Winter/Spring 2011

SCHEDULE OF CLASSES

Education is the Spice of Life!











The Pentagon Papers -40th Anniversary!

El Camino College's Community Education department invites you to participate in two extraordinary events related to the 40th anniversary of the release of the Pentagon Papers, the Defense Department history of decision making on Vietnam. This series is in association with the 2011 Works in Progress theater series Pentagon Papers. The Pentagon Papers were monumental in two obvious ways. First, they revealed America's gradual and costly involvement in a distant war. Secondly, they unleashed an important argument in American society regarding citizens' right to know what their government is doing. These distinctions of the Pentagon Papers echo loudly today, as the nation finds itself rooted in other distant wars.



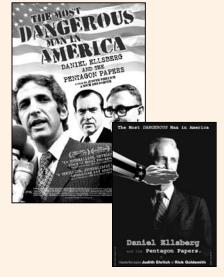
Film Screening & Panel Discussion: The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers

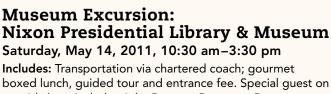
Thursday, April 7, 2011 at 6:30 pm

Doors open at 6:00 pm. Light refreshments served. Location: Robert Haag Recital Hall

Fee: \$10 Limited seats, pre-enrollment required: Call 310-660-6460

A screening of the new film The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers followed by a panel discussion with experts on this topic including Dr. Timothy Naftali, Director of the Richard Nixon Presidential Library and Museum and Dr. Michael James Eula, Professor of History at El Camino College. Moderated by John Powers, Pentagon Papers stage adaptation writer, producer and director. Introduction by Dr. Franciso Arce, Vice President of Academic Affairs at El Camino College.





boxed lunch, guided tour and entrance fee. Special guest on our ride/tour includes John Powers, Pentagon Papers stage adaptation writer, producer and director.

Location: The Nixon Presidential Library and Museum is located in Yorba Linda, California and houses Nixon Presidential Materials (textual, photographs, sound and

moving images), Nixon White House Tapes, Nixon pre- and post-Presidential Materials, as well as the Museum, Birthplace, and Helicopter.

Fee: \$55 Limited seats, pre-registration required: Call 310-660-6460

Enhance your understanding of the Pentagon Papers on this day trip to the Nixon Presidential Library and Museum. Chartered coach will take us to Yorba Linda, CA where we will be escorted on a behind-the-scenes tour of the museum and library by National Archive Educational Specialist, Mindy Farmer, and enjoy a delicious gourmet box lunch in the presidential classroom. On the guided tour, we'll also have a first-hand look at the highly anticipated newly revamped Watergate exhibit—the result of the National Archives' takeover of the museum three years ago. You won't want to miss this important exhibit that the New York Times has made news worthy in recent months!

ABOUT COMMUNITY EDUCATION

El Camino College's Community Education department provides short-term, not-forcredit classes, workshops, career-training programs and events designed for professional and/or personal development with a special emphasis on inspiring a sense of wonder and imagination toward life-long learning. College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades. Community Education is a self-supporting entity of the college and is not funded by taxpayer dollars. We are here to help! If you have a special interest or particular need for a class, please send us your suggestion(s) to commed@elcamino.edu.

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Register By Phone: 310-660-6460

How to Register for a Class











BY MAIL

Mail the registration form & payment to: Education-El Camino College 16007 Crenshaw Bl. Torrance CA 90506

BY PHONE

Call 310-660-6460 Provide your Visa, Mastercard or Discover card

BY FAX

Fax your completed registration form to the Community Education Office at 310-660-6015

IN PERSON

Bring your completed registration form & payment to the Education Office in the Community Advancement Bldg. (see map).

ONLINE

ECCommunityEd.com & pay by credit card

Please call for directions to our office.

OFFICE HOURS:

Monday - Friday 8:30 am -5:00 pm. Closed weekends and holidays: Winter break December 20-January 2, 2011 (office reopens January 3, 2011), January 17, February 11, February 21 and May 30.

REGISTRATION FORM AVAILABLE ON PAGE 7

PRE-REGISTRATION IS IMPORTANT!

Please register early. Class sizes are limited and early registration may assure your place in a popular class. Classes that do not meet minimum student enrollment may be cancelled before the first session. Your timely registration may help ensure this necessary enrollment figure.

REGISTRATION AT FIRST CLASS

If you wish to register with the instructor at the first class meeting, please call our office to confirm availability. Enrollments are accepted on a first-come, first-serve basis if space is available. Bring a check, cash or credit card to enroll.

MATERIALS FEES

Pay material fees in cash directly to the instructor at the first class. Do not include the material fee with your registration fee payment.

NO REFUNDS

Please choose your classes carefully. No refunds issued unless a class is cancelled by El Camino College. Credit vouchers in the amount of the class registration fee less a \$10 service fee per class will be issued upon request 3 full business days before the first class meeting. No exceptions. Any requests received less than 3 full business days before the first class meeting will not be processed and will not receive a

credit voucher. Credit Vouchers are applicable toward a future Community Education class and are valid for 3 years.

IF A CLASS IS CANCELLED

Every attempt is made to contact students ahead of time. A full course fee refund will be issued within four to six weeks.

TRANSFERS

To transfer to another class, requests must be received at least 3 full business days before the original class meets. A \$10 transfer fee will apply.

REGISTRATION CONFIRMATION

Paper confirmations and receipts furnished ONLY upon request. If you register online or over the phone, you will be asked to provide your email address to receive an email confirmation indicating your registration-confirmation information. It is your responsibility to ensure the accuracy of all registration and contact information you provide. If you would prefer to receive a paper confirmation receipt, please visit our office or submit your request in writing along with a self-addressed envelope.

CERTIFICATES OF COMPLETION \$5

If you would like a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of a course, mail in or phone in your request to the Community Education office along with \$5 per certificate.



PARKING ON CAMPUS

A parking permit is required to park in any lot 24 hours a day, seven days a week. One-day permits are available for \$2 at vending machines located throughout the campus (Lots D, H, K, L). Arrive early to park! Please do not park in "staff" or "reserved" spaces unless otherwise posted. Please note: Be aware of posted signs. Due to construction on campus, parking restrictions may change.

PLEASE RECYCLE 🐝



Finished with this Catalog? Please be kind to our planet and recycle this brochure. Please pass it along to a friend or colleague.



Catalog is printed on recycled paper.

"Commit yourself to lifelong learning. The most valuable asset you'll ever have is your mind and what you put into it."

-Brian Tracy

WHAT ARE YOU DOING TONIGHT?

Check out our Facebook or Twitter site(s) for listings of classes being held tonight and attend a class tonight!

FOLLOW US ON TWITTER



www.twitter.com/eccommunityed

BECOME A FAN ON FACEBOOK

facebook Name: El Camino College Community



www.facebook.com El Camino College Community Education

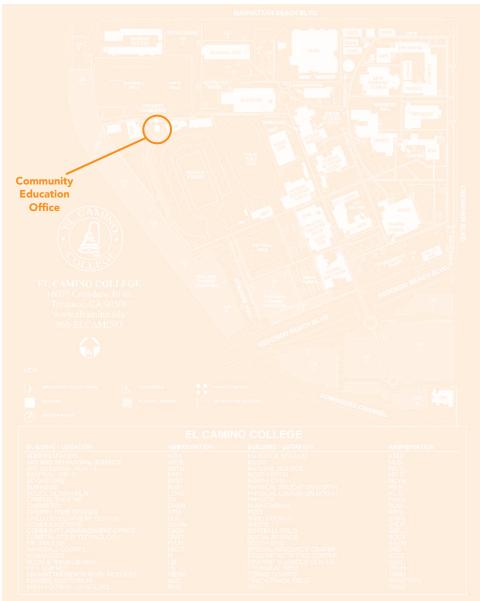
The El Camino Community College District is committed to providing equal opportunity in employment and educational opportunities for all individuals, regardless of race, color, ancestry, religion, gender, national origin, marital status, sexual orientation, handicap, age, and Vietnam-era status.

The El Camino Community College District and the Office of Community Education have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses, programs, instructors, class locations, together with other matters contained herein, are subject to change without notice by the administration of the El Camino Community College District and the Office of Community Education for reasons related to student enrollment, level of financial support, instructor availability, or for any other reason, at the discretion of the district and college. The district and the college further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures.

The Community Education catalog is produced by the El Camino College Community Education department: Art direction, layout, copy and production coordination by Betty L. Sedor; Scheduling coordination and production assistance by Veronica Mendoza; Graphic design by Soap Design Co. at soapdesign.com. Contributing photographers & artists: Jen Fariello at jenfariello.com, DeBorah Green, Veronica Mendoza, Douglas Morrison at morrisonsphotography.com, Betty Sedor & Jim Towns.

Register By Phone: 310-660-6460 5 Register Online: www.ECCommunityEd.com

El Camino Campus Map



Area Map

仑 (Map Not to Scale)

Off the 405/San Diego freeway at the Redondo Beach Blvd. exit in the South Bay

For More Information

For online directions and map, go to www.ECCommunityEd.com and click on FAQs.

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El Camino College Community Education

(OK to duplicate)

www.ECCommunityEd.com (310) 660-6460

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Send registration form to: Community Education – El Camino, 16007 Crenshaw Blvd., Torrance, CA 90506 www.ECCommunityEd.com e-mail: CommEd@elcamino.edu Fax: (310) 660-6015 Authorized Signature

Cardholder Name

Kid's College Release & Medical Consent Form This portion of the form must be completed by a parent or guardian of students under 18 years of age.

	I grant ap	I grant approval for my child	
	Age	Grade Level	_ Date of Birth
	to particip	to participate in youth classes.	
	understand	Community Education does n	l understand Community Education does not provide health or medical insurance for particip.
	The undersign	ned agrees to defend, indemnif	The undersigned agrees to defend, indemnify and hold harmless the El Camino Community Col
	District, its Bo	ard of Trustees, officers, agent	District, its Board of Trustees, officers, agents and employees, individually and collectively, from
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	and attorney f	ees, arising from personal or t	and attorney fees, arising from personal or bodily injuries, property damage or otherwise, regard
	of and howeve	er caused, brought or recovere	of and however caused, brought or recovered against any of the above that may arise for any re
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	for FI Camino	Community Education while	for El Camino Community Education while angued in campus activities and classes

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- No credit or grades given for these courses
 Community Education does not provide escort service for children.
 Remind your children to speak & behave quietly in the hallways. There are other classes in ses
 Young children should not be dropped off in the parking lot.

I understand that each youth class is designed for a specific grade level. I certify that I have enrolled my child in the appropriate grade level.

Parent/GuardianSignature:

must be 16 number

Expires

☐ Discover

MasterCard

Make checks payable to: El Camino College

(\$20 charge for all returned checks)

Name on Check

Check #

date
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Contact Information of additional person who may be contacted in case of Emergency.
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hone. ()

Register By Phone: 310-660-6460











The Pentagon Papers -40th Anniversary!

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2011



2011 Works in Progress presents

Pentagon Papers



40th Anniversary

Sat APR 30 7pm

Sat FEB 26 7pm



VOLUME I

America's involvement in Vietnam begins

Post-WW II and the

Eisenhower Years

Sat MAR 26 7pm



VOLUME II The Kennedy Years

1961 - 1963 After a build-up of advisors, the young President plans withdrawal of forces

VOLUME III The Johnson Years

1964 - 1965 The new President greatly expands America's forces to begin a ground war



VOLUME IV The Johnson Years

1966 - 1968 The President and his Secretary of Defense begin an air campaign in the north



Special FREE event for subscribers! Sat FEB 19 7pm Exclusive show & VIP reception

Box Office 310-781-7171 **NAKANO THEATRE Torrance Cultural Arts Center**

3330 Civic Center Drive

Tickets (includes \$2.50 handling fee): \$25 adults, \$23 seniors/students, \$20 subscribers Find more information at www.TorranceLive.us Works in Progress is a program of the Cultural Services Division, Torrance Community Services Departn

Presented in association with El Camino College Community Education, Torrance CitiCABLE 3, Torrance Community Televi Torrance Historical Society & Museum, Torrance Public Library, University Art Gallery CSU Dominguez Hills

twitter.com/torrancelive facebook.com/torrance live TorranceCA.Gov



The Pentagon Papers -40th Anniversary!



Film Screening & Panel Discussion: The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers

Thursday, April 7, 2011 at 6:30 pm Doors open at 6:00 pm. Light refreshments served. Location: Robert Haag Recital Hall Fee: \$10 Limited seats, pre-enrollment required: Call 310-660-6460

A screening of the new film The Most Dangerous Man in America: Daniel Ellsberg and the Pentagon Papers followed by a panel discussion with experts on this topic including Dr. Timothy Naftali, Director of the Richard Nixon Presidential Library and Museum and Dr. Michael James Eula, Professor of History at El Camino College. Moderated by John Powers, Pentagon Papers stage adaptation Writer, Producer and Director. Introduction by Dr. Franciso Arce, Vice President of Academic Affairs at El Camino College.

Special Guest



Timothy Naftali, Director of the Richard Nixon Presidential Library and Museum, a part of the National Archives and Records Administration. Dr. Timothy Naftali is an accomplished historian who graduated from Yale

University, Johns Hopkins University with an M.A. and Harvard with a Ph.D. in history. He previously served as director of the Nixon Presidential Materials Staff at the National Archives. Before joining the National Archives, Naftali taught history at several universities, including the University of Virginia, where he also served as director of the Presidential Recordings Program at the Miller Center of Public Affairs. Naftali is a prolific writer for both popular and scholarly audiences. His work has appeared on Slate.com, The New York Times, the Washington Post, Foreign Affairs, and other publications, and he has appeared on National Public Radio, the History Channel and C-SPAN. He is the author of four books, including Blind Spot: The Secret History of American Counterterrorism and, with Aleksander Fursenko, Khrushchev's Cold War: The Inside Story of an American Adversary and George H. W. Bush: The American Presidents Series: The 41st President, 1989-1993.

"I'm privileged to be in a position to shape how people ask questions about Nixon. What matters is history, love him or hate him."

-Timothy Naftali

Moderator



John Powers (a.k.a. J-Powers), Pentagon Papers Works in Progress stage adaptation writer, producer and director John Powers is a playwright who was born and raised in Los Angeles. Graduating from University of

Southern California with both a BFA and MFA in dramatic writing, Powers spent his first years out of school gaining life experience in a number of jobs. From the mid-1980s through the mid-1990s, he worked as screenwriter. In 1995, Powers began working at the Cultural Arts Center in Torrance, California, where, among other programs, he produced a series of edgy solo performances known as "Works in Progress." In 2004, he transformed the program into a theater series for which he has written and produced a number of original stage adaptations including The Examination of Mrs. Anne Hutchinson at the Court at Newton, The Army-McCarthy Hearings, The Watergate Tapes. The Anita Hill-Clarence Thomas Hearings, Trial of Lenny Bruce, Court-Martial of William Calley, McMartin Preschool Trial, and Trial of O.J. Simpson.

