From ECC Catalogue:
3 units; 3 hours lecture
Prerequisite: Psychology 5 with a minimum grade of C
Recommended Preparation: eligibility for English 1A
Credit, degree applicable
Transfer CSU, UC

This course focuses on the scientific study of both normal and abnormal experience and behavior. Emphasis is placed on the characterization, treatment, and prevention of psychological disorders ranging from mild to severe forms.

ECC Course Objectives for Psych 15

1. Explain why defining abnormal behavior is difficult.
2. Discuss how research methods are applied to the study of abnormal behavior and psychological disorders.
3. Describe the changing trends occurring across time and cultures regarding the notion of abnormal behavior.
4. Compare and contrast the various theoretical models of abnormal behavior.
5. Identify the various procedures of clinical assessment and diagnosis including their strengths and weaknesses.
6. Discuss the role of psychological factors in health and disease.
7. Describe and differentiate the salient characteristics of the following forms of psychological disorders: Adjustment, Anxiety, Childhood (including Developmental and Learning Disorders), Cognitive (including Delirium and Dementia), Eating, Mood, Personality, Psychotic (including Schizophrenia), Sexual and Gender Identity, Somatoform, and Substance-Related.
8. Compare and contrast the various biological and psychological approaches to the treatment of abnormal behavior and psychological disorders.
9. Assess the legal issues which affect the mentally disordered.
10. Identify the contemporary organized efforts for establishing effective mental health and for the prevention of abnormal behavior.

Psychology 15 SLOs:

SLO#1 Logic of the Scientific Method- On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to explain and evaluate various sources of data focusing on mental disorders (e.g., epidemiology, efficacy, effectiveness).

SLO#2 Fundamental Principles- On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to identify and explain the major theories and definitions of mental illness (e.g., biological, cognitive-behavioral, psychoanalytic, humanistic, sociocultural), including the historical development of these theories.

SLO#3 Everyday Application- On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to apply fundamental principles of abnormal psychology in their efforts to understand everyday life experiences such as these: concerns about the behavior of family or friends, cognitive decline of parent, violent crime (including effects of media coverage).

ADA Statement:

El Camino College is committed to providing educational accommodations for students with disabilities upon the timely request by the student to the instructor. A student with a disability, who would like to request an academic accommodation, is responsible for identifying herself/himself to the instructor & to the Special Resource Center. To make arrangements for academic accommodations, contact the Special Resource Center (SRC).

The mission of the SRC is to facilitate academic success for verified students with disabilities by providing equal access to educational opportunities in an integrated campus setting. The SRC provides support services, adaptive equipment, computer technology, & specialized instruction designed to meet the educational needs of students with disabilities.

In order to be eligible for support services or accommodations, a student must provide documentation of his/her disability or be assessed by SRC professional staff. Eligibility is determined by specially trained & highly skilled professional staff members. Specific educational needs are identified on an individual basis, & a plan is developed with each student. Examples of services or accommodations include but are not limited to: American Sign Language interpreters, testing accommodations, access technologies, or printed materials made available in alternate formats. Students with verifiable disabilities who do not wish to avail themselves of the services of the SRC may still be eligible for reasonable accommodation(s) & service(s) by contacting the Dean of Enrollment Services at 310-660-3482 located in the Student Services Center, Room 200.

El Camino College recognizes its responsibility to provide an equal opportunity for education for all students. It is the policy (Board Policy 1600) of the El Camino Community College District to encourage full inclusion in all programs & services. Accommodations & alternate formats are available upon request. Please visit us in person -- east side of the Student Services Center, on the web -- www.elcamino.edu/academics/src, or on the phone -- 310-660-3295 or 424-236-6264 (VP).
Text & Materials:

• Access to LaunchPad (Publisher’s Website – see the very end of this syllabus)
• Scantron: Form 882

Grading Basis and Criteria:

• 3 Semester Exams (100 points each) will include multiple choice and short answer items covering lecture, text, and video materials. Each exam is administered in 2 sections:
  1. a multiple choice section is open-book/notes – 30 minutes
  2. a short answer section is closed-book/notes -- 45 minutes.
• LaunchPad activities/quizzes (60 points total)

Exams according to the following scale:

<table>
<thead>
<tr>
<th>POINT RANGE</th>
<th>GRADE</th>
</tr>
</thead>
<tbody>
<tr>
<td>324 - 360</td>
<td>A</td>
</tr>
<tr>
<td>288 - 323</td>
<td>B</td>
</tr>
<tr>
<td>252 - 287</td>
<td>C</td>
</tr>
<tr>
<td>234 - 249</td>
<td>D</td>
</tr>
<tr>
<td>0 - 233</td>
<td>F</td>
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</tbody>
</table>

Professor Policies:

• I expressly prohibit students from copying, recording, photographing, downloading, sharing, or obtaining the contents of my Lecture presentations or Exams.
• Students who do not participate (i.e., miss Exams or LaunchPad activities/quizzes) or who are disruptive (see ECC Board Policy 5500) may be dropped from the class by the professor.
• Students are responsible for keeping abreast of course announcements, including any changes in the Reading/Lecture or Dates specified in the Course Schedule below.
• Study guides are not provided in this class; instead, students are expected to attend lectures in an active, purposeful way – i.e., taking extensive notes that will comprise their own study guide.
• Course grades are determined solely by the requirements detailed in Grading Basis above. Extra credit is offered on exams but is not invented at the end of the semester to make up for failing scores throughout the semester.
• Students should independently confirm these important dates:
  • Friday, February 24, 2017 is the last day students can drop without notation on permanent record.
  • Friday, May 12, 2017 is the last day students can drop with a “W” and faculty can drop a student with a “W”.

ECC Policies:

• ECC Board Policy 5500 (Student Conduct): http://www.elcamino.edu/administration/board/boarddocs/AP%205500%20Standards%20of%20Student%20Conduct.pdf
• ECC Board Policy 5530 (Student Rights & Grievances Procedure): http://www.elcamino.edu/administration/board/policies.asp

Succeeding in this Course:

Do the math: the California Community Colleges Guidelines for Title 5 Regulations, Chapter 6, Part 1 sets standards for the amount of work (measured in hours) per unit of college credit:

For each hour of lecture, it is assumed that students will be required to spend an additional two hours of study outside of class.

This course is 3 units, so the regulation requires 3 Lecture Hours & 6 Study Hours per week.

How should this time be spent? Reading and Studying the assigned textbook material & my lecture notes. Notice I say Reading AND Studying. It is not enough simply to read the material—or even to read and reread the material. That is, passively taking in the authors’ words will not make the material available to you during an exam—or later in life. If you are experienced in succeeding in college courses, you know that you must work actively with the material you are required to learn. Maybe you’ve heard of the SQ3R (now the SQ4R to some), which is one system of study that promotes this approach of “active studying.” The essential feature boils down to working with the material in an active way so that you not only remember it but you can think critically about it -- like questioning explanations & conclusions, playing “Devil’s Advocate”, thinking up personal examples....

O.K., look at this issue more pragmatically (and immediately)—actively studying is the best way to pass exams. Again, it is not enough simply to read or even read and reread the material. For most of us, just plowing through chapters won’t do it.
Myself – I’m not a strong reader -- I read one section of a chapter and then I stop – I think about what kind of questions I could be asked — what parts are easy for me? What parts are confusing? I ask myself, “What’s the upshot of this section? Could I explain it to someone else?

Lastly, I want to emphasize that you are responsible for your success in this course. If you are a student who simply must have an A in this course, then your magic number is 90% – the minimum percentage needed for an A. If you’re satisfied just passing with a C, then the percentage you have to hit is 70%. My point is that you earn your grade – I don’t give it to you. Remember, there is no last-minute, end of the semester extra credit assignment that I will invent to save those who have only then realized they have not been scoring the points they need for the grade they want.

Course Schedule:

