

# FOSTER AND KINSHIP EDUCATION PROGRAM SCHEDULE OF CLASSES October - December 2017



The Foster and Kinship Education Program offers both pre-service classes for prospective resource foster and adoptive parents and continuing education for existing resource foster and kinship caregivers. The following provides an overview of our course offerings:

- Foster & Kinship Care Education (FKCE)
- Relative caregiver (kinship) and non-related family caregivers—enhanced orientation and other classes designed for caregivers
- D-Rate pre-service and continuing education classes
- F-Rate / medical foster care pre-services and continuing education classes
- W-Rate / whole family foster care pre-service and continuing education classes
- Renewal classes for B, D, F & W

### **Programs**

### Foster & Kinship Care Education (FKCE)

Kinship Orientation

Relative caregiver (kinship) and non-related family caregivers—enhanced orientation and other classes designed for caregivers.

### **Pre-Service**

D-Rate pre-service and continuing education classes

F-Rate / medical foster care pre-services and continuing education classes

Whole family foster care for families parenting teens and continuing education classes

Renewal classes for; B, D, F & W Rate classes

### **Program Descriptions**

### **Resource Family Approval (RFA)**

This class is for prospective resource foster and adoptive parents.

### Total of 20 hours

This program is the pre-service training mandated by the Department of Children and Family Services for all prospective foster and adoptive parents in Los Angeles County. The length of the training is 12 hours with eight hours pre-placement training, facilitated by two professionals: an experienced resource parent, and a community college trainer. All participants must complete the orientation conducted by the Community Care Licensing Division (CCLD) or the State of California.

### **Kinship Caregiver Orientation**

The Kinship Care Education Program is designed for grandparents, aunts, uncles or other extended family members who are caring for relatives' children. The Enhanced Kinship Orientation (four hours) program offers classes designed to meet the unique needs of kinship caregivers so that they are able to navigate the system.

### **Foster & Kinship Care Education Program (FKCE)**

### Pre Service Trainings/Certifications

The FKCE program offers pre-service and recertification renewal for resource foster and kinship caregivers. Resource foster parents are required to complete coursework to maintain the certifications. There are four certifications for resources parents: B-Rate, D-Rate, F-Rate and W-Rate. Each certification requires mandated hours of training. Classes can only be used for one certification.

### **Specialized Foster Care Pre-Service (D-Rate)**

### Total 16 hours

This training is designed for Department of Children and Family Services (DCFS) resource foster care providers who are interested in caring for children living in out-of-home care with severe and persistent emotional and behavioral challenges.

The Department of Mental Health assesses these children to the status of D-Rate. The resource foster parents must be referred by a DCFS Child Social Worker (CSW) in order to attend the D-Rate Pre-Service Training. The resource foster parent must then complete the 16-hour D-Rate Pre-Service Training Program in order to qualify to receive the D-Rate incentive for the extraordinary costs they will incur while providing care of the children.

# **Medical Foster Care (F-Rate)**

### Total 16 hours

The F-Rate certification classes are designed for those Resource Foster Care providers who care for children who are medically fragile. Resource foster parents must have at least two years of experience as a foster parent and must be referred by the DCFS social worker in order to qualify for the training. Each resource parent will be certified by the DCFS Medi-Cal Placement Unit to complete the 16-hour F-Rate Pre-Service Training Program. Upon completing the training they will be eligible to receive the F-Rate incentive to cover the extraordinary costs incurred while providing services to the children in their care. DCFS approval must be obtained before new or additional children with special medical conditions can be placed in their foster homes. Priority enrollment is reserved for DCFS homes.

### Whole Family Foster Care – SB500 (W-Rate)

### Total 16 hours

The training is designed by the Department of Children and Family Services to prepare resource parents to mentor and care for pregnant and parenting teens.

### **Renewal Classes**

# B-Rate, D-Rate, F-Rate and W-Rate Renewal Classes

- DCFS' D-Rate foster care providers must complete 18 hours of D-Rate renewal classes.
- F-Rate foster care providers must complete 12 hours of F-Rate renewal classes.
- B-Rate foster care providers must complete 12 hours of B-Rate renewal classes.
- W-Rate / whole family foster care providers must complete 12 hours of W-Rate renewal classes.

Contact your social worker with any questions regarding your renewal dates.