The Pentagon Papers – 40th Anniversary!



Museum Excursion: Nixon Presidential Library & Museum

Saturday, May 14, 2011, 10:30 am-3:30 pm

\$55 (Limited seats, pre-registration required: Call 310-660-6460)

Includes: Transportation via chartered coach; gourmet boxed lunch, guided tour and entrance fee.

Location: The Nixon Presidential Library and Museum is located in Yorba Linda, California and houses Nixon Presidential Materials (textual, photographs, sound and moving images), Nixon White House Tapes, Nixon pre and post Presidential Materials, as well as the Museum, Birthplace, and Helicopter.

Enhance your understanding of the Pentagon Papers on this daytrip to the Nixon Presidential Library and Museum. Chartered coach will take us to Yorba Linda, CA where we will be escorted on a behind-the-scenes tour of the museum and library by National Archive Educational Specialist, Mindy Farmer and enjoy a delicious gourmet box lunch in the presidential classroom. On the guided tour, we'll also have a first-hand look at the highly anticipated newly revamped Watergate exhibit—the result of the National Archives' takeover of the museum three years ago. You won't want to miss this important exhibit that the New York Times has made news worthy in recent months!

Gourmet boxed lunch provided by Stefano's.
"Stefano's puts Yorba Linda on the culinary map."
–Jeff Overley, The Orange County Register



Transportation via chartered coach.



Special guest on board, John Powers (a.k.a. J-Powers) *Pentagon Papers* stage adaptation writer, producer and director.

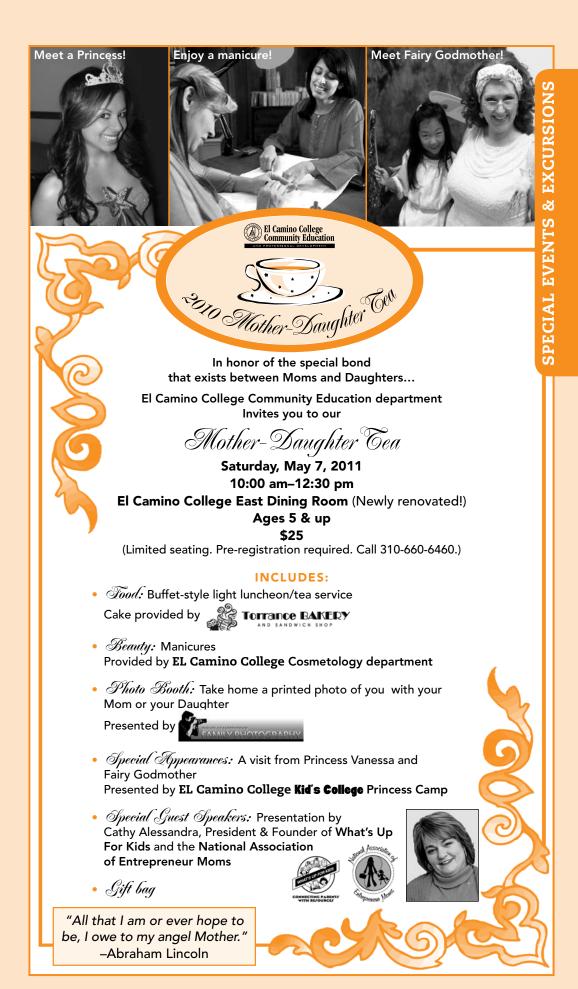


New at Richard Nixon Presidential Library and Museum: On July 11, 2007, the National Archives opened the new Richard Nixon Presidential Library and Museum in the facilities formerly occupied by the private Richard Nixon Library and Birthplace.

- In spring 2010, under legislation passed in January 2004, the Nixon Presidential Materials were moved from the National Archives facilities in College Park, Maryland to the Library and Museum in Yorba Linda, California.
- Highly anticipated newly revamped Watergate exhibit expected to open in 2011!



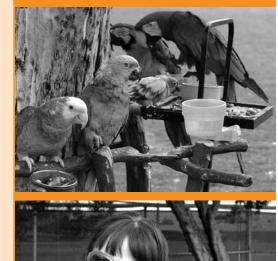
One of the highlights of a trip to the Richard Nixon Presidential Library and Museum is the chance to step aboard Army One-the helicopter used by Presidents Kennedy, Johnson, Nixon, and Ford.



Register By Phone: 310-660-6460 10 Register Online: www.ECCommunityEd.com









In this 2 hour learning-adventure camp, attendees will learn the basics of pirate culture from an authentic pirate reenactor, Captain Parrot Jack. Class includes an overview of 18th century pirate history covering such topics as pirate clothing, pirate customs, pirate pets including live interactions with Captain Parrot Jack's vibrantly exotic parrots, and pirate weaponry--each attendee will learn pirate sword fighting/fencing technique with rubber stunt swords and choreographed technique with metal stunt swords just like the type used in the Pirates of the Caribbean movies! And if you play like a good pirate, Captain Parrot Jack might even let you try out his genuinely-crafted Pirates of the Caribbean stunt sword made by master blacksmith. Tony Swatton of Sword & Stone! No costume required. Wear comfortable clothing and shoes. Light refreshments served.

Instructor **Parrot Jack** is a popular west coast event entertainer that performs as a pirate accompanied by his friendly parrots, the parrots of the Caribbean. He operates Pirates for Parties which is a national talent and event Production Company that provides pirate entertainers, parrots and parrot shows, exotic animals to parties, events and film productions in Southern California and throughout the United States.

Saturday, 10:30 am - 12:30 pm; 1 session on January 15, 2011

Tuition: \$39.00

Instructor: Captain Parrot Jack

Location: El Camino College, North Field



CAREERS

An Introduction to DJing #210147



Ever wanted to be a DJ? Discover a new way to experience music in this hands-on workshop that teaches you the basics to rule your own party. Deejays from Club Underground (The Echo, Los Angeles) show you the basics in mixing, beat matching, and proper use of DJ equipment. Instruction will cover use of CD decks and DJ computer software (record spinning may be covered). Participants are encouraged to bring their favorite CDs; however tracks will be made available by the instructors. All varieties of music and genres are welcome!

Instructors DJ Larry G. and DJ Diana: DJ Larry G. is the founder of CLUB UNDERGROUND, one of LA's longest running indie/electro pop/ rock/60s/soul/Brit pop club (every Friday at the Echo in Los Angeles). DJ Diana is a resident of CLUB UNDERGROUND and has worked the club circuit both in Los Angeles and the United Kingdom. Both Larry and Diana have hosted radio shows on respectively Little Radio and USC's KSCR and Fresh Air in Edinburgh, Scotland.

Saturday, 12:00 pm - 3:00 pm; 1 session on April 9, 2011

Tuition: \$65.00

Instructor: Diana Barraza

Location: Comm Basement RM104

"They were very supportive and helpful. They were well-qualified to teach the class!"

-An Introduction to DJing Student



Balloon Basic Training -Balloon Basics #210140



Instructor Carolyn Baker will introduce you to the variety of balloons available today. You will learn how to inflate, size, and tie balloons. Then you will explore what you can create with

balloons. This class will discuss what you need to do to start a balloon business on your own. This is a hands-on class! Don't miss out on the fun!!

Instructor Carolyn Baker (pictured above) has been a professional balloon decorator for more than four years and is the owner of Total Package Balloons, a full-service partyplanning company.

Saturday, 10:00 am - 12:00 pm; 1 session on January 22, 2011

Saturday, 10:00 am - 12:00 pm; 1 session on March 26, 2011

Tuition: \$39.00

Instructor: Carolyn Baker

Location: Comm Basement RM104

Materials Cost: \$15.00

Balloon Basic Training -Columns & Arches #210141

In this class you will learn about advancing in your business - adding columns and single arches add lots of profit in your business. This is a hands-on class! Don't miss out on the fun!!

Saturday, 10:00 am - 12:00 pm; 1 session on February 19, 2011

Saturday, 10:00 am - 12:00 pm; 1 session on April 23, 2011

Tuition: \$39.00

Instructor: Carolyn Baker

Location: Comm Basement RM104

Materials Cost: \$15.00

"She's great! Carolyn was very patient in teaching us proper techniques of balloon art."

-Balloon Basic Training Student

12 13 Register By Phone: 310-660-6460

Become a Notary Public--Prep Class #210002

This 6-hour intensive course is designed to equip you with everything you need to know to become a safe and effective Notary. You'll learn how to pass the test (must be taken every four years), prevent lawsuits, keep a journal, fill out certificates, and solutions to challenging problems. Become a more valuable employee, make additional income, provide customer service for your business or organization, or start your own business. Class includes a practice Notary Public exam. Fingerprints required after you pass the exam. For more information visit: www.ss.ca.gov/business/notary/notary.htm

Carrie Christensen, a Notary Public expert, has conducted these seminars for over twelve years.

Tuesday, Thursday 5:45 pm - 9:00 pm; 2 sessions starting January 18, 2011, ending January 20, 2011

Monday, Wednesday 5:45 pm - 9:00 pm; 2 sessions starting March 28, 2011, ending March 30, 2011

Tuition: **\$99.00**

Instructor: Notary Public Seminars Location: Humanities 105 Materials Cost: \$30.00

Become a Notary Public - Renewing Notaries ONLY #210139

As of January 2009, renewing notaries may take a three hour approved Notary refresher course. In this three hour state required seminar you will review all laws and regulations required to know to continue as a notary. You must take the exam and be fingerprinted again.

Thursday, 5:45 pm - 9:00 pm; 1 session on January 20, 2011

Wednesday, 5:45 pm - 9:00 pm; 1 session on March 30, 2011

Tuition: **\$50.00**

Instructor: Notary Public Seminars Location: Humanities 105 Materials Cost: \$30.00

Become a Professional Child Visitation Monitor #210088

Are you looking to make extra money, and be a service for children in need? Consider being a Professional Child Visitation Monitor. The role of the Professional Child Visitation Monitor is to be a neutral party who observes behavior. In this required 8 hour training, you will be thoroughly trained to be an independent Professional Child Visitation Monitor or register with a Monitoring Agency. Your training will include dynamics of monitoring, Child abuse

reporting, child development, codes and standards, observation techniques and conflict resolution. The court orders a Professional Child Visitation Monitor to accompany a minor child and their non-custodial parent, for various reasons. Your service will allow the custodial parent reassurance that the child's physical and emotional safety is being provided for. You will receive a Certificate of Completion from the Instructor. *Please read:* Must be 21 years of age, and able to obtain a background check clearance and fingerprinting. \$50 material fee must be paid in cash.

Instructor **Shirley Douglass** is a certified Supervised-Visitation Monitor who has been training professional monitors for more than eight years. Her experience includes nearly 30 years working for the Los Angeles County Court including 10 years in Family Law Courtroom.

Saturday 10:00 am - 2:00 pm; 2 sessions starting February 5, 2011, ending February 12, 2011

Tuition: \$169.00

Instructor: Shirley Douglass

Location: Math & Computer Sciences 213

Materials Cost: \$50.00

Introduction to Voiceovers #210146



Have you ever wanted to be the voice everyone hears on commercials and documentaries? This fun and interactive class covers details of the industry, the importance of marketing, and of a demo tape. You will be coached

and recorded for a personal evaluation. Be warned- many who have taken this class have gone on to become real, bona-fide professional Voice Actors! This class is taught by a professional voice actor from the voice acting training company, Voices For All.

The Voices For All Voice Coach/Producer/ Instructors have many years experience in the voice over industry, and are the masters at teaching all of the information pertinent to making it in Voice Acting. These instructors not only deliver the highest quality education and coaching to their students, but their unique enthusiasm and expertise bring an element of fun and excitement to the classroom as well.

Monday, 7:00 pm - 9:00 pm; 1 session on March 14, 2011

Monday, 7:00 pm - 9:00 pm; 1 session on May 16, 2011

Tuition: **\$54.00**

Instructor: Voices For All Location: Humanities 105



Make-Up Artist 101 Certificate Seminar

#300116

Are you a Cosmetologist who wants to offer more to your customers? Or do you just love looking your best and want to know everything there is to know about applying beautiful make-up? Then, this class is for you! Jennessy will teach you the stages of different make-up applications, step-by-step: 1) Skin care and prep -why and how it affects your makeup applications. 2) Foundations – how to pick out the correct color and coverage for each application. 3) Brushes – the functions for each shape and style. 4) Colors and eye shadow techniques. 5) Basic everyday looks and the Smokey looks. 6) Wedding application including prep for lighting and camera work. 7) Music video applications 8) How to apply false lashes. This class will teach you the most valuable and essential make-up artist skills. Upon completion, students will be eligible to receive a Certificate of Completion.* \$25.00 Materials fee covers products to be used during hands-on class work including brushes, shadow palette, blush, sponges and usage of the instructor's complete kit. Bring to class: Please bring a bottle of oil-based make-up remover (i.e. Almay), a pack of face wipes (i.e. Ponds) and one fashion or tabloid magazine.

Instructor Jennessy Tyler has been a make-up artist since 1999 working with top cosmetic companies such as Dior, M.A.C., Chanel, Nars and Yves Saint Laurent. She is an experienced make-up instructor who regularly teaches at cosmetology schools throughout Southern California.

*Please note: If you would like to receive a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of this course, mail in or phone in your request to the Community Education office along with \$5 per certificate.

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting March 5, 2011, ending March 6, 2011

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting May 21, 2011, ending May 22, 2011

Tuition: \$350.00 Instructor: Jenessy Tyler Location: Tech Arts 256 Materials Cost: \$25.00

> "I appreciate everything this class taught me. Now I am one step closer to my dream!

-Make-Up Artist 101 Student

"Everything was explained well.

I got exactly what I wanted out of this class!"

-Make-Up Artist 101 Student

15 Register Online: www.ECCommunityEd.com



Personal Fitness Trainer Certification #210152

We know you're in shape, but what about your career? Become a nationally certified personal trainer! The Department of Labor states there is a current shortage of health and fitness instructors. Come join this fun field and be a part of what ABC NEWS. com calls the 4th hottest job in the US at a national average of \$25 an hour. If you are looking for a new career, get the training you need to become a CERTIFIED PERSONAL TRAINER. This challenging course is taught over 5 weeks and consists of 15 hours of lecture, 15 hours of practical training, and a 30-hour internship. The national written and practical certification exam is administered on the 6th week of class. Certification requires passing the written and practical exam, completing a 30-hour internship and having current CPR/AED credentials. Course topics include: biomechanics, exercise physiology, fitness testing, equipment usage and health assessment. Textbook is required and is not included in course fees.

After registering for the class through El Camino College via 310-660-6460 or www. ECCommunityEd.com call 888-330-9487 to order the textbook. It is recommended that students order the text book immediately and start reading.

