



# El Camino College

## COURSE OUTLINE OF RECORD - Official

### I. GENERAL COURSE INFORMATION

**Subject and Number:** Dance 265  
**Descriptive Title:** Intermediate African Dance

**Course Disciplines:** Dance

**Division:** Fine Arts

**Catalog Description:** As a continuation of African Dance, this course will introduce new movement patterns focusing on technical skills and traditional dances that are found in African dance. The class will also explore Dunham technique as a means for providing a basic foundation in African dance, focusing on torso movements, isolations, and feet movements. Attendance is required at selected dance events.

**Conditions of Enrollment:** Prerequisite  
Dance 165  
with a minimum grade of C

#### Recommended Preparation

Dance 130A or  
Dance 140

**Course Length:** ☒ Full Term ☐ Other (Specify number of weeks):  
**Hours Lecture:** 1.00 hours per week ☐ TBA  
**Hours Laboratory:** 3.00 hours per week ☐ TBA  
**Course Units:** 2.00

**Grading Method:** Both  
**Credit Status** Associate Degree Credit

**Transfer CSU:** ☒ Effective Date: 1/21/2003  
**Transfer UC:** ☒ Effective Date: Fall 2003

**General Education:**  
**El Camino College:** 5 – Health and Physical Education  
Term: Fall 2003 Other:

**CSU GE:**

**IGETC:**

## II. OUTCOMES AND OBJECTIVES

### **A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)**

1. SLO # 1 - Complex Polyrhythmic Body Movement Sequences:  
Upon successful completion of this course the student will be able to demonstrate the coordination of complex polyrhythmic body movement sequences of the African Dance Movement.
2. SLO # 2 - Dunham Technique:  
Upon successful completion of this course the student will be able to recognize and exhibit torso movements, isolations, and feet movements of Dunham Technique in both warm-ups and center combinations at an intermediate level.
3. SLO #3 - Technical Skills:  
Upon successful completion of this course the student will be able to reproduce technical skills and traditional dances that are inherent in African dance at an intermediate level.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

### **B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)**

1. Define terminology and identify names of African dance steps.  
Oral exams
2. Differentiate the historical foundations of various African dances.  
Other exams
3. Assemble and demonstrate various dance movements that are similar throughout Africa.  
Class Performance
4. Compare and demonstrate various non-African dances that have their roots in African dance.  
Class Performance
5. Demonstrate appropriate movements that relate to specific music.  
Class Performance
6. Relate the history of traditional African dances to their respective drum accompaniments.  
Written homework
7. Demonstrate isolation and polyrhythmic movement patterns.  
Class Performance
8. Compare and contrast African, Brazilian, Haitian, Cuban, and American dance forms.  
Presentation
9. Demonstrate traditional gender roles in African dance.  
Essay exams
10. Relate legends and stories to specific African dances.

Written homework

11. Demonstrate the use of Dunham technique.

Class Performance

**III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)**

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lecture	8	I	A. Class orientation and review: 1. African legends and stories for dance. 2. Cultural and historical aspects of dance movements. 3. Drum accompaniment with movement patterns. 4. Basic skills.
Lab	12	II	A. B. Intermediate dance vocabulary and movement skills: 1. Dunham technique 2. Hip and torso isolations using variations of both at the same time
Lab	12	III	A. C. Movement vocabulary: 1. Gender roles in choreography. 2. Longer choreographic phrases. 3. Dance movements based on live music and recorded music.
Lab	12	IV	A. D. Additional dance techniques: 1. Use of the feet and arms moving both slow and fast in counterpoint to each other. 2. Combinations of torso movements with pelvic contractions. 3. Improvisational techniques involving circular dance patterns.
Lab	14	V	A. E. Variations: 1. Intermediate advanced technique skills in jumps and turns. 2. Advanced choreography using one or more polyrhythmic movement patterns. 3. Skilled choreography using solo and group dynamics.
Lecture	10	VI	A. F. Development of Afro-centric choreography: 1. African, Brazilian, Haitian, Cuban and American dance styles. 2. Variations between forms of Afro-centric choreography. 3. Choreography based on techniques of the above dance styles.
Lab	4	VII	A. G. Final Performance: 1. Refinement of dance techniques.

			2. Advanced techniques in staging, timing and dynamics when in performance.
<b>Total Lecture Hours</b>	18		
<b>Total Laboratory Hours</b>	54		
<b>Total Hours</b>	72		

#### **IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS**

##### **A. PRIMARY METHOD OF EVALUATION:**

Skills demonstrations

##### **B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:**

Demonstrate back undulations and torso rotations appropriate to selected music.

