EOPS/CARE

FALL 2018 Committed to Student Success

CAREER

Workplace Success

Thursday, September 27, 2018

1:00-2:00 pm SSC 207

Strategies and tips for success in the workplace

Passion & Purpose

Thursday, October 10, 2018

1:00-3:00 pm SSC 207

Self-Exploration for cultivating intentional career goals

Managing Your Career

Thursday, October 25, 2018

1:00-2:00 pm SSC 207

Strategies for actively managing your career vision

Tips & Hacks, Internship 101

Thursday, November 8, 2018

1:00-2:00 pm SSC 207

Strategies, tips, and benefits of seeking internship opportunities

Receive EOPS Career text message updates by texting @eopscareer to 81010.

RSVP recommended (see workshop flyer)

FINANCIAL AID

2019-2020 FAFSA/Dream Act Renewal

Workshops will take place from 1:00-3:00pm in the EOPS Tutorial Center (RM 202)

Friday, October 5, 2018 Friday, November 9, 2018 Friday, January 11, 2019 Friday, February 22, 2019 Friday, March 1, 2019

EOPS students will receive one-on-one assistance with renewing their 2019-2020 FAFSA or CA Dream Act application. Don't miss out on money for college!

Checklist of what to bring to the workshop;

FAFSA Applicants

- Your FSA ID
- 2017 Federal Tax Returns, W-2s, and/or proof of untaxed income
- Social Security Number
- Alien Registration Number, if applicable
- Dependent Students will need to provide the above mentioned items for parent(s)

CA Dream Act Applicants

- CADAA Log In (for returning users)
- 2017 Federal Tax Returns, W-2s, and/or proof of untaxed income
- Social Security Number or ITIN, if applicable
- Dependent Students will need to provide the above mentioned items for parent(s)

No RSVP necessary

TRANSFER

Transfer Options

Monday, October 1, 2018

1:30-2:30 pm

Alondra Room

Get on the road to transfer success by receiving an overview of your transfer options

ECC Scholarships

Wednesday, October 3, 2018

1:00-2:00 pm

Stadium Room

Receive step-by-step instructions on how to complete the ECC Scholarship application

College Application Support*

CSU Application*
Tuesday, October 23, 2018

10:00 -12:00 pm Distance Education

UC Personal Insight Overview* Thursday, October 25, 2018

> 1:00-2:00 pm Distance Education

UC Application*
Thursday, November 1, 2018

1:00-3:00 pm Distance Education

*Workshops will be facilitated by the Transfer Center. EOPS Advisor will be at these workshops. Receive EOPS transfer text message updates by texting @eopstransf to 81010.

No RSVP necessary

CARE

Social Basics 101*

Wednesday, September 19, 2018

1:00-2:00 pm MBA 418

Effective ways of communicating

Finding Balance*

Tuesday, October 9, 2018

1:00-2:00 pm

PE South 204

Helpful ways to manage the demands of work, school, and family

Healthy Boundaries in Relationships*

Thursday, November 15, 2018

1:00-2:00 pm PE South 204

Establishing healthy boundaries with friends, parents, loved ones & employers

Healthy Relationships & Love Languages*

Wednesday, December 5, 2018

1:00-2:00 pm MBA 418

Quality time? Gifts? Learn about what makes you and others feel loved

*Workshops will be facilitated by the Student Health Center. CARE Advisor will be at these workshops. Receive CARE text message updates by texting @careecc to 81010.

No RSVP necessary