Instructors of the W.I.T.S. (World Instructor Training Schools) specialize in educational excellence for fitness professionals.

Saturday 9:00 am - 4:00 pm; 6 sessions starting February 19, 2011, ending March 26, 2011

Saturday 9:00 am - 4:00 pm; 6 sessions starting April 16, 2011, ending May 21, 2011

Tuition: **\$599.00**

Instructor: W.I.T.S. Training School Instructor

Location: P.E. South 209

FREE Information Session!

This FREE 1-hour Personal Fitness Training Orientation is designed to provide information for anyone interested in the fitness profession or in becoming a fitness trainer. This lecture includes a brief overview of the industry and professional trends while allowing ample time for a Q & A session. Topics include personal training, group exercise, senior fitness, children's fitness, fitness management and aqua fitness.

Thursday, 6:30 pm - 7:30 pm; 1 session on January 20, 2011

or

Thursday, 6:30 pm - 7:30 pm; 1 session on March 24, 2011

FREE to attend, RSVP Required. Please call 310-660-6460 to reserve your seat. Location: Alondra Room

MEDICAL CAREERS

BLS/CPR for Healthcare Provider #234002

This BLS/CPR for Healthcare Provider course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner. The course is intended for certified or non-certified, licensed or non-licensed healthcare professionals such as physicians, nurses, paramedics, emergency medical technicians, respiratory therapists, pharmacy technicians, physical and occupational therapists, physician's assistants, residents or fellows, medical or nursing students in training, aides, medical or nursing assistants, police officers, or

other allied health personnel.

Instructor Shah Mundell has been teaching safety training classes since 2001 and is certified to provide training through American Red Cross, American Heart Association and Emergency First Response at both the professional and layperson level.

Saturday, 9:00 am - 1:00 pm; 1 session starting May 14, 2011, ending May 14, 2011

Saturday, 9:00 am - 1:00 pm; 1 session starting June 25, 2011, ending June 25, 2011

Tuition: \$55.00 Instructor: Shah Mundell Location: El Camino College Materials Cost: \$30.00

CPR & FIRST AID

*Buy one, get one free: Enroll in one CPR or First Aid class for \$45 each or enroll in both CPR and First Aid for the same day and get both for \$45! Material fee is a one time fee of \$28 for both classes when taking both CPR and First Aid course on the same day.

CPR #150004

Learn basic CPR skills such as giving CPR to an adult, child, and infant, and using an AED when needed. The American Heart Association's Heartsaver CPR/AED training focuses on understanding of the importance of early CPR and defibrillation, relieving choking, and the role of each link in the Chain of Survival.

Saturday, 9:00 am - 12:00 pm; 1 session starting January 22, 2011, ending January 22, 2011

Saturday, 9:00 am - 12:00 pm; 1 session starting February 19, 2011, ending February 19, 2011

Saturday, 9:00 am - 12:00 pm; 1 session starting March 19, 2011, ending March 19, 2011

Saturday, 9:00 am - 12:00 pm; 1 session starting April 23, 2011, ending April 23, 2011

Tuition: \$45.00* Instructor: Shah Mundell Location: El Camino College Materials Cost: \$20.00



First Aid #150005

This first aid course will teach you how to provide care for injuries--at home, work, school or around the neighborhood-- and goes over when to call 911 for life threatening conditions. You will learn first aid skills, such as determining unconsciousness, treating cuts, scrapes, and burns, controlling bleeding, treating injuries to bones, muscles, and joints, and preventing and caring for sudden illness, including heat and cold emergencies. Recommended for first time students!

Saturday, 12:00 pm - 4:00 pm; 1 session starting January 22, 2011, ending January 22, 2011

Saturday, 12:00 pm - 4:00 pm; 1 session starting February 19, 2011, ending February 19, 2011

Saturday, 12:00 pm - 4:00 pm; 1 session starting March 19, 2011, ending March 19, 2011

Saturday, 12:00 pm - 4:00 pm; 1 session starting April 23, 2011, ending April 23, 2011

Tuition: \$45.00* Instructor: Shah Mundell Location: El Camino College Materials Cost: \$20.00

Register By Phone: 310-660-6460 16 Register Online: www.ECCommunityEd.com

MEDICAL CAREERS

Medical Billing & Coding Health Information Management 7-Class Series #230033

\$225 per class or \$1,299 for series



- 1) Medical Terminology 1,
- 2) Medical Terminology 2
- 3) Medical Office Procedures-Administrative
- 4) Medical Coding ICD-9-CM
- 5) Medical Coding CPT
- 6) Medical Billing and Reimbursement
- 7) Medical Information Technology

Instructor Vickie Herbert has been teaching Medical Billing since 1994. She is a licensed X-Ray Technician and has over thirty years experience working in the medical industry. She is also a Certified Professional Coder of the American Academy of Professional Coders.

Instructor Audra Parker has over 20 years experience in all aspects of medical billing. She is the President/CEO of the medical billing service company Beach Cities Medical, in business since 1999. She is an expert in training and teaching all aspects of medical billing.

- "Ms. Herbert is a great teacher! She is motivating, informative and very pleasant."
- –Medical Billing (Instructor Vickie Herbert) Student

1) Instructor Vickie Herbert: Choose from Tuesdays & Thursdays 6:30 – 9 pm; starting February 8, 2011 – ending August 16, 2011 (No class 3/3, 3/31, 4/28, 5/26, 6/23, 7/21)

2) Instructor Audra Parker: Mondays 5:45 – 10 pm; starting January 31, 2011 – August 29, 2011 (No class 2/21, 5/30, 7/4)

3) Instructor Audra Parker: Tuesdays 8:30 am – 12:45 pm; starting February 1 – August 30, 2011 (*No class 3/8, 5/31, 7/5*)

FREE Information Night!

#230033

Are you interested in entering the medical billing and coding profession? Attend this free information night and learn about our Health Information Management Series. We will discuss career opportunities and salaries, national certifications, classroom and homework requirements, home-based business and more. Instructor Vickie Herbert and Audra Parker will provide answers to all of your questions to get you started on a health information management career.

Instructors: Audra Parker & Vickie Herbert Location: Alondra Room

Monday/Wednesday evening instructor: Audra Parker has over 20 years experience in all aspects of medical billing. She is the President/CEO of the medical billing service company Beach Cities Medical, in business since 1999. She is an expert in training and teaching all aspects of medical billing.

Tuesday/Thursday instructor: Instructor Vickie Herbert has been teaching Medical Billing since 1994. She is a licensed X-Ray Technician and has over thirty years experience working in the medical industry. She is also a Certified Professional Coder of the American Academy of Professional Coders.

Thursday, 6:30 pm - 7:30 pm; 1 session on January 27, 2011 (Program begins in February, 2011)

RSVP required, Call 310-660-6460 to RSVP.

"I would highly recommend Ms. Parker as an instructor. She is wonderful!"

–Medical Billing (Instructor Audra Parker) Student

Medical Coding

Certification Prep Course:

AAPC Certified Professional

Coder (CPC) Exam #234003

MEDICAL CAREERS

Prepare to become a Certified Professional Coder (CPC) through this American Academy of Professional Coders (AAPC) 10 week course taught by a contracted AAPC instructor. There is a greater demand for coders because of the increase of medical service and the need to accurately code procedures (CPT) and diagnose (ICD9) for reimbursement. Certified coders earn more, have job security and there is an increasing number of employers that require you to be a certified coder. Would you like to have a CPC credential behind your name?

Requirements: Students are required to have access to email and must purchase the following books (this will be discussed at the orientation/information session):

- 1) PMCC 3 books (AAPC CPC Books)
- 2) Medical Dictionary (Taber's)
- 3) 2011 ICD9, CPT, HCPCS

Pre-requisite: Successful completion of the Medical Billing & Coding Health Information Management 7-Class series or proof of equal certification or experience.

Debbie Smith is an instructor with the American Academy of Professional Coders and has been working and teaching in the medical field for 37 years.



Wednesday 9:00 am - 11:00 am; 10 sessions starting February 9, 2011, ending April 13, 201

Wednesday 5:00 pm - 7:00 pm; 10 sessions starting February 9, 2011, ending April 13, 2011

Tuition: \$599.00 Instructor: Debbie Smith Location: Toll-free number

FREE Information/ Orientation Session #234004

Meet the instructor Debbie Smith and learn about how to become a Certified Professional Coder and all that is involved in completing her 10 week preparation course.

Thursday, 7:30 pm - 8:00 pm; 1 session on January 27, 2011

Location: Alondra Room

FREE, RSVP Required: Call 310-660-6460.

Pharmacy Technician Training Program #210110

Pharmacy Technician jobs are one of the fastest growing occupations! 32% growth expected between now and 2016.

As a pharmacy technician you will help the pharmacist package or mix a prescription, maintain client records, refer clients to the pharmacist for counseling, assist with inventory control and purchasing, as well as collect payment and coordinate billing. This course combines 180 hours of classroom instruction with a 120-hour pharmacy externship to provide you with a complete learning experience. For detailed information including financial options, course resources & prescreening preparation visit: www.adultedreg.com/elcamino

Boston Reed College Instructors have extensive teaching and industry experience.

Monday, Wednesday 6:00 pm - 9:30 pm; 54 sessions starting March 7, 2011, ending September 21, 2011 (No class on Apr 25, May 30, Jul 4, Sep 5)

Tuition: \$2,825.00 Location: El Camino College



Pharmacy Technician Training Program FREE Information/ Orientation Session #210109

Free orientation meeting for anyone interested in enrolling in the Pharmacy Technician Training program. Attend this orientation to meet the instructor, learn all the specifics of the program and the opportunities waiting for you as a Pharmacy Technician.

Monday, 6:30 pm - 7:30 pm; 1 session on February 7, 2011

FREE, RSVP required, call 310-660-6460 to RSVP. Location: Alondra Room

Register By Phone: 310-660-6460

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The Business of Bartending #210126



Quick and easy! Learn to bartend like a rock star! This exceptional course will teach you the business side of the beverage industry, in addition to the basics of bartending. This practical and effective method of instruction

is sweeping the industry and updating old ways of thinking. Professional bartending requires so much more than knowing how to put ice in a glass and adding the proper ingredients. This class will prepare you to be a great salesperson, a customer service expert and an honest and valuable employee, skills that will help you succeed in the real world of bartending and throughout life. Topics included are glassware, tools, recipes, pouring the perfect shot, bar terms, wine and champagne service, martinis, high-volume sales techniques, laws, responsible beverage service, iob interviews, resumes, alternative ways to make money in the beverage industry and how to start your own bartending service.

Instructor Kellie Nicholson (pictured above) has spent the past 30 years working in bars, restaurants and nightclubs all over the United States. In addition to teaching her series of bar courses, she is also a bar and restaurant consultant hired to advise in many areas of the business, such as hiring and training of staff, price structures, menus, management, inventory, policies and procedures.

Wednesday 6:30 pm - 10:00 pm; 3 sessions starting February 9, 2011, ending February 23, 2011

Tuition: \$120.00 Instructor: Kellie Nicholson Location: El Camino College Materials Cost: \$40.00



Career and Technical Education Teacher Pipeline Designated Subjects Teaching Credential Program

Earn a teaching credential to teach your trade! If you have at least 3 years experience in your trade you may be eligible for a Designated Subjects Teaching Credential. Attend an orientation to see if the Designated Subjects Teaching Credential is for you.

Please call the El Camino College Career and Technical Education Teacher Pipeline at 310-660-3589 to RSVP for an orientation. Courses are being planned for the summer!

PROFESSIONAL DEVELOPMENT

Me. INC: Personal and **Professional Development** Workshop #300124



This isn't your ordinary self-help class! Need direction in this new economy? Not sure how to pilot tough situations in your life? Want to find out what exactly you are to do with your life? Then the time is right for you to attend this very exciting

opportunity called Me.Inc. A fun, entertaining and engaging course that will leave you feeling good about Me.Inc. and that is you, your brand, your image. You are the CEO of your life and future. \$5.00 materials fee includes interactive color workbook-man

Instructor Milton Herring (pictured above) has over 9 years of corporate marketing and leadership experience. He is recognized for his abilities as an insightful consultant, trainer, and coach with a particular passion for helping people articulate their uniqueness and move toward implementation of desired personal and professional goals.

Saturday, 10:00 am - 1:00 pm; 1 session on January 8, 2011

Saturday, 10:00 am - 1:00 pm; 1 session on March 12, 2011

Tuition: \$29.00

Instructor: Milton Herring, II Location: El Camino College Materials Cost: \$5.00

Advanced Me.Inc Professional/Personal Development #300127

Advanced Me.Inc is designed for those that have completed the first Me. INC workshop who are genuinely seeking change. In this continuation workshop, students will continue their journey of intense transformation and work toward moving to the next level by delving deeper into one's personal understanding of their life's true purpose. This workshop will provide you clarity, refined commitment to the process, and the guidance and confidence to fulfill your personal and professional dreams. **Pre-requisite:** Me. INC: Personal and Professional Development Workshop.

NEW

Saturday, 10:00 am - 1:00 pm; 1 session on

Saturday, 10:00 am - 1:00 pm; 1 session on May 14, 2011

Instructor: Milton Herring, II Location: El Camino College Materials Cost: \$5.00

Used Vehicle Dealer Certification—Start an Auto Wholesale **Business!** #210153

Make \$3K-\$6K per month buying, selling or exporting wholesale cars from home. Students will learn step-by-step directions on how to obtain an auto dealer license and how to operate a profitable used-car business. By the end of this one-day course, students will know how to and where to buy vehicles at wholesale prices and sell at retail prices. Tips on how to supplement your 9-5 with \$3,000 - \$6,000 income per month on a part-time basis will also be provided. Students will receive a DMV Certificate of

Completion at the end of the class. Please read: Material fee includes books and study-prep materials.

Instructor Ronald Wavne Williams is an authorized DMV occupational licensing education instructor. He also maintains a lucrative auto dealer business and a California insurance agency.

Sunday, 10:00 am - 5:00 pm; 1 session starting January 23, 2011, ending January 23, 2011

Saturday, 10:00 am - 5:00 pm; 1 session starting April 16, 2011, ending April 16, 2011

Tuition: **\$75.00**

Instructor: Ronald Williams

Location: Math & Computer Science 213

Materials Cost: \$10.00

Food Handler Certification #300123



COUNTY OF LOS ANGELES El Camino College
Public Health Community Education is proud to announce

that the County of Los Angeles Public Health Department has approved El Camino College as a provider of training and certification for our new Certified Food Handler program.

Attention food-handler workers! This one day class prepares you to take the examination needed to certify or recertify you as a licensed food handler. The Certified Food Handler/Manager requirement is mandated by California State law for all retail food operations (restaurants, cafes, markets, mobile carts, etc.), and is enforced by local health departments. This program (course, instructor, proctor, etc.) is on Los Angeles County Health Department's list of approved trainers and certification providers. The exam/certification for this course is listed and accepted by all health departments in California. Important: Pre-registration required! Walk-in registration is not available for this class.