##### **C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:**

1. Choreograph and perform a series of steps from the African dance movement vocabulary used in a circle pattern and then alter the pattern to create a more theatrical event.
2. Analyze and compare two traditional African dances presented in both social and theatrical settings. How did these traditional dances inform the current vernacular dance we experience in America today and throughout the past centuries?

##### **D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:**

Performance exams

Oral exams

Written homework

Class Performance

Term or other papers

Presentation

#### **V. INSTRUCTIONAL METHODS**

Demonstration

Discussion

Group Activities

Internet Presentation/Resources

Laboratory

Lecture

Multimedia presentations

Other (please specify)

master classes

**Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.**

## **VI. WORK OUTSIDE OF CLASS**

Study

Skill practice

Written work

Observation of or participation in an activity related to course content

**Estimated Independent Study Hours per Week: 2**

## **VII. TEXTS AND MATERIALS**

### **A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS**

Barbara S. Glass. African American Dance: An Illustrated History. 2nd edition ed. McFarland, 2012.

### **B. ALTERNATIVE TEXTBOOKS**

### **C. REQUIRED SUPPLEMENTARY READINGS**

West African Drum and Dance:A Yankadi Macrou Celebration by Kalani and Ryan M. Camara. Publisher - Alfred Music 2008.

### **D. OTHER REQUIRED MATERIALS**

A wrap skirt is required to wear around waist or over torso and below waist.

## **VIII. CONDITIONS OF ENROLLMENT**

### **A. Requisites (Course and Non-Course Prerequisites and Corequisites)**

<b>Requisites</b>	<b>Category and Justification</b>
Course Prerequisite Dance-165	Sequential

### **B. Requisite Skills**

<b>Requisite Skills</b>
Knowledge of African dances by regional and cultural areas DANC 165 - Identify the names of dances from selected cultural groups representing different regions of Africa, such as the Yoruba, Urhobos, Dogon and Akan of West Africa, the Masai of East Africa, the Zulu of South Africa, and the Ethiopians of Northeast Africa.DANC 165 - Compare and contrast principles of African dance with those observed in video or live performance.
Knowledge of the African dance movement vocabulary DANC 165 - Demonstrate essential techniques to facilitate accurate performance of traditional dances, including specific African postures, symbolic gestures, and the use of the whole body in response to polyrhythmic music.DANC 165 - Perform dances from different regional or cultural areas of Africa such as Igbe Izimize, the traditional dance of the Urhobos of Nigeria.DANC 165 - Compare and contrast dance styles by performing a contemporary social dance such as the Nigerian Highlife, and a traditional initiation rite from Nigeria.

**C. Recommended Preparations (Course and Non-Course)**

<b>Recommended Preparation</b>	<b>Category and Justification</b>
Course Recommended Preparation or Dance-130A	
Course Recommended Preparation Dance-140	

**D. Recommended Skills**

<b>Recommended Skills</b>
Use of isolations, contractions, and undulations DANC 165 - Demonstrate essential techniques to facilitate accurate performance of traditional dances, including specific African postures, symbolic gestures, and the use of the whole body in response to polyrhythmic music.DANC 140 - Identify basic rhythms and accents associated with the beginning skills level. DANC 165 - Perform dances from different regional or cultural areas of Africa such as Igbe Izimize, the traditional dance of the Urhobos of Nigeria.DANC 130A - Develop the awareness of the torso as the center of physical control by connecting abdominal lift with breath in the upper torso. DANC 165 - Compare and contrast dance styles by performing a contemporary social dance such as the Nigerian Highlife, and a traditional initiation rite from Nigeria.DANC 130A - Communicate and express musicality in phrasing, rhythm and dynamics by maintaining the designated pulse or pattern of beats against contrasting music, other simultaneously danced phrases, or without accompaniment. DANC 165 - Compare and contrast African dance with contemporary American social and concert dance styles.DANC 130A - Perform dances incorporating increased skills and awareness of total body expression.

**E. Enrollment Limitations**

<b>Enrollment Limitations and Category</b>	<b>Enrollment Limitations Impact</b>
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**Course created by Daniel Berney/Bernice Boseman on 09/01/2002.**

**BOARD APPROVAL DATE: 01/21/2003**

**LAST BOARD APPROVAL DATE: 04/18/2016**

**Last Reviewed and/or Revised by Elizabeth Adamis on 08/29/2015**