

## **Psychology 112**

### ***Human Sexuality***

*3 units; 3 hours lecture*

*Prerequisite: Psychology 101 or Psychology 101H with a minimum grade of C*

*Recommended Preparation: English 1 or eligibility for English 1A or qualification by appropriate assessment  
Degree applicable Transfer CSU, UC*

This course is the scientific study of human sexuality. Emphasis is placed on the analysis of sexuality from a psychological perspective. Topics include the history and the study of human sexuality, the scientific research methods used to study sexuality, the psychobiology of sex, sexual behavior and relationships, and sex as a social and health issue. Gender and sociocultural issues are also addressed.

### **Course Objectives:**

1. Discuss historical, cultural, and psychological perspectives on sexuality.
2. Compare and contrast theoretical perspectives on human sexuality.
3. Describe research methods used to study human sexuality.
4. Demonstrate a basic understanding of female and male sexual anatomy and physiology including anatomical structures, the function of anatomical structures, and the physiological processes of the sexual female and male.
5. Describe the determinants and the special functions of hormones in the brain involved in sexual arousal.
6. Differentiate between the various models of human sexual response.
7. Identify changes in sexuality throughout the human lifespan and examine how different cultures view these changes.
8. Describe the processes of conception, pregnancy, and childbirth, and cross-cultural views on these processes.
9. Recognize issues and problems that arise both during pregnancy and postpartum and discuss how different cultures view these issues and problems.
10. Identify and discuss the various methods of contraception and abortion addressing both the psychological aspects and multicultural views of these methods.
11. Analyze the psychological aspects of contraception and abortion, and compare and contrast cultural views on these topics.
12. Describe and analyze different types of sexual behaviors and compare and contrast cultural views of these behaviors.
13. Examine the causes of the various types of sexual paraphilias and sexual disorders and their treatments and therapies.
14. Identify and examine the psychological issues of rape, childhood sexual abuse, and sexual harassment and describe how these issues are influenced by cultural context.
15. Compare and contrast different cross-cultural views of sexuality.
16. Recognize the various types of sexually transmitted diseases and discuss how they can be prevented and treated.
17. Define sex and gender and assess how gender is linked and informs sexuality.
18. Discuss and evaluate the various theories of sexual orientation.
19. Analyze the relationships between intimacy, attraction, love and sexual communication.
20. Assess issues relevant to human sexuality, including pornography and prostitution, and differentiate cross-cultural views of these issues.

### **Student Learning Outcomes (SLO):**

1. Logic of the Scientific Method

On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to explain historical developments in scientific sex research as well as identify and evaluate specific research methods used to study the psychological, biological, and cultural factors in human sexuality.

2. Fundamental Principles

On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to identify and explain major theories, perspectives, and facets of human sexuality.

3. Everyday Application

On examination (e.g., m/c, T/F, fill-in, matching, essay), written essay, research paper, and/or oral presentation, students will be able to apply fundamental principles in the development of a personal sexual philosophy.

**ADA Statement:**

El Camino College is committed to providing educational accommodations for students with disabilities upon the timely request by the student to the instructor. A student with a disability, who would like to request an academic accommodation, is responsible for identifying herself/himself to the instructor and to the Special Resource Center. To make arrangements for academic accommodations, contact the Special Resource Center.

**Student Code of Conduct**

<https://www.elcamino.edu/administration/board/2019-policies/AP%205500%20Student%20Conduct%20.pdf>

**Student Rights and Grievances Procedure 5530**

<https://www.elcamino.edu/administration/board/boarddocs/AP%205530%20STUDENT%20%20RIGHTS%20AND%20GRIEVANCES.pdf>