Exam/Materials Fee: Students who wish to sit for the exam during the last two hours of class will be required to use their credit card to make an online payment of \$28 to the certifying third party organization.

Pre-class preparation: Students are expected to familiarize themselves with food-safety concepts prior to attending class. Numerous sources of food-handler information are available to help you prepare for the exam. Students may also purchase a study guide developed specifically for this class directly from instructor Gevork Kazanchyan. This is available for immediate



printing/download (purchased for \$15) via request through the instructor. Email the instructor requesting the access link at gev.kaz@gmail.com. All other matters should be directed to the Community Education office.

Instructor **Gevork Kazanchyan** was a Los Angeles County Public Health Officer for 7 years and is a Professor of Food Safety and Sanitation at College of the Canyons where he directs their Food Handler Certification program. Gev lectures for both their Community Education Program and Culinary Arts Department, and is also a Professor of Environmental Health at California State University Northridge. He is a Registered Environmental Health Specialist with the California Department of Public Health and a Certified Professional in Food Safety with the National Environmental Health Association.

Saturday, 8:00 am - 5:00 pm; 1 session on February 5, 2011

Saturday, 8:00 am - 5:00 pm; 1 session on April 16, 2011

Tuition: **\$89.00**

Instructor: Gevork Kazanchyan Location: Comm 309 Materials Cost: \$28.00

Register By Phone: 310-660-6460 Register Online: www.ECCommunityEd.com



GED Prep: 6 week Fast Track Course #300130

Is the fact that you do not have a high school degree or have not passed the GED exam keeping you from getting promoted or fulfilling your life dream of getting the job you desire? Then, this class is an important step toward your future! While some GED preparation classes take months or even a year to complete, in this accelerated course, instructor Juan Quinones efficiently and effectively prepares you to successfully pass the GED within a 6 week period. Ages 16 and up welcome. Students under 18 must have parent /quardian complete and sign a release form. In each intensive hands-on workshop, students review section by section all five parts of the test that include Math, Science, Social Science, Reading, and Writing. Students will also have the opportunity to check the status of their skill level by participating in simulated mock-GED exam(s).

Required textbook: Prior to the first class meeting, students must purchase the *Barron's GED 15th Edition* by Murray Rockowitz Ph.D., Samuel Brownstein, Max Peters , Ira K. Wolf Ph.D. book. ISBN# 13-978-076-419-7420. The book retails for approximately \$29.99 and is available at major book sellers such as Barnes & Noble. It includes software and access to an online study center.

Instructor **Juan Quinones** is an experienced, caring, and devoted expert instructor of basic skills education. As the lead GED Instructor for South Section Youth Corps, Soledad Enrichment Action, and Cerritos College Extended Education Program he is

committed to assisting students of all ages and backgrounds toward reaching their professional and personal goals through successful completion of the GED exam. He also teaches CAHSEE prep classes and English writing classes at El Camino College and Compton Community Center.

Saturday 8:00 am - 3:00 pm; 6 sessions starting January 8, 2011, ending February 12, 2011

Saturday 8:00 am - 3:00 pm; 6 sessions starting March 5, 2011, ending April 9, 2011

Saturday 8:00 am - 3:00 pm; 6 sessions starting April 16, 2011, ending May 21, 2011

Tuition: \$299.00 Instructor: Juan Quinones Location: Comm 305





Grant-Writing Workshop:" Part 1-Show Me the money! How to Find Grant Opportunities #300128

This introductory workshop designed for individuals or staff members affiliated with nonprofit organizations including educators, artists, and members of faith-based or communitybased organizations will teach you how to identify grant funding sources and begin the process of writing an effective grant proposal. Your expert grant writer/instructor Bobby Becka will acquaint you with an authentic understanding of strategic/organizationalplanning, assessment of capability, project development, funding research, and tips for successful proposal writing. \$10 materials fee includes flash drive filled with essential grant writing resource information to assist you with your grant-writing projects.

Saturday, 9:00 am - 12:00 pm; 1 session on January 15, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on March 12, 2011

Tuition: \$55.00

Instructor: Roberta (Bobby) Becka

Location: Comm 304 Materials Cost: \$10.00

"Grant Writing Workshop: Part 2—Fine Tuning Your Proposal #300129

So you've written your draft proposal, what next? In this grant-writing continuation class, students are encouraged to bring a draft copy of their grant proposal. Expert grant writer/instructor Bobby Becka will critique each student's proposal draft and provide powerful suggestions and in-depth "nuts & bolts" analysis to help you on your grant-writing path. Pre-requisite: Grant-Writing Workshop: Part 1

Saturday, 9:00 am - 12:00 pm; 1 session on February 19, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on April 16, 2011

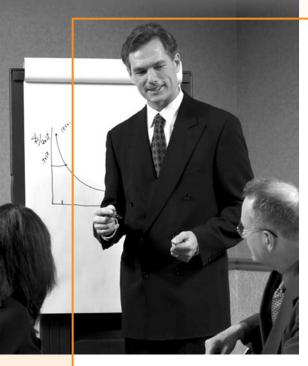
Tuition: **\$55.00**

Instructor: Roberta (Bobby) Becka

Location: Comm 304

Instructor **Bobby Becka** is the Director of Grants Development at the El Camino College Business Training Center involved in all aspects of the exploration, development, submission, and administration of grant proposals for economic development programs including research, proposal writing, data collection, data analyses, and report preparation. She has over 15 years of grant-writing experience and is credited for having obtained over 26 million dollars in funding from grant sources to support various community and organization programs.

Register By Phone: 310-660-6460 22 Register Online: www.ECCommunityEd.com



THE ART OF NEGOTIATION SERIES Certificate of Achievement Series

Today's world requires knowing how to negotiate. In a comprehensive seven-part series, find out everything you need to know to succeed in negotiating. Participants who complete all sessions will be eligible to receive a Certificate of Achievement.*

Cost: Sign up for individual classes at \$39.00 each or all four at the same time for \$135.00 +\$40.00 ONE TIME material fee paid to the instructor. Same text book for all classes (including advanced series).

Instructor **Pearl Georgen** is a Professional Mediator, with her private practice located here in the South Bay since 1993. Some of the panels she serves on are the Los Angeles Superior Court in addition to United States Bankruptcy Court and the Equal Employment Opportunity Commission. At El Camino College she is one of our most popular instructors.

Negotiation 1: The Art of Getting What You Want--Course 1 of 4 #300041

Learn the inside secrets the pro's use to negotiate successfully for anything they want. Discover techniques so powerful they'll literally guarantee you'll never again be intimidated or have to settle for anything less than what you want when dealing with landlords, creditors, attorneys, salespeople, mechanics, bosses, family, friends, lovers, co-worker, and even children.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting February 15, 2011, ending February 15, 2011

Tuition: \$39.00 Location: Humanities 104 Materials Cost: \$40.00

Negotiation 2: How to Talk and What to Say--Course 2 of 4 #300026

Further your negotiating skills in an excellent hands-on class that focuses on the communication aspects of negotiation. Discover how to become more persuasive by reframing messages in such a way that the other person can hear and accept an idea. Learn how to deal with difficult people effectively and the most powerful words to use when advancing your viewpoint.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting February 22, 2011, ending February 22, 2011

Tuition: \$39.00 Location: Humanities 104 Materials Cost: \$40.00

Negotiation 3: Mastery of the Art--Course 3 of 4 #300027

In a class that's not for the faint of heart-only for those who really want to win. Learn the heavily guarded, rarely revealed, industry secrets that are practiced by the top negotiators and will turn amateurs into masters. Discover secret techniques so powerful you'll be able to literally outsmart other negotiators, obtain maximum empowerment when negotiating, control and guide the negotiating process, and overcome nearly every obstacle. You'll learn about your personal style of negotiation, strategies for the effective use of time, how to use silence and timing to your advantage, and how to win at the 'psyching out' game.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting March 1, 2011, ending March 1, 2011

Tuition: **\$39.00**

Location: **Humanities 104**Materials Cost: **\$40.00**

Negotiation 4: Resolving Critical Issues--Course 4 of 4 #300057

The whole process of negotiating becomes far simpler and more effective when you learn the type of conduct that will carry you through the difficult decisions and ethical dilemmas you might have to face as a negotiator. Learn how to apply principles that will help you make difficult decisions and overcome and resolve ethical dilemmas. Learning this code of conduct will not only help you maintain your integrity and credibility, but also improve your overall effectiveness as a negotiator.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting March 8, 2011, ending March 8, 2011

Tuition: **\$39.00**

Location: Humanities 104 Materials Cost: \$40.00

ADVANCED NEGOTIATION SERIESCertificate of Achievement Series

Continue to sharpen your negotiation skills with our advanced series taught by one of our most popular instructors, Pearl Georgen. Participants who complete all sessions will be eligible to receive a Certificate of Achievement. *

Instructor **Pearl Georgen** is a Professional Mediator, with her private practice located here in the South Bay since 1993. Some of the panels she serves on are the Los Angeles Superior Court in addition to United States Bankruptcy Court and the Equal Employment Opportunity Commission.

Cost: Sign up for individual classes at **\$49.00** each or all three at the same time for **\$117.00** +\$40.00 ONE TIME material fee paid to the instructor. Same text book for all classes.

Negotiation 5: Secrets of Effective Persuasion--Advanced Course 1 of 3

This highly effective, entertaining and enjoyable class will teach you precisely how to develop the ability to get better results and more of what you want and deserve in business and in life. You'll discover the secrets the powerful communicators use to organize and present information in the most persuasive way possible; how to maintain control of a presentation without ever coming across as arrogant or pushy; how to virtually guarantee you'll communicate more persuasively in any situation; and the inside secrets of influencing the behavior of others.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting March 15, 2011, ending March 15, 2011

Tuition: **\$49.00**

Location: Humanities 104 Materials Cost: \$40.00

Negotiation 6: Power Strategies--Advanced Course 2 of 3 #300059

The key to effective negotiation is sound strategic planning. This class teaches you the little known and tightly guarded strategies used by top-level managers and military personnel when developing the foundation for negotiating. Get the inside info you need to make it to the top by learning tactics for being better, smarter and faster than your competition. Discover the most powerful, proven strategies for maximizing your effectiveness in any negotiation. Learn the 'training principles' for becoming a master strategist, how to obtain and maintain leverage, the structure of power and how to achieve it, and more?

Tuesday, 6:30 pm - 9:30 pm; 1 session starting March 22, 2011, ending March 22, 2011

Tuition: \$49.00 Location: Humanities 104 Materials Cost: \$40.00

Negotiation 7: Multiplying Your Effectiveness--Advanced Course 3 of 3 #300060

All the knowledge in the world alone will not make you an effective negotiator. It all starts with the application of this knowledge. This course is the culmination of the previous six courses on negotiation. By learning to incorporate each of the components of the negotiation process you'll improve your effectiveness almost exponentially. Discover and develop your maximum potential as a negotiator by learning to systemize the negotiation process using proven street-smart, result-oriented, bottom-line techniques to quickly position you as a master negotiator. Take this crucial final step to ensure your success as a negotiator.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting March 29, 2011, ending March 29, 2011

Tuition: **\$49.00**

Location: **Humanities 104** Materials Cost: **\$40.00**

"Very enjoyable...I learned new skills."
-Negotiation Student

"Great experience!"

-Negotiation Student



Register Online: www.ECCommunityEd.com

NEGOTIATION EXPERT SERIES Certificate of Achievement Series

This is the Blockbuster series that will make you an expert and maximize your chances of getting a job you want, the loan you want, and even the mate you want. This is the first time these classes have been offered to the public and ONLY at El Camino College. In today's world you must be one step ahead of everyone else. Isn't it time for you to take control of your life, and insure getting what you want? And if not now, when? Participants who complete all 3 sessions will be eligible to receive a Certificate of Achievement.*

Cost: Sign up for individual classes at \$49.00 each or all three at the same time for \$117.00 +\$15.00 ONE TIME material fee paid to the instructor. Same text book for all classes.

Negotiation 8: Critical Thinking in Negotiations-- Power Player -- Expert Expert course 1 of 3 #300117

In this program you'll concentrate on "here's how you do it " techniques for enhancing your critical thinking skills. You'll learn to think strategically and discover the other side's strategy so you'll know how to best respond to their moves. You'll also learn how to determine if the other side has a hidden agenda or whether there are certain needs that must be met in order for them to achieve their goals. Knowing how to obtain this information is vital to your success and will put you in control of the total negotiation process.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting April 5, 2011, ending April 5, 2011

Tuition: \$49.00

Location: El Camino College Materials Cost: \$15.00

Negotiation 9: Assertiveness -- Saying it like you mean it! Expert Course 2 of 3 #300118

Ever wonder how you measured up in negotiation? One of the most problematic situations in negotiating is knowing when to back down and when to hold your ground. To become a polished negotiator, you must recognize the distinct stages of negotiating and know when to assert yourself at each stage. The rules of assertiveness apply to every negotiation and can affect the outcome dramatically. In this program, you'll discover the underlying principles of assertiveness that must be learned in order to be a successful negotiator and why they are so important to your success.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting April 12, 2011, ending April 12, 2011

Tuition: \$49.00

Location: El Camino College Materials Cost: \$15.00

Negotiation Ten (10): The Course 3 of 3 #300119

Who controls the negotiation, you, or do you sometimes become intimidated in the negotiation process? You have more power than you think. In the negotiation process you gain power by learning the rules of the power game, how to apply them, and how to recognize and defend against them when they are used. Never again fall victim to power plays by learning to utilize techniques such as: Hidden Leverage, Power Words, Power Rules, and Commitment Power.

Tuesday, 6:30 pm - 9:30 pm; 1 session starting April 19, 2011, ending April 19, 2011

Tuition: **\$49.00**

Location: El Camino College Materials Cost: \$15.00

*Please note: If you would like to receive a beautifully created Certificate of Completion with the El Camino College emblem and your name indicated, after successful completion of this course, mail in or phone in your request to the Community Education office along with \$5 per certificate.



QuickBooks Fundamentals #500081

Learn the fundamentals of QuickBooks including, navigation of the software, setting up a company file, working with lists, working with bank accounts, entering sales information, receiving payments and making deposits, entering and paying bills, tracking and paying sales tax, and reconciling bank accounts. This is a hands-on course where students will use and have access to their own computer to enter and process data. A certificate of completion will be awarded upon completion of the course.

Instructor Kevin Farmer has a Master's degree in Business with an emphasis in Technology Management. He is a dedicated professional with many years of teaching experience in Accounting and Business Systems courses at various Community Colleges. He brings a high level of experience to the classroom along with a proven method of teaching that is both functional and enjoyable.

