.

Tuesday, 6:30 pm - 9:30 pm; 1 session on February 21, 2012

Tuition: **\$39.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

Negotiation 2: How to Talk and What to Say-- Course 2 of 4 #300026

Further your negotiating skills in an excellent hands-on class that focuses on the communication aspects of negotiation. Discover how to become more persuasive by reframing messages in such a way that the other person can hear and accept an idea. Learn how to deal with difficult people effectively and the most powerful words to use when advancing your viewpoint.

Tuesday, 6:30 pm - 9:30 pm; 1 session on February 28, 2012

Tuition: **\$39.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

Negotiation 3: Mastery of the Art--Course 3 of 4 #300027

In a class that's not for the faint of heart-only for those who really want to win. Learn the heavily guarded, rarely revealed, industry secrets that are practiced by the top negotiators and will turn amateurs into masters. Discover secret techniques so powerful you'll be able to literally outsmart other negotiators, obtain maximum empowerment when negotiating, control and guide the negotiating process, and overcome nearly every obstacle. You'll learn about your personal style of negotiation, strategies for the

effective use of time, how to use silence and timing to your advantage, and how to win at the 'psyching out' game.

Tuesday, 6:30 pm - 9:30 pm; 1 session on March 6, 2012

Tuition: **\$39.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

Negotiation 4: Resolving Critical Issues-- Course 4 of 4 #300057

The whole process of negotiating becomes far simpler and more effective when you learn the type of conduct that will carry you through the difficult decisions and ethical dilemmas you might have to face as a negotiator. Learn how to apply principles that will help you make difficult decisions and overcome and resolve ethical dilemmas. Learning this code of conduct will not only help you maintain your integrity and credibility, but also improve your overall effectiveness as a negotiator.

Tuesday, 6:30 pm - 9:30 pm; 1 session on March 13, 2012

Tuition: **\$39.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

ADVANCED NEGOTIATION + ONE TIME \$40 material fee for booklet used for the whole series.

Negotiation 5: Secrets of Effective Persuasion-- Advanced Course 1 of 3 #300058

This highly effective, entertaining and enjoyable class will teach you precisely how to develop the ability to get better results and more of what you want and deserve in business and in life. You'll discover the secrets the powerful communicators use to organize and present information in the most persuasive way possible; how to maintain control of a presentation without ever coming across as arrogant or pushy; how to virtually guarantee you'll communicate more persuasively in any situation; and the inside secrets of influencing the behavior of others.

Tuesday, 6:30 pm - 9:30 pm; 1 session on March 20, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

Negotiation 6: Power Strategies--Advanced Course 2 of 3 #300059

The key to effective negotiation is sound strategic planning. This class teaches you the little known and tightly guarded strategies used by top-level managers and military personnel when developing the foundation for negotiating. Get the inside info you need to make it to the top by learning tactics for being better, smarter and faster than your competition. Discover the most powerful, proven strategies for maximizing your effectiveness in any negotiation. Learn the 'training principles' for becoming a master strategist, how to obtain and maintain leverage, the structure of power and how to achieve it, and more?

Tuesday, 6:30 pm - 9:30 pm; 1 session on March 27, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

Negotiation 7: Multiplying Your Effectiveness-- Advanced Course 3 of 3 #300060

All the knowledge in the world alone will not make you an effective negotiator. It all starts with the application of this knowledge. This course is the culmination of the previous six courses on negotiation. By learning to incorporate each of the components of the negotiation process you'll improve your effectiveness almost exponentially. Discover and develop your maximum potential as a negotiator by learning to systemize the negotiation process using proven street-smart, result-oriented, bottom-line techniques to quickly position you as a master negotiator. Take this crucial final step to ensure your success as a negotiator.

Tuesday, 6:30 pm - 9:30 pm; 1 session on April 3, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$40.00**

EXPERT NEGOTIATION SERIES
Discounted Series Price \$117 + ONE TIME \$15 material fee for booklet used for the whole series.

Negotiation 8: Critical Thinking in Negotiations - Expert course 1 of 3 #300117

In this program you'll concentrate on "here's how you do it" techniques for enhancing your critical thinking skills. You'll learn to think

strategically and discover the other side's strategy so you'll know how to best respond to their moves. You'll also learn how to determine if the other side has a hidden agenda or whether there are certain needs that must be met in order for them to achieve their goals. Knowing how to obtain this information is vital to your success and will put you in control of the total negotiation process.

Tuesday, 6:30 pm - 9:30 pm; 1 session on April 10, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$15.00**

Negotiation 9: Assertiveness - Saying it like you mean it! Expert Course 2 of 3 #300118

Ever wonder how you measured up in negotiation? One of the most problematic situations in negotiating is knowing when to back down and when to hold your ground. To become a polished negotiator, you must recognize the distinct stages of negotiating and know when to assert yourself at each stage. The rules of assertiveness apply to every negotiation and can affect the outcome dramatically. In this program, you'll discover the underlying principles of assertiveness that must be learned in order to be a successful negotiator and why they are so important to your success.

Tuesday, 6:30 pm - 9:30 pm; 1 session on April 17, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$15.00**

Negotiation 10: The Power Player - Expert Course 3 of 3 #300119

Who controls the negotiation, you, or do you sometimes become intimidated in the negotiation process? You have more power than you think. In the negotiation process you gain power by learning the rules of the power game, how to apply them, and how to recognize and defend against them when they are used. Never again fall victim to power plays by learning to utilize techniques such as: Hidden Leverage, Power Words, Power Rules, and Commitment Power.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting April 24, 2012, ending April 24, 2012

Tuition: **\$49.00**
Location: **El Camino College**
Materials Cost: **\$15.00**

"Very enjoyable...I learned new skills."
-Negotiation Student

"Great experience!"
-Negotiation Student

ARTS & HOBBIES

CRAFTS



Candle Making #119681

Candles have caught our eyes in pricey boutiques and gift shops. Join us and learn how to make candles in different sizes and finishes, innovative shapes and styles with molds, through various skilled techniques for a fraction of the cost. Topics include getting started, tips to working with paraffin wax, essential oils and candle dyes, how to incorporate dried flowers and fruits, and sources for materials and supplies. You will leave this class with several high-quality candles and the skills to continue on your own. This class is hands-on; please dress accordingly.

*Instructor **Quayum Abdul** has many years of experience in teaching soap, candle making and various other subjects at community colleges throughout southern California.*

Saturday, 9:00 am - 12:00 pm; 1 session on January 28, 2012

Saturday, 9:00 am - 12:00 pm; 1 session on March 31, 2012

Tuition: **\$39.00**

Instructor: **Quayum Abdul**

Location: **El Camino College**

Materials Cost: **\$20.00**

"Very Helpful. The instructor had many great suggestions."

—Candle Making Student

"Knowledgeable and very friendly!"

—Candle Making Student

Fashion Copycats: Learn to Knock Off Your Favorite Styles #119713

Move over *Project Runway*, here comes Project Copycat! In this hands-on class taught by a dynamic and passionate El Camino College fashion design instructor, students will learn how to copy cute fashion items either from their closet or straight off the rack. Activities include demonstrations, lab work, a visit from a guest speaker and an "up close and personal" fashion field trip. **Note:** Materials fee will range



from \$25-\$35. Upon registration for the class, students will be sent a list of materials needed for the class. Students may purchase a kit from the instructor or purchase the items on their own. Many of the items students may already own. Ages 15 and up welcome! Students under 18 years must have a parent complete a release and medical consent form.

*Instructor **Marva Brooks-Allman** is an El Camino College Fashion Department Instructor and has more than 15 years experience in the garment industry working as a designer/patternmaker, merchandiser, technical-trainer, and designer/owner of the Wardrobe Co.*

Saturday 9:00 am - 12:00 pm; 2 sessions starting January 21, 2012, ending January 28, 2012

Saturday 9:00 am - 12:00 pm; 2 sessions starting April 21, 2012, ending April 28, 2012

Tuition: **\$55.00**

Instructor: **Marva Brooks-Allman**

Location: **El Camino College**

Glycerin Soap Making

#112371

Do you love the sensual pleasure of beautiful, aromatic soaps but hate the high prices? Why not learn to make your own for a fraction of the retail price? Perfect for gifts, bathroom decor, and for people with sensitive skin. You will also learn to make unique cleansing gels and luxurious bubble bath soap. You'll leave with the soaps you make and the knowledge you need to make more at home. This is a hands on class, dress accordingly. Quayum Abdul has years of experience in teaching soap and candle making and various other subjects in community colleges.

