



El Camino College
COURSE OUTLINE OF RECORD – Official

Course Acronym:	PE
Course Number:	46abc
Descriptive Title:	Off-Season Training for Men's Intercollegiate Golf Team
Division:	Health Sciences and Athletics
Department:	Kinesiology/Physical Education
Course Disciplines:	Coaching, Physical Education
Catalog Description:	<p>This course provides instruction, training, and practice in the advanced techniques of golf. All students will engage in an off-season program emphasizing instruction, skill development, strength training, and conditioning.</p> <p><i>Note: This course is offered in the fall semester and summer session only.</i></p>
Prerequisite:	
Co-requisite:	
Recommended Preparation:	High school varsity experience or equivalent skill
Enrollment Limitation:	
Hours Lecture (per week):	0
Hours Laboratory (per week):	3
Outside Study Hours:	0
Total Course Hours:	54
Course Units:	1
Grading Method:	Letter Grade only
Credit Status:	Credit, degree applicable
Transfer CSU:	Yes
Effective Date:	Prior to July 1992
Transfer UC:	Yes
Effective Date:	prior to fall 1992
General Education: ECC	Area 5 - Health and Physical Education
Term:	
Other:	
CSU GE:	
Term:	
Other:	
IGETC:	

Term:	
Other:	
CalGETC:	
Term:	
Other:	
Student Learning Outcomes:	<p>SLO #1 Putting</p> <p>Students will demonstrate proficiency in putting a golf ball.</p> <p>SLO #2 Driving Accuracy</p> <p>Player will demonstrate accuracy in driving a golf ball.</p> <p>SLO #3 Rules and Etiquette</p> <p>Students will identify the rules of golf and explain proper etiquette.</p>
Course Objectives:	<ol style="list-style-type: none"> 1. Apply the rules and etiquette of golf competition appropriately. 2. Analyze and execute golf skills such as putting, chipping, pitching, hitting out of a sand bunker, and driving. 3. Comprehend and apply the mechanics of the swing to various clubs: the putter, irons, and the driver. 4. Design an off-season golf training program utilizing the driving range, fairway hitting, sand bunker hitting, and approaching the greens. Identify club selection and course management strategy. 5. Design an off-season conditioning and strength training program.
Major Topics:	<p>I. Course Orientation (4 hours, lab)</p> <p>A. Safety precautions</p> <p>B. Golf etiquette, rules, and regulations</p> <p>II. Conditioning (6 hours, lab)</p> <p>A. Strength Training</p> <p>III. 9-Hole Match Play (15 hours, lab)</p> <p>A. Golf stroke fundamentals and strategy</p> <p>B. Driving range hitting</p> <p>C. Driving off the tee</p> <p>D. Use of irons on fairway and greens</p> <p>E. Putting</p> <p>IV. 18-Hole Match Competition (15 hours, lab)</p> <p>A. Course management and game strategy</p>

	<p>B. Specialty shots</p> <ol style="list-style-type: none"> 1. Sand wedge 2. Pitch shot <p>C. Iron use</p> <ol style="list-style-type: none"> 1. Short grass 2. Tall grass <p>D. Short and long putts</p> <p>V. 36-Hole Match Competition Using Championship Scoring (6 hours, lab)</p> <p>VI. Class Tournaments Matches (8 hours, lab)</p> <p>A. Rotate players through competition</p> <p>B. Player evaluation and analysis</p>
Total Lecture Hours:	0
Total Laboratory Hours:	54
Total Hours:	54
A.1. Primary Methods of Evaluation (Part 1 - CCN courses only):	
A.2. Primary Method of Evaluation (Part 2 - all courses; choose one):	
Typical Assignment Using Primary Method of Evaluation:	In an oral presentation to the class, describe and demonstrate the golf skills involved in the club grip, backswing, swing, and follow through.
Critical Thinking Assignment 1:	Evaluate distance and course elements for an approach shot to the green from 100 yards away on the fairway. Select the appropriate club and explain the strategy for its use in an oral class presentation.
Critical Thinking Assignment 2:	Observe a demonstration of a player executing a 300-yard drive off the tee. Analyze the mechanics, identify faults, and suggest any corrective action necessary in an oral class presentation.
Other Evaluation Methods:	Class Performance
Instructional Methods:	Demonstration, Lecture, Multimedia presentations, Other (specify)
If other:	
Work Outside of Class:	0
If Other:	
Up-To-Date Representative Texts:	

Alternative Texts:	
Required Supplementary Readings:	
Other Required Materials:	
Requisite:	
Category:	
Requisite course(s): List both prerequisites and corequisites in this box.	
Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).	
Requisite Skill:	
Requisite Skill and Matching Skill(s): Bold the requisite skill(s). If applicable	
Requisite course:	
Requisite and Matching skill(s):Bold the requisite skill. List the corresponding course objective under each skill(s).	Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.
Requisite Skill:	High school varsity experience or equivalent skill
Requisite Skill and Matching skill(s): Bold the requisite skill. List the corresponding course objective under each skill(s). If applicable	Students who have demonstrated the skills and abilities for enrollment in the athletic development course will have a greater ability to succeed based on the following areas. Student will have a comprehensive understanding of the rules and regulations of the athletic sport. The student will understand tactics, alignments and strategies of play. This individual will also be aware of phases of conditioning, and proper implementation of health and safety requirements.
Enrollment Limitations and Category:	
Enrollment Limitations Impact:	
Course Created by:	Al Greenleaf
Date:	09/01/1989
Original Board Approval Date:	02/12/1990
Last Reviewed and/or Revised by:	Stacy Komai

Date:

10/01/2018