

Assessment: Assessment Unit Four Column

Spring/Summer 2018



El Camino: PLOs (HSA) - Adapted PE

PLOs	Assessment Method Description	Results	Actions
<p>PLO #1 Fitness and Skill Development - Student in Adapted Physical Education courses will improve their fitness and/or skill development.</p> <p>PLO Status: Active</p> <p>PLO Assessment Cycle: 2014-15 (Spring 2015), 2017-18 (Spring 2018)</p> <p>Input Date: 10/04/2013</p>	<p>Performance - 10 sections with 204 students participated in fitness activities, swimming/hydroexercise, and bowling. There were no previous SLO assessments that evaluated improvements in fitness and/or skill activities. Because of this no previous SLO data is included. The students exercise cards were evaluated at the end of the semester to determine if improvements were made. The bowling averages at the beginning of the semester were compared to the averages at the end of the semester to determine if skills were improved.</p> <p>Standard and Rubric: 80% of students should have improvements in fitness or skill acquisition.</p>	<p>Semester of Current Assessment: 2014-15 (Spring 2015)</p> <p>Standard Met: Standard Not Met</p> <p>127 of 183 (69%) students showed improvements in fitness and swimming classes. 14 of 21 students showed improvement in skill development in the bowling class. The total of 141 of 204 (69%) students had improvement in the 10 sections during the Spring 2015 semester. After reviewing the exercise cards, many students do not show improvements on the card. But, when an informal assessment asking students and with instructor input, it is estimated that more students made improvements but the documentation did not support this. Many of the students do not have the cognitive ability to record data on their exercise cards. For courses where there is not enough assistants it is difficult to record data. The different exercise machines are not collaborated the same, so the results are skewed. (05/20/2015)</p> <p>Faculty Assessment Leader: Russell Serr / Mark Llpe</p> <p>Courses Associated with PLO Assessment: PE400, PE401, PE402, PE404, PE407</p>	<p>Action: In the future, more emphasis will be placed on documentation of progress. Periodic reviews of the exercise cards will be made during the semester. Improvements in pre and post tests will improve the assessment process. Exercise goals should be reflected in the exercises that are programmed on the exercise cards. (09/21/2015)</p> <p>Action Category: Teaching Strategies</p>
	<p>Performance - Exercise cards in fitness lab classes and the swimming courses were evaluated for improvements.</p> <p>Standard and Rubric: 80% of the students will show improvement in various components of fitness.</p>	<p>Semester of Current Assessment: 2017-18 (Spring 2018)</p> <p>Standard Met: Standard Not Met</p> <p>Exercise cards of 82 students in 4 sections were evaluated. In the swimming class, 16 of 24 students showed improvement in the number of laps or swimming. times (67%). Of the 8 students who did not show improvement, 6 did not report.</p> <p>Exercise cards for 82 students in 3 sections of Adapted</p>	<p>Action: Emphasis on record keeping, an explanation for 201 assistants, and the inclusion of flexibility should improve the accuracy of results. Including the Adapted Yoga class, results from other instructors, and skill development in the Adapted</p>

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		<p>Fitness and Strength Training were evaluated. 47 (81%) showed improvement in cardiovascular endurance. 41 (70%) students showed improvement in muscular strength and endurance. 67 of the 82 (82%) showed improvement in some component of fitness. 77% of students in the Adapted Physical Education showed improvement in fitness during the Spring 2018 semester. Poor record keeping on the exercise cards resulted in results below standard, and would most likely have met the 80% target if improved upon.</p> <p>. (06/18/2018)</p> <p>Faculty Assessment Leader: Russell Serr</p> <p>Courses Associated with PLO Assessment: PE400, PE401, PE402</p>	<p>Bowling class should be included to create a true overall picture of the improvements of students fitness and skill (06/18/2020)</p> <p>Action Category: Teaching Strategies</p>

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El Camino: PLOs (HSA) - Kinesiology

