



**El Camino College**  
**COURSE OUTLINE OF RECORD – Official**

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| <b>Course Acronym:</b>              | COSM                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Course Number:</b>               | 2D                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Descriptive Title:</b>           | Advanced Preparation for State Board Review                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Division:</b>                    | Industry and Technology                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Department:</b>                  | Cosmetology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Course Disciplines:</b>          | Cosmetology                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Catalog Description:</b>         | <p>This course is designed to prepare students for the California State Board of Barbering and Cosmetology licensing exams, both the written and practical. Students will complete the remaining 1600 hours of applied skill practices. Simulated state board exams will be administered.</p> <p><i>Note: Prior to enrolling into this course, students must have completed 1300 of the 1600 hours of applied skill practices required by the State Board of Barbering and Cosmetology.</i></p> |
| <b>Prerequisite:</b>                | Cosmetology 2C with a minimum grade of C                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Co-requisite:</b>                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Recommended Preparation:</b>     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Enrollment Limitation:</b>       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Hours Lecture (per week):</b>    | 3                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Hours Laboratory (per week):</b> | 15                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Outside Study Hours:</b>         | 6                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Total Course Hours:</b>          | 324                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Course Units:</b>                | 8                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Grading Method:</b>              | Letter Grade only                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Credit Status:</b>               | Credit, degree applicable                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Transfer CSU:</b>                | Yes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Effective Date:</b>              | Proposed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Transfer UC:</b>                 | No                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Effective Date:</b>              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>General Education:</b><br>ECC    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Term:</b>                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>Other:</b>                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

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| <b>CSU GE:</b>                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Term:</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Other:</b>                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>IGETC:</b>                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Term:</b>                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Other:</b>                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>Student Learning Outcomes:</b> | <p><b>SLO #1</b></p> <p>Students will perform a hair color exam on a mannequin head while following the criteria set forth by the State Board of Barbering and Cosmetology.</p> <p><b>SLO #2</b></p> <p>Students will perform a blow dry on a mannequin head while setting up the equipment needed. Students are to follow State Board of Barbering and Cosmetology health and safety procedures.</p> <p><b>SLO #3</b></p> <p>Students will perform a Sodium Hydroxide relaxer on a mannequin head using simulated products. They will read and follow manufacturer's instructions on their own. Students are to follow State Board of Barbering and Cosmetology health and safety procedures.</p> <p><b>SLO #4</b></p> <p>The students will perform a hair color exam on a mannequin head, while following the criteria set forth by the State Board of Barbering and Cosmetology.</p>                                                                                                                                                                                                            |
| <b>Course Objectives:</b>         | <ol style="list-style-type: none"> <li>1. Describe the procedure used in cutting hair on a mannequin head in accordance with the State Board of Barbering and Cosmetology.</li> <li>2. Differentiate between the types of hair color used on a mannequin head in accordance with the State Board of Barbering and Cosmetology exam.</li> <li>3. Apply the steps needed for an application of artificial nails on a mannequin hand in accordance with the State Board of Barbering and Cosmetology.</li> <li>4. Correctly answer objective questions on cosmetology safety practices and sanitation procedures for State Board of Barbering and Cosmetology.</li> <li>5. Demonstrate the application of a facial procedure in a mannequin head in accordance with the State Board of Barbering and Cosmetology.</li> <li>6. Apply a simulated sodium hydroxide on a mannequin head in accordance with the State Board of Barbering and Cosmetology.</li> <li>7. Describe the steps used to disinfect manicure equipment in accordance with the State Board of Barbering and Cosmetology.</li> </ol> |
| <b>Major Topics:</b>              | <p><b>I. ADVANCED STATE BOARD PROCEDURES OF PRINCIPLES OF THERMAL STYLING (5 hours, lecture)</b></p> <ol style="list-style-type: none"> <li>A. Health and Safety / Protection from Hazardous Chemicals</li> <li>B. Sanitation and disinfection</li> <li>C. Table set up and tools</li> <li>D. Thermal curling</li> <li>E. Curl placement</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

