



El Camino College
COURSE OUTLINE OF RECORD – Official

Course Acronym:	COSM
Course Number:	2C
Descriptive Title:	Advanced Cosmetology and Introduction to State Board Review
Division:	Industry and Technology
Department:	Cosmetology
Course Disciplines:	Cosmetology
Catalog Description:	This course is an advanced study of cosmetology practices. Lectures focus on advanced cosmetology theories. Emphasis is placed on mastery of the necessary cosmetology concepts, principles and skills on clients in a salon setting to pass the California State Licensing exam for Cosmetology. Students will also receive an introduction to prepare for the California State Board of Barbering and Cosmetology, which includes written and practical exams. Simulated state board exams will be administered.
Prerequisite:	Cosmetology 2B with a minimum grade of C or equivalent
Co-requisite:	
Recommended Preparation:	
Enrollment Limitation:	
Hours Lecture (per week):	3
Hours Laboratory (per week):	15
Outside Study Hours:	6
Total Course Hours:	324
Course Units:	8
Grading Method:	Letter Grade only
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	Fall 2015
Transfer UC:	No
Effective Date:	
General Education: ECC	
Term:	
Other:	
CSU GE:	
Term:	

	Other:	
	IGETC:	
	Term:	
	Other:	
	CalGETC:	
	Term:	
	Other:	
Student Learning Outcomes:	SLO #1 Complete Make-Over of Hair Color and Cut The students will perform a complete client make-over of hair color and cut. Students are to follow the criteria set forth by the state board of barbering and cosmetology. SLO #2 Permanent Waving and Cutting Given instructions in procedures and demonstrations for lab practice in permanent waving and cutting, the students will be able to have a client consultation to discuss what services will be done. They will read and follow manufacturer's instructions on the box; set up work area and equipment following the guidelines presented in class. Students are to follow State Board of Barbering and Cosmetology health and safety procedures. SLO #3 Using Professional Permanent Products Students will be able to perform a hair color and cut on a client by using professional permanent products. They will read and follow manufacture instructions on their own. Students are to follow State Board of Barbering and Cosmetology health and safety procedures.	
Course Objectives:	1. Correctly answer objective questions on cosmetology safety practices and sanitation procedures for State Board of Barbering and Cosmetology. 2. Demonstrate the application of artificial nails on a client. 3. Describe the procedure used in clipper cutting on a client. 4. Measure the types of hair bleach and high-lift color used for lightening hair. 5. Identify the methods for treating damage hair. 6. Demonstrate the methods used for flat irons and curling irons in accordance with the State Board of Barbering and Cosmetology exam. 7. Describe the steps used for disinfecting a spa pedicure tub base in accordance with the State Board of Barbering and Cosmetology procedures. 8. Apply artificial nails with nail art on a client. 9. Compare and contrast the methods used for different hair coloring, hair cutting, and styling. 10. Understand State Board of Barbering and Cosmetology Health and Safety guidelines.	
Major Topics:	I. Advanced Review of Scalp Treatments (4 hours, lecture) A. Health and Safety practice review B. Sanitation and disinfection C. Table setup and supplies D. Product knowledge E. Methods of treatment for dry or oily hair and scalp F. Mock testing	

- G. Oily hair alopecia dandruff
- H. Introduction to mock testing - scientific brush treatment - according to the State Board of Barbering and Cosmetology specifications

II. Advanced Practices of Scalp Treatments (14 hours, lab)

- A. Health and Safety practice review
- B. Sanitation
- C. Methods for treatment for dry, oily hair and scalp
- D. Oily hair alopecia and dandruff
- E. Introduction to mock testing - scientific brush treatment - according to the State Board of Barbering and Cosmetology specifications

III. Advanced Review of Wet and Thermal Styling (5 hours, lecture)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Flat iron
- F. Hair design
- G. Introduction to mock testing - curling iron - according to the State Board of Barbering and Cosmetology specifications

IV. Advanced Review of Wet and Thermal Styling (67 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Flat iron
- F. Hair design
- G. Introduction to mock testing - curling iron - according to the State Board of Barbering and Cosmetology specifications

