

Youth Mental Health First Aid

Free Training Course to Help Youth in Need*

Sometimes first aid isn't a bandage or CPR.
Sometimes first aid is **YOU**.

YOUTH MENTAL HEALTH FIRST AID

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human service workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.



El Camino College

Saturday, November 18, 2017

9 a.m. – 5:30 p.m.

Stadium Room, 2nd Floor, Bookstore Bldg.

To register please go to:

https://www.surveymonkey.com/r/YMHFA_ElCamino



For more information, please contact either the Instructor, Theresa Reed at MHFA_get_trained@outlook.com or the Foster/Kinship Care Education office at 310-660-3593, ext. 3585

Take a course. Save a life. Strengthen your community.



*A \$170 value, this course is provided at no cost through the generous support of Providence St. Joseph Health

The information included in this course does not necessarily represent the views of Providence St. Joseph Health, its Board of Directors, staff, or its Board of Trustees.

For more information, visit www.MentalHealthFirstAid.org