- F. Mock testing using curling iron according to the State Board of Barbering and Cosmetology specifications

**II. ADVANCED STATE BOARD REVIEW OF PRINCIPLES OF THERMAL STYLING (67 hours, lab)**

- A. Health and Safety / Protection from Hazardous Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Thermal curling
- E. Curl placement
- F. Mock testing using curling iron according to the State Board of Barbering and Cosmetology specifications

**III. ADVANCED STATE BOARD REVIEW OF PERMANENT WAVING (10 hours, lecture)**

- A. Health and Safety / Protection from Hazardous Chemicals
- B. Sanitation and disinfection
- C. Protective cream and cotton placement
- D. Table set up and tools
- E. Sectioning and rod placement
- F. Saturation, test curl, removing rod
- G. Mock testing-wrapping a permanent wave according to the State Board of Barbering and Cosmetology

**IV. ADVANCED STATE BOARD REVIEW OF PERMANENT WAVING (58 hours, lab)**

- A. Health and Safety / Protection from Hazardous Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Protective cream and cotton placement
- E. Sectioning and rod placement
- F. Saturation, test curl, removing rod
- G. Mock testing-wrapping a permanent wave according to the State Board of Barbering and Cosmetology

**V. ADVANCED STATE BOARD REVIEW OF CHEMICAL RELAXING (5 hours, lecture)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Basing the scalp
- F. Sectioning and sub sectioning
- G. Chemical application and smoothing
- H. Neutralizing
  
- A. Mock testing for chemical relaxing according to the State Board of Barbering and Cosmetology

**VI. ADVANCED STATE BOARD REVIEW OF CHEMICAL RELAXING (13 hours, lab)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Product knowledge
- E. Basing the scalp
- F. Sectioning and sub sectioning
- G. Chemical application and smoothing
- H. Neutralizing

- A. Mock testing for chemical relaxing according to the State Board of Barbering and Cosmetology

#### **VII. ADVANCED STATE BOARD REVIEW OF HAIR CUTTING (10 hours, lecture)**

- A. Health and Safety / Ergonomics
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Sectioning and sub sectioning
- E. Perimeter guide and traveling guide
- F. Blending and face framing
- G. Proper use of razor and shears
- H. Mock testing for hair cutting according to the State Board of Barbering and Cosmetology

#### **VIII. ADVANCED STATE BOARD REVIEW OF HAIR CUTTING (26 hours, lab)**

- A. Health and Safety / Ergonomics
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Sectioning and sub section
- E. Perimeter and traveling guide
- F. Blending and face framing
- G. Proper use of shears and razor
- H. Mock testing for hair cutting according to the State Board of Barbering and Cosmetology

#### **IX. ADVANCED STATE BOARD REVIEW OF HAIR COLORING (10 hours, lecture)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Sectioning and sub section
- E. Hair color application
- F. Mock testing for hair coloring according to the State Board of Barbering and Cosmetology

#### **X. ADVANCED STATE BOARD REVIEW OF HAIR COLORING (62 hours, lab)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation disinfection
- C. Table set up and tools
- D. Sectioning and sub section

- E. Hair color application
- F. Mock testing for hair coloring according to the State Board of Barbering and Cosmetology

**XI. ADVANCED STATE BOARD REVIEW OF BLEACHING (4 hours, lecture)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Sectioning and sub section
- E. Application of bleach on virgin hair
- F. Mock testing for hair bleaching according to the State Board of Barbering and Cosmetology

**XII. ADVANCED STATE BOARD REVIEW OF BLEACHING (14 hours, lab)**

- A. Health and Safety / Safely Using Chemicals
- B. Sanitation and disinfection
- C. Table set up and tools
- D. Sectioning and sub section
- E. Application of bleach on virgin hair
- F. Mock testing for hair bleaching according to the State Board of Barbering and Cosmetology