*Instructor **Quayum Abdul** has many years of experience in teaching soap, candle making and various other subjects at community colleges throughout southern California.*

Saturday, 9:00 am - 12:00 pm; 1 session on February 25, 2012

Saturday, 9:00 am - 12:00 pm; 1 session on May 12, 2012

Tuition: **\$39.00**

Instructor: **Quayum Abdul**

Location: **El Camino College**

Materials Cost: **\$20.00**

CULINARY

Cake Decorating 101 #119695



This class will teach you the essential basics/foundation of cake decorating. You will learn how to frost a cake like a professional. Writing, borders, icing roses, airbrush techniques and figure piping will be covered. Real cakes and icing will be provided and used at each class. You will complete a shaped cake during the last class. **[ATTENTION! PRE-Enrollment required for this class! No enrollments at bakery. DO NOT CONTACT bakery. Call 310-660-6460 to enroll.]**

*Instructor **Kirk Rossberg** is the owner of Torrance Bakery. He has been in the bakery business for more than 30 years. Kirk and Torrance Bakery have won numerous awards including National Retail Bakery of the year in 2007.*

Tuesday 5:30 pm - 7:30 pm; 5 sessions starting February 21, 2012, ending March 20, 2012

Tuition: **\$175.00**

Instructor: **Kirk Rossberg**

Location: **Torrance Bakery of Gardena**

Materials Cost: **\$25.00**

"Great instructor! Very informative and most helpful!"

—Cake Decorating Student

"The instructor was very detailed and experienced. He made the learning experience very comfortable."

—Cake Decorating Student

"He's cool! Kirk is friendly, supportive, and positive!"

—Cake Decorating Student

Introduction to Homebrewing @ the South Bay Brewing Company #130009



Learn to brew your own beer in a friendly atmosphere at the South Bay Brewing Supply Company in Old Town Torrance. We will explore ingredients, equipment, beer styles, and the brewing process using extract and specialty grains. You'll be captivated by the amazing smells coming from the kettle as we brew a batch of beer together. Various beer styles will be sampled and evaluated during breaks in the brewing action. **Note:** Must be 21 years of age. Please bring picture ID to class.

*An award-winning homebrewer, **Dr. Patrick Schulz** is a full-time instructor of music theory at El Camino College. With over 65 batches under his belt, he has experience brewing many different styles and is familiar with extract, extract with grains, and all-grain brewing techniques. Patrick is very excited to share his brewing knowledge with you.*

Sunday, 10:00 am - 1:00 pm; 1 session on February 26, 2012

Sunday, 10:00 am - 1:00 pm; 1 session on May 6, 2012

Tuition: **\$45.00**

Instructor: **Patrick Schulz**

Location: **South Bay Brewing Supply Company**

"Enjoyable and informative presentation. Made the process understandable through demo."

—Homebrewing Student

DANCE



Belly Dance (Beginning)

#800031

Learn this ancient and exhilarating art form while developing a flexible and firm body. You will be astonished and amazed at how easy and fun it is to be a belly dancer. Veil, cymbals and hip scarves are optional and may be purchased from the instructor or an outside source for an additional fee. This will be discussed at the first class.

Instructor **Regine Costello** (pictured above) has been a professional belly dancer for over 15 years working in all styles of La Danse Orientale, including Cabaret, Fusion, Tribal and Folkloric, using both traditional and contemporary music. Regine has been instructing American Cabaret Belly Dance (fusion of various Middle Eastern Dance styles) for more than 10 years. Regine has been studying Flamenco since she was 7 years old and teaching and performing Flamenco along with her dance company for over 15 years. Regine has studied both classical and modern-Bollywood-style dances of India from some of the great dance masters of India and has been teaching Bollywood dance for over 5 years. Regine is a 3-time Belly Dancer of the Universe Competition Trophy winner as well as the recipient of the City of Torrance Excellence in Arts Awards in the dance category.

Saturday 3:00 pm - 4:00 pm; 8 sessions starting January 21, 2012, ending March 17, 2012
(No class on Feb 18)

Saturday 3:00 pm - 4:00 pm; 8 sessions starting March 31, 2012, ending May 26, 2012

Tuition: **\$69.00**
Instructor: **Regine Costello**
Location: **El Camino College**
Materials Cost: **\$45.00**

Bollywood Dance Fitness

#140006



Spice up your workout and boogie to the Bollywood beat! Films like *Slum Dog Millionaire* and TV shows like *So You Think You Can Dance?* have inspired a craze for the fun dance genre called Bollywood. Bollywood dancing is the popular

name used for modern Indian dancing that incorporates both classical and folk-style dances of India with Western styles of dance. The class begins with a sultry warm-up to get you in the mood to groove Bollywood-style. Next, students break out in shimmies and bops, moving to the beat just like a Bollywood beauty. This class is fun for everyone! All levels welcome.

Instructor **Regine Costello** has been a professional belly dancer for over 15 years working in all styles of La Danse Orientale, including Cabaret, Fusion, Tribal and Folkloric, using both traditional and contemporary music. Regine has been instructing American Cabaret Belly Dance (fusion of various Middle Eastern Dance styles) for more than 10 years. Regine has been studying Flamenco since she was 7 years old and teaching and performing Flamenco along with her dance company for over 15 years. Regine has studied both classical and modern-Bollywood-style dances of India from some of the great dance masters of India and has been teaching Bollywood dance for over 5 years. Regine is a 3-time Belly Dancer of the Universe Competition Trophy winner as well as the recipient of the City of Torrance Excellence in Arts Awards in the dance category.

Saturday 1:30 pm - 2:30 pm; 8 sessions starting January 21, 2012, ending March 17, 2012
(No class on Feb 18)

Tuition: **\$72.00**
Instructor: **Regine Costello**
Location: **El Camino College**

"Instructor is well prepared!"
—Bollywood Dance Fitness Student

"Regine is a stunning spirit! She loves what she teaches!"
—Bollywood Dance Student

"Very knowledgeable and friendly!"
—Bollywood Dance Student



Perfect
Valentine's
Day gift!

Dance of the Seven Veils: A Romantic Belly Dance Workshop

#140007

Make this Valentine's Day memorable! Present your special someone with the gift of a stunningly romantic belly dance veil performance. In this 2-day fun and flirty workshop, students will learn how to mesmerize their partner with tantalizing body movements and tempting poses using seven veils specially wrapped and tucked on the body and then gracefully removed and fluttered one by one. No previous dance experience required—appropriate for beginning to intermediate students. Students will learn techniques for developing dance movements that are flattering for all body types. Tips for costuming ideas also provided. Please bring seven pieces of sheer fabric in various sizes or students may purchase the seven pieces directly from the instructor for \$45—Please call 310-660-6460 to pre-order your seven veils.

Sunday 10:00 am - 12:00 pm; 2 sessions starting January 29, 2012, ending February 5, 2012

Tuition: **\$65.00**
Instructor: **Regine Costello**
Location: **El Camino College**
Materials Cost: **\$45.00**

Instructor **Regine Costello** has been a professional belly dancer for over 15 years working in all styles of La Danse Orientale, including Cabaret, Fusion, Tribal and Folkloric, using both traditional and contemporary music. Regine has been instructing American Cabaret Belly Dance (fusion of various Middle Eastern Dance styles) for more than 10 years. Regine has been studying Flamenco since she was 7 years old and teaching and performing Flamenco along with her dance company for over 15 years. Regine has studied both classical and modern-Bollywood-style dances of India from some of the great dance masters of India and has been teaching Bollywood dance for over 5 years. Regine is a 3-time Belly Dancer of the Universe Competition Trophy winner as well as the recipient of the City of Torrance Excellence in Arts Awards in the dance category.

MUSIC



NEW!

Drums “R” Fun #120024

Learn basic drumming techniques from the South Bay’s most experienced drum teacher! Instruction includes proper grip positions, wrist development, hand & foot coordination, sight reading, rudiments & drum-set techniques. Students will have an opportunity to play on a drum set. Materials fee includes sticks and sheet music. Practice pads are optional.

*Instructor **Lenny “Gee” Giachello** has been playing drums professionally for 38 years and teaching for 29 years. He has studied with six of the greatest drummers/teachers in the country. For more information on Lenny “Gee” visit lennygdrumville.com.*

Sunday 2:00 pm - 3:00 pm; 8 sessions starting January 15, 2012, ending March 4, 2012

Sunday 2:00 pm - 3:00 pm; 8 sessions starting March 18, 2012, ending May 6, 2012

Tuition: **\$96.00**
Instructor: **Lenny Gee Giachello**
Location: **El Camino College**
Materials Cost: **\$5.00**

Learn to Play Guitar in a Day! #120023



NEW!

This one-day guitar workshop is designed for busy adults that would like to play guitar but just do not have time for weekly lessons. Students will learn basic chords, simple

strumming and picking patterns, play familiar songs, tuning techniques, guitar care, music theory, music resources, performance skills and more. Students provide their own acoustic guitar. Materials fee covers the cost for the Learn to Play Guitar in a Day! workbook and a Snark electronic tuner.