PLOs	Assessment Method Description	Results	Actions
PLO #1 Fitness and Wellness - Students will demonstrate an understanding and appreciation of physical activities and their relationship to wellness and fitness. PLO Status: Active PLO Assessment Cycle: 2014-15 (Spring 2015), 2017-18 (Spring 2018) Input Date: 07/01/2013	Multiple Assessments - A seven question survey was completed by students in 9 courses within the Kinesiology department that focused on the students ability to understand the importance of physical activity and its relationship to health and wellness. . SLO results for 9 different courses were reviewed and evaluated for whether the standard was met, action category, and actions. Common weaknesses and similar actions were noted and summarized along with survey results Standard and Rubric: 80% of students will Strongly Agree that the program has helped them to understand the importance of physical activity on improved health and wellness.	Semester of Current Assessment: 2014-15 (Spring 2015) Standard Met: Standard Met 1,908 survey questions were completed with 1,530 of the responses being Strongly Agree for 80%. 88% of the course SLO assessment results showed Standard Met. Minor Teaching Strategies were common among Actions. Some Program Support items included having a track, heart rate monitors, body fat analyzers, and a bigger meeting place for the walking classes instead of PE25. (08/13/2015) Faculty Assessment Leader: Gene Engle Faculty Contributing to Assessment: Tom Hazell. John Featherstone, Tom Hicks, Cory Stanbury, Andrew Alvillar Courses Associated with PLO Assessment: PE 2, PE 10, PE 18, PE 54, PE 245, PE 249, PE 254, PE 259, PE 280	Action: Providing a track will assist in monitoring and improving fitness of students. A clock that is visible from the track and in the new stadium will assist students in accurately assessing training heart rate and other parameters (05/06/2016) Action Category: Program/College Support
	A seven-question survey was completed by students in 10 courses within the Kinesiology department that focused on the student's ability to understand the importance of physical activity and its relationship to health and wellness. SLO results	Semester of Current Assessment: 2017-18 (Spring 2018) Standard Met: Standard Not Met 3192 survey questions were completed with 2317 of the response being strongly agreed (73%). If you combine both strongly agree and agree responses the percentage is 92%. Less than .01% were either disagree or strongly agree. 26 SLOs in 16 courses aligned with PLO #1. 73% of the SLOs	Action: The department needs to examine the standard for success and teaching strategies for all courses that include flexibility improvement as an SLO. Change the PLO standard from 80% will strongly agree to 80% will agree or

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	<p>for 16 different courses were reviewed and evaluated for whether the standard was met action category and actions. Common weaknesses and similar actions were noted and summarized along with survey results</p> <p>Standard and Rubric: 80% of the students will strongly agree that the program has helped them to understand the importance of physical activity on improved health and wellness.</p>	<p>met the standard. 45% of the SLO that did not meet the standard was for flexibility improvement. (06/07/2018)</p> <p>Faculty Assessment Leader: Gene Engle</p> <p>Faculty Contributing to Assessment: Tom Hicks, Danielle Roman, Cory Stanbury, Andy Alvillar, Tom Hazell. Nick Jones</p>	<p>strongly agree. (08/07/2020)</p> <p>Action Category: SLO/PLO Assessment Process</p> <p>Follow-Up: Instructors have made a big impact on students. Students know they feel good when they are physically active and instructors have made it fun and interesting. Continue the enthusiasm and great example. (06/08/2018)</p>

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El Camino: PLOs (HSA) - Kinesiology Athletics

PLOs	Assessment Method Description	Results	Actions
<p>PLO #3 Skill Development - Students will demonstrate the acquisition of skill and tactical knowledge to perform appropriately in relation to their position and their chosen athletic program.</p> <p>PLO Status: Active</p> <p>PLO Assessment Cycle: 2017-18 (Fall 2017), 2017-18 (Spring 2018)</p> <p>Input Date: 09/15/2013</p>	<p>Performance - Coaches from a variety of sports evaluated their athletes on the acquisition of skill and tactical knowledge. Students were rated on a scale ranging from no improvement, moderate improvement, strong improvement. Scales were specific to the particular sport.</p> <p>Standard and Rubric: It is expected that 80% of the students will exhibit strong improvement. It is also expected that less than 10% will experience no improvement.</p>	<p>Semester of Current Assessment: 2017-18 (Spring 2018)</p> <p>Standard Met: Standard Met</p> <p>253 student athletes were evaluated for performance and improvement in their respective sports by their coaches. 100% of student athletes experienced improved performance. While some students saw a larger improvement margin the others: talent, previous experience, illness and injury may have played a role in that variability. 92% of the athletes experienced strong improvement. 7% experienced moderated improvement while only 1% experienced no improvement. Virtually all of those had problems with injury or illness that effected their season. (06/07/2018)</p> <p>Faculty Assessment Leader: Corey Stanbury</p> <p>Faculty Contributing to Assessment: Jennifer Rapoza, Steve Shaw, LeValley Pattison, Gifford Lindheim, Nate Fernley, John Britton, Dean Lofgren, Richard Blount, Robert Uphoff, Stacey Komai, Van Kanegan,</p> <p>Courses Associated with PLO Assessment: PE 5, 16, 45, 57, 61, 71, 75, 106, 115, 120, 132, 140,</p>	<p>Action: Using an easy scale is manageable method for evaluating this PLO. Coaches are doing a great job working with their athletes and produced very successful seasons this spring. Keep up the great work. (06/07/2018)</p> <p>Action Category: Teaching Strategies</p> <p>Follow-Up: Most sports are getting the equipment they need to train their athletes and improve skill acquisition. Continue coach education and enthusiasm for developing young people. (06/07/2019)</p>
		<p>Semester of Current Assessment: 2017-18 (Fall 2017)</p> <p>Standard Met: Standard Met</p> <p>270 athletes from 15 sports were evaluated by their respective coaches. 90% of the athletes were rated as strongly improved by their coaches. 9% rated as moderately improved and less than 1% rate as not improved. Most of those were athletes that experienced injury. (03/06/2018)</p> <p>Faculty Assessment Leader: Corey Stanbury</p>	<p>Action: It would be difficult to create a one size fits all method of assessment. Each sport is significantly different in addition to differences between team and individual sports. Relying on coaches to evaluate with a very general scale that they can apply</p>

