

# THE THERAPY OR NAH



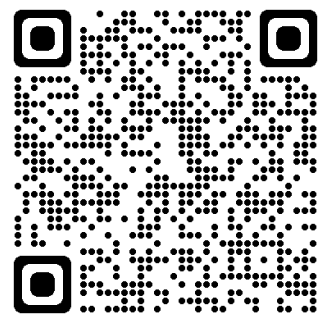
Ever wondered about therapy and whether it would be helpful for you?

Attend this Q&A to learn about our services and to ask any questions you may have about therapy!

**Presented by Dr. Kenneth Spears**

**Join on February 21st @ Noon via ZOOM!**

**To register go to SHS Workshops or  
scan the QR Code!**



**For more information or for accessibility-related questions, please contact SHS at 310-660-3643.**