Self-Analysis Paper: (30 points)

The objective of this assignment is to analyze your own speech. Fill in the identification information below and then answer all 30 questions in complete sentences and provide clear explanations.

Name: Date of recording:

Title of speech:

Goals
1. What goals did you set for yourself to give a successful speech?
2. What did you do in your rehearsal to reach your goals?
3. How many times did you rehearse before you delivered your speech?

Organization
4. Answer YES or NO next to each of the following regarding your introduction and conclusion. Did you specifically mention the following points?

   Introduction:
   - Did you start with your attention-getter, not your name or other information?
   - Did you introduce your topic?
   - Did you relate your speech to your audience?
   - Did you establish credibility?
   - Did you Preview and mention re-cap and Q & A?

5. Conclusion:
   - Did you mention your concluding sentence?
   - Did you re-cap?
- Did you re-connect to your attention-getter?

6. How many credible sources did you have in your speech?

7. How many times did you mention (incorporate) your sources in your speech?

8. Did you remember to use your transitions?

9. Which organizational pattern did you use?

10. Did you meet the time limit of the speech?

11. Did your PowerPoint slides have pictures to communicate your message visually?

12. Did your PowerPoint slides have keywords or sentences?

13. Were your sources cited on your PowerPoint slides?

Delivery

14. Do you think you appeared confident and professional? Why or why not?

15. What did you do to decrease your apprehension before the speech?

16. What aspect of your vocal delivery did you do well?

17. What aspects of gesturing and body movement did you do well?

18. What can you do to improve your vocal and physical delivery?

19. Were you facially expressive?

20. If not, how do you plan to be more facially expressive in the class delivery?

21. What, if any, adaptors or disfluencies did you have?

22. What can you do to effectively minimize or stop them?

23. Were you able to deliver extemporaneously? Or were you reading from PPT slides?

24. If you read, what percent of the time did you read from your slides?

25. If you read, how did reading affect your connection to your audience?
Reflection

26. What did you learn about yourself from watching your recording?

27. How satisfied are you with your recorded speech?

28. Did you notice an improvement in your delivery between this recording and the previous one? If not, what is the persistent problem?

Plan of Action

29. What improvements do you need to make before delivering your next speech in class?

30. How will you go about making the improvements you mentioned above?