Sunday, 9:30 am - 3:30 pm; 1 session starting January 16, 2011, ending January 16, 2011

Sunday, 9:30 am - 3:30 pm; 1 session starting February 20, 2011, ending February 20, 2011

Sunday, 9:30 am - 3:30 pm; 1 session starting April 10, 2011, ending April 10, 2011

Tuition: \$79.00

Instructor: Kevin Farmer Location: Communications 309

Materials Cost: \$20.00

OuickBooks Intermediate #500082

This is a hands-on course designed to help students learn how to use the more advanced features of QuickBooks including how to record purchase orders, how to record and track estimates, reconcile credit card transactions, customize forms and reports, memorize transactions, set up petty cash accounts, inventory tracking and adjustments, job costing

and payroll set up.

Sunday, 9:30 am - 3:30 pm; 1 session starting March 13, 2011, ending March 13, 2011

Sunday, 9:30 am - 3:30 pm; 1 session starting May 15, 2011, ending May 15, 2011

Tuition: \$89.00

Instructor: Kevin Farmer Location: Communications 309 Materials Cost: \$20.00

"The instructor was awesome; I would HIGHLY recommend him

to anyone."

-QuickBooks Student

ARTS & HOBBIES CRAFTS



Candle Making #119681

Candles have caught our eyes in pricey boutiques and gift shops. Join us and learn how to make candles in different sizes and finishes, innovative shapes and styles with molds, through various skilled techniques for a fraction of the cost. Topics include getting started, tips to working with paraffin wax, essential oils and candle dves, how to incorporate dried flowers and fruits, and sources for materials and supplies. You will leave this class with several high-quality candles and the skills to continue on your own. This class is hands-on; please dress accordingly. Instructor Quayum Abdul has many years of experience in teaching soap, candle making and various other subjects at community colleges throughout southern California.

Saturday, 9:00 am - 12:00 pm; 1 session on January 8, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on

April 16, 2011 Tuition: \$39.00

Instructor: Quayum Abdul Location: El Camino College Materials Cost: \$20.00

> "The class is great! Excellent Instructor!" -Candle Making Student

Glycerin Soap Making #112371



Do you love the sensual pleasure of beautiful, aromatic soaps but hate the high prices? Why not learn to make your own for a fraction of the retail price? Perfect for gifts, bathroom decor, and for people with sensitive skin. You will also learn to make unique cleansing gels and luxurious bubble bath soap. You'll leave with

Glycerin Soap Making continues on pg. 28...

Glycerin Soap Making continued from pg. 27...

the soaps you make and the knowledge you need to make more at home. This is a hands-on class, dress accordingly.

Quayum Abdul has years of experience in teaching soap and candle making and various other subjects in community colleges throughout Southern California.

Saturday, 9:00 am - 12:00 pm; 1 session on February 19, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on May 21, 2011

Tuition: \$39.00

Instructor: Quayum Abdul Location: El Camino College Materials Cost: \$20.00

CULINARY



Cake Decorating 101 #119695

This class will teach you the essential basics/ foundation of cake decorating. You will learn how to frost a cake like a professional. Writing, borders, icing roses, airbrush techniques and figure piping will be covered. Real cakes and icing will be provided and used at each class. You will complete a shaped cake during the

Instructor Kirk Rossberg (pictured above) is the owner of Torrance Bakery. He has been in the bakery business for more than 30 years. Kirk and Torrance Bakery have won numerous awards including National Retail Bakery of the year in 2007.

Tuesday 5:30 pm - 7:30 pm; 5 sessions starting February 22, 2011, ending March 22, 2011

ATTENTION! PRE-Enrollment required for this class! No enrollments at bakery. DO NOT CONTACT bakery. Call 310-660-6460 to enroll.

Tuition: **\$175.00**

Instructor: Kirk Rossberg

Location: Torrance Bakery of Gardena

Materials Cost: \$25.00



Home Brew Basics and Beer Styles #130003

Learn how to brew your basic beer in an actual shop which supplies world class brewers with all their brewing needs. Learn the differences between ales and stouts and lagers. Sample various styles such as weizens, lambics, and barley wines. Come away with appreciation of beer as a common or sophisticated beverage.

Instructor Mike Froehlich operates Stein Fillers brewing company that has been in business since 1994 providing quality education and ingredients to brewers, vintners and mead makers in the Los Angeles vicinity.

Saturday, 10:00 am - 2:00 pm; 1 session on January 29, 2011

Tuition: **\$75.00**

Instructor: Mike Froehlich Location: Stein Fillers

Tamales 101 #130008



Tamales are perhaps the most important celebratory food in existence! Come celebrate in this fun, handson, ultimate-Latino-cooking-experience class instructed by the chef of one of Gayot.com's "Top Mexican Restaurants in the LA Area." The best part about this class is that the delicious fillings are already hot and freshly made for you before you get there. Ortega 120 Chef Thomas Ortega (as featured on FOX's Hell's Kitchen) is then able to provide adequate time to instruct you on the fine art of properly assembling tamales. Come learn about the many varieties of Tamales and the numerous ingredients that can be used. Tamales can be Zen-like in their simplicity -- corn dough with simple fillings wrapped up in a cute little package of corn husks or more extravagant such as with sweet desert fillings. Exclusive Ortega 120 recipes provided. Class fee includes one margarita, light appetizers and a bunch of tamales to take home to your casa. Your family and friends will be impressed by the tamales you made at Tamale 101.

Instructors/ Partners Demi Stevens and Chef Thomas Ortega own and operate the awardwinning Redondo Beach restaurant, Ortega 120. Thomas is a renowned chef with a French culinary school background that includes apprenticeships at restaurant heavy-weights such as Water Grill, Lucques, Spago and Patina. He was recently a featured judge on the TV show Hell's Kitchen. Demi is a restaurateur/ operator and award-winning mixologist, who has established an innovative and successful restaurant development, operations and management career. Together, Demi and Thomas have created more than just a critically acclaimed restaurant; instead they have created a complete dining experience that is uniquely and deliciously known as Ortega 120. Don't miss the opportunity to learn and dine with the best!

Tuesday, 7:00 pm - 9:00 pm; 1 session on January 18, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on February 15, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on March 15, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on April 19, 2011

PRE-Enrollment required for this class! No enrollments at restaurant. DO NOT CONTACT restaurant. Call 310-660-6460 to enroll.

Tuition: \$40.00

Instructor: Ortega 120 Location: Ortega 120 - Restaurant

Materials Cost: \$10.00

Tequila University #130007



teach you at college at Tequila University! For people who like to drink tequila, or at least know how to spell it. In this fun, informative and interactive class, students will become educated in the fine art of understanding the complexity of tequilas and learn to respect the spirit. Led by award-winning Master Mixologist Demi Stevens of Ortega 120, class topics include tequila basics101 such as historical background, spirit-making process, types of teguilas, food pairings, and proper cocktail making or "mixology." Making a killer margarita has never been more fun! Come learn from the folks who know their tequila and know what to do with it: LA Weekly awarded

Ortega 120 for "Best Classic Margarita." Class fee includes tequila flight, margarita & light appetizers. A \$10 material is for the cost of a Tequila journal book.

Tuesday, 7:00 pm - 9:00 pm; 1 session on January 11, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on February 8, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on March 8, 2011

Tuesday, 7:00 pm - 9:00 pm; 1 session on April 12, 2011

PRE-Enrollment required for this class! No enrollments at restaurant. DO NOT CONTACT restaurant. Call 310-660-6460 to enroll.

Tuition: \$30.00

Instructor: Ortega 120 Location: Ortega 120 - Restau

Materials Cost: \$10.00

DANCE

Belly Dance (Beginning) #800031



Learn this ancient and exhilarating art form while developing a flexible and firm body. You will be astonished and amazed at how easy and fun it is to be

a belly dancer. Veil, cymbals and hip scarves are optional and may be purchased from the instructor or an outside source for an additional fee. This will be discussed at the first class.

Instructor Regine Costello has been a professional belly dancer for over 15 years working in all styles of La Danse Orientale, including Cabaret, Fusion, Tribal and Folkloric, using both traditional and contemporary music. She received the 2001 Excellence in Arts Award in the dance category by the City of Torrance. She has placed 3 years in a row at the 2006, 2007 & 2008 Belly Dancer of the Universe competition.

Saturday 3:00 pm - 4:00 pm; 8 sessions starting January 22, 2011, ending March 19, 2011 (No class on Feb 19)

Saturday 3:00 pm - 4:00 pm; 8 sessions starting April 2, 2011, ending May 21, 2011

Tuition: \$69.00

Instructor: Regine Costello Location: P.E. North 52 Materials Cost: \$45.00

28 29 Register By Phone: 310-660-6460 Register Online: www.ECCommunityEd.com **Bollywood Dance Fitness**



Spice up your workout and boogie to the Bollywood beat! Films like *Slum Dog Millionaire* and TV shows like *So You Think You Can Dance?* have inspired a craze for the fun dance genre called Bollywood. Bollywood dancing is the popular name used for modern Indian dancing that incorporates both classical and folk-style dances of India with Western styles of dance. The class begins with a sultry warm-up to get you in the mood to groove Bollywood-style. Next, students break out in shimmies and bops, moving to the beat just like a Bollywood beauty. This class is fun for everyone! All levels welcome.

Instructor **Regine Costello** has studied both classical and modern-Bollywood-style dances of India from some of the great dance masters of India and has been teaching Bollywood dance for over 5 years.

Saturday 1:30 pm - 2:30 pm; 8 sessions starting January 22, 2011, ending March 19, 2011 (No class on Feb 19)

Saturday 1:30 pm - 2:30 pm; 8 sessions starting April 2, 2011, ending May 21, 2011

Tuition: \$72.00 Instructor: Regine Costello Location: P.E. North 52

2-Day Film School Crash Course #100012

A crash course for producers, writers, and film makers. This acclaimed workshop is credited with launching thousands of film careers of the likes of Baz Luhrman and Will Smith. In just one weekend, you'll learn how to produce, direct, shoot and sell your movie in a simple demystified step-by-step process. By the end of this course, you will be able to make any feature film with budgets from \$5,000 to \$10,000,000. Subjects also covered include

writing, talent, guilds & unions, financing, deal-making, distribution, cameras, shooting, editing, marketing, festivals, negotiating and as a bonus, digital-film making and web distribution. All participants receive a "producer's" diploma, a graduation certificate, and a filmmaker's workbook.

Dov S-S Simens is an award-winning filmmaker and instructor at schools such as USC, UCLA and NYU.

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting February 12, 2011, ending February 13, 2011

Saturday, Sunday 9:00 am - 6:00 pm; 2 sessions starting May 7, 2011, ending May 8, 2011

Tuition: \$395.00 Instructor: Film Institute

Location: Raleigh Studios / The Chaplin Theater

Introduction to One Stroke Painting #100036



Learn the popular painting technique that shades, highlights and blends all in stroke of the brush! Paint gifts for friends and family or something special for your home. With this fun quick and easy technique you can paint on glass, wood, tin, fabric, furniture and even walls! You don't have to be an artist and it's for people of all ages.

Instructor **April Numamoto** (pictured above) is a certified One Stroke instructor and has been teaching the technique since 1997 including to students at national painting conventions. Her artwork has been featured in several publications.

Saturday, 10:00 am - 12:30 pm; 1 session on February 26, 2011- Poppies

Saturday, 10:00 am - 12:30 pm; 1 session on April 9, 2011- Simple Rose

Saturday, 10:00 am - 12:30 pm; 1 session on May 28, 2011- Wildflowers

Tuition: \$35.00

Instructor: April Numamoto Location: El Camino College Materials Cost: \$10.00

Life Drawing Marathons #100013

Join us for a relaxing Sunday as we open our doors to the Life Drawing and Painting marathons. Two studios, one offering quick poses, the other offering one all-day pose, will be open for all artists interested in painting or drawing the nude model. Bring your own drawing and painting materials. Must be 18 years or older to attend.

Instructor **Michael Van Overbeck** has studied at the Art Center College of Design, the Art Academy of Los Angeles, and the American Animation Institute.

Sunday, 10:00 am - 5:00 pm; 1 session on January 30, 2011

Sunday, 10:00 am - 5:00 pm; 1 session on February 27, 2011

Sunday, 10:00 am - 5:00 pm; 1 session on March 27, 2011

Sunday, 10:00 am - 5:00 pm; 1 session on April 24, 2011

Sunday, 10:00 am - 5:00 pm; 1 session on May 29, 2011

Tuition: **\$18.00**

Instructor: Michael Van Overbeck Location: Art & Behavioral Sciences

Room 205, 209 Materials Cost: \$5.00

Tile Painting #119712



In each 1 day tile-painting workshop, students will learn a different technique for applying paint to ceramic tile to create their own imaginative piece of tile art. Customized tiles make for fun and unique gifts or home decorating. Instruction includes overview regarding properly applying color glazes, choosing a design and transferring the design to tile. Students are encouraged to come to class with a design idea in mind or they may choose from various options that will be available by the instructor for transference to the tile. Instructor will fire the tiles for the students and they will be available for pick up at the El Camino College Community Education office the following week. \$15 materials fee includes color palette tray with

6 colored-glazes/paints, 1 blank-white tile and kiln costs to fire the tile. Additional fee of \$2.00 for second tile. And optional \$45 to purchase twelve color glazes (twelve 1 oz bottles).

Instructor **Melenie Choe** (pictured left) is an award-winning (2003 Palos Verdes Art Center ceramic-tile prize) artist with 40 years experience specializing in Korean folk art, silk painting and ceramics. She frequently participates in local art exhibitions.

Saturday, 10:00 am - 12:00 pm; 1 session on January 15, 2011- Calligraphy

Saturday, 10:00 am - 12:00 pm; 1 session on February 5, 2011- Majolica (Renaissance Italian Style)

Saturday, 10:00 am - 12:00 pm; 1 session on March 12, 2011- Folk Art

Saturday, 10:00 am - 12:00 pm; 1 session on April 9, 2011- Free-Hand Mother's Day Project

Tuition: \$35.00 Instructor: Melenie Choe Location: El Camino College Materials Cost: \$15.00

HEALTH & WELL BEING



Acupressure Massage For All #800060

According to Eastern Medicine, the body is made up of pressure points that control blood flow. When proper pressure is applied to specific points, pain and stress can be lessened and often relieved. This allows the body to help itself heal naturally. Acupressure (a blend of "acupuncture" and "pressure") is a complementary medicine technique derived from acupuncture. In acupressure, physical pressure is applied to acupuncture points by the hand, elbow, or with various devices. Join this class and learn about the origins of acupressure, how it works, and how it can work for you.

Rod Krueckemeier has been involved in massage therapy for the last 25 years. He specializes in Acupressure, Shiatsu, Sports and Swedish massage. Since 1989 he has traveled throughout northern and southern California providing and teaching massage in the private and public sectors. His teaching methodology

Acupressure Massage continues on pg. 32...

Acupressure Massage continued from pg. 31...

incorporates his lifelong study of various forms of martial arts, Chinese medicine, yoga, and macrobiotics making his classes fun and interactive.