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		<p>Faculty Contributing to Assessment: Coaches from 15 different sports</p> <p>Courses Associated with PLO Assessment: PE 15, 20, 35, 45, 58, 60, 65, 66, 70, 75, 80, 85, 87, 105, 115</p>	<p>to their specific skill set and tactical knowledge seems to work well. (03/06/2018)</p> <p>Action Category: Teaching Strategies</p> <p>Follow-Up: Coaches will rate their teams again in Fall of 2018. A simple scale will work well to cover a diverse spectrum of sports and skill sets. Skilled coaching will create strong levels of athletic improvement in knowledge and performance. (03/13/2018)</p>

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El Camino: PLOs (HSA) - Recreation

<i>PLOs</i>	<i>Assessment Method Description</i>	<i>Results</i>	<i>Actions</i>
<p>PLO #1 Leadership - Students will demonstrate an understanding of recreation and leadership skills.</p> <p>PLO Status: Active PLO Assessment Cycle: 2014-15 (Spring 2015), 2017-18 (Spring 2018) Input Date: 07/01/2013</p>	<p>Performance - Students conducted a cooperative play exercise featuring leadership and facilitation. Students were evaluated by their peers and the instructor. This is the final project as students leave the recreation program and should assist them in future vocational and educational pursuits in the field of recreation and leisure studies.</p> <p>Standard and Rubric: 80% of the students should attain a score of 3 or 4 on the 1-4 rubric of positive and successful leadership.</p>	<p>Semester of Current Assessment: 2017-18 (Spring 2018) Standard Met: Standard Met 93 students participated in the project. 85 of the 93 students achieved a 3 or 4 in their leadership and cooperative play activities. Students were highly motivated and enjoyed the team building aspects of the exercise. Students were encouraged about the possibilities of a career in recreation. Success rate for this exercise was 91%. (09/25/2018) Faculty Assessment Leader: David Bacon Faculty Contributing to Assessment: Thomas Hazel Courses Associated with PLO Assessment: Recreation 207, 217, and 307</p> <p>Semester of Current Assessment: 2014-15 (Spring 2015) Standard Met: Standard Met Over the past year 96 students participated in the project. 80 of the 96 (83%) students achieved a 3 or 4 in their leadership and cooperative play activities. Students enjoyed the exercises, and were motivated to be a good team in this exercise. The success rates reinforced students commitment to a career in recreation. (05/07/2015)</p>	<p>Action: As suggested in the last action this exercise was done earlier in the semester. This encouraged the students to work as a team much earlier than usual. Also, a stronger enthusiasm in the course and performance of the students made subsequent projects more successful. (09/25/2018) Action Category: Teaching Strategies Follow-Up: Earlier team building activities in the course resulted in a much more positive student experience and better academic performance for the group. We will continue with this changed order of course material. (09/25/2018)</p> <p>Action: For the past 3 semesters this cooperative play exercise was near the end of the semester. In the future this cooperative play exercise will be scheduled earlier to attain the positives of team building and personal satisfaction for the entire class. (09/01/2015)</p>

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Faculty Assessment Leader: Dave Bacon

Courses Associated with PLO Assessment: REC207,
REC217, REC307

Action Category: Teaching
Strategies