

CPR



The Basics

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CPR:



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*CPR: BASIC EMERGENCY
LIFE SUPPORT*



IT'S AS SIMPLE AS
ABC

CPR: BASIC EMERGENCY LIFE SUPPORT

- **A = AIRWAY**
- **B = BREATHING**
- **C = CIRCULATION**

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***SO, FIRST STEP IS 'A',
RIGHT?***

*CPR: BASIC EMERGENCY
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**NO, 1ST STEP IS
USUALLY:**



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**NO, 1ST STEP IS
USUALLY:**

**→ TO DETERMINE IF
YOU HAVE A MEDICAL
EMERGENCY !**

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LIFE SUPPORT*

• *HOW?*

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- *HOW?*
- *ESTABLISH
“UNCONSCIOUSNESS”*

CPR: BASIC EMERGENCY LIFE SUPPORT

- *HOW?*

- *ESTABLISH*

“UNCONSCIOUSNESS”

→ SHAKE AND SHOUT THE VICTIM

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LIFE SUPPORT*

THEN WHAT?

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LIFE SUPPORT*

THEN WHAT?

→ *CALL FOR HELP*

→ *START THE EMS SYSTEM*

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THEN WHAT?

→ *CALL FOR HELP*

→ *START THE EMS SYSTEM*

→ *911*

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THEN WHAT?

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THEN WHAT?

→ A

→ AIRWAY

→ ESTABLISH AN AIRWAY

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NEXT STEP?

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NEXT STEP?

→ B

→ BREATHING

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LIFE SUPPORT*

NEXT STEP?


→ B

→ BREATHING

→ LOOK, LISTEN & FEEL

FOR BREATHING

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NEXT STEP?

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LIFE SUPPORT*

NEXT STEP?

→ NO BREATHING?

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NEXT STEP?

→ *NO BREATHING?*

→ **GIVE TWO BREATHS**

→ *BREATHING?*

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NEXT STEP?


→ ***NO BREATHING?***

→ **GIVE TWO BREATHS**

→ ***BREATHING?***

→ **GO TO NEXT STEP**

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NEXT STEP?

*CPR: BASIC EMERGENCY
LIFE SUPPORT*

NEXT STEP?

→ *C*

→ *CIRCULATION*

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LIFE SUPPORT*

NEXT STEP?


→ ***C***

→ ***CIRCULATION***

→ ***PULSE 5-10***

SECONDS...

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LIFE SUPPORT*



***NEXT STEP?
CIRCULATION?***

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LIFE SUPPORT*

NEXT STEP?

CIRCULATION?

→ **CONTINUE TO BREATH
& MONITOR**

→ *NO CIRCULATION?*

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NEXT STEP?

CIRCULATION?

→ **CONTINUE TO BREATH
& MONITOR**

→ ***NO CIRCULATION?***

→ **EXTERNAL CARDIAC MASSAGE**

→ ***“ECM”***

CPR: BASIC EMERGENCY LIFE SUPPORT: HINTS

- **TRACE, PLACE AND SPACE TO LOCATE CORRECT HAND POSITION FOR “ECM”.**
- **RATIO, ONE RESCUER:**

2:15

- **BPM = 8, CYCLES 4/MIN, 60 HR**
- **SPEED OF ECM = 80 TO 100 PER/MIN**

CPR Discussion Questions?

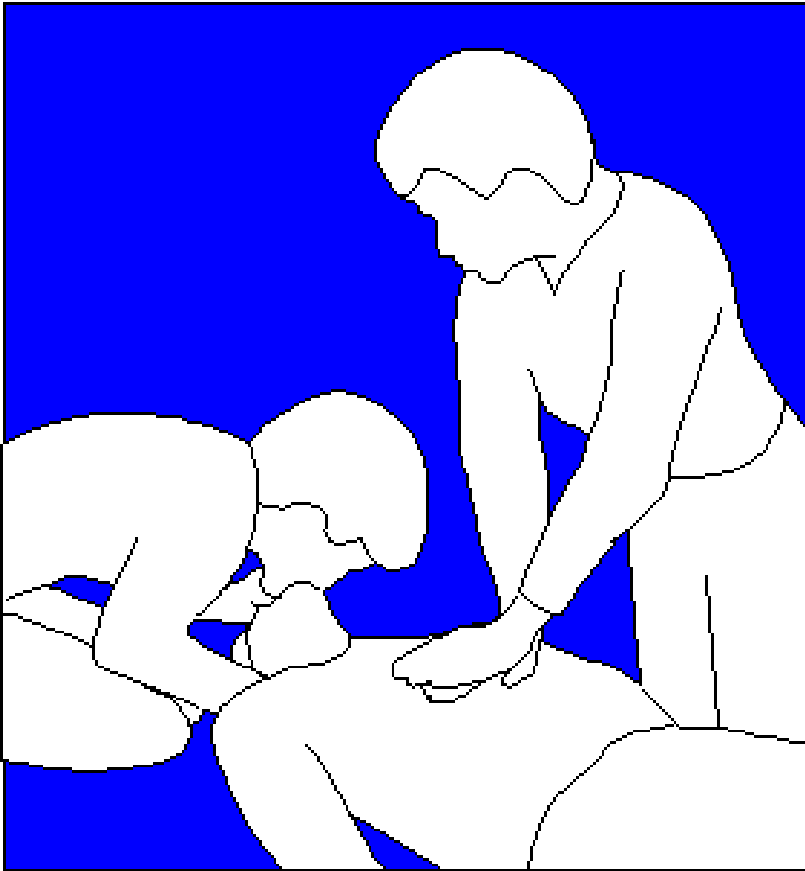
- How often do you check for a pulse?
- What if the patient starts to come around?
- When do you stop if the patient does not respond.
- Is there anyone you shouldn't do CPR on?
 - What about pregnant women?
- What about disease transmission?
 - Research this issue for next week

CPR Discussion continued?

- *Is anyone a candidate for CPR?*
- *Who isn't?*
- *When should I stop CPR?*
- *Can I get in trouble for doing CPR?*
- *Can I get a disease from doing CPR?*
- *Can I get AIDS?*
- *Do I have to give CPR to anyone who needs it?*
- *Am I qualified to do CPR after this Class?*

Now the CPR Adult Resuscitation Movie!!

Now you are ready for the CPR Simulation



- Find the ECCCPR shortcut.
- Double click it, program runs in DOS mode.
- Follow screen directions.
- If unsure, ask for help from tutors.