Friday 6:30 pm - 8:00 pm; 4 sessions starting April 1, 2011, ending April 22, 2011

Tuition: \$69.00 Instructor: Rod Krueckemeier Location: P.E. North 2

Tai Chi Chuan #800007

Get on the road to better health and physical well-being through Tai Chi exercises. Become more balanced and flexible, learn self-defense forms and free your mind from distractions. The rhythmic flowing movements have a therapeutic effect on the internal organs and balance the body's energies. It helps reduce high blood pressure and stress and helps prevent osteoporosis. Because of Tai Chi's mild aerobic intensity, it is appropriate for both the beginner and continuing student as well as students of all ages.

Master **Nadine Shozuya** has been practicing martial arts for over 30 years. She has earned a black belt in Aikido, Tae Kwon Do, Kung Fu, Karate and instructorship in Tai Chi. Assistant **Briannah Walters** has been practicing kung fu for 7 years and holds a Masters degree in elementary education.

Tuesday 7:00 pm - 7:40 pm; 4 sessions starting January 11, 2011, ending February 1, 2011

Tuesday 7:00 pm - 7:40 pm; 4 sessions starting March 1, 2011, ending March 22, 2011

Tuesday 7:00 pm - 7:40 pm; 4 sessions starting April 19, 2011, ending May 10, 2011

Tuition: **\$39.00**

Instructor: Nadine Shozuya & Briannah Walters Location: Scholar Warrior Kung Fu Studio

Remake and Reshape Your Body with Nutrition #800086



Outsmart fat, even before you exercise. Stop unwanted cravings, accelerate calorie burning, and lose fat with a plan designed for your body type. Use powerful nutritional body re-shaping methods, turn on fat burning, and look great! Increase energy, end dieting confusion, dispel pop culture nutrition myths and leave class with

Register By Phone: 310-660-6460

an effective, powerful, individualized plan, sure to get remarkable results. Materials fee includes 45-page nutritional guide, including Metabolic Profile Survey and food-pairing charts.

Julie Martin, B.A., is a Nutritional Consultant, Health and Lifestyle Coach, and has taught nutrition for the last 20 years. She teaches a health Professionals Certification program in nutrition, and specializes in metabolism and weight loss education for empowering the public to improve their health and wellbeing. Julie has motivated thousands with her informative, warm, captivating style, and leads seminars throughout Southern California.

Wednesday 7:00 pm - 9:30 pm; 2 sessions starting January 26, 2011, ending February 2, 2011

Wednesday 7:00 pm - 9:30 pm; 2 sessions starting May 4, 2011, ending May 11, 2011

Tuition: \$49.00 Instructor: Julie Martin Location: Humanities 105 Materials Cost: \$7.00

Think Healthy, Be Thin, Stay Thin through Self-Hypnosis #800011



In today's society, obesity at any level is a handicap. It undermines confidence, reduces your chances for career advancement and puts unnecessary strain on your body. If you're addicted to sweets, compulsive eating, binging, eating between meals or before bedtime, then this seminar may be what you're looking for. This is the most relaxing, effortless and safe way to lose weight - no diets, no calories to count, no struggle. Eat whatever you enjoy. Through the power of your subconscious mind, you'll gain control over your eating habits and cravings, Be slim and fit for life with self-hypnosis- easy, safe, effective-the natural way.

Jethro Carter, C.C.Ht., is a Certified Clinical Hypnotherapist and Certified Master Hypnotist. Jethro has over ten years helping clients lose weight, gain self-confidence, and stop smoking. Jethro has presented his self-improvement programs to medical universities, hospital, and private facilities with successful results.

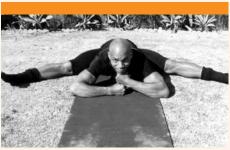
Tuesday, 7:00 pm - 9:30 pm; 1 session on March 15, 2011

Tuition: \$39.00

Instructor: Jethro Carter Location: El Camino College Materials Cost: \$15.00

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Weight Training & Stretching (Beginning) #800083



In this eight week course, you will learn the proper way to stretch and increase the size of your muscles through combined weight training and stretching exercises. Students will be presented with a beginning knowledge of weight training and stretching including safety, history, proper hand grip and feet positioning, breathing techniques, correct posture, food-grouping/nutritional tips, and muscle anatomy. Suitable for all ages (18 to seniors). Recommend attire/equipment: Exercise pants, T-shirt, athletic shoes and a small hand-towel because you are going to sweat a lot!

Instructor **Jeff Henry** (pictured above) is a Certified Fitness Trainer of the International Sports Sciences Association with over 4 years experience teaching weight training to high school and college students. He was also a member of the USA veteran wrestling team, 2x national champion, and 5th in the world championship, 2001-2003, freestyle division.

Saturday 10:00 am - 11:00 am; 8 sessions starting January 8, 2011, ending February 26, 2011

Saturday 10:00 am - 11:00 am; 8 sessions starting March 12, 2011, ending April 30, 2011

Saturday 10:00 am - 11:00 am; 8 sessions starting May 14, 2011, ending July 2, 2011

Tuition: \$79.00 Instructor: Jeff Henry Location: P.E. North 3

Yoga for Health & Relaxation--Beginning



Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall well-being. The beginning class teaches breathing

techniques and introduces major yoga postures. Bring your own yoga mat.

Ron Berman (pictured bottom left) received his training certification from Cloud Nine Yoga School in the Hatha yoga style. He has been teaching yoga in the South Bay for eight years.

Saturday 10:30 am - 12:00 pm; 10 sessions starting January 8, 2011, ending March 12, 2011

Saturday 10:30 am - 12:00 pm; 11 sessions starting March 19, 2011, ending May 28, 2011

Tuition: **\$79.00**

Instructor: Ron Berman RYT Location: PE Room 2

Yoga For Health & Relaxation--Intermediate

Yoga focuses on uniting the body, mind and spirit through movement, breathing and relaxation. Suitable for all ages and abilities, students report increased strength, flexibility, concentration, awareness and overall wellbeing. The intermediate class builds upon the basics to deepen the student's understanding and knowledge of the yoga practice. Bring your own yoga mat.

Saturday 9:00 am - 10:30 am; 10 sessions starting January 8, 2011, ending March 12, 2011

Saturday 9:00 am - 10:30 am; 11 sessions starting March 19, 2011, ending May 28, 2011

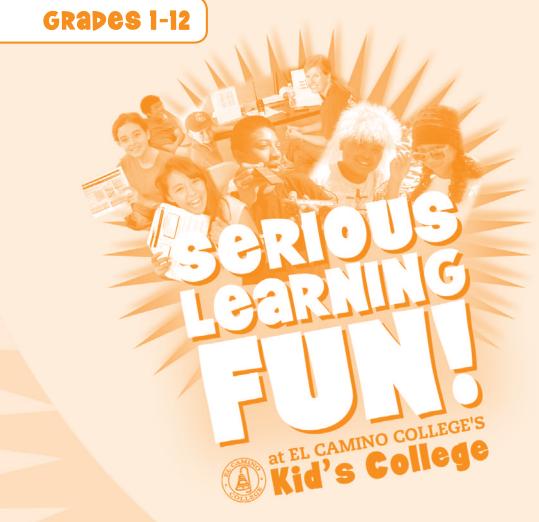
Tuition: **\$79.00**

Instructor: Ron Berman RYT Location: PE Room 2

"Lovely class, great teacher, enriching."

-Yoga Student









Tailored English and Basic Math Tutoring (Grades 1-6) #400024



We will tailor our tutoring to fit your child's specific needs. The maximum number of students per class is 2 to 1. Your child will receive individual attention to improve his/her reading comprehension, writing, spelling, study skills & basic math.

Call to schedule your child's 1 hour/4 day (1 hour per week for 4 weeks) tutoring program. Class dates and times subject to availability. Choose an hour time slot from 3:00-5:00 PM Tuesdays, Wednesdays or Thursdays.

Instructor **Linda Wilson** has been tutoring 2 to 1 and 1 to 1 classes for more than 9 years throughout the South Bay. She is known for her creative, compassionate, and committed style of tutoring.

Tuition: \$199.00 Instructor: Linda Wilson Location: Mrs. Linda's Tutoring Corner at El Camino College

Kung Fu for Kids (Ages 7-12) #650003

Watch your child's confidence grow as they learn Kung Fu! Students will have fun while learning to develop important life skills. Kung Fu teaches discipline, control, and etiquette while improving one's selfesteem, confidence and overall health. In this six week course students will learn basic kung fu philosophy and techniques such as punching, kicking and blocking. Each weekly lesson will cover such topics as discipline, balance, control and coordination. By the end of six weeks, your child will be able to demonstrate four blocks, two kicks, one punch and five basic stances and demonstrate improved fitness skills with pushups, sit ups and squats. \$10 materials

Kung Fu for Kids continues on page 36...

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Kung Fu for Kids continued from page 35...

fee includes uniform (T-shirt and pants). Master Nadine Shozuya has been practicing martial arts for over 30 years. She has earned a black belt in Aikido, Tae Kwon Do, Kung Fu, Karate and instructorship in Tai Chi. Assistant Briannah Walters has been practicing kung fu for 7 years and holds a Masters degree in elementary education.

Friday 4:00 pm - 4:40 pm; 6 sessions starting January 7, 2011, ending February 11, 2011

Friday 4:00 pm - 4:40 pm; 6 sessions starting February 18, 2011, ending March 25, 2011

Friday 4:00 pm - 4:40 pm; 6 sessions starting April 1, 2011, ending May 6, 2011

Tuition: **\$59.00**

Instructor: Scholar Warrior Kung Fu Studio Location: Scholar Warrior Kung Fu Studio

Materials Cost: \$10.00

Academic Chess: All Levels #460121



Checkmate! This course is designed for children ages 5-13 years and for all different levels of chess experience. Each child will receive a different lesson each week according to his or her level of chess expertise. The course will be taught in a fun, but educational manner. A chess set and worksheets are included. Join us in this dynamic class! **Please read:** Ages 5 – 13

Academic Chess Instructors are experienced, caring professionals who teach in the local school districts.

Saturday 10:00 am - 11:00 am; 8 sessions starting February 26, 2011, ending April 16, 2011

Tuition: **\$79.00**

Instructor: Academic Chess Location: Admin 209



South Bay Children's Choir

The South Bay Children's Choir is a highly regarded choral organization guided by artistic director Diane Simons and taught by an excellent experienced staff of conductors who are effective at awakening the artistry within each child. The program offers comprehensive music education beginning with a First Steps program for ages 6-7, followed by a sequential series of choir classes and culminating in Concert Choir and Bel Canto at the high school level. The singers perform widely throughout the Los Angeles area, and there are additional optional travel opportunities to travel as a performing choir. They have performed at El Camino College, Royce Hall at UCLA, the Los Angeles Music Center, the Armstrong Theater, as well as Carnegie Hall in New York and the Canterbury Cathedral in England. Partial scholarships may be available for singers who have been in the choir for at least one semester

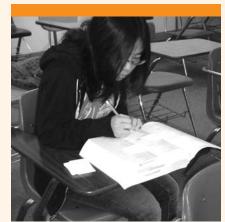
For more information see website www.sbcc.singer.net, email sbcc@singer.net, or call choir manager at 310-640-9818

South Bay Youth Orchestra

The South Bay Youth Orchestra. established in 1996, provides a quality experience in music to pre-college age students in the context of a nurturing yet informative rehearsal environment. Orchestra students perform in at least two concerts each year on the campus of El Camino College and benefit from the wisdom of the professional guest artists who perform alongside them. The group is also an important social outlet. Community outreach. performance tours, and outings to hear professional groups help create a lasting bond among students. The organization is led by full-time El Camino College faculty member, Dr. Patrick Schulz, and violinist/conductor, Cosima Luther.

For more information, please visit the group's website: www.sbyorchestra.com or call Dr. Schulz at 310-660-3593, ext. 3703.

S.A.T. Boot Camp 400023



A strong performance on the S.A.T. can make the difference in your ability to be admitted to, and/or receive financial aid from your top college choices. Give yourself the edge you need to direct your future by taking the intensive El Camino College S.A.T. Boot Camp preparation course! Course includes pre and post "mock exam" test assessment option(s) to determine student's specific weak areas. S.A.T. Boot Camp drill sergeant (instructor) will customize a regimen to improve student's needed skills. Class Fee includes: Cambridge S.A.T. Victory textbook, two full-length retired S.A.T. tests/mock exams to determine student's weak areas (optional, but highly recommended) and over 24 hours of intensive classroom instruction.

Instructor **Diane Serradell** is a dynamic and caring teaching professional who has been working in education since 1973. Most notably, she was previously the Principal at Fern and Walteria elementary schools. She has been teaching the SAT BootCamp class with El Camino College Community Education department for over 2 years.

Saturday 8:30 am - 11:30 am; 8 sessions starting January 22, 2011, ending March 19, 2011 (No class on Feb 19)

Tuition: \$359.00 Instructor: Diane Serradell Location: Comm 307

S.A.T. Intensive 1-Week "Spring Break" Boot Camp 400023 / 18135

Are you taking the May 7, 2011 or June 4, 2011 S.A.T exam? Spring break (April 4-8th) may be your last chance to seriously prepare

for this important college-entrance exam. In this 1-week accelerated intensive S.A.T. boot camp you will maximize your odds of doing well on the S.A.T. exam. A strong performance on the S.A.T. can make the difference in your ability to be admitted to, and/or receive financial aid to your top college choices. Give yourself the edge you need to direct your future by taking the accelerated intensive El Camino College S.A.T. Boot Camp preparation course! Course includes pre and post "mock exam" test assessment option(s) to determine student's specific weak areas. S.A.T. Boot Camp drill sergeant (instructor) will customize a regimen to improve student's needed skills. Class Fee includes: Cambridge S.A.T. Victory textbook. two full-length retired S.A.T. tests/mock exams to determine student's weak areas (optional, but highly recommended) and over 20 hours of intensive classroom instruction.

Monday, Tuesday, Wednesday, Thursday, Friday 8:30 am - 12:45 pm; 5 sessions starting April 4, 2011, ending April 8, 2011

Tuition: \$359.00 Instructor: Diane Serradell Location: MBBM 107

Mock Exam Dates:

Conquer test anxiety! Your S.A.T. Boot Camp or S.A.T. Intensive 1-Week "Spring Break" Boot Camp tuition includes the optional (but highly recommended) opportunity to take two full-length retired S.A.T. exams in a timed, simulated test environment. Results of the tests will determine student's weak areas. Call (310) 660-6460 to register to take the mock exams. Only students who have registered and paid for the S.A.T. boot camp are eligible to take the S.A.T. mock exam(s).

