



El Camino College
COURSE OUTLINE OF RECORD – Official

Course Acronym:	COSM
Course Number:	2A
Descriptive Title:	Intermediate Cosmetology
Division:	Industry and Technology
Department:	Cosmetology
Course Disciplines:	Cosmetology
Catalog Description:	The intermediate principles and practical operations of cosmetology equipment, procedures and techniques will be studied. The course is designed as an intensive, multi-disciplinary workshop in the most common cosmetology processes. Lectures focus on intermediate theories of the practice of cosmetology and application. The lab supports cosmetology students with skills, techniques, safety practices, and sanitation procedures according to the California State Board of Barbering and Cosmetology. Students will be introduced to performing intermediate cosmetology procedures on clients in a salon setting.
Prerequisite:	Cosmetology 1 or Cosmetology 10 and Cosmetology 11 with a minimum grade of C or equivalent
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	3
Hours Laboratory (per week):	15
Outside Study Hours:	6
Total Course Hours:	324
Course Units:	8
Grading Method:	Letter Grade only
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	Fall 2015
Transfer UC:	No
Effective Date:	
General Education: ECC	
Term:	

	Other:	
	CSU GE:	
	Term:	
	Other:	
	IGETC:	
	Term:	
	Other:	
	CalGETC:	
	Term:	
	Other:	
Student Learning Outcomes:	SLO #1 Hair Color The students will apply hair color on a client. Students will read manufacturer's instructions; set up their work area and proceed with guidelines presented in class. Students are to follow criteria set forth by the State Board of Barbering and Cosmetology. SLO #2 Demonstrate Four Section Demonstrate given instructions in procedures and demonstrations, students will apply hair color. Students will demonstrate four section on client, choose appropriate color, evaluate manufactures timing, rinse color from hair, and clean up. SLO #3 Hair Bleach Students will apply hair bleach on a client by using a professional decolorization product.	
Course Objectives:	1. Correctly answer objective questions on cosmetology safety practices and sanitation procedures. 2. Demonstrate the methods of sectioning for a hair color. 3. Describe the procedures used in hair cutting including layering and blunt cuts. 4. Classify the types of hair lighteners and tints. 5. Identify the methods used for treating dry and oily hair. 6. Demonstrate the methods used for neutralizing hair. 7. Describe the steps used in roller setting. 8. Demonstrate a manicure on a client. 9. Compare and contrast the methods used for a facial. 10. Understand and practice health and safety guidelines.	
Major Topics:	I. INTERMEDIATE SCALP TREATMENT (4 hours, lecture) A. Sanitation and disinfection B. Table set up and tools C. Product knowledge D. Client consultation E. Scientific hair brushing F. Shampoo and conditioning G. Scalp massage H. Health and Safety/Communicable Diseases I. Health and Safety/California Board of Barbering and Cosmetology	

II. INTERMEDIATE SCALP TREATMENTS (14 hours, lab)

- A. Sanitation and disinfection
- B. Table set up and tools
- C. Product knowledge
- D. Client consultation
- E. Scientific hair brushing
- F. Shampoo and conditioning
- G. Scalp massage
- H. Health and Safety/Communicable Diseases

III. INTERMEDIATE HAIR STYLING (5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Facial shapes
- G. Finger wave and pin curl
- H. Roller sets and comb outs
- I. Hair pressing and curling
- J. Thermal curling
- K. Blow dry styling
- L. Formal styling
- M. Creative styling
- N. Braids, weaves, wigs
- O. Health and Safety/Ergonomics

IV. INTERMEDIATE HAIR STYLING (67 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Facial shapes
- G. Finger wave and pin curl
- H. Roller sets and comb outs
- I. Hair pressing and curling
- J. Thermal curling
- K. Blow dry styling
- L. Formal styling
- M. Creative styling
- N. Braids, weaves, wigs
- O. Health and Safety/Ergonomics

V. INTERMEDIATE PERMANENT WAVING (10 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools

- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Methods of sectioning
- H. Base placement
- I. Wrapping techniques
- J. Selection of rod size
- K. Types of permanent waves
- L. Health and Safety/Safety Data Sheets