*Instructor **Marlene Hutchinson** of Marlene’s Music has more than 35 years of musical experience in the areas of guitar, piano, clarinet, vocal and dance. Marlene teaches guitar workshops throughout the western United States and performs both as a solo artist and with bands.*

Saturday, 10:00 am - 3:00 pm; 1 session on March 24, 2012

Saturday, 10:00 am - 3:00 pm; 1 session on May 19, 2012

Tuition: **\$79.00**
Instructor: **Marlene Hutchinson**
Location: **El Camino College**
Materials Cost: **\$35.00**

VISUAL ARTS



Life Drawing Marathons #100013

Join us for a relaxing Sunday as we open our doors to the Life Drawing and Painting marathons. Two studios, one offering quick poses, the other offering one all-day pose, will be open for all artists interested in painting or drawing the nude model. Bring your own drawing and painting materials. Must be 18 years or older to attend.

*Instructor **Michael Van Overbeck** has studied at the Art Center College of Design, the Art Academy of Los Angeles, and the American Animation Institute.*

Sunday, 10:00 am - 5:00 pm; 1 session on January 29, 2012

Sunday, 10:00am – 5:00pm; 1 session on February 26, 2012

Sunday, 10:00am – 5:00pm; 1 session on March 25, 2012

Sunday, 10:00am – 5:00pm; 1 session on April 29, 2012

Tuition: **\$18.00**
Instructor: **Michael Van Overbeck**
Location: **Art & Behavioral Sciences Room 205, 209**
Materials Cost: **\$5.00**

Shortcut Techniques to Drawing #109005



Using shortcut techniques, everyone including the NOVICE will be able to draw by the end of this class. Students will learn shading, value contrast, how to create smooth and textured surfaces, draw buildings inside and out using one point perspective and a two point “V” system technique. They will also learn how to create depth in their drawings and paintings and learn to draw portraits using face proportions. Through lecture, demonstrations and handouts related to each lesson, students will learn how easy it is to draw. A course outline and supply list will be handed out and explained at the first class meeting. Materials fee of \$5.00 covers cost of handouts and demonstration supplies. High school students are also welcome to enroll in this class (parental release/consent form required). Please note: For continuing students who completed the same class previously, advanced exercises and techniques will be incorporated according to student’s skill level.

*Instructor **Richard Berger** has a Masters in Art Education from C.S.U.L.A and Bachelors in Fine Arts from C.S.U.N. He was previously an art coordinator and freelance illustrator for twenty years as well as an art professor for Rio Hondo College and El Camino College (credit side) teaching drawing. Richard has been published in several art magazines and has exhibited his work in galleries and museums including LACMA’s art sales/rental gallery.*

Thursday 9:30 am - 12:30 pm; 9 sessions starting January 12, 2012, ending March 8, 2012

Tuition: **\$89.00**
Instructor: **Richard Berger**
Location: **El Camino College**
Materials Cost: **\$5.00**

HEALTH & WELL-BEING

El Camino College Fitness Center \$49



Get in shape at the newly refurbished fitness center at El Camino College! The new Fitness Center features state of the art equipment including treadmills, bikes, elliptical machines, cybex weight machines and free weights.

Membership is available to the entire community at the low fee of \$49 per term. Three terms per year—summer term, fall term & winter/spring term. Upon registration through the Community Education department, participants will be required to schedule a mandatory (renewable every two years) facility orientation and personal fitness review.

HOURS OF OPERATION:

Monday – Friday

Saturday & Sunday: Closed

Note: Hours of operation subject to change. Please call the Fitness Center at (310) 532-3670 to confirm. Campus parking fee not included with Fitness Center membership fee.

Basic Pilates Mat #800093

In this basic level Pilates mat class students will be introduced to Joseph Pilates’ method of exercises that help increase strength, flexibility and control of the body. Pilates is a body conditioning routine that helps to not only build flexibility, but also strength, endurance, and coordination in the legs, abdominals, arms and back. In this fun and personable class designed for students of all ages and physical capabilities, participants will be amazed by the physical improvements they will experience in their bodies as they move through the five sessions. Wear comfortable clothing and bring

Continues on next page...

Basic Pilates Mat continued from page 33...

a sticky (yoga) mat to class; If you do not have a sticky mat, one may be borrowed upon request.

Instructor **Meka Webb**, MPH(Master of Public Health) has been practicing pilates for more than 10 years and is a qualified BASI Pilates(R) trained instructor.

Sunday 10:00 am - 11:00 am; 6 sessions starting January 15, 2012, ending February 19, 2012

Sunday 10:00 am - 11:00 am; 6 sessions starting March 4, 2012, ending April 8, 2012

Sunday 10:00 am - 11:00 am; 6 sessions starting April 22, 2012, ending May 27, 2012

Tuition: **\$39.00**

Instructor: **Meka Webb**

Location: **El Camino College**

How to Stop Overeating

#800095



It takes more than willpower to stop overeating. In this information-packed presentation, students will learn how they can reverse overeating with a consistent plan, support, and authentic information. Over 1/3 of adults in the U.S. are overweight and obesity in young people ages 2 thru 19 has tripled in recent years. Obesity can take years off your life. Class topics include info on why diets don't work for everyone and what to do about it; secrets the food industry doesn't want you to know; addictive foods; how to avoid becoming a risk for hypertension, high cholesterol, diabetes, stroke, cancer and other diseases. Educate yourself in order to end overeating once and for all, reclaiming your life, self esteem and confidence. Optional \$15 materials fee if student wishes to purchase an interactive workbook from the instructor.

Instructor **Pearl Georgen** is a Professional Mediator whose research into the American way of eating has prompted her interest in sharing her knowledge. She is also a gastric bypass patient and will share her experience.

Thursday, 6:30 pm - 9:30 pm; 1 session on February 9, 2012

Tuition: **\$15.00**

Instructor: **Pearl Georgen**

Location: **El Camino College**

Natural Pain Management

#800092

Learn about new cutting edge and ancient time tested natural methods for creating and maintaining optimal wellness for suffers of chronic pain and other health conditions including Fibromyalgia and auto-immune conditions. In this one day workshop, Dr. Mark Vinick will provide a comprehensive overview on chronic pain and other chronic health issues from various medical system perspectives including traditional western medicine, naturopathic, chiropractic, nutritional and East Indian Ayurvedic. After completing this workshop, students will feel empowered to make informed, educated decisions about their health and be able to move toward eliminating chronic pain.

Instructor **Dr. Mark Vinick** is a holistic chiropractor specializing in Ayurvedic medicine. He currently serves as Director of The California Association of Ayurvedic Medicine.

Wednesday, 7:00 pm - 8:30 pm; 1 session on January 11, 2012

Wednesday, 7:00 pm - 8:30 pm; 1 session on March 7, 2012

Saturday, 10:30 am - 12:00 pm; 1 session on April 7, 2012

Tuition: **\$15.00**

Instructor: **Dr. Mark Vinick**

Location: **El Camino College**

Qi Gong #800091

Come unwind with Qi Gong! Qi Gong is the Chinese philosophy and practice of aligning breath, physical activity and awareness for mental, spiritual and corporeal health. It includes aspects of Chinese martial arts and the spiritual awakening to one's true nature. In this class students will move through a set of slow moving Qi Gong exercises that will help reduce stress and anxiety and enhance your sense of focus and flexibility. This class is excellent for all ages and physical abilities!

Master **Nadine Shozuya** has been practicing martial arts for over 30 years. She has earned a black belt in Aikido, Tae Kwon Do, Kung Fu, Karate and instructorship in Tai Chi. Assistant Briannah Walters has been practicing kung fu for 7 years and holds a Masters degree in elementary education.

Monday 9:30 am - 10:30 am; 4 sessions starting January 23, 2012, ending February 13, 2012

Monday 9:30 am - 10:30 am; 4 sessions starting February 27, 2012, ending March 19, 2012

Monday 9:30 am - 10:30 am; 4 sessions starting April 2, 2012, ending April 23, 2012

Tuition: **\$39.00**

Instructor: **Scholar Warrior Kung Fu Studio**

Location: **Scholar Warrior King Fu Studio**

Stress Reduction & Relaxation Techniques through Self-Hypnosis

#800069

Stress, real or imaginary can cause anxiety and panic, chronic pain and illness, anger, sleep disturbances, fatigue, high blood pressure, headaches, eating disorder, hair loss and more. This workshop is designed to fit the lifestyle needs of the 21st century in which living without stress is impossible. You'll learn self-hypnosis and other relaxation techniques for managing daily stressful situations. Whether you are working on the job or at home, the techniques you learn will enhance your relationships and improve your health physically, mentally, spiritually, and financially.