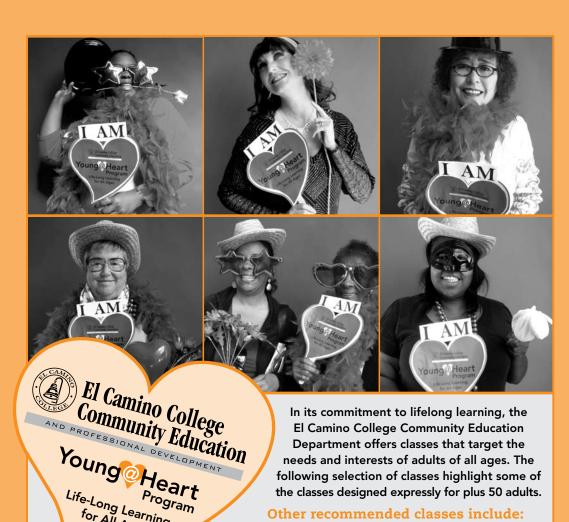
S.A.T. Boot Camp --Mock-Exam 400028

Saturday, 7:30 am - 12:00 pm; 1 session starting January 8, 2011

S.A.T. Boot Camp --Mock Exam 400027

Saturday, 7:30 am - 12:00 pm; 1 session starting April 16, 2011

Kid's College @ EL Camino College



Other recommended classes include:

following selection of classes highlight some of

the classes designed expressly for plus 50 adults.

- Culinary pg 28
- Dance pg 29-30
- Yoga pg 33
- Balloon Decorating pg 13
- One Stroke Painting pg 30
- Special Events & Excursions pg 8-10

Computer Basics Boot Camp for Older Adults #8890001

Life-Long Learning

for All Ages



Is your fear of computer technology keeping you from getting promoted or from being able to respond to your grandkid's emails? This class is for you! In just three weeks vou will absorb ALL the basics, including using Microsoft Windows, Internet

browsers, sending e-mail, and surfing the Internet! Come join the fun with an instructor known for his plain explanations and patience. You will receive a Certificate of Completion to show your doubting relatives (90% attendance required). Class now expanded to 12 hours

total, and prepares you for the intermediatelevel class Best of the Internet and Microsoft Word. Materials fee includes certificate and a 35-page hand-book.

Instructor Dale Fedderson (pictured left) has been teaching computer skills for years, everything from how to use a mouse to how to create technical drawings, spreadsheets, and brochures. But his favorite thing is to show newcomers how to get the most from the Internet.

Saturday 9:00 am - 1:00 pm; 3 sessions starting January 8, 2011, ending January 22, 2011

Saturday 9:00 am - 1:00 pm; 3 sessions starting March 5, 2011, ending March 19, 2011

Saturday 9:00 am - 1:00 pm; 3 sessions starting May 7, 2011, ending May 21, 2011

Instructor: Dale Fedderson

Location: Math & Computer Science 111

Materials Cost: \$3.00

Best of the Internet & Microsoft Word #8890007

Take your computer skills to the next level! If you have used a computer and been on the Internet, this class is for you! You will use social networking websites (Facebook, Twitter, etc.), send email attachments, photos, URLs, and manage your contacts, learn to download safely, and try out the TOP websites for entertainment, information, and more! Plus, use word-processing (MS Word) to copy, paste, add clip art, photos, etc. Oh, yes. . . and a brief demo of MS Excel! Recommended prerequisite: Computer Basics Boot Camp for Older Adults. Optional materials fee includes 20-page handbook.

Saturday 9:00 am - 12:00 pm; 3 sessions starting February 5, 2011, ending February 19, 2011

Saturday 9:00 am - 12:00 pm; 3 sessions starting April 2, 2011, ending April 16, 2011

Tuition: \$45.00

Instructor: Dale Fedderson Location: Math & Computer Science 111

Materials Cost: \$2.00

Digital Photography--Basics Boot Camp #8870002

Are you looking for a photography class to teach you the basics of digital photography? Forget about light theory, aperture, and shutter speed. Do you simply want to learn how to turn on your digital camera and take great photos? In this hands-on class you will learn the true basics of digital photography. Bring your digital camera and receive individual instruction on how to turn it on, what the basic buttons are on your camera, how to take a picture, and how to save your pictures.

Instructor **Douglas Morrison** spent over five years as a Navy photographer, operated his own wedding photography business, and is currently working as a photographer for the Los Angeles County Fire Department.

Saturday, 9:00 am - 12:00 pm; 1 session on January 22, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on March 26, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on May 21, 2011

Tuition: **\$24.00**

Instructor: Douglas Morrison

Location: Music 204

Digital Photography— Basic Boot Camp 2

#8870006

If you loved the first Digital Photography— Basics Boot Camp with Doug Morrison, you'll want to continue your adventure with part

2! In this class, Doug takes you to the next level by assisting you out in the field (ECC campus) to test out what you learned in part 1. The goal is to help students properly assess their equipment's capabilities under different lighting, subject and location conditions. Doug will provide instantaneous feedback to help you troubleshoot and learn on the spot. Doug will also show you more tricks and tips about uploading and saving your photos to your computer. Bring your camera and more of your digital photography questions!

Saturday, 9:00 am - 12:00 pm; 1 session on February 5, 2011

Saturday, 9:00 am - 12:00 pm; 1 session on April 9, 2011

Tuition: \$24.00

Instructor: Douglas Morrison

Location: Music 204

Learn to Play Ukulele (Beginner) #120021



Always wanted to learn to play ukulele but didn't know how to start? Frustrated with confusing books and instructional methods? Want to learn how to figure out songs and strums by ear in seconds instead of hours/days/ years? Then this class is for YOU! Please note: Students must provide their own Ukulele.

Instructor Mitchell Chang (pictured above) is a graduate of the University of Hawaii music program and has been teaching guitar and ukulele since 1994.

Tuesday 6:30 pm - 8:00 pm; 8 sessions starting February 1, 2011, ending March 22, 2011

Tuesday 6:30 pm - 8:00 pm; 8 sessions starting April 5, 2011, ending May 24, 2011

Tuition: **\$69.00**

Instructor: Mitchell Chang Location: Comm Basement 104

Materials Cost: \$3.00

Register By Phone: 310-660-6460 38 Register Online: www.ECCommunityEd.com

PERSONAL INTEREST

LANGUAGES



Intermediate/ Advanced Italian Conversation (online) 700035



This class is designed to provide students with an opportunity to further master basic Italian vocabulary structures and idiomatic expressions used in day-to-day conversation by students, travelers, tourists, and business people.

Prerequisite: Italian 1 and 2 or the equivalent knowledge of Italian.

Instructor Rossella Pescatori from Venice, Italy received her Ph.D. in Italian at UCLA and two laurea degrees from the University of Venezia (Ca' Foscari) in Philosophy (with a dissertation in Social Psychology) and in Lettere (with a dissertation in Art History). She has published numerous publications that focus on Medieval and Renaissance studies and is actively involved in exploring and discovering new teaching methodologies and pedagogies regarding the instruction of foreign languages to different age groups.

Friday 10:00 am - 11:30 am; 9 sessions starting January 7, 2011, ending March 11, 2011 (No class on Feb 11)

Tuition: \$120.00 Instructor: Rossella Pescatori Location: El Camino College

MONEY MATTERS

Building Your Financial Portfolio on \$25.00 a Month (Or Less) #810048

Find safe, secure investments growing 50% - 100% in value every year, and invest without using brokers. The Christensen's are not stock brokers or financial managers but investors like you who have used this method themselves for 25 years. What brokers never tell you, what the



economy means to your wallet and what you can do about it. "Simply the best investment information...extremely practical." (CNBC). \$15 materials fee is optional. Please read: \$15 Material Fee is optional.

Bobbie and Eric Christensen, California writers/speakers, are nationally known financial experts who have appeared on PBS' Smart Money, Today, etc. They are retired bankers and are award-winning co-authors of the best selling Building Your Financial Portfolio On \$25 A Month (Or Less) and its sequel Top 50 Best Stock Investments as well as eight other books. They present this seminar and others nationwide. ELPBooks@aol.com

Thursday, 6:00 pm - 9:00 pm; 1 session on January 27, 2011

Tuition: **\$39.00**

Instructor: Bobbie Christensen Location: Humanities 105 Materials Cost: \$15.00

Financial Planning For Women #8890008

Do you want to feel confident about your financial choices? Do you envision a retirement with the freedom to do what you want and the security of knowing you can afford it? Learn how to accumulate and grow your retirement dollars and create a strategy for making it last. We will discuss ways to preserve your wealth and pass it on to those you love without the confusion and stress caused by not having an estate plan.

Candace Colescott began her career in the financial services business in 1980. She has broad experience in due diligence, marketing, wholesaling and for the last 21 years as a financial consultant serving the South Bay. She was a vice president with Banc of America investments for 18 years and joined Marquis Financial over three years ago to focus on retirement planning. The Financial Consultants of Marquis are affiliated with LPL Financial, the largest independent broker/dealer * in the country. Candace received her BA in Political Economy from Mary Washington University and earned her MBA in Finance from Penn State. She is passionate about the need for financial literacy and works with Banking On Our Future, (BOOF) to teach students in elementary, middle and high schools about personal finance. She is a graduate of the 2009 class

of Leadership Manhattan Beach, a non-profit organization providing opportunities to network with city leaders, other business professionals and the community. *as reported in Financial Planning Magazine June 1996-2009, based on revenues.

Thursday 6:30 pm - 9:00 pm; 2 sessions starting January 20, 2011, ending January 27, 2011

Saturday 9:00 am - 11:30 am; 2 sessions starting March 26, 2011, ending April 2, 2011

Tuition: **\$29.00**

Instructor: Candace Colescott Location: El Camino College

Retirement Planning Today #810072

You will receive timely information to help you navigate the financial uncertainties ahead during America's current economic crisis. Learn how to avoid the 10 biggest retirement planning mistakes! Whether your objective is to build a nest egg, protect your assets, or preserve your lifestyle throughout retirement, this course helps you plan your future with confidence. Due to recent tax law changes, an uncertain future for Social Security and the shift toward employee-directed retirement plans, the need for sound financial strategies has never been greater. In this course you'll learn how to: create your own financial roadmap to keep you on track to a successful retirement, manage investment risks, use new tax laws to your advantage (e.g., 2010 Roth IRA conversion), make informed decisions about your company retirement plan, and adjust your estate plan to function properly under the new laws.

Instructor Larry Takahashi, is a Certified Public Accountant with the Personal Financial Specialist designation (CPA/PFS), and has more than twenty-five years in the finance, accounting, and financial services fields. Mr. Takahashi holds an MBA degree in finance from the UCLA Anderson School of Management.

Thursday 6:30 pm - 9:30 pm; 2 sessions starting March 17, 2011, ending March 24, 2011

Saturday 9:00 am to 12:00 pm; 2 sessions starting March 26, 2011, ending April 2, 2011

Tuition: \$39.00 Instructor: Larry Takahashi Location: Comm 307 Materials Cost: \$25.00

Night at the Planetarium: Spring Constellations #2240001



Learn to recognize the spring stars and constellations, such as Gemini, Leo, and the Big Dipper! Find out where the planets are and how to distinguish them from stars. Locate star clusters and nebulae visible with binoculars. The class is taught in the El Camino College Planetarium. After the class, we will observe the stars through the telescopes of El Camino College Observatory (if weather allows). Students may be as young as 10 years old to attend the class; completed Kid's College parental consent form required.

Instructor Vincent Lloyd was too late to rescue Andromeda, but he has been teaching astronomy for twenty years. He has been at El Camino College since 1991.

Friday, 7:00 pm - 9:00 pm; 1 session on March 11, 2011

Tuition: \$20.00 Instructor: Vincent Lloyd Location: Planetarium Materials Cost: \$4.00

"Fun! Very knowledgeable. I enjoyed his astronomy jokes."

-Night at the Planetarium Student



Cover Story!

Who's on our cover this month? This month's cover photo features our colleagues from the awardwinning Redondo Beach restaurant, Ortega 120. Ortega 120 restaurant is the classroom location of our popular Tamales 101 and Tequila University

classes (see pages 28-29). If you haven't taken the *Tamales 101* or *Tequila University* classes yet, we encourage you to treat yourself to an especially fun educational experience!

"Instructors Tom and Demi are fabulous, funny, and easy to listen to! We want to come back for more!" -Tamales 101 Student

Register By Phone: 310-660-6460 40 41 Register Online: www.ECCommunityEd.com



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affordable courses

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convenient for everyone!



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Become a Pro with Digital Photography

Learn a new Language

Teaching Tips for Survival in the Classroom

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Course Fees Start at Just \$99!

Welcome

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners.

Most courses run for six weeks (with a ten-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

Start Dates:

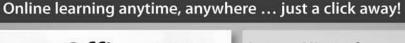
New course sessions begin each month. Please visit our Online Instruction Center to see exact start dates for the courses that interest you.

Requirements:

All courses require Internet access, E-mail, Microsoft Internet Explorer, or Firefox web browsers. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

How to Get Started:

- 1. Go to www.ECCommunityEd.com
- 2. If you are new to our website, click **Sign in** on the left-hand side and create a new student profile. Be sure to retain your username, login and password for your records as this will grant you access to our website in the future and the Ed2Go online classroom.
- 3. Sign in with your **Username** and **Password.** Next, click on **Courses** to the left and choose an online class by exploring one of the **Online Classes** category links that lists classes by subject area. Click on **Add to Cart** button and follow instructions to pay for your course.
- 4. When your course starts, return to www.ECCommunityEd.com, sign in, click on current registrations, choose course from class listing and click on **Go to class** to begin your studies each week.





Intro to Microsoft Word 2007

Intro to Microsoft Excel 2007

Intro to Microsoft PowerPoint 2007

Intro to Microsoft Access 2007

Intro to Microsoft Outlook 2007

Intro to Windows Vista

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- 3. Sign in with your Username and Password. Next, click on Courses to the left and choose an online class by exploring one of the Online Classes category links that lists classes by subject area. Click on Add to Cart button and follow instructions to pay for your course.
- . When your course starts, return to www.ECCommunityEd.com, sign in. click on current registrations, choose course from class listing and click on Go to class to begin your studies each week.

GRANT WRITING/ NONPROFITS

Starting a Nonprofit

Industry veteran shows you how to take a nonprofit business from vision to reality.

Introduction to Nonprofit Management

Develop the skills and strategies you need to become an integral part of one of the fastest growing service sectors.

Marketing Your Nonprofit

Further the ideals and goals of your nonprofit by learning to compete more effectively for members, media attention, donors, clients, and volunteers.

Get Grants!

Learn how to develop successful, fundable grants from experts in

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Writing Effective Grant **Proposals**

Learn to prepare grant proposals that get solid results for your favorite organization or charity.

Advanced Grant Proposal

Gain a full understanding of the criteria funders use to determine whether your grant proposal gets funded or rejected.

Becoming a Grant Writing Consultant

Increase your income while working from home by starting a grant writing consulting business.

