**Geography 1 Earthquake Kit Extra Credit**

**Required**

3 gallons of bottled water  
(Recommended 1 gallon per day per person for 3 days minimum)

Nonperishable food plus plates & eating utensils  (Enough for 3 days minimum.)  
High energy foods are good.

First aid kit  (It should be sufficient in size to handle broken bones & bleeding wounds. It must also include antiseptic, antibiotics, & basic pain killer  (e.g. aspirin, ibuprophin, etc.)  
If you aren’t trained in first aid, include a first aid manual with this.

Flashlight & extra batteries  (LED ones are best because they use less battery)

Extra clothing  (something warm)

Sturdy shoes (no sandals or flip-flops)

Solar or battery powered radio  (& batteries to power)

Leather work gloves (or the like)

Wrench or tool for shutting off gas  (make sure you know how to do this!)  
(Additional tools such as an axe, crowbar, etc would be great but are optional for this)

Fire extinguisher  (essential because there are likely to be numerous fires—too many for local fire depts. Check the date & make sure the extinguisher has been recently charged)

Emergency cash in small bills  (to buy needed things during period following quake since ATM & credit card machines will probably be down)

Toiletry items  (everything you normally use plus hand sanitizer)  
(Include a pair of prescription glasses if you wear contacts or glasses.

Toilet paper & plastic bags for waste disposal (enough for at least 3 days)

Multi-purpose tool (to use as knife, can opener, scissors, etc)

Sleeping bag or blanket of some kind

Tent or tarp & rope for temporary shelter

ID & copies of important documents (insurance, emergency contact info, etc. You might want to include photos of family & friends to help locate them after)

Prescriptions  (enough to last at least a week)

Dust mask (for protection from smoke, ash & particulates in the air)

**Optional**

Candles & waterproof matches or butane lighter

Camping stove & fuel if you have food that requires cooking

All purpose towel

Pet food & supplies (if you have a pet)

Paper & pen

Sunscreen