

ADMINISTRATION OF JUSTICE 49

PENAL CODE 832 – ARREST AND FIREARMS



We welcome students of all ages and skill levels!

PREREQUISITE CHECKLIST:

LIVESCAN – DOJ CLEARANCE LETTER

Dated within **90 days** prior to the first class meeting

ECC MEDICAL CLEARANCE FORM

Dated within **6 months** prior to the first class meeting

NOTE: Prerequisite documents are due prior to the start of the course. If your documents are incomplete on the first day of class, you will be dropped.



Prospective students are welcome to contact the P.O.S.T. Program Administrative support, Amanda Baldonasa, by email: abaldonasa@elcamino.edu or phone (310) 660-3593 ext. 6498

Livescan Instructions

1. Fill out the Applicant Information section; disregard the Billing & Misc. Number lines.
2. Verify in the livescan system your address is **correctly input** by the livescan technician.
3. The DOJ clearance letter will be mailed to your home address within 2 weeks after you have been fingerprinted. *The letter date must be within 90 days of the first class meeting.
4. Submit DOJ Clearance letter to the Law Enforcement Training Program office at El Camino College, with attention to: Amanda Baldonasa, P.O.S.T. Administrative Support.



REQUEST FOR LIVE SCAN SERVICE

Applicant Submission

CA0349400

ORI (Code assigned by DOJ)

POST CERTIFICATION (NON-SPONSORED 13511.5 PC)
Authorized Applicant Type

POST CERTIFICATION

Type of License/Certification/Permit OR Working Title (Maximum 30 characters - if assigned by DOJ, use exact title assigned)

Contributing Agency Information:

DOJ/BUREAU OF FIREARMS

Agency Authorized to Receive Criminal Record Information

Mail Code (five-digit code assigned by DOJ)

P.O. BOX 820200

Street Address or P.O. Box

Contact Name (mandatory for all school submissions)

SACRAMENTO

City

CA 94203-0200
State ZIP Code

(916) 227-1375

Contact Telephone Number

Applicant Information:

Last Name

First Name Middle Initial Suffix

Other Name
(AKA or Alias) Last

First Suffix

Date of Birth Sex Male Female

Driver's License Number

Height Weight Eye Color Hair Color

Billing Number
(Agency Billing Number)

Place of Birth (State or Country) Social Security Number

Misc. Number
(Other Identification Number)

Home Address Street Address or P.O. Box

City State ZIP Code

Your Number: _____
OCA Number (Agency Identifying Number)

Level of Service: DOJ FBI
 Firearms

If re-submission, list original ATI number:
(Must provide proof of rejection)

Original ATI Number _____

Employer (Additional response for agencies specified by statute):

DOJ/BUREAU OF FIREARMS

Employer Name

Mail Code (five digit code assigned by DOJ)

P.O. BOX 820200

Street Address or P.O. Box

SACRAMENTO

City

CA 94203-0200
State ZIP Code

Telephone Number (optional)

Live Scan Transaction Completed By:

Name of Operator

Date

Transmitting Agency LSID

ATI Number Amount Collected/Billed

Livescan Locations

*The total for the Livescan service is the rolling fee plus the standard DOJ and Firearms fee of \$51.