Instructor **Jethro Carter**, C.C.Ht., is a Certified Clinical Hypnotherapist and Certified Master Hypnotist. Jethro has over ten years helping clients lose weight, gain self-confidence, and stop smoking. Jethro has presented his self-improvement programs to medical universities, hospital, and private facilities with successful results.

Tuesday, 7:00 pm - 9:30 pm; 1 session on April 3, 2012

Tuition: **\$39.00**

Instructor: **Jethro Carter**

Location: **El Camino College**

Materials Cost: **\$15.00**

Tai Chi Chuan #800007

Get on the road to better health and physical well-being through Tai Chi exercises. Become more balanced and flexible, learn self-defense forms and free your mind from distractions. The rhythmic flowing movements have a therapeutic effect on the internal organs and balance the body's energies. It helps reduce high blood pressure and stress and helps prevent osteoporosis. Because of Tai Chi's mild aerobic intensity, it is appropriate for both the beginner and continuing student as well as students of all ages.

Master **Nadine Shozuya** has been practicing martial arts for over 30 years. She has earned a black belt in Aikido, Tae Kwon Do, Kung Fu, Karate and instructorship in Tai Chi. Assistant Briannah Walters has been practicing kung fu for 7 years and holds a Masters degree in elementary education.

Tuesday 7:00 pm - 7:40 pm; 4 sessions starting January 10, 2012, ending January 31, 2012

Wednesday 7:00 pm - 7:40 pm; 4 sessions starting March 7, 2012, ending March 28, 2012

Thursday 7:00 pm - 7:40 pm; 4 sessions starting May 10, 2012, ending May 31, 2012

Tuition: **\$39.00**

Instructor: **Scholar Warrior Kung Fu Studio**

Location: **Scholar Warrior Kung Fu Studio**

Think Healthy, Be Thin, Stay Thin through Self-Hypnosis #800011

In today's society, obesity at any level is a handicap. It undermines confidence, reduces your chances for career advancement and puts unnecessary strain on your body. If you're addicted to sweets, compulsive eating, bingeing, eating between meals or before bedtime, then this seminar may be what you're looking for. This is the most relaxing, effortless and safe way to lose weight - no diets, no calories to count, no struggle. Eat whatever you enjoy. Through the power of your subconscious mind, you'll gain control over your eating habits and cravings, Be slim and fit for life with self-hypnosis- easy, safe, effective- the natural way.

Instructor **Jethro Carter**, C.C.Ht., is a Certified Clinical Hypnotherapist and Certified Master Hypnotist. Jethro has over ten years helping clients lose weight, gain self-confidence, and stop smoking. Jethro has presented his self-improvement programs to medical universities, hospital, and private facilities with successful results.

Tuesday, 7:00 pm - 9:30 pm; 1 session on March 13, 2012

Tuition: **\$45.00**

Instructor: **Jethro Carter**

Location: **El Camino College**

Materials Cost: **\$15.00**

Weight Training & Stretching (Beginning)

#800083



In this four week course, you will learn the proper way to stretch and tone your muscles through combined weight training and stretching exercises. Students will be presented with an introductory knowledge of weight training and stretching including safety, history, proper hand grip and feet positioning, breathing techniques, correct posture, food grouping/nutritional tips, and muscle anatomy. Suitable for all ages (18 to seniors). Recommended attire/equipment: Exercise pants, a T-shirt, athletic shoes and a small hand-towel because you are going to sweat a lot!

Instructor **Jeff Henry** (pictured above) is a Certified Fitness Trainer of the International Sports Sciences Association with over 4 years experience teaching weight training to high

school and college students. He was also a member of the USA veteran wrestling team, 2x national champion, and 5th in the world championship, 2001-2003, freestyle division.

Saturday 10:00 am - 11:00 am; 4 sessions starting January 7, 2012, ending January 28, 2012

Saturday 10:00 am - 11:00 am; 4 sessions starting February 4, 2012, ending February 25, 2012

Saturday 10:00 am - 11:00 am; 4 sessions starting March 3, 2012, ending March 24, 2012

Saturday 10:00 am - 11:00 am; 4 sessions starting March 31, 2012, ending April 28, 2012 (No class on Apr 7)

Saturday 10:00 am - 11:00 am; 4 sessions starting May 5, 2012, ending May 26, 2012

Tuition: **\$39.00**
Instructor: **Jeff Henry**
Location: **El Camino College**

Yoga for Health & Relaxation--Beginning

#800003



Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall

well-being. The beginning class teaches breathing techniques and introduces major yoga postures. Bring your own yoga mat.

Instructor **Ron Berman** (pictured above) received his training certification from Cloud Nine Yoga School in the Hatha yoga style. He has been teaching yoga in the South Bay for eight years.

Saturday 10:30 am - 12:00 pm; 10 sessions starting January 14, 2012, ending March 17, 2012

Saturday 10:30 am - 12:00 pm; 10 sessions starting March 24, 2012, ending May 26, 2012

Tuition: **\$99.00**
Instructor: **Ron Berman RYT**
Location: **El Camino College**

Yoga for Health & Relaxation--Intermediate

#800004

Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall well-being. The intermediate class builds upon the basics to deepen the student's understanding and knowledge of the yoga practice. Bring your own yoga mat.

Instructor Ron Berman received his training certification from Cloud Nine Yoga School in the Hatha yoga style. He has been teaching yoga in the South Bay for eight years.

Saturday 9:00 am - 10:30 am; 10 sessions starting January 14, 2012, ending March 17, 2012

Saturday 9:00 am - 10:30 am; 10 sessions starting March 24, 2012, ending May 26, 2012

Tuition: **\$99.00**
Instructor: **Ron Berman RYT**
Location: **El Camino College**

"The class exceeded my expectations!"
-Yoga Student

"Ron makes Yoga fun!"
-Yoga Student

"Excellent instructor, knowledgeable and sensitive to students needs. The instructor uses differentiated instructions to involve all students."
-Yoga Student



MONEY MATTERS



Financial Portfolio: Building Your Financial Portfolio on \$25 a Month

#810048

Find safe, secure investments growing 50% - 100% in value every year, and invest without using brokers. The Christensen's are not stock brokers or financial managers but investors like you who have used this method themselves for 25 years. What brokers never tell you, what the economy means to your wallet and what you can do about it. "Simply the best investment information...extremely practical." (CNBC). \$15 materials fee is optional.

Instructors **Bobbie and Eric Christensen**, California writers/speakers, are nationally known financial experts who have appeared on PBS' Smart Money, Today, etc. They are retired bankers and are award-winning co-authors of the best selling "Building Your Financial Portfolio On \$25 A Month (Or Less)" and its sequel "Top 50 Best Stock Investments" as well as eight other books. They present this seminar and others nationwide. ELPBooks@aol.com

Thursday, 6:00 pm - 9:00 pm; 1 session on January 26, 2012

Friday, 6:00 pm - 9:00 pm; 1 session on April 27, 2012

Tuition: **\$39.00**
Instructor: **Bobbie Christensen**
Location: **El Camino College**
Materials Cost: **\$15.00**

"So good I would take this class again!"
-Financial Portfolio Student

"Well prepared, provided resources and was very knowledgeable!"
-Financial Portfolio Student



Retirement Planning Today

#810072

Learn how to avoid the 10 biggest retirement planning mistakes! Discover how to save money on taxes, manage investment risk in your portfolio and protect your assets from long-term health-care expenses. Above all, this course shows you how to assess your financial situation and develop a personalized plan to achieve your retirement goals. Whether or not you plan to retire 10 years from now, or have just recently retired, the valuable information you'll learn in this class can deliver rewards throughout your lifetime.

Instructor **Larry Takahashi, CFP®**, is a **CERTIFIED FINANCIAL PLANNER™** practitioner, and a **Registered Representative and Investment Advisor Representative** with H. Beck, Inc., member, FINRA/SIPC. Mr. Takahashi holds an MBA degree in finance from the UCLA Anderson School of Management.

