# Supplemental Videos

Here are some additional videos from the 'Intro to Windows 7' course that you might find helpful. Many of these tasks pertain only to your personal computer, rather than your computer at work. Some require administrative privileges.

Lynda.com Course title:

## Windows 7 Essential Training

**Introduction**

| | |
|---|---|
| Windows basics for first-time users | 13m 47s |
| Dealing with device drivers | 6m 42s |

**Chapter 2: The Windows 7 Interface**

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|---|---|
| Using the action center | 3m 48s |
| Keeping information at your fingertips with desktop gadgets | 5m 22s |

**Chapter 3: Windows Explorer**

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|---|---|
| Sharing and protecting folders and files | 5m 27s |
| Backing up by burning to CD or DVD | 5m 56s |

**Chapter 4: Music, Photos, and Video**

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|---|---|
| Playing media files with Windows Media Player | 3m 59s |
| Organizing and sharing photos in Windows Explore | 7m 22s |

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**Chapter 5: Other Windows Accessories**

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|---|---|
| Creating graphics with Paint | 4m 58s |

**Chapter 6: System Settings**

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|---|---|
| Controlling system settings | 6m 38s |
| Uninstalling programs that are no longer used | 2m 42s |
| Exploring accessibility options | 6m 29s |

**Chapter 7: Devices and Networking**

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|---|---|
| Connecting hardware with Device Stage | 2m 56s |

**Chapter 8: Windows Security**

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|---|---|
| Keeping your PC secure with Windows Update | 3m 44s |
| Battling spyware with Windows Defender | 7m 41s |
| Controlling access with user accounts | 4m 32s |
| Using parental controls to block unwanted content | 4m 49s |

**Chapter 10: Backing Up and Troubleshooting**

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|---|---|
| Finding issues in the Troubleshooting control panel | 3m 53s |
| Backing up folders and drives | 6m 36s |
| Restoring files and drives | 4m 39s |
| Handling an entire system crash | 6m 0s |

**Chapter 12: Windows Live Essentials** 1h 14m