

# SELF-CARE *Fair*

**CHOOSE YOUR ADVENTURE!**

**11:30 AM - 1:30 PM  
ECC LIBRARY**



## *Sound Bath*

### **WEST READING ROOM**

2 SESSIONS: 11:30 AM, 12:30 PM  
20 PEOPLE PER SESSION  
FIRST COME, FIRST SERVED



## *Salsa Dance Lesson*

### **LIBRARY PATIO**

1 SESSION @ 11:30 AM  
HOSTED BY ECC SALSA CLUB



## *Loteria*

### **CLASSROOM 1**

PLAY LIGHTNING ROUNDS OF  
MEXICAN BINGO (WITH PRIZES!)



## *Therapy Dogs*

### **RESEARCH CENTER**

TAKE A "PAWS" TO DESTRESS  
WITH SOME FRIENDLY PUPS



## *Crafternoon*

### **COLLABORATION ROOM**

- MINI WOOD PAINTINGS
- KINDNESS ROCKS
- DIY TILE COASTERS



SOUND BATH



GAMES



THERAPY DOGS

**AND MORE!**