V. Advanced Review of Permanent Waving (10 hours, lecture)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Reviewing permanent wave procedure
- F. Action of chemicals
- G. Processing wave formation
- H. Methods of neutralizing
- I. Conditioning
- J. Introduction to mock testing - curling iron - according to the State Board of Barbering and Cosmetology specifications

VI. Advanced Review of Permanent Waving 62 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Reviewing permanent wave procedure
- F. Action of chemicals
- G. Processing wave formation
- H. Methods of neutralizing
- I. Conditioning
- J. Introduction to mock testing - curling iron - according to the State Board of Barbering and Cosmetology specifications

VII. Advanced Review of Chemical Relaxing (5 hours, lecture)

- A. Health and safety practices
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Hair and scalp analysis
- F. Reviewing chemical relaxing procedure
- G. Methods of neutralizing
- H. Chemical blow out and smoothing techniques
- I. Introduction to mock testing - re-touching - according to the State Board of Barbering and Cosmetology specifications

VIII. Advanced review of Chemical Relaxing (13 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Hair and scalp analysis
- F. Reviewing chemical relaxing procedure
- G. Hair and scalp analysis
- H. Methods of neutralizing
- I. Chemical blow out and hair smoothing techniques
- J. Introduction to mock testing - re-touching - according to the State Board of Barbering and Cosmetology specifications

IX. Advanced Review of Hair Cutting (10 hours, lecture)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Reviewing hair cutting procedures
- F. Shingling
- G. Texturizing with designated implements

- H. Introduction to mock testing - layer cut - according to the State Board of Barbering and Cosmetology specifications

X. Advanced Practices of Hair Cutting (26 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Reviewing hair cutting procedures
- F. Shingling
- G. Texturizing with designated implements
- H. Introduction to mock testing - layer cut - according to the State Board of Barbering and Cosmetology specifications

XI. Advanced Review of Hair Coloring and Bleaching (10 hours, lecture)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Hair and scalp analysis
- F. Types of lightening
- G. Action of hair lighteners
- H. Tinting to darker shade
- I. Action of tint
- J. Removal of tint
- K. Techniques of highlighting
- L. Introduction to mock testing - virgin bleach - according to the State Board of Barbering and Cosmetology specifications

XII. Advanced Practices of Hair Coloring and Bleaching (62 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Hair and scalp analysis
- F. Types of lightening
- G. Action of hair lighteners
- H. Tinting to darker shade
- I. Action of tint
- J. Removal of tint
- K. Techniques of highlighting
- L. Introduction to mock testing - virgin bleach - according to the State Board of Barbering and Cosmetology specifications

III. Advanced Review of Facial Treatments (5 hours, lecture)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies

- D. Product knowledge
- E. Skin analysis and predisposition test
- F. Facial for acne pack
- G. Hot oil mask for face
- H. High frequency
- I. Methods of massage
- J. Basic Make-up procedure
- K. Strip and individual eyelash procedure
- L. Brow tint and brow amination
- M. Introduction to mock testing -eyebrows - according to the State Board of Barbering and Cosmetology specifications

XIV. Advanced Practices of Facial Treatments (13 hours, lab)

- A. Health and Safety practice review
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Skin analysis
- F. Facial for acne pack
- G. Hot oil mask for face
- H. High frequency
- I. Methods of massage
- J. Basic Make-up procedure
- K. Strip and individual eyelash procedure
- L. Brow tint and brow lamination
- M. Introduction to mock testing - eyebrows - according to the State Board of Barbering and Cosmetology specifications

XV. Advanced Practices of Manicuring and Pedicuring (13 hours, lab)

- A. Safety practices
- B. Sanitation and disinfection
- C. Table setup and supplies
- D. Product knowledge
- E. Basic manicure and pedicure
- F. Gel manicure
- G. Artificial nails, tips, and nail repair
- H. Paraffin dip
- I. Introduction to mock testing - manicuring - according to the State Board of Barbering and Cosmetology specifications