<u>Agency</u>	<u>Phone and Address</u>	<u>Rolling Fee</u>	<u>Schedule</u>
Certifix Live Scan dbw Alhambra Live Scan	(626) 586-1263 1120 West Valley Blvd Alhambra, CA 91803	\$10 *	Walk-Ins 9:00AM - 6:30 PM
Red Door Investments, Inc.	(310) 515-0326 852 W Gardena Blvd. Gardena, CA 90247	\$14 *	Appointment Only Monday-Saturday 11:00 AM - 5:30 PM
PNJ Services	(310) 515-1030 18036 S Western Ave Gardena, CA 90248	\$15 *	Walk-Ins 9:00AM - 6:30 PM
Imperial Professional Services	(562) 806-3390 10848 Paramount Blvd Downey, CA 90241	\$16 *	Walk-Ins Monday-Friday 8:00 AM - 6:00 PM Saturday: 9AM-6PM
A Identity Match	(562)281-9495 9724 Artesia Blvd, Suite C Bellflower, CA 90706	\$17 *	Walk-Ins Monday-Thursday 9:00 AM-6:00 PM Friday 9:00 AM-12:00 PM
Fred's Notary and Fingerprints	(818) 787-2387 14437 Victory Blvd Van Nuys, CA 91401	\$18 *	Walk-Ins Monday - Friday 10:00AM - 6:00 PM Saturday: 11 AM-3 PM
1 Airport Drug Testing	(323)449-0401 14619 Prairie Avenue Lawndale, CA 90260	\$20 *	Walk-Ins Monday-Friday 12:00 PM - 6:00 PM
1 Hour Photo Prolab	(310) 674-8920 300 S Market Street Inglewood, CA 90301	\$20 *	Walk-Ins Monday-Friday 9:30AM - 5:00PM
A Fingerprints	(310) 328-8818 21720 S. Vermont Ave Torrance, CA 90502	\$20 *	Walk-Ins & App Only Time Varies
CSU Dominguez Hills *Must purchase \$8 parking permit if you park on campus	(310) 243-3343 1000 E. Victoria Sreet Carson, CA 90747	\$20 *	Walk-Ins Monday-Friday 8:30 AM - 4:30 PM
El Camino College Campus Police Department	(310) 660-6140 16007 Crenshaw Blvd Torrance, CA 90506	\$20 *	By Appointment Only Time Varies
L.J. Bragg Security Guard Training	(310) 962-8203 4830 Crenshaw Blvd Los Angeles, CA 90043	\$20 *	Monday-Friday 10:00 AM - 6:00 PM Saturday 11 AM - 2 PM

*Important Notice: The prices, terms, and availability are subject to change as per agency.
Please contact the agency by phone for specific information regarding their services.

Updated: 09/13/2017

Medical Clearance Form Instructions

1. Read document **entirely**.
2. Review all physical activities listed prior to your appointment with a medical professional; check box next to any activities you have a concern about.
3. Fill out the Student Certification section, sign, and date.
4. Discuss with medical professional all activities you checked a box next to.
5. Submit the completed ECC Medical Clearance form to the Law Enforcement Training Program office at El Camino College, Industry and Technology building, room 102, with attention to: Amanda Baldonasa, P.O.S.T. Administrative Support.



MEDICAL CLEARANCE FOR ENTRANCE FORM

----- Student Certification -----

STUDENT: _____

Student ID # _____

Academy Class # _____

I have read the attached list of physical activities required of the Law Enforcement Training, **LET**, - Police Academy- students/cadets. I certify, to the best of my knowledge and belief, I am able to do all the activities listed. I further certify if I had any concerns about my ability to do certain activities, I discussed those concerns with the medical professional listed below.

STUDENT'S SIGNATURE

DATE

----- Medical Professional Certification -----

NAME: _____
MEDICAL PROFESSIONAL - PLEASE PRINT

ADDRESS: _____

PHONE: _____



During LE Training, students/cadets may perform the physical activities listed on the attached pages.

Medications Prescribed?

- NO YES — if yes, please check the appropriate box:
 - Will **NOT** impair student's participation in the listed activities
 - WILL** impair student's participation in the listed activities

The client listed above has been examined and found physically acceptable for full and unrestricted participation in a Law Enforcement - Police Academy Training Program. YES NO

Comments: _____

MEDICAL PROFESSIONAL'S SIGNATURE

DATE

MEDICAL CLEARANCE FOR ENTRANCE FORM
(Check box next to any activity you have a concern about.)

During LET – Police Training- students/cadets perform the physical activities listed below.

