

ONE-FIREFIGHTER HOLD DOWN



- This evolution is performed in order to allow a single firefighter to safely man a charged 2½" hose.
- Used for exposure protection or for defensive attack outside an involved building's collapse zone.
- The one-firefighter hold down permits very little maneuverability at the nozzle, but can be operated safely by one firefighter for long periods of time.
- Items required: one 50" section of hose, hose clamp, & nozzle (Photo #1)



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- **Step #1:** One man fold and carry evolution off the rear bed of the engine (Photo #2).
- **Step #2:** Once your hose pack has been dressed to the point in Photo #3, retrieve hose clamp and nozzle from the apparatus.



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- **Step #3:** Affix the nozzle to the hoseline. (Photo #4)
- **Step #4:** Kick an indentation into the hose pack approximately one foot behind couplings. (Photo #5)
- **Step #5:** Drop to one knee (same side of your body you'll use to shoulder the hose pack). Prepare to shoulder your hose pack. (Photo #6)





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- **Step #6:** Shoulder your hose pack.
(Same side of your body as the knee you took to shoulder the hose pack.
(Photo #7)



- **Step #7:** With hose pack squarely resting on your shoulder, retrieve hose clamp and proceed to the nozzle.
(Photo #8)



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- **Step #8:** Ground hose clamp. Proper hose clamp placement is approximately three to five feet behind nozzle, on the right side of the hose as you face the nozzle. Firefighter placement is on the left side of the hose as you face the nozzle. (Photo #9)
- **Step #9:** At the nozzle, drop to one knee (same side of body on which your hose pack is shouldered). Ground hose pack. Place female coupling of the line to be extended under the nozzle of the existing, charged line. (Photo #10).



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- **Step #10:** Extend your line in the direction of the fire. Secure slack hose from the line (by going a few feet past where you need to begin your loop), and then form your loop initially away from the fire and then 360 degrees back around facing the direction of the fire.
- **Step #11:** Cross the nozzle under the hoseline and ground it approximately one foot past the hoseline. Ensure the bail is shut and call **"NOZZLE DOWN – BAIL SHUT!"**



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- **Step #12:** Double time back to the hose clamp. Place hose clamp on the hose approximately three to five feet behind the nozzle. Turn to the engineer and using big arm motion and a loud, fireground voice, call “**SHUTTING DOWN WATER!**” Turn to the fire and using big arm motion and a loud, fireground voice, call “**SHUTTING DOWN WATER!**” (Photo #12)
- **Step #13:** Clamp the line. Note placement of the hose clamp and the firefighter. As you face the nozzle (fire), proper placement of the hose clamp is on the right side of the hose. The firefighter’s correct placement is on the left side of the hose. (Photo #13)



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- **Step #14:** Bleed the existing line. Call "**BLEEDING THE LINE!**" (Photo #14)
- **Step #15:** Break (disconnect) the nozzle from the line and ground it to one side. (Photo #15)
- **Step #16:** Pick up the female coupling of your line. Check and call "**GASKET!**" (Photo #16)



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- **Step #17:** Connect the extended line to the existing line. (Photo #17)
- **Step #18:** Turn to the engineer and using big arm motion and a loud, fireground voice, call “**TURNING ON WATER!**” Turn to the fire and using big arm motion and a loud, fireground voice, call “**TURNING ON WATER!**” Photo #18)





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- **Step #19:** Disconnect hose clamp to charge the extended line. Open clamp quickly, but don't force a water hammer at the nozzle. (Photo #19)
- **Step #20:** Remove hose clamp from the hose. Double time to nozzle and sit directly on the hose where the nozzle and hoseline intersect. Bleed the line. Call **"BLEEDING THE LINE!"** Ground the nozzle with bail shut. Call **"NOZZLE DOWN – BAIL SHUT!"** (Photo #20)
- **EVOLUTION COMPLETE.**





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THINGS THAT SEPARATE THE “A” STUDENT FROM EVERYONE ELSE

- Double-time always.
- Know your apparatus. Know the location of every tool, fitting, & appliance before you begin the evolution.
- Immediately repeat all orders or directions back to the instructor.
- If you have questions, ask before you begin the evolution.
- Unnecessary trips to the engine to retrieve fittings, appliances, & tools can result in injuries or lives lost on the fireground. Make one trip – grab everything you need the first time.
- If you do forget something, take a second to regain your composure. Think about where you are in the evolution, recover, and continue.
- Don't drop your tools, appliances, or fittings.
- The fireground is a loud, chaotic place. When you shut down water or call for water – **YELL!**
 - Communication on the fireground is vital. Use eye contact, your voice, and arm motion to communicate with the engineer.
- Check and call (loudly) “**GASKET!**” each time you connect any male and female couplings, nozzles, hoses or appliances together.