VI. INTERMEDIATE PERMANENT WAVING (62 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Action of chemicals
- G. Methods of sectioning
- H. Base placement
- I. Wrapping techniques
- J. Selection of rod size
- K. Types of permanent waves
- L. Health and Safety/Safety Data Sheets

VII. INTERMEDIATE OF CHEMICAL RELAXING (5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair and scalp analysis
- G. Chemical application and smoothing
- H. Neutralizing
- I. Relaxer strengths
- J. Types of relaxers
- K. Other straightening techniques
- L. Health and Safety/Safely Using Chemicals

VIII. INTERMEDIATE CHEMICAL RELAXING (13 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Hair and scalp analysis
- G. Chemical application and smoothing
- H. Neutralizing
- I. Relaxer strengths
- J. Types of relaxers

- K. Other straightening techniques
- L. Health and Safety/ Safely Using Chemicals
- M. Health and Safety/Protection From Hazardous Chemicals

IX. INTERMEDIATE HAIR CUTTING (10 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Four basic hair cuts
- G. Cutting fringe
- H. Razor cutting
- I. Clipper cutting
- J. Tool maintenance
- K. Health and Safety/Workers' Rights

X. INTERMEDIATE HAIR CUTTING (26 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Four basic hair cuts
- G. Cutting fringe
- H. Razor cutting
- I. Clipper cutting
- J. Tool maintenance
- K. Health and Safety/ Workers' Rights

IX. INTERMEDIATE HAIR COLORING AND BLEACHING (10 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Predisposition test
- G. Hair structure analysis
- H. Level system
- I. Types of color and lighteners
- J. Decolorizing process and toning
- K. Tinting to darker or lighter shade
- L. High lighting techniques
- M. Formulating color
- N. Strand testing
- O. Hair color correction
- P. Removing hair color
- Q. Health and Safety/Physical and Sexual Abuse

X. INTERMEDIATE HAIR COLORING AND BLEACHING (62 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Predisposition test
- G. Hair structure analysis
- H. Level system
- I. Types of color and lighteners
- J. Decolorizing process and toning
- K. Tinting to darker or lighter shade
- L. High lighting techniques
- M. Formulating color
- N. Strand testing
- O. Hair color correction
- P. Removing hair color
- Q. Health and Safety/ Physical and Sexual Abuse

XI. PRINCIPLES OF FACIAL TREATMENTS (5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Facial for acne pack
- G. Hot oil mask
- H. Methods of massage
- I. Make-up procedures
- J. Health and Safety/Communicable Diseases

XII. PRINCIPLES OF FACIAL TREATMENTS (13 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Client consultation
- F. Facial for acne pack
- G. Hot oil mask
- H. Methods of massage
- I. Make-up procedures
- J. Health and Safety/Communicable Diseases

XIII. PRINCIPLES OF MANICURING AND PEDICURING (5 hours, lecture)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge

	E. Client consultation F. Procedure for plain manicure G. Pedicure H. Artificial nails, tips, and nail repair I. Health and Safety/Hazardous Chemicals XIV. PRINCIPLES OF MANICURING AND PEDICURING (13 hours, lab) A. Safety practices B. Sanitation and disinfection C. Table set up and tools D. Product knowledge E. Client consultation F. Procedure for plain manicure G. Pedicure H. Artificial nails, tips, and nail repair I. Health and Safety/Communicable Diseases
Total Lecture Hours:	54
Total Laboratory Hours:	270
Total Hours:	324
A.1. Primary Methods of Evaluation (Part 1 - CCN courses only):	
A.2. Primary Method of Evaluation (Part 2 - all courses; choose one):	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	Complete a manicure on a client using the ten steps of manicuring. After the manicure is completed, consult instructor for evaluation.
Critical Thinking Assignment 1:	Apply a facial to a client using the five movements used in massage. Complete skin analysis form and submit to the instructor.
Critical Thinking Assignment 2:	Prepare a client for a razor cut with 1/2-inch guideline. After razor cut is completed, consult instructor for evaluation.
Other Evaluation Methods:	Other Exams Laboratory Reports Class Performance Homework Problems Multiple Choice Completion Matching Items