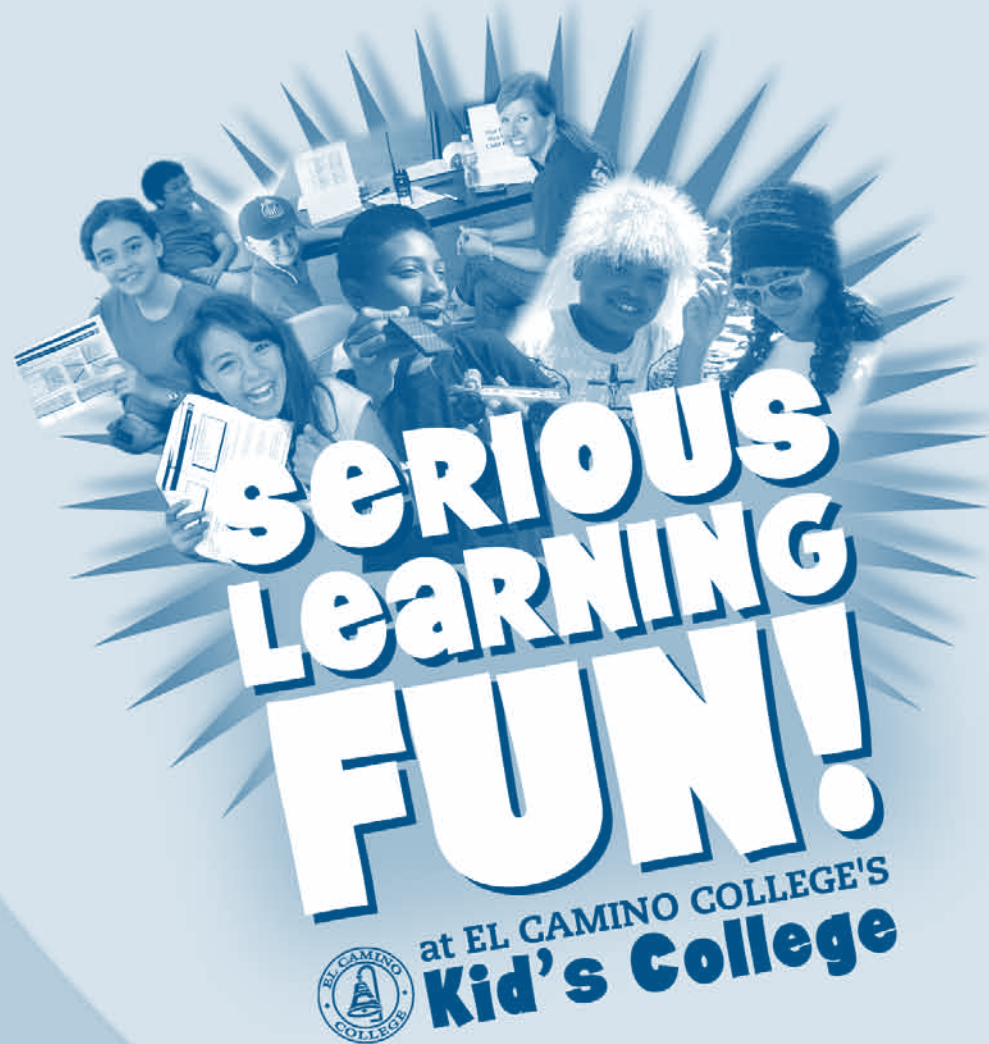
Saturday 9:00 am - 12:00 pm; 2 sessions starting March 3, 2012, ending March 10, 2012

Tuesday 6:30 pm - 9:30 pm; 2 sessions starting March 6, 2012, ending March 13, 2012

Tuition: **\$39.00**
Instructor: **Larry Takahashi**
Location: **El Camino College**
Materials Cost: **\$25.00**

"Well organized, instructor was interesting and well informed."
-Retirement Planning Student

"Comprehensive class presented in a clear manner."
-Retirement Planning Student



Reading * Math * Fun & Enrichment

Academic Strategies * English

Science * Sports * Music



SAVE the DATES!

2012 Summer workshops, camps and classes designed for serious Summer fun start July 2, 2012!

Grades 1-12

3 two-week sessions:
July 2-August 10, 2012

Registration begins
April 2nd!

310-660-6460 * www.ECCommunityEd.com



South Bay Children's Choir

The South Bay Children's Choir is a highly regarded choral organization guided by artistic director Diane Simons and taught by an excellent experienced staff of conductors who are effective at awakening the artistry within each child. The program offers comprehensive music education beginning with a First Steps program for ages 6-7, followed by a sequential series of choir classes and culminating in Concert Choir and Bel Canto at the high school level. The singers perform widely throughout the Los Angeles area, and there are additional optional travel opportunities to travel as a performing choir. They have performed at El Camino College, Royce Hall at UCLA, the Los Angeles Music Center, the Armstrong Theater, as well as Carnegie Hall in New York and the Canterbury Cathedral in England. Partial scholarships may be available for singers who have been in the choir for at least one semester.

For more information see website www.sbccc.singer.net, email sbccc@singer.net, or call choir manager at 310-640-9818

Ace the SAT Essay

#435009

NEW!



Do you need more preparation for the writing section of the SAT exam? Does planning and writing a complete essay in 25 minutes sound intimidating? Then, this class is for you! You'll learn to analyze multiple sample essays to learn what works and review common errors to learn what does not. You'll learn to write the types of essays that earn top scores! Expect to practice with numerous prompts and receive immediate and individualized instructor feedback.

Instructor **Robin Arehart** taught high school English for eleven years. She was an English Department Chair in Glendale Unified and was an Educator of the Year Nominee for California League of High School's Region 8. Mrs. Arehart has a master's degree in teaching from Brown University and has been an alumnae interviewer for both Brown and Swarthmore College. She is currently a writer and private tutor in Torrance.

Saturday 12:30 pm - 2:00 pm; 3 sessions starting March 3, 2012, ending March 17, 2012

Tuition: \$75.00

Instructor: **Robin Arehart**

Location: **El Camino College**

Understanding your Child's Learning Difference

#150016

NEW!



Learning disability or learning difference? What do the terms mean and how can they help you in understanding your child? In this 2-hour workshop, receive insight into your child's learning difference and how it impacts his or her perceptions of and interactions with the

world. Walk away with a better understanding of learning processes, difficulties, and strategies for responding. Experience simulated exercises that will provide a firsthand glimpse at what it's like to have a learning difference so you can better understand your child. Learn effective strategies for managing your child's learning behavior at home.

Sharon Williams is a K-12 educator who is currently a school psychologist for the Los Angeles Unified School District. She brings to the classroom more than 22 years of experience in developing and implementing strategies for assisting children with various learning differences.

Saturday, 10:00 am - 12:00 pm; 1 session on January 21, 2012

Saturday, 10:00 am - 12:00 pm; 1 session on March 24, 2012

Tuition: \$39.00

Instructor: **Sharon Williams**

Location: **El Camino College**

S.A.T. Boot Camp #400023



A strong performance on the S.A.T. can make the difference in your ability to be admitted to, and/or receive financial aid from your top college choices. Give yourself the edge you need to direct your future by taking the intensive El Camino College S.A.T. Boot Camp preparation course! Course includes pre and post "mock exam" test assessment option(s) to determine student's specific weak areas. S.A.T. Boot Camp drill sergeant (instructor) will customize a regimen to improve student's needed skills. Class Fee includes: Cambridge S.A.T. Victory textbook, two full-length retired S.A.T. tests/mock exams to determine student's weak areas (optional, but highly recommended) and over 24 hours of intensive classroom instruction.

Instructor **Diane Serradell** is a dynamic and caring teaching professional who has been working in education since 1973. Most notably, she was previously the Principal at Fern and Waleria elementary schools. She has been teaching the SAT BootCamp class with El Camino College Community Education department for over 2 years.

Saturday 8:30 am - 11:30 am; 8 sessions starting January 21, 2012, ending March 24, 2012 (No class on Feb 18, 25)

Tuition: **\$359.00**
Instructor: **Diane Serradell**
Location: **El Camino College**

Mock Exam Dates:

Conquer test anxiety! Your S.A.T. Boot Camp tuition includes the optional (but highly recommended) opportunity to take two full-length retired S.A.T. exams in a timed, simulated test environment. Results of the tests will determine student's weak areas. Call (310) 660-6460 to register to take the mock exams. Only students who have registered and paid for the S.A.T. boot camp are eligible to take the S.A.T. mock exam(s).

S.A.T. Boot Camp -- (Post) Mock Exam #400027

Saturday, 7:30 am - 12:00 pm; 1 session on January 7, 2012

Saturday 7:30 am - 12:00 pm; 2 sessions starting March 31, 2012, ending March 31, 2012

"I am more knowledgeable about the S.A.T. and academia in general. Thank you so much Ms. Serradell!"

—S.A.T. Boot Camp Student

"I know more and I am a better test taker. It has taught me so much about writing essays and doing math problems."

—S.A.T. Boot Camp Student

"It helped a lot with time management and that's something that I will use forever."

—S.A.T. Boot Camp Student

Tailored English and Basic Math Tutoring (Grades 1-6) #400024



4
Tutoring
sessions
for \$199!

We will tailor our tutoring to fit your child's specific needs. The maximum number of students per class is 2 to 1. Your child will receive individual attention to improve his/her reading comprehension, writing, spelling, study skills & basic math.

