



El Camino College

**FOSTER AND KINSHIP
EDUCATION PROGRAM
SCHEDULE OF CLASSES
January - June 2018**



Kinship Caregiver Orientation

The Kinship Care Education Program is designed for grandparents, aunts, uncles or other extended family members who are caring for relatives' children. The Enhanced Kinship Orientation (four hours) program offers classes designed to meet the unique needs of kinship caregivers so that they are able to navigate the system.

Foster & Kinship Care Education Program (FKCE)

Pre-Service Trainings/Certifications

The FKCE program offers pre-service and recertification renewal for resource foster and kinship caregivers. Resource foster parents are required to complete coursework to maintain the certifications. There are four certifications for resources parents: B-Rate, D-Rate, F-Rate and W-Rate. Each certification requires mandated hours of training. Classes can only be used for one certification.

Specialized Foster Care Pre-Service (D-Rate)

Total 16 hours

This training is designed for Department of Children and Family Services (DCFS) resource foster care providers who are interested in caring for children living in out-of-home care with severe and persistent emotional and behavioral challenges.

The Department of Mental Health assesses these children to the status of D-Rate. The resource foster parents must be referred by a DCFS Child Social Worker (CSW) in order to attend the D-Rate Pre-Service Training. The resource foster parent must then complete the 16-hour D-Rate Pre-Service Training Program in order to qualify to receive the D-Rate incentive for the extraordinary costs they will incur while providing care of the children.

Medical Foster Care (F-Rate)

Total 16 hours

The F-Rate certification classes are designed for those Resource Foster Care providers who care for children who are medically fragile. Resource foster parents must have at least two years of experience as a foster parent and must be referred by the DCFS social worker in order to qualify for the training. Each resource parent will be certified by the DCFS Medi-Cal Placement Unit to complete the 16-hour F-Rate Pre-Service Training Program. Upon completing the training they will be eligible to receive the F-Rate incentive to cover the extraordinary costs incurred while providing services to the children in their care. DCFS approval must be obtained before new or additional children with special medical conditions can be placed in their foster homes. Priority enrollment is reserved for DCFS homes.

Whole Family Foster Care – SB500 (W-Rate)

Total 16 hours

The training is designed by the Department of Children and Family Services to prepare resource parents to mentor and care for pregnant and parenting teens.

The Foster and Kinship Education Program offers both pre-service classes for prospective resource foster and adoptive parents and continuing education for existing resource foster and kinship caregivers. The following provides an overview of our course offerings:

- Foster & Kinship Care Education (FKCE)
- Relative caregiver (kinship) and nonrelated family caregivers—enhanced orientation and other classes designed for caregivers
- D-Rate pre-service and continuing education classes
- F-Rate / medical foster care pre-services and continuing education classes
- W-Rate / whole family foster care pre-service and continuing education classes
- Renewal classes for B, D, F & W

Programs

Foster & Kinship Care Education (FKCE)

Kinship Orientation

Relative caregiver (kinship) and nonrelated family caregivers—enhanced orientation and other classes designed for caregivers.

Pre-Service

D-Rate pre-service and continuing education classes

F-Rate/medical foster care pre-services and continuing education classes

Whole family foster care for families parenting teens and continuing education classes

Renewal classes for; B, D, F & W Rate classes

Program Descriptions

Resource Family Approval (RFA)

This class is for prospective resource foster and adoptive parents.

Total of 20 hours

This program is the pre-service training mandated by the Department of Children and Family Services for all prospective foster and adoptive parents in Los Angeles County. The length of the training is 12 hours with eight hours preplacement training, facilitated by two professionals: an experienced resource parent, and a community college trainer. All participants must complete the orientation conducted by the Community Care Licensing Division (CCLD) for the State of California.

Renewal Classes

B-Rate, D-Rate, F-Rate and W-Rate Renewal Classes

- DCFS' -D-Rate foster care providers must complete 18 hours of D-Rate renewal classes.
- F-Rate foster care providers must complete 12 hours of F-Rate renewal classes.
- B-Rate foster care providers must complete 12 hours of B-Rate renewal classes.
- W-Rate / whole family foster care providers must complete 12 hours of W-Rate renewal classes.

Contact your social worker with any questions regarding your renewal dates.

