

II. OUTCOMES AND OBJECTIVES

A. COURSE STUDENT LEARNING OUTCOMES (The course student learning outcomes are listed below, along with a representative assessment method for each. Student learning outcomes are not subject to review, revision or approval by the College Curriculum Committee)

1. Student will utilize a court diagram to identify the dimensions, boundaries, markings and positions on a collegiate basketball court.
2. Student will execute and explain the introductory offensive techniques, such as pivoting, dribbling, passing and shooting.
3. Student will explain and execute man-to-man defensive principles.

The above SLOs were the most recent available SLOs at the time of course review. For the most current SLO statements, visit the El Camino College SLO webpage at <http://www.elcamino.edu/academics/slo/>.

B. Course Student Learning Objectives (The major learning objective for students enrolled in this course are listed below, along with a representative assessment method for each)

1. Apply basketball warm-up and conditioning exercises to enhance performance and minimize the risk of injury.
 - Performance exams
2. Demonstrate beginning techniques in the offensive skills of footwork, dribbling, passing, and shooting.
 - Performance exams
3. Demonstrate beginning techniques in defensive skills, including rebounding, man-to-man defense and zone responsibilities.
 - Performance exams
4. Interpret and apply the rules of basketball during game simulated competition.
 - Performance exams
5. Assess a team's strengths and weakness and employ strategies to enhance success during basketball play.
 - Performance exams
6. Identify the dimensions of a college basketball court, its markings, and the terminology for specific locations on the floor.
 - Quizzes

III. OUTLINE OF SUBJECT MATTER (Topics are detailed enough to enable a qualified instructor to determine the major areas that should be covered as well as ensure consistency from instructor to instructor and semester to semester.)

Lecture or Lab	Approximate Hours	Topic Number	Major Topic
Lab	2	I	COURSE ORIENTATION AND REVIEW A. Class syllabus B. Dress requirements C. Warm-up and cool-down exercises
Lab	2	II	RULES OF THE GAME OF BASKETBALL A. Traveling B. Double-dribble

			<ul style="list-style-type: none"> C. Charging D. Defensive fouls E. Scoring
Lab	12	III	<p>INDIVIDUAL OFFENSIVE FUNDAMENTALS</p> <ul style="list-style-type: none"> A. Dribbling B. Footwork C. Passing <ul style="list-style-type: none"> 1. Bounce pass 2. Chest pass 3. Overhead pass D. Shooting <ul style="list-style-type: none"> 1. Lay-ups 2. Form shooting 3. Jump shot E. Screening F. Rebounding
Lab	4	IV	<p>BASKETBALL CONDITIONING</p> <ul style="list-style-type: none"> A. Cardiovascular Training B. Stretching C. Core conditioning D. Strength training E. Muscle power training
Lab	6	V	<p>INDIVIDUAL DEFENSIVE FUNDAMENTALS</p> <ul style="list-style-type: none"> A. Body positioning B. Movement of feet C. Rebounding
Lab	8	VI	<p>TEAM OFFENSIVE STRATEGIES</p> <ul style="list-style-type: none"> A. Fast break B. Half-court play C. Full-court play D. Communication
Lab	4	VII	<p>TEAM DEFENSIVE STRATEGIES</p> <ul style="list-style-type: none"> A. Man-to-Man Principles B. Zone Defensive Principles
Lab	16	VIII	<p>TOURNAMENT COMPETITION</p> <ul style="list-style-type: none"> A. Three-player teams B. Five-player teams
Total Lecture Hours		0	
Total Laboratory Hours		54	
Total Hours		54	

IV. PRIMARY METHOD OF EVALUATION AND SAMPLE ASSIGNMENTS

A. PRIMARY METHOD OF EVALUATION:

Skills demonstrations

B. TYPICAL ASSIGNMENT USING PRIMARY METHOD OF EVALUATION:

During tournament play, student will demonstrate effective one-on-one defensive positioning by exhibiting proper footwork, stance, and body spacing thus preventing an opportunistic pass or shot from an offensive player.

C. COLLEGE-LEVEL CRITICAL THINKING ASSIGNMENTS:

1. During tournament play, analyze the effectiveness of an opposing team's offensive strategy. Based on this analysis, demonstrate defensive tactics and strategies that will limit offensive success.
2. During tournament play, an offensive player with the ball will demonstrate the appropriate footwork necessary to enhance the ability to pass, shoot, or drive to the basket.

D. OTHER TYPICAL ASSESSMENT AND EVALUATION METHODS:

Performance exams

Quizzes

Class Performance

Multiple Choice

Completion

Matching Items

True/False

V. INSTRUCTIONAL METHODS

Demonstration

Discussion

Group Activities

Laboratory

Role Play

Simulation

Note: In compliance with Board Policies 1600 and 3410, Title 5 California Code of Regulations, the Rehabilitation Act of 1973, and Sections 504 and 508 of the Americans with Disabilities Act, instruction delivery shall provide access, full inclusion, and effective communication for students with disabilities.

VI. WORK OUTSIDE OF CLASS

Estimated Independent Study Hours per Week:

VII. TEXTS AND MATERIALS

- A. **UP-TO-DATE REPRESENTATIVE TEXTBOOKS**
- B. **ALTERNATIVE TEXTBOOKS**
- C. **REQUIRED SUPPLEMENTARY READINGS**
- D. **OTHER REQUIRED MATERIALS**

VIII. CONDITIONS OF ENROLLMENT

A. Requisites (Course and Non-Course Prerequisites and Corequisites)

Requisites	Category and Justification
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B. Requisite Skills

Requisite Skills

C. Recommended Preparations (Course and Non-Course)

Recommended Preparation	Category and Justification
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D. Recommended Skills

Recommended Skills

E. Enrollment Limitations

Enrollment Limitations and Category	Enrollment Limitations Impact
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Course created by George Stanich on 01/01/1963.

BOARD APPROVAL DATE:

LAST BOARD APPROVAL DATE: 01/21/2020

Last Reviewed and/or Revised by: Robert Uphoff

Date: October 2019