

# STUDENT SUCCESS PROGRAM

### **OCTOBER 2019 WORKSHOPS**

#### SSP 1 WORKSHOPS

TUESDAY, 10/1 e 11AM
THURSDAY, 10/3 e 4PM
WEDNESDAY, 10/9 e 5PM
THURSDAY, 10/10 e 3:30PM
TUESDAY, 10/15 e 1PM
WEDNESDAY, 10/16 e 6PM
WEDNESDAY, 10/23 e 11AM
THURSDAY, 10/24 e 11AM
TUESDAY, 10/29 e 12PM
WEDNESDAY, 10/30 e 4PM

Spaces are limited! To sign-up, please call (310) 660-3593, x7800 or email us at studentsuccess@elcamino.edu.

The El Camino Community College District is committed to providing an educational and employment environment in which no person is subjected to discrimination on the basis of actual or perceived race, color, ancestry, national origin, religion, creed, age (over 40), disability (mental or physical), sex, gender (including pregnancy and childbirth), sexual orientation, gender identity, gender expression, medical condition, generic information, marital status, military and veteran status, or retaliation, or on any other basis as required by state and federal laws.



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### **OCTOBER 2019 WORKSHOPS**

SSP 2 WORKSHOPS

BALANCING SCHOOL & LIFE - WEDNESDAY, 10/2 @ 12:30PM UTILIZING LISTENING & READING STRATEGIES FOR MORE EFFECTIVE NOTE-TAKING - TUESDAY, 10/8 @ 1PM CHOOSING A MAJOR - WEDNESDAY, 10/9 @ 11AM MOTIVATION TO SUCCESS - MONDAY, 10/14 @ 10AM STRESS MANAGEMENT - THURSDAY, 10/17 @ 3PM TEST TAKING STRATEGIES & PREPARATION TIPS - TUESDAY, 10/22 @ 2PM

TIME MANAGEMENT - WEDNESDAY, 10/23 @ 5PM GOAL SETTING - THURSDAY 10/24 @5:30PM PROCRASTINATE NO MORE! -MONDAY, 10/28 @ 1PM STRESS MANAGEMENT - THURSDAY, 10/31 @ 1PM

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FALL 2019 DROP-IN HOURS

ARE YOU ON ACADEMIC OR PROGRESS PROBATION? DROP-IN COUNSELING/ADVISING IS AVAILABLE ON A FIRST-COME, FIRST-SERVE BASIS!

SESSIONS MAY BE UP TO 15 MINUTES

Mondays: 10-11am and 3-4pm Xiao Wang, Counselor
Tuesdays: 10-11am and 4-5pm Angie Hagan, Advisor
Wednesdays: 8-9am and 12:30-1:30pm Dora Miranda, Counselor
Thursdays: 11-12pm and 4-5pm Martha Perez, Advisor

#### **DURING THE SESSION, YOU CAN:**

ASK ANY QUESTIONS REGARDING PROBATION
DEVELOP A PROBATION CONTRACT WITH COUNSELORS
GET ADVISE ON FUTURE CLASSES WITH COUNSELORS
GET REFERRALS TO ON/OFF CAMPUS RESOURCES

Student Services Center - 2nd Floor - Counseling
For more information, please call 310-660-3593 ext. 7800. You can also
email your questions to studentsuccess@elcamino.edu



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