Classes for Kinship Caregivers

Training is offered to assist relative and nonrelative caregivers adapt to new and/or continuing roles as caregivers. Relatives will gain a better understanding of the DCFS system and how it works, as well as receive information that will enhance their ability to be more effective accessing services and navigating the systems of care.



January 2018

Stress Reduction and Self-Esteem (B,D,F,W,K)
January 20, 2018 9:00 a.m. – 1:00 p.m.

Location: Stadium Room

Stress can make your life seem as if you are in the fast lane without an exit. Come and have fun learning about stress, what it can do to your body and how you can reduce the negative effects of stress on your body, mind and spirit.



February 2018

D-Rate Pre-Service Training Part I: DCFS Policy and Law (B,D,F,W,K)
February 3, 2018 9:00 a.m. – 5:30 p.m.

Location: ITEC 219

D-Rate Pre-Service Training Part II: Behavior Management and Resources (B,D,F,W,K)
February 10, 2018 9:00 a.m. - 5:30 p.m.

Location: ITEC 219

This class provides instruction to caregivers who are interested in caring for children who are assessed by the Department of Children and Family Services (DCFS) as D-Rate. D-Rate is for children who exhibit severe and persistent emotional and behavioral problems. You must be a foster parent who has been licensed for at least two years or directed by DCFS to take this training in order to be considered for D-Rate certification upon the completion of this class. **You must attend all classes to receive the certificate of completion.**



5 Love Languages (B,D,F,W,K)
February 24, 2018 9:00 a.m. - 1:00 p.m.
Location: Stadium Room

In this class participants will learn how to communicate more clearly with children under their care. According to the authors Gary Chapman and Ross Campbell, "For a child to feel love we must learn to speak his/her language. Every child has a special way of perceiving love." There are five ways children speak and understand emotional love. We will discuss these five languages.

F-Rate Pre-Service Training Part I: DCFS Policy (B,D,F,W,K)
February 24, 2018 9:00 a.m. – 5:30 p.m.

Location: ITEC 112

You will receive information about caring for children in foster care who are medically fragile. Instruction will be provided on DCFS F-Rate criteria, record keeping, medical equipment usage and behavior management. In order to be considered for F-Rate certification upon completion of the class, you must be a foster parent, have a medical background, or have been directed by DCFS to take this training. **You must attend all classes to receive the certificate of completion.**

March 2018

F-Rate Pre-Service Training Part II: Diagnosis and Prescription (B,D,F,W,K)
March 3, 2018 9:00 a.m. – 5:30 p.m.

Location: ITEC 219

Family Connections with Biological Parents (B,D,F,W,K)
March 10, 2018 9:00 a.m. – 1:00 p.m.

Location: Decathlon Room

This workshop will help participants understand the need for children to redefine and maintain connections with birth parents, siblings, and extended family members, as well as the challenges that those connections can present. Participants will be able to identify existing family connections and the need to strengthen family connections that have been broken.



Behavior Management (B,D,F,W,K)
March 24, 2018 9:00 a.m. – 1:00 p.m.
Location: ITEC 111

This class provides information to the caregiver as to reasons for acting out and how to manage the behavior. The difference between acting out and behavior disorder will be discussed along with tools to manage the behavior as well as resources.

April 2018

IEP (Individual Education Plan) Workshop (B,D,F,W,K)
April 7, 2018 9:00 a.m. – 1:00 p.m.
Location: Stadium Room

This training will focus on the Individuals with Disabilities Education Act . Learn the definition of special education. Learn the special education chain of command and how to navigate the system. Learn how to advocate for a child who is failing in school. Learn how specific behaviors may signal that a child may have a learning disability.

Prudent Parenting (B,D,F,W,K)
April 14, 2018 9:00 a.m. – 1:00 p.m.
Location: Stadium Room

Prudent Parenting Standards allows caregivers and foster youth to live their lives as normal as possible, eliminating such requirements as fingerprinting, CPR, first aid, etc. It creates a family-like setting and provides more support from family, friends, and the community.