Call to schedule your child's 1 hour/4 day (1 hour per week for 4 weeks) tutoring program. Class dates and times subject to availability. Choose an hour time slot from 3:00-5:00 PM Wednesdays.

Instructor **Linda Wilson Arce** has been tutoring 2 to 1 and 1 to 1 classes for more than 9 years throughout the South Bay. She is known for her creative, compassionate, and committed style of tutoring.

Tuition: **\$199.00**
Instructor: **Linda Wilson Arce**
Location: **Mrs. Linda's Tutoring Corner at El Camino College**

Academic Chess: All Levels #460121

Checkmate! This course is designed for children ages 5-13 years and for all different levels of chess experience. Each child will receive a different lesson each week according to his or her level of chess expertise. The course will be taught in a fun, but educational manner. A chess set and worksheets are included. Join us in this dynamic class!

Saturday 10:00 am - 11:00 am; 8 sessions starting February 25, 2012, ending April 21, 2012 (No class on Apr 7)

Tuition: **\$79.00**
Instructor: **Academic Chess**
Location: **El Camino College**

Kung Fu for Kids (Ages 7-12) #650003

Watch your child's confidence grow as they learn Kung Fu! Students will have fun while learning to develop important life skills. Kung Fu teaches discipline, control, and etiquette while improving one's self-esteem, confidence and overall health. In this six week course students will learn basic kung fu philosophy and techniques such as punching, kicking and blocking. Each weekly lesson will cover such topics as discipline, balance, control and coordination. By the end of six weeks, your child will be able to demonstrate four blocks, two kicks, one punch and five basic stances and demonstrate improved fitness skills with pushups, sit ups and squats. \$10 materials fee includes uniform (T-shirt and pants).

Master **Nadine Shozuya** has been practicing martial arts for over 30 years. She has earned a black belt in Aikido, Tae Kwon Do, Kung Fu, Karate and instructorship in Tai Chi. Assistant **Briannah Walters** has been practicing kung fu for 7 years and holds a Masters degree in elementary education.

Saturday 10:00 am - 10:40 am; 6 sessions starting January 21, 2012, ending February 25, 2012

Friday 4:00 pm - 4:40 pm; 6 sessions starting February 25, 2012, ending March 23, 2012

Friday 4:00 pm - 4:40 pm; 6 sessions starting April 20, 2012, ending May 25, 2012

Tuition: **\$59.00**
Instructor: **Scholar Warrior Kung Fu Studio**
Location: **Scholar Warrior Kung Fu Studio**
Materials Cost: **\$10.00**

Kung Fu Kubs (Ages 3-5) #460076

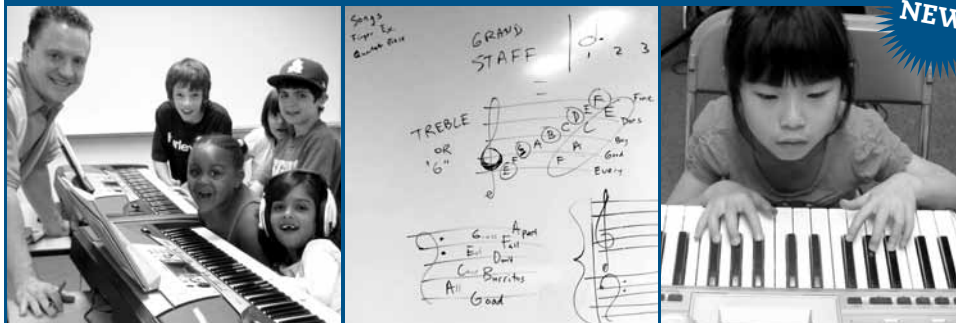


Your child will have a blast while he/she learns to walk like a tiger, balance like a crane and hop like a frog. Using a kung fu approach, your 3-5 year old will acquire the physical, emotional, social & mental skills that build a bright future.

Saturday 9:00 am - 9:25 am; 8 sessions starting January 21, 2012, ending March 10, 2012

Saturday 9:00 am - 9:25 am; 8 sessions starting April 7, 2012, ending May 26, 2012

Tuition: **\$79.00**
Instructor: **Scholar Warrior Kung Fu Studio**
Location: **Scholar Warrior Kung Fu Studio**
Materials Cost: **\$10.00**



Home School Program

Tuesdays & Thursdays 12 noon-3:00 pm
@ El Camino College

El Camino College Community Education department is proud to introduce **Kid's College Music Academy**, a new music program designed to provide students with both private lessons as well as a group learning/performance experience. Students will learn the fundamentals of reading music while learning to perform with their instrument or voice. Lessons are progressive and students at all levels (beginning to advanced) will have a fun and challenging experience. Students will receive one hour of group instruction and performance every week and a 30 minute private lesson every 2 weeks. Class size will be limited to increase student learning. Students will be expected to rehearse their music at home. The classes will be offered on an ongoing monthly basis and should be repeated for maximum benefit. Optional public performances will be available 2 to 3 times a year.

Vocal Music #900027

Group lesson: 1:00 pm – 2:00 pm
Private lesson: 1/2 hour private voice lesson every other week before or after group lesson.

Students will receive group vocal instruction for one hour every week, and a 30 minute private voice lesson every two weeks. Training will include the physical aspects of vocal production, music theory, sight-singing, and 4-part harmony singing. Students will learn vocal repertoire (songs) appropriate for their age and ability.

Tuesdays:

4 sessions January 10-31, 2012
Tuition: \$125

4 sessions February 7-28, 2012
Tuition: \$125

4 sessions March 6-27, 2012
Tuition: \$125

4 sessions April 10-May 1, 2012
Tuition: \$125

4 sessions May 8-29, 2012
Tuition: \$125

Location: El Camino College
Head Instructor: Charles David Wright

Instrumental Music #900028

Strings—Violin, Viola, Cello or String Bass
Woodwinds—Flute, Clarinet, Saxophone
Brass—Trumpet, Trombone

Group lesson: 1:00pm – 2:00pm

Private lesson: 1/2 hour private instrument lesson every other week before or after group lesson.

Students will receive group instrumental instruction for one hour every week, and a 30 minute private instrument lesson every two weeks. Training will include the physical aspects of instrumental music production, music theory, sight-reading, and learning to play with an instrumental ensemble. Students will learn instrumental repertoire (songs) appropriate for their age and ability. Students must provide their own instrument.

Thursdays:

4 sessions January 12-February 2, 2012
Tuition: \$125

4 sessions February 9-March 1, 2012
Tuition: \$125

4 sessions March 8-29, 2012
Tuition: \$125

4 sessions April 12-May 3, 2012
Tuition: \$125

4 sessions May 10-31, 2012
Tuition: \$125

Private Instrumental Lessons #900029

Piano and Guitar

Tuesdays or Thursdays

Private lessons: Four 1/2 hour weekly private piano or guitar lessons.

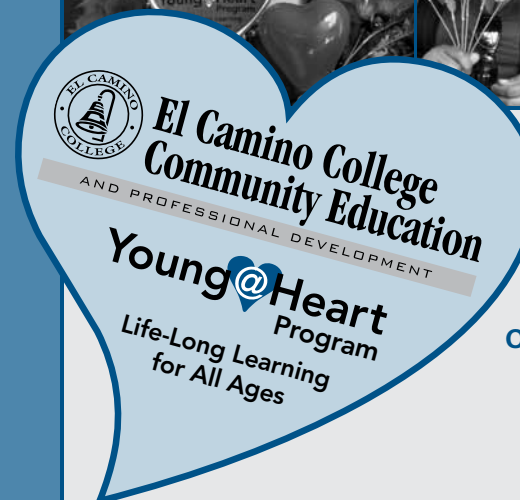
4 sessions per month to be scheduled on one Tuesday or Thursday

Tuition: \$140

Kid's College Music Academy Head

Instructor: Charles David Wright (pictured above, far left) is a popular music instructor at El Camino College's summer Kid's College program. He has been a music teacher at Torrance High School for over 13 years, and a church music director for 9 years. He has vast experience with various genres of music, including musical theatre, jazz, classical, and opera.

"Everything Wright did was fun!"
—Kid's College (Mr. Wright)
Music Student



Young@Heart
Program
Life-Long Learning
for All Ages

In its commitment to lifelong learning, the El Camino College Community Education Department offers classes that target the needs and interests of adults of all ages. The following selection of classes highlight some of the classes designed expressly for plus 50 adults.