I. PHYSICAL CONDITIONING

- Flexibility Development using both dynamic (multiple joint and muscle movements) and static (resistance and hold) stretching exercises
- Partner-assisted strength-slow ballistic calisthenics
- Cardiovascular and Strength Endurance training to include (but not limited to): a variety of calisthenics, pushups, pull ups, dips, sit ups, up-downs (burpees), sustained planks, knee bends/squats, and jogging; all requiring repetitions
- Interval circuit weight training with free weights and/or resistance bands (weight/resistance to be determined by cadet and instructor)
- Interval running-run/walk such as run 220 yards then walk 110 yards (repeat 10 times)
- Agility circuit-series of full body, high speed agility-vaulting, skipping, body twists, etc.
- Cardiovascular Development using interval repetitions and/or endurance cycles (20-40 minutes at Target Heart Rate) accomplished primarily through sustained running/jogging

Please check any activity you have a concern about:

- Stationary or regular bicycle
- Stair climber
- Row machine
- Elliptical machine
- 20 to 40 minutes of sustained running/jogging
- Jogging up and down stairs and/or hills

II. FIREARMS TRAINING

- Run or sprint 25 yards and/or perform calisthenics and then fire handgun from various positions (standing, kneeling, prone).
- Fire handgun courses from various positions (standing, kneeling, prone).
- Fire shotgun/rifle courses from various positions (standing, kneeling, prone).
- Establish and maintain stable footing/balance during shooting positions while transitioning quickly from one position to the other (e.g., standing to kneeling, kneeling to standing, and standing to prone).

III. ARREST AND CONTROL

- Warm-up exercises to include pushups, sit-ups, up-downs (burpees), stretching, neck rotation, etc.
- Baton strike maneuvers.
- Pain compliance holds to include wrist locks, hand-cuffing, take downs, and carotid restraint.
- Take down maneuvers, repetitive knee bends, lunges, ground fighting exercises, and repetitive body rotation maneuvers.
- Ability to support body weight of another person while demonstrating take down and handcuffing techniques.

_____ Student: Initial to signify that you have read the activities listed on this page and will discuss any concerns with the medical professional listed above. (Check box next to any activity you have a concern about.)

MEDICAL CLEARANCE FOR ENTRANCE FORM
(Check box next to any activity you have a concern about.)

IV. CHEMICAL AGENTS TRAINING

- Brief exposure to a non-lethal, aerosol chemical agent such as OC (oleoresin capsicum).
- Brief exposure to a non-lethal, riot control chemical agent such as CN (chloroacetophenone) or CS (o-chlorobenzylidene-molononitrile).

V. DRIVING

- Slow speed driving course (braking, emergency braking, body twisting, and neck rotation)
Please check:
 - Able to maintain throttle/accelerator control at variable speeds (0-50 mph)
 - Able to move right foot quickly from accelerator to brake with precision and control
 - Does not require an apparatus that could interfere with accelerator and/or braking movements

VI. SCENARIO TRAINING AND TESTING

- Apply control holds to, arrest, and search single and/or multiple suspects
- Repetitive standing, walking, and jogging on various terrain/surfaces (i.e., paved, grass, dirt, gravel, hillsides)
- Perform various searches (i.e., looking under and on top of suspected hiding places, repetitive standing, kneeling, squatting, and/or prone positions)
- Perform vehicle stops (i.e., repetitive standing and kneeling required)
- Ability to stand, walk, and/or run unassisted with weapon in either hand

VII. PHYSICAL ASSESSMENT TEST

- Body drag:** run backwards 32 feet while dragging a 165-pound dummy for time
- Solid fence climb:** run/sprint 25 yards, scale 6' solid wall, land on ground with both feet, and run/sprint 5 yards for time
- Chain-link fence climb:** run/sprint 25 yards, scale 6' chain-link fence, land on ground with both feet, and run/sprint 5 yards for time
- 99 yard obstacle course (simulated parking lot chase):** run/sprint 99 yards, make several lateral movements, and scale obstacles that include a 3' saw horse for time
- 500 yard run:** run/sprint 500 yards for time
- 1.5 mile run:** run 1.5 miles for time
- Abdominal curls:** perform as many abdominal curls as possible in 1 minute
- Sit and reach:** a test to determine overall range of motion and flexibility
- Pushups:** perform as many continuous motion pushups as possible as an indicator of arm, upper body, and core strength and endurance

**** Cadets who are or may become pregnant are urged to discuss the possible health risks to the fetus from the physical activities required during training and from the inevitable loud noises and exposure to lead during firearms training.**

_____ **Student: Initial to signify that you have read the activities listed on this page and will discuss any concerns with the medical professional listed above.** (Check box next to any activity you have a concern about.)