

# DRESS FOR SUCCESS

Making a good, first impression is always important when going on an interview. You should always dress to impress. Even if you are going to get an application, you never know if you are given an on-the-spot interview. Below is a rule of thumb on how to dress when you go on an interview:

## Men

- Dark suits that are solid or subtle pinstripes
- Dress shirts should be a soft solid color such as white, ironed/pressed
- Necktie should be solid, stripes, or small patterns
- Dark shoes (cleaned and polished)
- Dark socks (mid-calf length so your ankles do not show when you sit)
- Neatly groomed hair (if you have long hair, considering putting it in a ponytail)
- Beards and mustaches should be neat and trimmed
- Cleaned and trimmed fingernails
- Wear no or minimum conservative jewelry
- Cologne should be minimal or none



## Women

- Dress suits should be plain, neutral or dark colors (skirts should be knee length)
- Dress shirt or blouse should be a soft solid color that matches your suit
- Basic pumps that are polished that are medium or low heel
- Hosiery should be sheer and a neutral color
- Hair style should be nice and simple
- Minimal use of makeup
- If you wear nail polish, it should be a light shade or clear
- Wear minimal conservative jewelry
- Perfume should be none or a bare minimum

Make sure you are presentable from top to bottom. Check your attire in the restroom just before your interview for a final check up on your appearance such as nothing in your nose, your hair is in place, your tie is straight, etc.

You should not have anything in your mouth such as gum or candy. And if you smoke, refrain from smoking until after the interview.