Other recommended classes include:

- Culinary pg 29
- Yoga pg 36
- Drawing pg 32
- Qi Gong pg 34
- Natural Pain Management pg 34
- Dance pg 30
- Tai Chi Chuan pg 35
- Museum Excursion pg 13
- 1912 Lecture Event pg 12
- Mother-Daughter Tea pg 9

Computer Basics Boot Camp for Older Adults

#8890001



Is your fear of computer technology keeping you from getting promoted or from being able to respond to your grandkid's emails? This class is for you! In just three weeks you will absorb ALL the basics, including using Microsoft Windows, Internet browsers, sending e-mail, and surfing the Internet! Come join the fun with an instructor known for his plain explanations and patience. You will receive a Certificate of Completion to show your doubting relatives (90% attendance required). Class now expanded to 12 hours total, and prepares you for the intermediate-level class Best of the Internet and Microsoft Word. Materials fee includes certificate and a 35-page hand-book.

Instructor Dale Fedderson has been teaching computer skills for years, everything from how to use a mouse to how to create technical drawings, spreadsheets, and brochures. But his

favorite thing is to show newcomers how to get the most from the Internet.

Saturday 9:00 am - 1:00 pm; 3 sessions starting January 14, 2012, ending January 28, 2012

Saturday 9:00 am - 1:00 pm; 3 sessions starting March 10, 2012, ending March 24, 2012

Saturday 9:00 am - 1:00 pm; 3 sessions starting May 5, 2012, ending May 19, 2012

Tuition: \$59.00

Instructor: Dale Fedderson

Location: El Camino College

Materials Cost: \$3.00

Best of the Internet & Microsoft Word

#8890007

Take your computer skills to the next level! If you have used a computer and been on the Internet, this class is for you! You will use social networking websites (Facebook, Twitter, etc.), send email attachments, photos, URLs, and manage your contacts, learn to download safely, and try out the TOP websites for entertainment, information, and more! Plus, use word-processing (MS Word) to copy, paste, add clip art, photos, etc. Oh, yes... and a brief demo of MS Excel! Recommended prerequisite: Computer Basics Boot Camp for Older Adults. Optional materials fee includes 20-page handbook.

Continues on next page...

Best of the Internet & Microsoft Word
continued from page 43...

Saturday 9:00 am - 12:00 pm; 3 sessions
starting February 11, 2012, ending
February 25, 2012

Saturday 9:00 am - 12:00 pm; 3 sessions
starting April 7, 2012, ending April 21, 2012

Tuition: **\$45.00**
Instructor: **Dale Feddersen**
Location: **El Camino College**
Materials Cost: **\$2.00**

Digital Photography- -Basics Boot Camp

#8870002



Are you looking for a photography class to teach you the basics of digital photography? Forget about light theory, aperture, and shutter speed. Do you simply want to learn how to turn on your digital camera and take great photos? In this hands-on class you will learn the true basics of digital photography. Bring your digital camera and receive individual instruction on how to turn it on, what the basic buttons are on your camera, how to take a picture, and how to save your pictures.

*Instructor **Douglas Morrison** spent over five years as a Navy photographer, operated his own wedding photography business, and is currently working as a photographer for the Los Angeles County Fire Department.*

Saturday, 9:00 am - 12:00 pm; 1 session on
January 21, 2012

Saturday, 9:00 am - 12:00 pm; 1 session on
April 14, 2012

Tuition: **\$24.00**
Instructor: **Douglas Morrison**
Location: **El Camino College**

Digital Photography— Basic Boot Camp 2

#8870006

If you loved the first Digital Photography—Basics Boot Camp with Doug Morrison, you'll want to continue your adventure with part 2! In this class, Doug takes you to the next level by assisting you out in the field (ECC campus) to test out what you learned in part 1. The goal is to help students properly assess their equipment's capabilities under different lighting, subject and location conditions. Doug will provide instantaneous feedback to help you troubleshoot and learn on the spot. Doug will also show you more tricks and tips about uploading and saving your photos to your computer. Bring your camera and more of your digital photography questions!

*Instructor **Douglas Morrison** spent over five years as a Navy photographer, operated his own wedding photography business, and is currently working as a photographer for the Los Angeles County Fire Department.*

Saturday, 9:00 am - 12:00 pm; 1 session
on February 4, 2012

Saturday, 9:00 am - 12:00 pm; 1 session
on April 28, 2012

Tuition: **\$24.00**
Instructor: **Douglas Morrison**
Location: **El Camino College**



"Nice presentation style; relaxed
& knowledgeable."

—Digital Photography Student

"Hands-on; provides specific
information about your camera and
for your level of expertise."

—Digital Photography Student

"Looking forward to the next level
of the class!"

—Digital Photography Student

PERSONAL INTEREST

LANGUAGES



Introduction to Spanish

#703001

Learning Spanish has never been so much fun! Come take an imaginary trip to Latin America and in the process, learn pronunciation, phrases, customs and much more. Class will include general awareness of social customs and titles, how to introduce yourself and others, greetings, asking and answering questions about locations of people and objects, telling time and using numbers, weather phrases, asking and giving telephone numbers, describing emotional states and providing ages and abilities. This class will make your communications, both in the U.S. and abroad, more comfortable and productive. And best of all, instructor Bedolla will incorporate simple and easy tools that make learning Spanish fun!

*Instructor **Josefina Bedolla**, M.A. in progress, is a Mexican native from the Michoacán region who brings to the classroom a natural charm and enthusiasm for the Spanish language along with more than 5 years experience teaching Spanish.*

Saturday 9:00 am - 11:00 am; 6 sessions
starting January 14, 2012, ending
February 25, 2012 (No class on Feb 11)

Saturday 9:00 am - 11:00 am; 6 sessions
starting March 3, 2012, ending April 7, 2012

Saturday 9:00 am - 11:00 am; 6 sessions
starting April 14, 2012, ending May 19, 2012

Tuition: **\$99.00**
Instructor: **Josefina Bedolla**
Location: **El Camino College**
Materials Cost: **\$10.00**

Italian Movies! (In Italiano) #700036

This class is designed to provide students with the opportunity to enhance their Italian-language skills and understanding of Italian cinema and culture by viewing authentic Italian movies with Italian subtitles. Films to be

viewed include Johnny Stecchino with Roberto Benigni, La meglio gioventù, Fantozzi and Il cosmo sul como. Afterward, vocabulary and idiomatic expressions from the films(s) will be reviewed and students will participate in group discussions about various topics related to the movie(s) that will allow them to practice speaking Italian in-language.

*Instructor **Rossella Pescatori** from Venice, Italy received her Ph.D. in Italian at UCLA and two laurea degrees from the University of Venezia (Ca' Foscari) in Philosophy (with a dissertation in Social Psychology) and in Lettere (with a dissertation in Art History). She has published numerous publications that focus on Medieval and Renaissance studies and is actively involved in exploring and discovering new teaching methodologies and pedagogies regarding the instruction of foreign languages to different age groups.*

Friday 9:00 am - 11:30 am; 5 sessions starting
January 13, 2012, ending February 10, 2012

Friday 9:00 am - 11:30 am; 5 sessions starting
February 24, 2012, ending March 23, 2012

Tuition: **\$120.00**
Instructor: **Rossella Pescatori**
Location: **El Camino College**

Night at the Planetarium: Spring Constellations

#2240001



Learn to recognize the spring stars and constellations, such as Gemini, Leo, and the Big Dipper! Find out where the planets are and how to distinguish them from stars. Locate star clusters and nebulae visible with binoculars. The class is taught in the El Camino College Planetarium. After the class, we will observe the stars through the telescopes of El Camino College Observatory (if weather allows). Students may be as young as 10 years old to attend the class; completed Kid's College parental consent form required.

*Instructor **Vincent Lloyd** was too late to rescue Andromeda, but he has been teaching astronomy for twenty years. He has been at El Camino College since 1991.*

Friday, 7:00 pm - 9:00 pm; 1 session on
April 27, 2012

Tuition: **\$20.00**
Instructor: **Vincent Lloyd**
Location: **El Camino College Planetarium**
Materials Cost: **\$4.00**



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everyone!



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comfort of home!



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Become a Pro with Digital Photography

Learn a new Language

Teaching Tips for Survival
in the Classroom

Several new courses launch
every month! Visit our
website to learn more.
www.ECCommunityEd.com



Welcome

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners.

Most courses run for six weeks (with a ten-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

Start Dates:

New course sessions
begin each month.
Please visit our Online
Instruction Center to see
exact start dates for the
courses that interest you.

Requirements:

All courses require
Internet access, E-mail,
Microsoft Internet
Explorer, or Firefox web
browsers. Some courses
may have additional
requirements. Please
visit our Online
Instruction Center for
more information.