START YOUR OWN **BUSINESS**

Learn to Buy and Sell on eBay

Auction pros teach you how to work from home or earn extra income by buying and selling goods online.

Marketing Your Business on the Internet

E-commerce expert helps you develop an Internet marketing plan for your business.

Start Your Own eBay Drop Off Store

Turn people's unwanted items into a lucrative source of income by starting an eBay drop off store.

Secrets of the Caterer

Learn cooking and business secrets from a professional caterer.

Wow, What a Great Event!

Looking for a fun new career coordinating special events? Learn proven techniques from a master event planner.

Growing Plants for Fun and Profit

An industry professional teaches you everything you need to prosper in the backyard nursery business.

Publish It Yourself: How to Start and Operate Your Own **Publishing Business**

Convert manuscripts into income by producing and selling books like the pros.

Start Your Own **Consulting Practice**

Find out how you can earn income by sharing your training or knowledge with others.

Start and Operate Your Own Home-Based Business

An experienced entrepreneur teaches you how to develop the motivation, discipline, and creativity to quit your job and be your own boss.

Creating a Successful **Business Plan**

Turn your business ideas into a solid plan for financing and long-term success.

Start Your Own Arts and **Crafts Business**

Learn how to start your own arts and crafts business from a professional artist.

CAREER IDEAS

Become a Veterinary Assistant

Practicing veterinarian prepares you to work in a veterinary office or hospital.

Real Estate Investing

Build and protect your wealth by investing in real estate.

Get Paid to Travel

Learn everything you need to start your new and exciting career as a professional tour director.

Fundamentals of Technical Writing

Learn the skills you need to succeed in the well-paying field of technical

As a newcomer to the field of technical writing, I found this course particularly useful. I feel it has afforded me a great foundation on which I can further build my skills.

Introduction to Criminal Law

An in-depth look at criminal law and the real world of prosecutors, defense attorneys, and the paralegals who work closely with them.

Legal Nurse Consulting

Begin a new career by helping attorneys understand and resolve medical cases and claims.

Paralegal Preparation 1

Prepare for a career as a paralegal by learning terminology, processes, and other basics (course 1 of 6).

Publish It Yourself: How to Start and Operate Your Own **Publishing Business**

Convert manuscripts into income by producing and selling books like the pros.

Become an Optical Assistant

Learn what it takes to become an optical assistant and discover why it's one of today's most popular and fascinating career opportunities.

Become a Physical Therapy Aide

Prepare for a rewarding career as a valued member of the physical therapy team.

PERSONAL DEVELOPMENT

Listen to Your Heart, and Success Will Follow

Design a life that makes you happy by learning how you can use work to express yourself and share your interests and talents.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Twelve Steps to a Successful Job Search

World-renowned author and career advisor shows you how to get the job you want quickly and easily and in any economy.

Individual Excellence

Master 12 career-enhancing skills including goal setting, time management, personal organization, and creativity.

Leadership

Gain the respect and admiration of others, exert more control over your destiny, and enjoy success in your professional and personal life.

The instructor did a great job choosing what to cover. The material was well presented and touched on many interesting topics. I definitely recommend this course not only to those who are shy, but to anyone who would like pointers in improving him or herself.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

Merrill Ream Speed Reading

Acclaimed speed reading expert teaches you how to save yourself time by reading faster with better comprehension.

PERSONAL FINANCE

Real Estate Investing Build and protect your wealth by

investing in real estate. **Debt Elimination Techniques**

That Work

Learn specific, powerful, and proven strategies to get completely out of debt and live a stress-free lifestyle.

Where Does All My Money Go? Learn how to get control of your money once and for all.

Listen to Your Heart, and Success Will Follow

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THE PROGRAMS

HEALTHCARE AND FITNESS PROGRAMS	Hours	Class Price
Administrative Dental Assistant	150	\$1,595
 Administrative Medical Specialist w/ Medical Billing and Coding 	300	\$1,995
 Advanced Coding for the Physician's Office 	80	\$1,395
 Advanced Hospital Coding and CCS Prep 	80	\$1,695
 Advanced Personal Fitness Trainer 	240	\$2,795
 Certified National Pharmaceutical Representative 	120	\$1,595
 Coding, Reimbursement and Documentation for Physicians 	12	\$795
• Fitness Business Management	260	\$2,395
HIPAA Compliance (4 user licenses)	12	\$599
 Human Resources for Healthcare Professionals 	80	\$1,995
 ICD-10 Medical Coding: Preparation and Instruction for Implementation 	200	\$1,595
 Medical Billing and Coding 	240	\$1,595
Medical Terminology	60	\$595
Medical Transcription	240	\$1,595
 Nutrition for Optimal Health, Wellness, and Sport 	200	\$2,395
Personal Fitness Trainer	150	\$2,095
 Personal Training and Group Exercise Training for Older Adults 	260	\$2,395
Pharmacy Technician	240	\$1,795
• Revenue Cycle Management for Healthcare Providers	12	\$795
• Veterinary Assistant	240	\$1,795
 Women's Exercise Training and Wellness 	200	\$2,395

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BUSINESS & PROFESSIONAL PROGRAMS	Hours	Class Price
Administrative Professional with Microsoft		
 Certified Application Specialist (MCAS) 	240	\$1,995
 Administrative Professional with Microsoft Office Specialist 	240	\$1,995
 Bookkeeping the Easy Way with Quickbooks 	140	\$1,695
Certified Bookkeeper	80	\$1,795
 Certified Global Business Professional 	400	\$2,495
Certified Wedding Planner	300	\$1,395
Chartered Tax Professional	180	\$1,795
 Chartered Tax Professional for California Residents 	200	\$1,895
 Corporate Governance and Ethics 	15	\$895
• eBusiness	200	\$1,995
 Entrepreneurship: Start-Up and Business Owner Management 	360	\$2,095
Freight Broker/Agent Training	150	\$1,695
• Grant Writing	300	\$2,095
 Help Desk Analyst: Tier 1 Support Specialist 	80	\$1,495
• Lean Mastery	60	\$1,695
 Management for IT Professionals 	390	\$2,095
Management Training	360	\$2,095
 Mediation and Dispute Resolution 	180	\$4,195
 Microsoft Certified Application Specialist Training (MCAS) 	120	\$1,595
 Microsoft Office Specialist 2003 (MOS) 	120	\$1,595
 Non-Profit Management Training 	300	\$2,095
• Paralegal	225	\$1,795
 Payroll Practice and Management 	80	\$1,595
 Personal Financial Planning 	40	\$1,395
 Principles of Private Investigation 	200	\$1,995
Project Management	40	\$1,495
 Purchasing & Supply Chain Management 	300	\$2,095
Records Management	180	\$1,395
Search Engine Marketing	250	\$1,795
Search Engine Optimization	150	\$1,395
 Seven Steps to Leading High Achieving Teams 	70	\$1,395
Six Sigma Black Belt	200	\$2,695
• Six Sigma Green Belt	100	\$1,895
Supply Chain Management	240	\$2,795
• Technical Writing	80	\$1,595
Travel Agent Training	200	\$1,595
 Understanding Earned Value Management 	30	\$1,295

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T & SOFTWARE DEVELOPMENT PROGRAMS	Hours	Class Price
3ds max	650	\$4,095
Administrative Professional with Microsoft Certified Application Specialist (MCAS)	240	\$1,995
Administrative Professional with Microsoft Office Specialist	240	\$1,995
ASP.NET	300	\$1,995
AutoCAD 2007	150	\$1,795
AutoCAD 2009	150	\$1,995
Cisco® CCENT® Certification Training	70	\$1,795
Cisco® CCNA® Certification Training	100	\$1,995
Comp TIA™ A+ Certification Training	320	\$1,695
Comp TIA™Linux+/LPI Level One Certification Training	300	\$2,195
Comp TIA™Network+/Server+ Certification Training	80	\$1,495
Comp TIA™Security+ Certification Training	120	\$1,695
eBusiness	200	\$1,995
Forensic Computer Examiner	150	\$3,095
Help Desk Analyst: Tier 1 Support Specialist	80	\$1,495
Microsoft Access 2007	35	\$595
Microsoft Certified Application Specialist (MCAS)	120	\$1,595
Microsoft Certified Database Administrator (MCDBA)	460	\$3,095
Microsoft Certified Desktop Support Technician (MCDST)	200	\$1,795
Microsoft Certified System Administrator 2003 (MCSA) Microsoft Certified System Administrator	440	\$2,495
Plus 2003 (MCSA+)	340	\$2,195
Microsoft Certified System Engineer 2003 (MCSE)	700	\$3,295
Microsoft Certified Technology Specialist: SQL Server 2005 (MCTS)	480	\$3,095
Microsoft Excel 2007	35	\$595
Microsoft Office Specialist 2003 (MOS)	120	\$1,595
Microsoft Outlook 2007	35	\$595
Microsoft PowerPoint 2007	35	\$595
Microsoft Vista Business	35	\$595
Microsoft Word 2007	35	\$595
Pay Per Click Marketing	150	\$1,395
RFID (Radio Frequency Identification) on the Web™	70	\$2,495
Search Engine Marketing	250	\$1,795
Search Engine Optimization	150	\$1,395
Web Database Developer	200	\$2,195
Webmaster	150	\$1,795
MANAGEMENT & CORPORATE PROGRAMS	Hours	Class Price
Certified National Pharmaceutical Representative	120	\$1,595
Corporate Governance and Ethics	15	\$895
ntrepreneurship: Start-Up and Business Owner Management	360	\$2,095
Human Resources for Healthcare Professionals	80	\$1,995
ean Mastery	60	\$1,695
lanagement for IT Professionals	390	\$2,095
Ianagement Training	360	\$2,095
lediation and Dispute Resolution	180	\$4,195
Ion-Profit Management Training	300	\$2,095
ayroll Practice and Management	80	\$1,595
roject Management	40	\$1,495
urchasing Management	300	\$2,095

Records Management	80	\$1,395
Revenue Cycle Management for Healthcare Providers	12	\$795
Seven Steps to Leading High Achieving Teams	70	\$1,395
Six Sigma Black Belt	200	\$2,695
Six Sigma Green Belt	100	\$1,895
Supply Chain Management	240	\$2,795
Technical Writing	80	\$1,595
MEDIA & DESIGN PROGRAMS	Hours	Class Price
3ds max	650	\$4,095
Business Marketing Design	240	\$3,295
Digital Arts Certificate	225	\$3,195
Fine Arts Training	200	\$1,395
Graphic Design	80	\$1,495
Interior Design	350	\$2,295
Multimedia Design Certificate	225	\$3,195
Video Game Art	300	\$1,995
Video Game Design and Development	500	\$1,995
Web Database Developer	200	\$2,195
Webmaster	150	\$1,795
Website Design	225	\$3,295
		•
HOSPITALITY & GAMING PROGRAMS	Hours	Class Price
3ds max	650	\$4,095
Advanced Personal Fitness Trainer	240	\$4,0 9 5 \$2,795
Casino Baccarat Dealer	75	\$2,773 \$1,195
Casino Blackjack Dealer	100	\$1,173 \$1,395
Casino Poker Dealer	100	\$1,395
Certified Global Business Professional	400	\$1,373 \$2,495
Certified Wedding Planner	300	\$1,395
Fine Arts Training	200	\$1,395
Personal Financial Planning	40	\$1,395
Travel Agent Training	200	\$1,595
Video Game Art	300	\$1,995
Video Game Design and Development	500	\$1,995
video Game Design and Development	300	⊅1,77 3
SKILLED TRADES & INDUSTRIAL PROGRAMS	S Hours	Class Price
Chemical Plant Operations	400	\$2,595
Freight Broker/Agent Training	150	\$1,695
Home Inspection	200	\$2,095
HVAC Technician	320	\$3,095
Modern Automotive Service Technician	380	\$2,695
Oil Refinery Operations	400	\$2,595
Paper Mill Operations	400	\$2,595
Power Plant Operations	400	\$2,595
	400	\$2,373
Pulp Mill Operations	400	\$2,595 \$2,595

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COMMUNITY EDUCATION DEPARTMENT FEATURED ON TORRANCE CitiCABLE!

Watch This Week in Torrance on



Watch Torrance CitiCABLE reporter Ana Carranza in attendance at our May 22nd Young@Heart open house event! The feature story highlights our extraordinary Computer Basics Boot Camp (see page 38) instructor Dale Fedderson and his former student Michele Pinkston. Also mentioned are our Digital Photography Basics Boot Camp, Tamale 101, Tequila University and Belly Dance classes.

enter This Week In Torrance 21.10 (Part 5) On

Spicy Hot Allied Health Jobs!



Become a Medical Billing Professional

Medical Billing & Coding Health Information **Management 7-Class Series**

Complete all 7 courses to be eligible to earn a Certificate of Completion \$199 per class or series discounted rate of \$1,199.00!

Are you interested in a career in medical billing and coding? In this 7-part course, you will gain the tools and knowledge necessary toward becoming a medical billing specialist. This series provides students with basic knowledge of the national diagnostic and procedural coding systems as well as introduces the process of filing claim forms. The 7 courses of the series (to be taken in sequence):

- 1. Medical Terminology 1
- 2. Medical Terminology 2
- 3. Medical Office Procedures-Administrative
- 4. Medical Coding ICD-9-CM
- 5. Medical Coding CPT
- 6. Medical Billing and Reimbursement
- 7. Medical Information Technology



FREE Information/Orientation Session

Attend this free information session and learn about our Health Information Management Series. We will discuss career opportunities & salaries, national certifications, classroom and homework requirements, home-based business and more. Instructors Vickie Herbert and Audra Parker will provide answers to all of your questions to get you started on a health information management career. Free to attend, RSVP required: Reserve online at www.ECCommunityEd.com or call 310-660-6460. Thursday, 6:30pm-7:30pm; 1 session on January 27, 2011

Become a Pharmacy Technician

As a pharmacy technician you will help the pharmacist package or mix a prescription, maintain client records, refer clients to the pharmacist for counseling, assist with inventory control and purchasing, as well as collect payment and coordinate billing. This course combines 180 hours of classroom instruction with a 120-hour pharmacy externship to provide you with a complete learning experience. For detailed information including financial options, course resources and prescreening preparation visit: www.adultedreg.com/elcamino.

Pharmacy Technician Training Program

Mondays & Wednesdays 6:00 pm - 9:30 pm; 54 sessions starting March 7, 2011, ending September 21, 2011 (No class on Apr 25, May 30, Jul 4, Sep 5)

Tuition: \$2.825.00

FREE Information Orientation Session

Free orientation meeting for anyone interested in enrolling in the Pharmacy Technician Training program. Attend this orientation to meet the instructor, learn all the specifics of the program and the opportunities waiting for you as a Pharmacy Technician. Free to attend, RSVP required: Reserve online at www.ECCommunityEd.com or call 310-660-6460.

Monday, 6:30 pm - 7:30 pm; 1 session on February 7, 2011



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