



# El Camino College

## COURSE OUTLINE OF RECORD - Official

### I. GENERAL COURSE INFORMATION

**Subject and Number:** Physical Education 115ABC  
**Descriptive Title:** Intercollegiate Tennis Teams

**Course Disciplines:** Physical Education  
or Coaching

**Division:** Health Sciences and Athletics

**Catalog Description:** This course provides instruction, training, and practice in the advanced techniques of tennis and the opportunity for intercollegiate competition. Student athletes will compete against conference schools and other colleges.

*Note: This course is offered in the spring semester only.  
\*Some UC transferable courses have credit limitations. For details, see a counselor, the Transfer Center adviser, or the articulation officer.*

**Conditions of Enrollment:** Recommended Preparation  
High school varsity experience or equivalent skill

**Course Length:**  Full Term  Other (Specify number of weeks):  
**Hours Lecture:** 0 hours per week  TBA  
**Hours Laboratory:** 10.00 hours per week  TBA  
**Course Units:** 3.00

**Grading Method:** Letter  
**Credit Status:** Associate Degree Credit

**Transfer CSU:**  Effective Date: Prior to July 1992  
**Transfer UC:**  Effective Date: Spring 1994

**General Education:**  
**El Camino College:** 5 – Health and Physical Education  
Term: \_\_\_\_\_ Other: \_\_\_\_\_

**CSU GE:** \_\_\_\_\_  
**IGETC:** \_\_\_\_\_

## II. OUTCOMES AND OBJECTIVES

### A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Students will understand an opponent's strengths and weaknesses and recognize suitable strategies in a competitive situation.
2. Students will execute topspin, under spin and side spin and utilize these spins both offensively and defensively in competition.  
Students will identify and apply skill related components of fitness such as agility, power, speed and reaction necessary to compete at an advance level of tennis.
- 3.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

### B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Apply the rules of tennis competition appropriately.  
Class Performance
2. Analyze and perform various tennis technical skills such as forehand stroke, backhand, serve, volley, and lob.  
Class Performance
3. Analyze and perform the serve and volley as an offensive strategy.  
Class Performance
4. Understand and analyze offensive and defensive strategies in singles and doubles tennis matches.  
Class Performance

## III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lab	10	I	Course orientation A. Safety precautions for practice and competition B. Tennis rules and regulations
Lab	90	II	Stroke Fundamentals A. Forehand B. Backhand C. Groundstroke D. Serve E. Serve and volley F. Overhead Smash G. Lob H. Passing Shots

Lab	40	III	Specialty shots: A. Drop B. Slice C. Off-speed shots D. Under-cut shots
Lab	15	IV	Singles A. Offensive Strategies B. Defensive Strategies
Lab	20	V	Doubles A. Offensive Strategies B. Defensive Strategies
Lab	5	VI	Singles and Doubles Players A. Selection for team ladder
<b>Total Lecture Hours</b>		0	
<b>Total Laboratory Hours</b>		180	
<b>Total Hours</b>		180	

#### **IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS**

##### **A. PRIMARY METHOD OF EVALUATION:**

Skills demonstrations

##### **B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:**

Describe and demonstrate the basic tennis skills of the serve, forehand, backhand, and volley.

##### **C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:**

1. Observe a demonstration of a player serving a spin serve and flat serve. Analyze the mechanics, identify faults, and suggest any corrective action necessary to the instructor.
2. After reviewing videotape of a professional tennis doubles match, distinguish between the basic skills of a defensive volley and an offensive volley. Create a situation to demonstrate in class which illustrates the proper doubles positions of the players and the intended direction of the ball after contact.

##### **D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:**

Performance exams

Class Performance

Other (specify):

Intercollegiate competition

#### **V. INSTRUCTIONAL METHODS**

Demonstration

Lecture

Multimedia presentations

Other (please specify)

Supervised drills and class competitions

Multimedia analysis of each athlete's performance during training and in competition

Multimedia analysis of elite athletes

**Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.**

**VI. WORK OUTSIDE OF CLASS**

Course is lab only - minimum required hours satisfied by scheduled lab time and estimated student hours outside of class per week is zero.

**Estimated Independent Study Hours per Week:**

**VII. TEXTS AND MATERIALS**

**A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS**

**B. ALTERNATIVE TEXTBOOKS**

**C. REQUIRED SUPPLEMENTARY READINGS**

**D. OTHER REQUIRED MATERIALS**

**VIII. CONDITIONS OF ENROLLMENT**

**A. Requisites (Course and Non-Course Prerequisites and Corequisites)**

Requisites	Category and Justification
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**B. Requisite Skills**

Requisite Skills
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**C. Recommended Preparations (Course and Non-Course)**

Recommended Preparation	Category and Justification
Non-Course Recommended Preparation  High school varsity experience or equivalent skill	Students who have demonstrated the skills and abilities for enrollment in the athletic course will have a greater ability to succeed based on the following areas; Student will have a comprehensive understanding of the rules and regulations of the athletic sport, students will understand tactics, alignments and strategies of play. The student athlete will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

**D. Recommended Skills**

Recommended Skills
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Students who have demonstrated the skills and abilities for enrollment in the athletic development

course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

**E. Enrollment Limitations**

Enrollment Limitations and Category	Enrollment Limitations Impact
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**Course created by Carol Dennis on 09/01/1989.**

**BOARD APPROVAL DATE:**

**LAST BOARD APPROVAL DATE: 12/19/2016**

**Last Reviewed and/or Revised by Stephen VanKanegan on 09/21/2016**

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