**XIII. ADVANCED STATE BOARD REVIEW OF FACIAL TREATMENTS (5 hours, lecture)**

- A. Health and Safety / Communicable Diseases
  - B. Sanitation and disinfection
  - C. Table set up and tool
  - D. Product knowledge
  - E. Cleansing and makeup removal
  - F. Mask application and removal
  - G. Massage
  - H. Moisturizer and toner
- A. Mock testing for facial treatment according to the State Board of Barbering and Cosmetology

**XIV. ADVANCED STATE BOARD REVIEW OF FACIAL TREATMENTS (10 hours, lab)**

- A. Health and Safety / Communicable Diseases
- B. Table set up and tools
- C. Product knowledge
- D. Cleansing and removal
- E. Mask application and removal
- F. Massage
- G. Moisturizer and toner
- H. Mock testing for facial treatment according to the State Board of Barbering and Cosmetology

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|                                                               | <p><b>XV. ADVANCED STATE BOARD REVIEW OF MANICURING AND ARTIFICIAL NAILS (5 hours, lecture)</b></p> <ul style="list-style-type: none"> <li>A. Health and Safety / Protection from Hazardous Chemicals</li> <li>B. Sanitation and disinfection</li> <li>C. Table set up and tools</li> <li>D. Form application</li> <li>E. Monomer and polymer application</li> <li>F. Filing and buffing</li> <li>G. Gel nail procedure</li> <li>H. Mock testing for one artificial nail according to the State Board of Barbering and Cosmetology</li> </ul> <p><b>XVI. ADVANCED STATE BOARD REVIEW OF MANICURING AND ARTIFICIAL NAILS (10 hours, lab)</b></p> <ul style="list-style-type: none"> <li>A. Health and Safety / Protection from Hazardous Chemicals</li> <li>B. Sanitation and disinfection</li> <li>C. Table set up and tools</li> <li>D. Form application</li> <li>E. Monomer and polymer application</li> <li>F. Filing and buffing</li> <li>G. Gel nail procedure</li> <li>H. Mock testing for one artificial nail according to the State Board of Barbering and Cosmetology</li> </ul> <p><b>XVII. PRODUCTION PREPARATION (10 hours, lab)</b></p> <ul style="list-style-type: none"> <li>A. Sketching faces</li> <li>B. Budget</li> <li>C. Notebook preparation</li> <li>D. Music selection</li> <li>E. Hair and make-up selection</li> <li>F. Set preparation <ul style="list-style-type: none"> <li>1. Costumes</li> <li>2. Props</li> </ul> </li> <li>G. Routine design</li> </ul> |
| <b>Total Lecture Hours:</b>                                   | 54                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Total Laboratory Hours:</b>                                | 270                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Total Hours:</b>                                           | 324                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Primary Method of Evaluation:</b>                          | Skills demonstration                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Typical Assignment Using Primary Method of Evaluation:</b> | Perform a haircut on a mannequin head in accordance with the State Board of Barbering and Cosmetology. When completed, consult instructor for evaluation.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

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| <b>Critical Thinking Assignment 1:</b>      | Perform a permanent wave on a mannequin head using the appropriate procedures in accordance with the State Board of Barbering and Cosmetology. When completed, consult instructor for evaluation. |
| <b>Critical Thinking Assignment 2:</b>      | In a one-page report, define the steps of sanitation and disinfection according to the State Board rules and regulations. Submit report to the instructor.                                        |
| <b>Other Evaluation Methods:</b>            | Oral Exams<br>Laboratory Reports<br>Class Performance<br>Homework Problems<br>Multiple Choice<br>Completion<br>Matching Items<br>True/False                                                       |
| <b>Instructional Methods:</b>               | Demonstration<br>Discussion<br>Field Trips<br>Group Activities<br>Guest Speakers<br>Laboratory<br>Lecture<br>Multimedia Presentations<br>Role Play<br>Simulation                                  |
| <b>If other:</b>                            | Internet Presentation/Resources                                                                                                                                                                   |
| <b>Work Outside of Class:</b>               | Study<br>Answer questions<br>Skill practice<br>Required reading<br>Problem solving activities<br>Written work<br>Journal                                                                          |
| <b>If Other:</b>                            |                                                                                                                                                                                                   |
| <b>Up-To-Date Representative Textbooks:</b> | Milady. <u>Milady Standard Cosmetology</u> . 14 <sup>TH</sup> edition. Cengage. 2023<br>Milady, <u>Standard Foundations</u> , Cengage, 2020                                                       |
| <b>Alternative Textbooks:</b>               | BarberCosmo Board of Barbering and Cosmetology, <u>Health and Safety Course</u> , California Board of Barbering and Cosmetology, 2025 - Handouts                                                  |
| <b>Required Supplementary Readings:</b>     |                                                                                                                                                                                                   |
| <b>Other Required Materials:</b>            | Blow dryer<br><br>Brushes: Denman, vent, styling<br><br>Clips: coif (box of 12), curl (box of 100)<br><br>Combs: finger wave, haircutting, styling, tail                                          |