XVI. Advanced Review of Manicuring and Pedicuring (5 hours, lecture)

- A. Safety sanitation and disinfection
- B. Table setup and supplies
- C. Product knowledge
- D. Basic manicure and pedicure
- E. Gel manicure
- F. Artificial nails, tips, and nail repair
- G. Paraffin dip

	H. Introduction to mock testing - manicuring - according to the State Board of Barbering and Cosmetology specifications
Total Lecture Hours:	54
Total Laboratory Hours:	270
Total Hours:	324
A.1. Primary Methods of Evaluation (Part 1 - CCN courses only):	
A.2. Primary Method of Evaluation (Part 2 - all courses; choose one):	3) Skills demonstration
Typical Assignment Using Primary Method of Evaluation:	Design a haircut for a client by analyzing client face shape and cut a 1/2-inch guideline. After the haircut is completed, consult instructor for evaluation.
Critical Thinking Assignment 1:	Create a hairstyle on a client using the necessary products. Complete a client card identifying the products used. After hairstyling is completed, report to instructor for evaluation.
Critical Thinking Assignment 2:	In a two-page report, identify the seven massage types and describe the State Board application for each massage type. Submit report to the instructor.
Other Evaluation Methods:	Oral exams Laboratory reports Class Performance Homework Problems Multiple Choice Completion Matching Items True/False
Instructional Methods:	Demonstration Discussion Field trips Group Activities Guest Speakers Laboratory

	Multimedia presentations
	Role Play
If other:	Internet Presentation/Resources
Work Outside of Class:	Study Answer questions Skill practice Required reading Problem solving activities Written work Journal
If Other:	
Up-To-Date Representative Texts:	Milady. <u>Milady Standard Cosmetology</u> . 14 th edition. Cengage. 2023 Milady. <u>Standard Foundations</u> . Cengage. 2020
Alternative Texts:	BarberCosmo State Board of Barbering and Cosmetology, <u>Health and Safety Course</u> , California Board of Barbering and Cosmetology, 2025 - Handouts
Required Supplementary Readings:	
Other Required Materials:	Blow dryer Brushes: Denman, vent, styling Clips: coif (box of 12), curl (box of 100) Combs: finger wave, haircutting, styling, tail Curling iron Cuticle nipper with case Emery board (box of 5) Gloves, rubber Mannequin head Hair shaper with blades Pressing comb, Marcel curling irons Electric curling iron

	Orange wood sticks Nail: brush, file, tips, wrap kit Nail polish kit Notebook, paper, pen, pencil Perm rods (5 dozen) Roller bag Shampoo cape Shears: haircutting, thinning, razor Shoes, black Smock, black Spatula Stand Steel pusher Triangle net Tweezers Facial kit, Make up Hair removal kit
Requisite:	Prerequisite
Category:	sequential
Requisite course(s): List both prerequisites and corequisites in this box.	Cosmetology-2B
Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).	Demonstrate the application of acrylic nails on a client. COSM 2B - Apply artificial nails and tips on a client Select the correct formula of high-lift color on a client. COSM 2B - Compare and contrast the different hair lightener tints. On a written test correctly answer questions on cosmetology safety practices and sanitation procedures for the State Board of Cosmetology.

	COSM 2B - Correctly answer objective questions on cosmetology safety practices and sanitation procedures for salon.
Requisite Skill:	Or equivalent
Requisite Skill and Matching Skill(s): Bold the requisite skill(s). If applicable	If students have not taken Cosmetology 2B but have taken a similar course at another college or have the needed cosmetology hours required, students will have the skills needed to take this course. Students must have experience in cosmetology practices or they will not be able to succeed in this course.
Requisite course:	
Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).	
Requisite Skill:	
Requisite Skill and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable	
Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Patricia Gebert
Date:	09/04/2014
Original Board Approval Date:	02/17/2015
Last Reviewed and/or Revised by:	Charlene Brewer-Smith
Date:	04/30/2025
Last Board Approval Date:	06/26/2025
Effective Term:	FA 2026