<table>
<thead>
<tr>
<th>Week Beginning</th>
<th>Topic</th>
<th>READING</th>
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</thead>
<tbody>
<tr>
<td>2/13</td>
<td>Hx of Science; Is Psychology a Science? Abnormal Psychology: Past &amp; Present</td>
<td>Ch1, Lilienfeld (2010)</td>
</tr>
<tr>
<td>2/20</td>
<td>Research in Abnormal Psych</td>
<td>Ch2</td>
</tr>
<tr>
<td>2/27</td>
<td>Models of Abnormality</td>
<td>Ch3</td>
</tr>
<tr>
<td>3/6</td>
<td>Clinical Assessment, Dx, Tx</td>
<td>Ch4</td>
</tr>
<tr>
<td>3/13</td>
<td>continued</td>
<td>---</td>
</tr>
<tr>
<td>3/20</td>
<td>SECTION EXAM 1: Wednesday, MARCH 22</td>
<td>---</td>
</tr>
<tr>
<td>3/27</td>
<td>Anxiety, Obsessive-Compulsive, &amp; Related Disorders PTSD</td>
<td>Ch5 &amp; 6</td>
</tr>
<tr>
<td>4/3</td>
<td>Depressive &amp; Bipolar Disorders</td>
<td>Ch7</td>
</tr>
<tr>
<td>4/10</td>
<td>SPRING BREAK</td>
<td>---</td>
</tr>
<tr>
<td>4/17</td>
<td>Schizophrenia</td>
<td>Ch14 &amp; 15</td>
</tr>
<tr>
<td>4/24</td>
<td>SECTION EXAM 2: WEDNESDAY, APRIL 26</td>
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</tr>
<tr>
<td>5/1</td>
<td>Disorders of Sex &amp; Gender (Gender Identity Dysphoria only)</td>
<td>Ch13 (portion)</td>
</tr>
<tr>
<td>5/8</td>
<td>Personality Disorders</td>
<td>Ch16</td>
</tr>
<tr>
<td>5/15</td>
<td>Disorders Common of Childhood &amp; Adolescents (ADHD, ODD, CD, &amp; Autism only)</td>
<td>Ch17 (portions)</td>
</tr>
<tr>
<td>5/22</td>
<td>continued</td>
<td>---</td>
</tr>
<tr>
<td>5/29</td>
<td>Disorders of Aging &amp; Cognition</td>
<td>Ch18</td>
</tr>
<tr>
<td>6/5</td>
<td>Law, Society, &amp; the Mental Health Profession</td>
<td>Ch19</td>
</tr>
</tbody>
</table>

El Camino College Academic Regulations
Grading and Academic Record Symbols
Board Policy 4230 Semester Unit of Credit

Grading and Academic Record Symbols Board Policy 4230 Semester Unit of Credit College work at El Camino College is measured in terms of semester units. One unit of credit is awarded for approximately 54 hours of lecture, study or laboratory work. The amount of credit awarded shall be adjusted in proportion to the number of hours of lecture, study or laboratory work. Grades, Grade Points, and Grade Point Average Grade points are numerical values which indicate the scholarship level of letter grades. Grade point average equals total grade points divided by total units attempted for credit courses in which letter grades have been assigned. Grade points are assigned according to the following scale:

A Excellent 4 points for each unit
B Good 3 points for each unit
C Satisfactory 2 points for each unit
D Passing, less than satisfactory 1 point for each unit
F Failing 0 points for each unit
P Pass (at least satisfactory - units awarded not counted in grade point-average – see Note 1)
NP No Pass (less than satisfactory, or failing - units not counted in grade point average – see Note 1)
I Incomplete (see Note 2)
IP In Progress (see Note 3)
W Withdrawal (see Note 4)
MW Military Withdrawal (see Note 5)

Notes:
1. **Pass-No Pass (formerly CR/NC for Credit/No Credit)** A certain number of courses are offered only on a P/NP basis while others are offered on a P/NC or letter grade option depending on which the student selects by the fourth week of a 16-week class or 25% of a class. A student earning a P grade will receive unit credit toward graduation if the course is degree applicable. Unit credit earned in P/NC courses will not be considered when calculating grade point average. Designation of P/NC or option P/NP grading is included in the course description. All grades in credit courses except W and P/NP will be considered in determining the grade point average. While NP and W grades are not used in grade point determination, a student with an excessive number of withdrawals or NPs is subject to probation or dismissal regulations.

2. **I-Incomplete** A student may receive a notation of “I” (Incomplete) and a default grade when a student did not complete his or her academic work for unforeseeable, emergency, and justifiable reasons. The Incomplete grade to be assigned by the instructor and designated on the student's transcript will be IB, IC, ID, or IF. Collectively, these grades will be referred to as an “I” grade. If the student does not complete the required work by the end of the sixth week, the “I” will automatically be removed and the default grade will be assigned. Any extension of the time for completion of the required work must be approved by the division dean.

