

Program PLO Statements

Unit Name	PLO Name	PLO	PLO Status
El Camino: PLOs (HSA) - Kinesiology	PLO #1 Fitness and Wellness	Students will demonstrate an understanding and appreciation of physical activities and their relationship to wellness and fitness.	Active
	PLO #2 Critical Thinking	Students will apply the knowledge and skills in the field of kinesiology to think critically in examining issues and solving problems associated with their chosen sub discipline	Active
	PLO #3 Skill Development	Students will demonstrate improved specific skills related to their sport or activity.	Active