



El Camino College
COURSE OUTLINE OF RECORD – Official

Subject:	DANC
Course Number:	162B
Descriptive Title:	Beginning Hip Hop Dance B
Division:	Arts, Media & Entertainment
Department:	Dance
Course Disciplines:	Academic Strategies
Catalog Description:	This course is the second level of Hip Hop Dance in which students explore various forms within the Hip Hop dance genre and continue to work on elements of Hip Hop technique including footwork, body isolation, weight distribution and retention, execution and expression of a choreographic phrase. Students will also analyze the cultural and social dimensions of Hip Hop dance and examine its historical roots.
Prerequisite:	Dance 162A with a minimum grade of C or higher
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	1
Hours Laboratory (per week):	3
Outside Study Hours:	2
Total Course Hours:	72
Course Units:	2
Grading Method:	Letter Grade and Pass/No Pass
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	FA 2026
Transfer UC:	Yes
Effective Date:	pending
General Education ECC:	Area 5 - Health and Physical Education
Term:	
Other:	
CSU GE:	
Term:	
Other:	
IGETC:	
Term:	
Other:	

CalGETC:	
Term:	
Other:	
Student Learning Outcomes:	Upon successful completion of this course, students will be able to: 1. Demonstrate movement sequences of specific Hip-Hop dance vocabulary including grooves, footwork, body isolations, and rhythm-based movements. 2. Explain the history, origins, and cultural significance of Hip-Hop dance culture. 3. Create original Hip Hop choreographic phrases and freestyle sequences by applying knowledge of theme, variation and transition.
Course Objectives:	1. Develop strength and coordination through practice of Hip Hop dance movement and choreography. 2. Demonstrate rhythmic ability and musicality while performing Hip Hop movement combinations. 3. Evaluate and execute Hip Hop movements on sagittal, frontal and transverse movement planes. 4. Build proficiency in the replication and creative adaptation of an original Hip Hop dance phrase. 5. Reflect on the history, origins, and cultural significance of Hip Hop culture and dance. 6. Collaborate effectively in group settings, developing communication, leadership, and ensemble skills through partner work and group choreography projects. 7. Evaluate a Hip Hop performance in terms of choreography, music, performance of dancers, and theatrical elements. 8. Write concert critiques on live dance concerts.
Major Topics:	I. Understanding Codified Terminology and Vernacular Vocabulary (12 hours, lecture) A. Evolution of Social Variations B. Identification of Vernacular styles within Hip Hop C. Steps and Sequences - Choreographic Terms II. Technical Skills (12 hours, lab) A. Strength, Body Isolation, Flexibility, B. Coordination of multi-rhythmic sequences C. Musicality and Phrasing III. Choreographic Process (10 hours, lab) A. Space, Time, and Energy components developed individually and in combinations B. Collaborative Construction of Original Phrase Work in Groups C. Creation of Variations on a given Movement Theme D. Practice of Transitions between sequences IV. Technical execution and performance artistry (16 hours, lab) A. Theatrical elements of Hip Hop dance B. Emotional Expression Vs. Stoic Expression C. Developing artistic choices within phrasework VI. Hip Hop Dance utilized in different genres of Commercial and Concert Dance (16 hours, lab) A. Street Dance B. Musical Theater Dance C. Music Video/Commercial Dance D. Theatrical Jazz/Contemporary Dance E. Television and Film F. Theme Parks G. Cruise Ships H. Competition

	VII. Choreographic Analysis (6 hours, lecture) A. Analyze a Hip Hop Dance in a live concert or competition B. Analyze Hip Hop Dance from another culture (other than American) C. Analyze a Hip Hop Dance created for film or television D. Analyze New Variations of different forms within the Hip Hop Genre
Total Lecture Hours:	18
Total Laboratory Hours:	54
Total Hours:	72
A.1. Primary Methods of Evaluation (Part 1 - CCN courses only):	
Primary Method of Evaluation:	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	Memorize a Hip Hop dance sequence and create three variations on the phrase. Use original transitions to move from one varied phrase to the next during an in class skills demonstration.
Critical Thinking Assignment 1:	Analyze a live Hip Hop performance or battle and write a paper reflecting on the different Hip Hop styles, vocabulary and techniques utilized throughout.
Critical Thinking Assignment 2:	Create a three-minute group dance based on the history of the Hip Hop and its roots. Include movement vocabulary and choreographic structures that were utilized during the early development of Hip Hop dance.
Other Evaluation Methods:	Class Performance, Performance Exams, Presentation, Term or Other Papers
If Other:	
Instructional Methods:	Demonstration, Discussion, Lab, Lecture, Multimedia presentations
If other:	
Work Outside of Class:	Journal (done on a continuing basis throughout the semester), Observation of or participation in an activity related to course content (such as theatre event, museum, concert, debate, meeting)
If Other:	
Up-To-Date Representative Texts:	no textbook
Alternative Texts:	
Required Supplementary Readings:	Dance Articles
Other Required Materials:	
Requisite	Prerequisite
Category	sequential
Requisite course:	Dance 162A Beginning Hip Hop Dance A
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding	An Understanding of Beginning Hip Hop Dance Movement 1. Develop strength, coordination and rhythmic ability in executing technical skills of Hip Hop dance. 2. Demonstrate the ability to perform simple Hip Hop movement combinations. Understanding Spatial Awareness in Hip Hop Dance

course objective under each skill(s).	1. Evaluate movements in terms of space, time, and force reproducing them accurately through the movement of one's own body. Analyze and Evaluate the history and influence of Hip Hop Dance 1. Define a brief history of Hip Hop dance. 2. Describe the influences Hip Hop dance has had on the American culture and cultures abroad. 3. Evaluate a Hip Hop performance in terms of choreography, music, performance of dancers, and theatrical elements.
Requisite Skill:	
Requisite Skill and Matching skill(s): Bold the requisite skill(s), if applicable	
Requisite course:	
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).	
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Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Elizabeth Adamis
Date:	10/19/2025
Original Board Approval Date:	12/16/2025
Effective Term:	Fall 2026