D-Rate Pre-Service Training Part I: DCFS Policy and Law (B,DF,W,K)
April 21, 2018 9:00 a.m.. – 5:30 p.m.
Location: ITEC 111

D-Rate Pre-Service Training Part II: Behavior Management and Resources (B,D,F,W,K)
April 28, 2018 9:00 a.m. - 5:30 p.m.
Location: ITEC 111

This class provides instruction to caregivers who are interested in caring for children who are assessed by the Department of Children and Family Services (DCFS) as D-Rate. D-Rate is for children who exhibit severe and persistent emotional and behavioral problems. You must be a foster parent who has been licensed for at least two years or directed by DCFS to take this training in order to be considered for D-Rate certification upon the completion of this class. **You must attend all classes to receive the certificate of completion.**

Trauma & Reducing Its Effect on Caregivers (B,D,F,W,K)
April 28, 2018 9:00 a.m. – 1:00 p.m.
Location: Stadium Room

Trauma is not visible. Therefore, no one can see how a child has been affected. Trauma can creep up when it is least expected. This class will provide the tools needed to understand trauma, enabling participants to fully support youth and caregivers.



May 2018

ADHD and Other Mental Illnesses (B,D,F,W,K)

May 5, 2018 9:00 a.m. – 1:00 p.m.

Location: ITEC 111

Has a son/daughter been diagnosed with a mental disorder such as ADHD, ODD, PTSD, and what does all that really mean? This course will explore how mental health diagnoses affect caregivers, families and most importantly, children. This class will explore in great detail -the conditions that children appear to be most diagnosed with. This course will further discuss techniques, interventions and provide useful resources. This class is two-part series of classes designed to increase knowledge and understanding of the developmental stages of children.

Foster Youth and Sexuality (B,D,F,K,W)

May 19, 2018 9:00 a.m. – 1:00 p.m.

Location: Decathlon Room

This class will discuss average child sexual behavior versus behaviors of children who have been sexually abused. We will also explore the warning signs of sexual abuse and how to talk to your children about sex.

June 2018

AB-12 (B,D,F,W,K)

June 2, 2018 9:00 a.m. – 1:00 p.m.

Location: Stadium Room

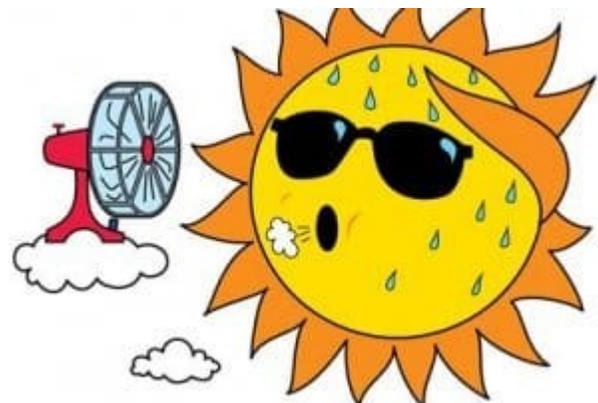
This class is designed for both relative and nonrelative caregivers. AB-12 legislation is now in effect. Youth over 18 who reside in your home are now considered young adults. You will be given tools to help manage their transition while residing with the family.

Creating an Effective Learning Environment (B,D,F,W,K)

June 16, 2018 9:00 a.m. – 1:00 p.m.

Location: Stadium Room

Participants will be able to: examine different types of learning environments, understand their learning styles and the learning styles of their child, be able to identify the least and most effective teaching style in their child's classroom, develop an effective learning environment for their child at home and identify the pros and the cons of music and learning.



**Children are NOT allowed
in the classroom.
Childcare is not provided.**

Name:	
Address:	
City, State, Zip:	
Email Address:	
Home Phone:	Work Phone:

Enrollment Information

To register for a class and/or to receive additional information, please call or email:

310-660-3593 ext. 3585 or fostercare55@elcamino.edu.

Location:

El Camino College
16007 Crenshaw Blvd.
Torrance, CA 90506
www.elcamino.edu

Class location:

Classes are conducted in the Bookstore Building and Industry Technology Education Center located on the Manhattan Beach Boulevard side of the El Camino College campus. Please check the schedule for class location.

Parking

Park in Lot D or B. Parking passes are \$3 and require exact change to purchase. They can be purchased at the kiosks located in parking Lot J or the Police Station located at the corner of Crenshaw and Redondo Beach boulevards.

Class Description	Date	Time

The El Camino Community College District is committed to providing an educational and employment environment in which no person is subjected to discrimination on the basis of actual or perceived race, color, ancestry, national origin, religion, creed, age (over 40), disability (mental or physical), sex, gender (including pregnancy and childbirth), sexual orientation, gender identity, gender expression, medical condition, genetic information, marital status, military and veteran status, or retaliation; or on any other basis as required by state and federal law.