



# El Camino College

## COURSE OUTLINE OF RECORD - Official

### I. GENERAL COURSE INFORMATION

**Subject and Number:** Physical Education 132ABC  
**Descriptive Title:** Women's Intercollegiate Badminton Team

**Course Disciplines:** Physical Education  
or Coaching

**Division:** Health Sciences and Athletics

**Catalog Description:** This course provides instruction, training, and practice in the advance techniques of badminton and the opportunity for intercollegiate competition. Student athletes will compete against conference schools and other colleges.

Note: This course is only offered in the spring semester.

**Conditions of Enrollment:** Recommended Preparation  
High school varsity experience or equivalent skill.

**Course Length:**  Full Term  Other (Specify number of weeks):  
**Hours Lecture:** 0 hours per week  TBA  
**Hours Laboratory:** 10.00 hours per week  TBA  
**Course Units:** 3.00

**Grading Method:** Letter  
**Credit Status:** Associate Degree Credit

**Transfer CSU:**  Effective Date: Proposed  
**Transfer UC:**  Effective Date: Fall 2001

**General Education:** \_\_\_\_\_  
**El Camino College:** \_\_\_\_\_  
**CSU GE:** \_\_\_\_\_  
**IGETC:** \_\_\_\_\_

### II. OUTCOMES AND OBJECTIVES

**A. COURSE STUDENT LEARNING OUTCOMES** (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Student will develop and demonstrate proficiency and accuracy in the high, deep service, predominately used in badminton singles game.
2. Students will develop and demonstrate proficiency and accuracy in the low, short backhand service, predominately, but not exclusively, used in badminton doubles matches.
3. Student will apply the "Laws of Badminton", and explain the rules and regulations covering the sport.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

**B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)**

1. Differentiate court positioning and strategy between doubles and singles play.  
Class Performance
2. Recognize strengths and weaknesses of technical skills related to badminton, e.g., overhead strokes, service, backhand strokes, net play and deep drives.  
Class Performance
3. Analyze individual and team tactics of an opponent and evaluate appropriate strategies to counter tactical strengths and weaknesses.  
Class Performance
4. Prepare a specific conditioning program for the badminton team to improve play and prevent injury.  
Class Performance

**III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)**

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lab	10	I	Orientation A. Team policies and school policies B. Skill evaluation C. Rules
Lab	15	II	Overhead Strokes A. Clear B. Drop-shot C. Smash
Lab	15	III	Service A. High serve B. Low serve C. Flick serve D. Tournament competition begins
Lab	40	IV	Backhand Strokes A. Clear B. Drop-shots C. Smash D. League competition begins

Lab	10	V	Singles and Doubles Strategy A. Attacking B. Defending
Lab	30	VI	Net Play A. Drop-shot B. Cut-drop shot C. Cross court drop
Lab	20	VII	Drives A. Forehand B. Backhand
Lab	40	VIII	Conditioning training for intercollegiate competition
<b>Total Lecture Hours</b>		0	
<b>Total Laboratory Hours</b>		180	
<b>Total Hours</b>		180	

#### IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

##### A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

##### B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

Analyze the defensive formation of the opponent and demonstrate the appropriate serve while in doubles.

##### C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. Explain proper player positioning to maximize the effectiveness during doubles play competition
2. After reviewing and analyzing serving mechanics of low backhand service, verbally identify faults and provide corrective action.

##### D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Performance exams

Class Performance

Other (specify):

match/tournament practice and competition

#### V. INSTRUCTIONAL METHODS

Demonstration

Multimedia presentations

Other (please specify)

Video analysis of each athlete's skill performance during training and competition.  
Structural drills that encourage covert skill performance through repetition and self-analysis.

Video demonstrations of skills performed by elite athletes.

**Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.**

## **VI. WORK OUTSIDE OF CLASS**

Skill practice

Course is lab only - minimum required hours satisfied by scheduled lab time and estimated student hours outside of class per week is zero.

Other (specify)

Compete in intercollegiate competitions

**Estimated Independent Study Hours per Week:**

## **VII. TEXTS AND MATERIALS**

### **A. UP-TO-DATE REPRESENTATIVE TEXTBOOKS**

- Laws of Badminton. United States Badminton Association, 2015.

### **B. ALTERNATIVE TEXTBOOKS**

### **C. REQUIRED SUPPLEMENTARY READINGS**

Handouts on techniques i.e. strokes, serves, returns, positioning

### **D. OTHER REQUIRED MATERIALS**

Badminton racquets

Team uniforms

Shuttles

## **VIII. CONDITIONS OF ENROLLMENT**

### **A. Requisites (Course and Non-Course Prerequisites and Corequisites)**

<b>Requisites</b>	<b>Category and Justification</b>
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### **B. Requisite Skills**

<b>Requisite Skills</b>
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### **C. Recommended Preparations (Course and Non-Course)**

<b>Recommended Preparation</b>	<b>Category and Justification</b>
Course Recommended Preparation	

### **D. Recommended Skills**

<b>Recommended Skills</b>
Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.

**E. Enrollment Limitations**

<b>Enrollment Limitations and Category</b>	<b>Enrollment Limitations Impact</b>
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**Course created by John Britton on 10/09/1999.**

**BOARD APPROVAL DATE: 12/13/1999**

**LAST BOARD APPROVAL DATE: 02/17/2016**

**Last Reviewed and/or Revised by John Britton on 10/16/2015**

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