### **Classes for Kinship Caregivers**

Training is offered to assist relative and non-relative caregivers adapt to new and/or continuing roles as caregivers. Relatives will gain a better understanding of the DCFS system and how it works, as well as receive information that will enhance their ability to be more effective accessing services and navigating the systems of care.



# October 2017

Understanding the Written Directives Guidelines (B,D,F,W,K)

October 7, 2017 9:00 a.m. -5:30 p.m.

Location: Stadium Room

This class is designed to help prevent allegations through the awareness and understanding of the Written Directives guidelines and requirements to ensure the safety and well being of the foster youth.

Commercial Sexual Exploitation of Children: Awareness & Identification (B,D,F,W,K) October 14, 2017 9:00 a.m. -1:00 p.m.

Location: Alondra Room

Commercial Sexual Exploitation of Children: Awareness & Identification is an interactive training that will provide participants with awareness of the intersection of sex trafficking and children in the child welfare system. It will uncover the psychological and family dynamics that drive the ongoing maltreatment and victimization of children and young adults by sex traffickers.

D-Rate Pre-Service Training D-Rate Pre-Service Training Part I: DCFS Policy and Law

October 21, 2017 9:00 a.m. - 5:30 p.m.

Location: Stadium Room

D-Rate Pre-Service Training Part II: Behavior Management and Resources

October 28, 2017 9:00 a.m. - 5:30 p.m.

Location: Stadium Room

This class provides instruction to caregivers who are interested in caring for children who are assessed by the Department of Children and Family Services (DCFS) as D-Rate. D-Rate is for children who exhibit severe and persistent emotional and behavioral problems. You must be a foster parent who has been licensed for at least two years or directed by DCFS to take this training in order to be considered for D-Rate certification upon the completion of this class. You must attend all classes to receive the certificate of completion.





# November 2017

# December 2017

Kinship Orientation (B,D,F,W,K)

November 4, 2017 9:00 a.m. -1:00 p.m.

Location: Stadium Room

This program provides an overview of the process in December 2, 2017 which a relative caregiver needs to go through in Location: Stadium Room order to care for relatives who are dependents of the court and are placed in out-of-home care.

# Youth Mental Health First Aid Certification (B,D,F,W,K)

November 18, 2017 9:00 a.m. - 5:30 p.m.

Location: Stadium Room

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.



Working With the Juvenile Court System (B,D,F,W,K)

9:00 a.m. -1:00 p.m.

Do you know the legal process that a child in the dependency system must follow? Are you aware that you, as the caregiver can file your own report with the court and petition to have "standing" and your own court-appointed attorney? Do you know the difference between WIC 366.26, 388 and 366.21 hearings? Please bring your questions and concerns to this class, which will clarify the many facets of the Juvenile Dependency Court System.

Visitation (B,D,F,W,K)

December 2, 2017 1:30-4:30 p.m.

Location: Stadium Room

Children of all ages can feel anxious prior to visiting their birth parents for a variety of reasons: confused emotions, fear the parents won't show and fear of what will happen. Common behaviors, like clinging, acting out, and regressing often appear at this time. This class will give tips on how to talk with children about their fears. We will also discuss the importance of helping the child prepare for visits, healthy stress management, coping with inconsistent visits, no-show parents, empathy for birth parents and foster parent/birth parent interactions during visits.

Stress Reduction and Self-Esteem (B,D,F,W,K) December 9, 2017 9:00 a.m. -1:00 p.m.

Location: Stadium Room

Stress can make your life seem as if you are in the fast lane without an exit. Come and have fun learning about stress, what it can do to your body and how you can reduce the negative effects of stress on your body, mind and spirit.

Name:	
Address:	
City, State, Zip:	
Email Address:	
Home Phone:	Work Phone:

Class Description	Date	Time

# Children are NOT allowed in the classroom. Childcare is not provided.

### **Enrollment Information**

To register for a class and/or to receive additional information, please call or email:

310-660-3593 ext. 3585 or <u>fostercare55@elcamino.edu.</u>

### Location:

El Camino College 16007 Crenshaw Blvd. Torrance, CA 90506 www.elcamino.edu

### Class location:

Classes are conducted in the Bookstore Building and Industry Technology Education Center located on the Manhattan Beach Boulevard side of the El Camino College campus. Please check the schedule for class location.

### **Parking**

Park in Lot D, C or B. Parking passes are \$3 and require exact change to purchase. They can be purchased at the kiosks located in the parking lots or the Police Station located at the corner of Crenshaw and Redondo Beach boulevards.