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|                   | <p>Curling iron</p> <p>Cuticle nipper with case</p> <p>Emery board (box of 5)</p> <p>Gloves, rubber</p> <p>Mannequin head</p> <p>Hair shaper with blades</p> <p>Pressing comb, Marcel curling irons</p> <p>Electric curling iron</p> <p>Orange wood sticks</p> <p>Nail: brush, file, tips, wrap kit</p> <p>Nail polish kit</p> <p>Notebook, paper, pen, pencil</p> <p>Perm rods (5 dozen)</p> <p>Roller bag</p> <p>Shampoo cape</p> <p>Shears: haircutting, thinning, razor</p> <p>Shoes, black</p> <p>Smock, black</p> <p>Spatula</p> <p>Stand</p> <p>Steel Pusher</p> <p>Triangle net</p> <p>Tweezers</p> <p>Facial kit, Make up</p> <p>Hair removal kit</p> |
| <b>Requisite:</b> | Prerequisite                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| <b>Category:</b>                                                                                                                                                           | sequential                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Requisite course(s):<br/>List both prerequisites<br/>and corequisites in this<br/>box.</b>                                                                              | Cosmetology 2C                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Requisite and<br/>Matching skill(s):Bold<br/>the requisite skill. List<br/>the corresponding<br/>course objective under<br/>each skill(s).</b>                          | <p><b>Ability to perform a haircut on a client.</b></p> <p>COSM 2C - Correctly answer objective questions on cosmetology safety practices and sanitation procedures for State Board of Barbering and Cosmetology.</p> <p>COSM 2C - Compare and Contrast methods of different hair coloring, hair cutting, and styling.</p> <p><b>Ability to perform a virgin hair color on a client.</b></p> <p>COSM 2C - Measure the types of hair bleach and high-lift color for State Board of Barbering and Cosmetology exam.</p> <p><b>Ability to disinfect tools used in a state board setting.</b></p> <p>COSM 2C - Describe the steps used for disinfection Spa Pedicure tub base on the State Board of Barbering and Cosmetology procedures.</p> |
| <b>Requisite Skill:</b>                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Requisite Skill and<br/>Matching Skill(s): Bold<br/>the requisite skill(s). If<br/>applicable</b>                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Requisite course:</b>                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Requisite and<br/>Matching skill(s):Bold<br/>the requisite skill. List<br/>the corresponding<br/>course objective under<br/>each skill(s).</b>                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Requisite Skill:</b>                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Requisite Skill and<br/>Matching skill(s): Bold<br/>the requisite skill. List<br/>the corresponding<br/>course objective under<br/>each skill(s). If<br/>applicable</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Enrollment Limitations<br/>and Category:</b>                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Enrollment Limitations<br/>Impact:</b>                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Course Created by:</b>                                                                                                                                                  | Patricia Gebert                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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|-----------------------------------------|-----------------------|
| <b>Date:</b>                            | 09/30/2016            |
| <b>Original Board Approval Date:</b>    | 06/19/2017            |
| <b>Last Reviewed and/or Revised by:</b> | Charlene Brewer-Smith |
| <b>Date:</b>                            | 04/30/2025            |
| <b>Last Board Approval Date:</b>        | 06/26/2025            |