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For Immediate Release

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Internationally Known Speaker Jes Baker Comes to El Camino College
Positive and progressive author/public speaker to present
"Changing the World, Love Your Body: The Social Impact of Body Love"

Body acceptance activist Jes Baker will lead the discussion, "Changing the World, Love Your Body: The Social Impact of Body Love," at 7 p.m. March 9 in El Camino College's Marsee Auditorium.

Baker is a positive, progressive, and magnificently irreverent force to be reckoned with in the realm of self-love advocacy and mental health. Her presentation will explore the state of current body image issues. She shares effective ways for participants to individually reframe the way they perceive themselves, and clearly illustrates how implementing these actions will positively affect their lives as global citizens.

Internationally recognized for her blog, Baker started writing "The Militant Baker" in 2012, covering topics such as body insecurity and beauty standards, self-care, recipes and feminism. She started a campaign called "Attractive and Fat" in response to Abercrombie and Fitch advertising, and her book "Things No One Will Tell Fat Girls" was published in 2015. She has been featured on hundreds of national and international media networks, including CNN, the Today Show, and the BBC, among many others.

Baker is known for harnessing the power of vulnerability, honesty and candor through dialogue about living in a world where worth is determined by dress size, diagnosis, and deference to authority.

When not speaking, Baker spends her time producing the renowned Body Love Conference, blogging, writing for several online publications, and working with clothing companies to promote more plus-size fashion.

Tickets for the event are \$24 and may be purchased online at centerforthearts.org using the online ticketing system, or by phone at 800-832-ARTS. The Ticket Office is open Monday through Friday 10 a.m.-6 p.m. Campus parking is \$3. El Camino College's Marsee Auditorium is located at 16007 Crenshaw Boulevard, Torrance.

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