

Program PLO Statements

Unit Name	PLO Name	PLO	PLO Status
El Camino: PLOs (IND) - Nutrition and Foods	PLO #1 Comprehensive Food Plans	Upon completion of the Nutrition and Foods program, the student will be able to outline the overall nutritional needs of children and adults and develop comprehensive food plans to ensure nutritional needs are being met.	Active
	PLO #2 Sources of Nutrients	Upon completion of the Nutrition and Foods program, Students know the sources and functions of macronutrients and micronutrients.	Active
	PLO #3 Using Published Nutrition Facts	Upon completion of the Nutrition and Foods program, Students compare canned/packaged food products using the information on the Nutrition Facts Panel, ingredient list, and Daily Values	Active