How to Get Started:

1. Go to www.ECCommunityEd.com
2. If you are new to our website, click **Sign in** on the left-hand side and create a new student profile. Be sure to retain your username, login and password for your records as this will grant you access to our website in the future and the Ed2Go online classroom.
3. Sign in with your **Username** and **Password**. Next, click on **Courses** to the left and choose an online class by exploring one of the **Online Classes** category links that lists classes by subject area. Click on **Add to Cart** button and follow instructions to pay for your course.
4. When your course starts, return to www.ECCommunityEd.com, sign in, click on current registrations, choose course from class listing and click on **Go to class** to begin your studies each week.

Online learning anytime, anywhere ... just a click away!



Intro to Microsoft
Word 2007

Intro to Microsoft
Excel 2007

Intro to Microsoft
PowerPoint 2007

Intro to Microsoft
Access 2007

Intro to Microsoft
Outlook 2007

Intro to Windows Vista

Visit our Online Instruction
Center to find more courses!

www.ECCommunityEd.com

47

ed2go



Online Career and Workforce Training Programs

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Outstanding instruction from the comfort of your home!



The El Camino College Community Education department is a proud partner of **ed2go** (formerly **Gatlin Education Services**) offering online open enrollment programs designed to provide the skills necessary to acquire professional level positions for many in-demand occupations.

Benefits of Online Career Training:

- Learn in-demand job skills
- Start anytime
- Set your own pace
- Affordably Priced

Our programs are designed by a team of professionals from each respective field, who work to provide you with an effective web-based learning experience. Instructors/mentors are actively involved in your online learning experience. They respond to any questions or concerns, as well as encourage and motivate you to succeed.

Each program includes a set of lessons and evaluations; grades are a combination of the instructor/mentor's evaluation of students' work and computer graded tests. We know you'll appreciate the quality as well as the convenience of anytime, anywhere learning!



For more information on how you can advance your career, including financial assistance, call toll free (877) 221-5151 or visit www.GatlinEducation.com/ElCamino

THE PROGRAMS

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Certificate programs in Medical Coding, Transcription, Pharmacy, and other popular fields.

Program	Fee	Hours
• Administrative Dental Assistant	\$1,595	150
• Administrative Medical Specialist w/Medical Billing and Coding	\$1,995	300
• Administrative Medical Specialist w/Medical Billing and Coding + Medical Terminology	\$2,295	360
• Advanced Coding for the Physician's Office	\$1,395	80
• Advanced Hospital Coding and CCS Prep	\$1,695	80
• Advanced Personal Fitness Trainer	\$2,795	400
• Certified Indoor Air Quality Manager	\$795	16
• Certified Indoor Environmentalist	\$895	32
• Certified National Pharmaceutical Representative	\$1,595	120
• Clinical Dental Assistant	\$1,995	240
• Emergency Management Training for First Responders	\$1,995	300
• Fitness Business Management	\$2,395	200
• ICD-10 Medical Coding	\$1,595	200
• Medical Billing and Coding	\$1,595	240
• Medical Billing and Coding + Medical Terminology	\$1,895	300
• Medical Terminology	\$595	60
• Medical Transcription	\$1,595	240
• Medical Transcription + Medical Terminology	\$1,895	300
• Nutrition for Optimal Health, Wellness, and Sports	\$2,395	200
• Personal Fitness Trainer	\$2,095	250
• Personal Training and Group Exercise Training for Older Adults	\$2,395	200
• Pharmacy Technician	\$1,995	300
• Veterinary Assistant	\$1,795	240
• Women's Exercise Training and Wellness	\$2,395	20

BUSINESS AND PROFESSIONAL

Offers eBusiness, Six Sigma Black Belt Certification, and others to increase your success in the business world.

Program	Fee	Hours
• Administrative Professional with Microsoft Office 2007 Master	\$1,995	240
• Administrative Professional with Microsoft Office Specialist 2003 Training	\$1,995	200
• Administrative Professional with Microsoft Office Specialist 2007 Training	\$2,295	320
• Building Analyst Quick Start	\$1,195	60
• Certified Bookkeeper	\$1,795	120
• Certified Global Business Professional	\$2,495	400
• Certified Green Supply Chain Professional	\$1,595	60
• Certified Indoor Air Quality Manager	\$795	16
• Certified Indoor Environmentalist	\$895	32
• Certified Mediator	\$1,595	120
• Certified Wedding Planner	\$1,395	300
• Chartered Tax Professional	\$1,795	180
• Chartered Tax Professional for California Residents	\$1,895	200
• Child Development Associate Training	\$850	120
• Child Development Associate Training Renewal	\$499	45
• Emergency Management Training for First Responders	\$1,995	300
• Entrepreneurship: Start-Up and Business Owner Management	\$2,095	360
• Event Management and Design	\$1,895	300
• Fitness Business Management	\$2,395	200
• Freight Broker/Agent Training	\$1,695	150
• Grant Writing	\$2,095	300
• Graphic Design with Photoshop CS4	\$1,795	200
• Help Desk Analyst: Tier 1 Support Specialist	\$1,495	120
• Lean Mastery	\$1,695	60
• Legal Secretary	\$2,095	350
• Management for IT Professionals	\$2,095	390
• Management Training	\$2,095	360
• Microsoft Access 2007	\$595	35
• Microsoft Certified IT Professional: Server Administrator (MCITP)	\$1,895	240
• Microsoft Excel 2007	\$595	35
• Microsoft Office 2007 Master	\$1,595	160
• Microsoft Office Specialist 2003 (MOS)	\$1,595	120
• Microsoft Office Specialist 2007	\$1,895	240
• Microsoft Outlook 2007	\$595	35

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Do you need us to proctor your next university, college or industry-related (real estate, accounting firm, technical employer etc.) exam? Please contact us to arrange a time to oversee your exam. Available dates and times subject to availability Monday-Friday 9:00AM – 4:00PM.

CALL: 310-660-6460 or email us your request to commed@elcamino.edu

Traffic School Online



Got a ticket? Stay point-free with El Camino College's Traffic School Online. Our convenient, cost-effective course can be taken from any computer with an internet connection. This course is fully approved by the California DMV, California courts and insurance companies. Traffic School Online is a secure and simple way for people to dismiss their tickets and reduce their insurance costs. The course offers up-to-date content and superior, 800 number student support.

Enroll now! Visit our website: <http://ElCamino.TrafficSchoolOnline.com>

Fee: \$39

- Easy Access
- Start Anytime
- Rush Delivery Available
- En Español para California

Offered through El Camino Community Education

Community Woodturning Guild

**GUEST SPEAKERS • SPECIAL TOPICS
DEMONSTRATIONS • PRESENTATIONS**

**Meeting the first Sunday of each month at 1:00 pm
in the Construction Technology Building at El Camino College**

The club leader is Jack Selph, construction technology instructor at El Camino College and experienced professional in the woodworking field.

Membership fee is \$35

For more information, please call Jack Selph at (310) 660-3593, ext. 6009

Special Events & Excursions!



**Pirate Camp
(For Adults!) (pg. 10)**

Saturday, January 15, 2012!

**As featured
on Torrance
CitiCABLE!**



**Mother-Daughter
Tea (pg. 9)**

In honor of the special bond that exists between Moms and Daughters...

Join us for our 2nd annual Mother-Daughter Tea with a Mexican-themed presentation!
Saturday, May 12, 2012!



**Museum Excursion:
Southwest Museum's
Braun Research
Library & The Autry
Museum (pg. 13)**

Saturday, June 9, 2012!



**Aqualillies Water Ballet
Mini-Show and Workshop
(pg. 8)**

Partake in a beautiful and sophisticated reinvention of the classic 1950's era water ballet synchronized swimming. for fun and great exercise! In this 2-hour combined mini presentation and workshop, students of all ages will enjoy making a splash while learning the fundamentals of synchronized swimming. Class includes mini-show demonstration by your two Aqualillies instructors, Esther Williams film footage, and in-water workshop where you'll learn sculling techniques, back-layouts, torpedoes, ballet legs and more... Then you'll be able to set your new skills to music with a beautiful and graceful routine you'll learn.
Saturday, May 19, 2012!



**City of Torrance Centennial--
A Celebration of the Year 1912
1912: Visions of Emerging
New Worlds Lecture &
Discussion Series (pg. 12)**

Moderated by John Powers, *Visionaries—
A Celebration of Great Americans From the Year
1912* writer/producer/director
3 Captivating Topics!

***Sheafs of Rainbows: Amy Lowell on Life, Poetry,
and Other Stained Glass Windows***
Presented by El Camino College Adjunct English
Instructor, Kathryn Hall

Progressivism and the 1912 Presidential Election
Presented by El Camino College History Instructor,
Dr. Michael James Eula

The Zane Grey Influence on the Early Film Industry
Presenter TBA

Thursday, May 24, 2012!