



# **BE A TEAM PLAYER**

Donate blood today.

# Donors will receive a limited-edition T-shirt or a Starbucks gift card.

## **Blood Drive:**

El Camino College

#### Day 1:

Tuesday, October 8, 2024 9:30 a.m.–3:30 p.m. Bloodmobile in the Student Services Plaza 16007 Crenshaw Blvd. Torrance, CA 90506

#### Day 2:

Wednesday, October 9, 2024 9:30 a.m.–3:30 p.m. East Dinning Hall 16007 Crenshaw Blvd. Torrance, CA 90506





## To make an appointment:

Scan QR code or visit: cedars-sinai.org/giveblood (group code: ELCC)

#### When donating, be sure to:

- Bring a photo ID
- Be in good health
- Weigh at least 110 pounds
- Eat a good meal
- Drink extra water
- Be at least 17 years old
- A 16-year-old may donate if they have a signed parent consent form and weigh at least 135 pounds