



El Camino College

COURSE OUTLINE OF RECORD - Official

I. GENERAL COURSE INFORMATION

Subject and Number: Dance 221
Descriptive Title: Ballet Variations

Course Disciplines: Dance

Division: Fine Arts

Catalog Description: This course continues the development of technical skills for ballet dance and emphasizes artistic expression through exposure to classical and contemporary ballet variations including partnering and dancing en Pointe. Attendance at selected dance events is required.

Note: Letter grade or pass/no pass option.

Conditions of Enrollment: Prerequisite
Dance 220B
with a minimum grade of C

Course Length: ☒ Full Term ☐ Other (Specify number of weeks):
Hours Lecture: 1.00 hours per week ☐ TBA
Hours Laboratory: 3.00 hours per week ☐ TBA
Course Units: 2.00

Grading Method: Both
Credit Status: Associate Degree Credit

Transfer CSU: ☒ Effective Date: 3/18/2002
Transfer UC: ☒ Effective Date: Fall 2002

General Education:
El Camino College: 5 – Health and Physical Education

Term:

Other:

CSU GE:

IGETC:

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Upon successful completion of this course the student will be able to identify designated classical and contemporary ballet variations through video analysis.
2. Upon successful completion of this course the student will be able to reproduce designated classical ballet variations including solos, variations, and adagios.
3. Upon successful completion of this course the student will be able to demonstrate elements of partnering and dance en pointe.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Demonstrate improved physical fitness including increased flexibility, strength, coordination and endurance.
Class Performance
2. Demonstrate basic ballet barre exercises and elementary center adagio and allegro combinations.
Class Performance
3. Analyze various ballet exercises in relation to the body and mechanics of movement.
Class Performance
4. Identify significant personalities and companies in the field of ballet.
Written homework
5. Describe the historical foundation of ballet.
Written homework
6. Identify, define, and demonstrate basic ballet terminology.
Quizzes
7. Identify musical meter construction and its relation to dance moves.
Class Performance
8. Demonstrate a phrase of movements based on the basic ballet vocabulary.
Class Performance
9. Evaluate and critique various dance events and videos of professional dancers performing classical ballet variations.
Clinical Evaluations

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or Lab	Approximate Hours	Topic Number	Major Topic

Lecture	8	I	Orientation A. video of selected ballet variations B. stretches and barre work
Lecture	10	II	Principles of movement A. ballet vocabulary B. center work combinations C. pointe work
Lab	12	III	Selecting variations for development including solos, duets and group pieces A. additional pointe work B. partnering concepts
Lab	12	IV	Identifying partners as appropriate for pas de deux work A. pointe work and partnering concepts
Lab	8	V	Series of classical ballet variations A. ballet slippers B. pointe shoes
Lab	12	VI	Rehearsal Techniques and Performance Preparation A. Organizing dancers and support materials B. Dress rehearsals and performance space C. Analysis and criticism of videotaped rehearsals D. Finalizing performance plan
Lab	10	VII	Building a Classical Repertoire through Analysis and Recreation of Video-Taped Performances A. Deconstructing and recreating classical ballet variations such as "Rite of Spring", "Cinderella", and "Carmen" B. Strategies for analyzing classical ballet choreography in preparation for small group performance
Total Lecture Hours		18	
Total Laboratory Hours		54	
Total Hours		72	

IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

Replicate classical and modern ballet variations in solo, duet and group form.

Write a self evaluation of the rehearsal process.

C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. Work with a partner to create a pas de deux employing turns and lifts.
2. Dance a given combination of classical ballet steps, first in ballet slippers, and then en Pointe.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Performance exams

Class Performance

Other (specify):

Classical ballet variations

V. INSTRUCTIONAL METHODS

Demonstration

Group Activities

Laboratory

Lecture

Multimedia presentations

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Skill practice

Journal

Observation of or participation in an activity related to course content

Estimated Independent Study Hours per Week: 2

VII. TEXTS AND MATERIALS

A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS

Gail Grant. Technical Manual and Dictionary of Classical Ballet. 3rd ed. Dover Publications Inc., 1982.

Qualifier Text: Discipline Standard,

Sandra Hammond. Ballet, Beyond the Basics. Mayfield Publishing Co., 1982.

Qualifier Text: Discipline Standard,

Agrippina Vaganova. Basic Principles of Classical Ballet. Dover Publications Inc., 1969.

B. ALTERNATIVE TEXTBOOKS

C. REQUIRED SUPPLEMENTARY READINGS

Dance magazine

Pointe magazine

Dance Teacher Now magazine

D. OTHER REQUIRED MATERIALS

Pointe Shoes

Character Shoes

Ballet Slippers
Ballet Attire as designated

VIII. CONDITIONS OF ENROLLMENT

A. Requisites (Course and Non-Course Prerequisites and Corequisites)

Requisites	Category and Justification
Course Prerequisite Dance-220B	Sequential

B. Requisite Skills

Requisite Skills
A. Ability to apply the basic ballet concepts needed at the barre and for centerwork combinations including simple and complex ballet terminology. DANC 220B - The student will continue to identify complex ballet barre and center floor movements such as contretemps, failli, pas de cheval, temps de cuisse and ballone. DANC 220B - The student will demonstrate balance, flexibility, control, fluidity of movement and agility to integrate complex allegro and adagio combinations, including fouettes. DANC 220B - The student will integrate body facings, appropriate porte de bras and epaulement for all combinations. DANC 220B - The student will execute sample variations in the classical repertoire. DANC 220B - The student will demonstrate musical phrasing and flow of movement in center for body facings, practice for ports de bras, arabesques, attitudes and epaulement. DANC 220B - The student will demonstrate growth in clarity and refinement of technical skills, such as in extensions, promenades, elevations, multiple turns, and beats. DANC 220B - The student will choreograph, reconstruct and/or perform final project(s) demonstrating flow, musicality, and a working knowledge of step combinations introduced during the semester.
B. Ability to develop movement awareness in dancing with a partner and small/large group ensembles. DANC 220B - The student will evaluate and analyze events from class activities, video observations and live performance, discussing ballet style and background of performing artists. DANC 220B - The student will demonstrate musical phrasing and flow of movement in center for body facings, practice for ports de bras, arabesques, attitudes and epaulement. DANC 220B - The student will choreograph, reconstruct and/or perform final project(s) demonstrating flow, musicality, and a working knowledge of step combinations introduced during the semester.

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
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D. Recommended Skills

Recommended Skills

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact
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Course created by Daniel Berney on 11/01/2001.

BOARD APPROVAL DATE: 03/18/2002

LAST BOARD APPROVAL DATE: 12/19/2016

Last Reviewed and/or Revised by Elizabeth Adamis on 01/21/2016

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