



El Camino College
COURSE OUTLINE OF RECORD – Official

Subject:	PAR
Course Number:	502
Descriptive Title:	Parent/Caregiver and Child Play Group
Division:	Behavioral and Social Sciences
Department:	Childhood Education
Course Disciplines:	Child Development, Early Childhood Education
Catalog Description:	This open entry/open exit noncredit course offers an opportunity for parents /caregivers to attend class with their child (ages 0-5). During class, parents/caregivers and their children, will engage in free play, developmentally appropriate activities, music time and story time. Instructor led and student led discussions will be included throughout the course. Topics in the course include: parent/caregiver/child interactions, setting up activities, play, communication, guidance and discipline.
Prerequisite:	None
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	1.33
Hours Laboratory (per week):	0
Outside Study Hours:	2.66
Total Course Hours:	24
Course Units:	0
Grading Method:	Pass/No Pass/SP
Credit Status:	Non Credit
Transfer CSU:	No
Effective Date:	
Transfer UC:	No
Effective Date:	
General Education ECC:	
Term:	
Other:	
CSU GE:	
Term:	
Other:	
IGETC:	
Term:	

Other:	
Student Learning Outcomes:	<p>SLO #1 Parent/Caregiver Interactions</p> <p>Students will identify positive/supportive interactions between parents/caregivers and children.</p> <p>SLO #2 Importance of Play</p> <p>Students will explain the importance of play in the lives of young children.</p> <p>SLO #3 Developmentally Appropriate Activities</p> <p>Students will describe different types of developmentally appropriate activities for children ages 0-5.</p>
Course Objectives:	<ol style="list-style-type: none"> 1. Reflect on children’s developmental abilities. 2. Describe the importance of developmentally appropriate materials for children. 3. Understand the role of the environment in children’s development. 4. Model positive interactions between parents/caregivers and children. 5. Explain the importance of books for early literacy. 6. Describe music activities for children ages 0-5. 7. Explain conflict resolution. 8. Describe the developmental journey of “sharing” 9. Explain the differences between guidance and discipline 10. Responsive/empathetic parenting/caregiving
Major Topics:	<ol style="list-style-type: none"> I. Child development (3 hours, lecture) <ol style="list-style-type: none"> A. Milestones B. Brain Development C. Separation anxiety and stranger anxiety D. Sharing II. Responsive/empathetic parenting/caregiving (4 hours, lecture) <ol style="list-style-type: none"> A. Reactive parenting B. Determining children’s needs C. Stress relief for parents/caregivers III. Positive interactions (4 hours, lecture) <ol style="list-style-type: none"> A. Intentional and not reactive B. The importance of communication <ol style="list-style-type: none"> 1. Early literacy 2. Sportscasting as a parent 3. Behavior as a form of communication C. Sense of humor D. Working through challenging scenarios

	<p>IV. Developmentally appropriate materials and activities (4 hours, lecture)</p> <p>A. Books</p> <ol style="list-style-type: none"> 1. Importance of daily reading 2. What makes a good children’s book <p>B. Materials (Toys)</p> <ol style="list-style-type: none"> 1. Open ended 2. Using recycled materials <p>C. Music and Movement</p> <ol style="list-style-type: none"> 1. Traditional children’s songs 2. Making up songs 3. Free Dance/Movement opportunities <p>V. Play (3 hours, lecture)</p> <ol style="list-style-type: none"> A. Importance for daily opportunities B. Different types of play C. Child led D. Adult led E. Children’s play with peers <p>VI. Understanding guidance and discipline (4 hours, lecture)</p> <ol style="list-style-type: none"> A. Purpose of guidance B. Purpose of discipline C. Possible long-term effects of using guidance D. Possible long-term effects of using discipline E. Working toward nonviolent parenting/caregiving <p>VII. Conflict resolution (2 hours, lecture)</p> <ol style="list-style-type: none"> A. Understanding different cultural perspectives B. Benefits and disadvantages
Total Lecture Hours:	24
Total Laboratory Hours:	0
Total Hours:	24
Primary Method of Evaluation:	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	Students will demonstrate their understanding of conflict resolution alongside their child.
Critical Thinking Assignment 1:	With a partner, students will role play examples of positive interactions between parents/caregivers and children.

Critical Thinking Assignment 2:	Students will be assigned different play group areas to set up (blocks, manipulatives, art area, etc.).
Other Evaluation Methods:	Class Performance, Journal kept throughout course, Presentation, True/False
If Other:	
Instructional Methods:	Demonstration, Discussion, Group Activities, Guest Speakers, Lecture, Role play/simulation
If other:	
Work Outside of Class:	Journal (done on a continuing basis throughout the semester), Observation of or participation in an activity related to course content (such as theatre event, museum, concert, debate, meeting), Skill practice
If Other:	
Up-To-Date Representative Textbooks:	Tsabary, Shefali. Out of Control. Namaste, 2014 (Discipline Standard)
Alternative Textbooks:	
Required Supplementary Readings:	
Other Required Materials:	
Requisite	
Category	
Requisite course:	
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).	
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Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Cynthia Cervantes
Date:	10/24/2022
Original Board Approval Date:	12/18/2023 effective SP 2024