	True/False
Instructional Methods:	Demonstration Discussion Field Trips Group Activities Guest Speakers Internet Presentation/Resources Laboratory Lecture Multimedia Presentations Role Play
If other:	Internet Presentation/Resources
Work Outside of Class:	Study Required reading Written work (such as essay/composition/report/analysis/research)
If Other:	
Up-To-Date Representative Texts:	Milady. <u>Milady Standard Cosmetology</u>. 14TH edition. Cengage. 2023 Milady, <u>Standard Foundations</u>, Cengage, 2020
Alternative Texts:	BarberCosmo Board of Barbering and Cosmetology, <u>Health and Safety Course</u> , California Board of Barbering and Cosmetology, 2025 – handouts
Required Supplementary Readings:	
Other Required Materials:	Blow dryer Brushes: Denman, vent, styling Clips: coif (box of 12), curl (box of 100) Combs: finger wave, haircutting, styling, tail Curling iron Cuticle nipper with case Emery board (box of 5)

	Gloves, rubber Mannequin head Hair shaper with blades Pressing comb, Marcel curling irons Electric curling iron Orange wood sticks Nail: brush, file, tips, wrap kit Nail polish kit Notebook, paper, pen, pencil Perm rods (5 dozen) Roller bag Shampoo cape Shears: haircutting, thinning, razor Shoes, black Smock, black Spatula Stand Steel Pusher Triangle net Tweezers Facial kit, Make up Hair removal kit
Requisite:	Prerequisite
Category:	sequential
Requisite course(s): List both prerequisites and corequisites in this box.	Cosmetology 1 or

	Cosmetology 10 and Cosmetology 11
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).	Upon entering this course, the students must be able to perform the following procedures: permanent waving, wet and thermal styling, scalp treatments, chemical relaxing, hair coloring, hair cutting, manicuring, pedicuring and facials. COSM 1 - Correctly answer objective questions on cosmetology safety practices and sanitation procedures. COSM 10 - Correctly answer objective questions on cosmetology safety practices and sanitation procedures. COSM 11 - Correctly answer objectives questions on cosmetology safety practices and sanitation procedures. COSM 1 - Identify the principles of wet and thermal settings. COSM 10 - Apply the principles of thermal styling on a mannequin head. COSM 11 - Apply the principles of thermal styling. COSM 10 - Apply the principles of thermal styling on a gloria head. COSM 10 - Demonstrate the techniques of permanent waving. COSM 1 - Demonstrate the techniques of permanent waving. COSM 10 - Demonstrate the techniques of permanent waving. COSM 11 - Demonstrate the techniques of permanent waxing with increased proficiency. COSM 11 - Demonstrate the process of chemical relaxing with increased proficiency. COSM 10 - Demonstrate the process of chemical relaxing. COSM 10 - Describe the principles of scalp treatments. COSM 11 - Describe the principles of scalp treatments with increased proficiency. COSM 1 - Analyze and apply hair coloring and bleaching products. COSM 11 - Apply polish in conjunction with giving a manicure and pedicure. COSM 11 - Demonstrate a basic haircut. COSM 1 - Demonstrate the basic techniques of hair cutting. COSM 11 - Apply hair color to a mannequin head. COSM 1 - Demonstrate the process of a manicure and a pedicure.

	COSM 11 - Analyze and identify three types of facial shapes.
	COSM 1 - Perform a facial treatment.
Requisite Skill:	Or equivalent
Requisite Skill and Matching Skill(s): Bold the requisite skill(s). If applicable	If students have not taken Cosmetology 1 or 10 and 11 but have taken similar courses at another college or have completed at least 399 hours of cosmetology, students will have the skills needed to take this course. Students must have experience in cosmetology practices or they will not be able to succeed in this course. In accordance with the State Board of Cosmetology the sequence of Cosmetology 1 or 10 and 11 are necessary before entering 2A. The sequence of 2A then 2B, and 2C are set forth by the State Board according to the progression of the 1600 hours required for state testing.
Requisite course:	
Requisite and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s).	
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Requisite Skill and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable	
Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Patricia Gebert
Date:	09/04/2014
Original Board Approval Date:	02/17/2015
Last Reviewed and/or Revised by:	Charlene Brewer-Smith
Date:	04/30/2025
Last Board Approval Date:	06/26/2025
Effective Term:	FA 2026