3. **IP-In Progress** The “IP” symbol shall be used only in those courses which extend beyond the normal end of an academic term. It indicates that work is “in progress,” but that assignment of an evaluative symbol (grade) must await its completion. The “IP” symbol shall remain on the student’s permanent record in order to satisfy enrollment documentation. The appropriate evaluative symbol (grade) and unit credit shall be assigned and appear on the student’s permanent record for the term in which the course is completed. The “IP” shall not be used in calculating grade point averages. If a student enrolled in an “open-entry, open-exit” course is assigned an “IP” at the end of an attendance period and does not re-enroll in that course during the subsequent attendance period, the appropriate faculty will assign an evaluative symbol (grade-A through F, P or NP) to be recorded on the student’s permanent record for the course.

4. **W-Withdrawal** It is the student’s responsibility to process a withdrawal. A student may also be dropped by the instructor if the student has excessive absences. Withdrawal from classes is authorized through the 12th week of instruction in a 16-week class, or 75% of a class, whichever is less. If a student remains in class beyond the published withdrawal date an evaluative symbol (grade-A through F, P or NP) or an “I” (Incomplete) shall be assigned. A student who must withdraw after the published withdrawal date due to extenuating circumstances may petition for assignment of a “W.” Extenuating circumstances are verified cases of accidents, illnesses or other circumstances beyond the control of the student. No notation (“W” or other) shall be made on the academic record of the student who withdraws prior to the close of the fourth week of a 16-week class, or 30% of a class, whichever is less. Any withdrawal occurring after the published No Notation date shall be recorded as a “W” on the student’s record. The “W” shall not be used in calculating grade point averages, but excessive “W’s” shall be used as factors in probation and dismissal procedures.

5. **MW-Military Withdrawal** Military Withdrawal occurs when a student who is a member of an active or reserve United States military service receives orders compelling a withdrawal from courses. Upon verification of such orders, the student may be assigned “MW.” Military withdrawals shall not be counted in the limitation on excessive withdrawals nor in progress probation and dismissal calculations.

**Grade Change**

**Board Policy 4231**

When grades are given for any course of instruction taught in the El Camino Community College District, the grade given to each student shall be the grade determined by the instructor of the course, and the determination of the student’s grade by the instructor, in the absence of mistake, fraud, bad faith, or incompetency, shall be final. A student who alleges that a grade in a course was given as a result of mistake, fraud, bad faith, or incompetency may appeal the grade within 18 months of the last day of the term in which the grade was posted. Upon determination by the District that a grade in a course was given as a result of fraud, the District may change or remove the fraudulent grade from the student’s transcript of record based on the recommendation of a faculty committee. Such action may be initiated upon determination of the fraud without regard to the time limits imposed on other grade appeal actions. Procedures for changing or removing grades in accordance with this policy have been developed by the President/Superintendent or his designees in collegial consultation with the Academic Senate. This policy supersedes the section of BP 4220 that deals with grade change procedures. Grade Change Administrative Procedure 4231 Students may review the Administrative Procedure for Board Policy 4231 on the El Camino College website www.elcamino.edu/administration/board/policies.asp.

**Student Rights & Grievances Procedure 5530:**

http://www.elcamino.edu/administration/board/policies.asp

**LaunchPad Enrollment Instructions:**

Dear Students,

The online portion of our course is open for student registration.

To register for the course go to:

http://www.macmillanhighered.com/launchpad/comerabpsych9e/5443606
PLEASE bookmark the page to make it easy to return to.

You have three options to enroll in the course: you can purchase direct access, you can buy an access code, or you can get free 21 day access while deciding.

To navigate and start using LaunchPad please consult the Get Started guide and/or view this video.

If you have problems registering, purchasing, or logging in, please contact Customer Support. You can reach a representative during the hours of operation listed below by one of the following:

- through the online form
- by chat (via the online form, for student access and payment inquiries)

Or by phone at 1 (800) 936-6899

Customer Support Hours of Operation:

- Monday through Thursday 8:00 a.m. to 3:00 a.m.
- Friday 8:00 a.m. to 12:00 a.m.
- Saturday 12:00 p.m. to 8:00 p.m.
- Sunday 12:00 p.m. to 3:00 a.m.

Looking forward to seeing you in class!

Richard Mascolo

rmascolo@elcamino.edu