



# Anger Management Workshop

Join this Workshop via Zoom  
Hosted by Dr. Vianey Midgette, Ph.D.  
Every Thursday @ 12:00 PM  
September 22nd - November **10th!!!**

This workshop will guide students  
in understanding the cycle of anger  
& how it impacts our lives.



To register go to [SHS Workshops](#) or  
scan the QR Code!



For more information or for accessibility-related  
questions, please contact SHS at 310-660-3643.