

COFFEE & CONVERSATION with Colleagues

Thursday, February 9, 2023 7:45am - 3:00pm **El Camino College** Torrance, CA



Schedule at a Glance February 9, 2023

7:45am - 8:45am Morning Refreshments

(Pancake Breakfast: 7:45am - 8:45am)

9:00am - 10:30am General Session: Marsee Auditorium

Use the QR code to check in to the General Session:

Or CLICK HERE:

Welcome

Active Shooter Training*

Re-centering Transition Exercise

Video: FIRST

President's Remark Video: IMPACT

Closing/Announcements (https://tinyurl.com/4deywv95)

Various Locations 10:45am - 12:00pm ECC Division/Department Meetings

11:30am - 1:30pm Campus Lunch North Gym

Tenure Reception East Dining Room 12:30pm - 1:30pm

2:00pm - 3:00pm Coffee & Conversations With Colleagues East Dining Room

DIVISION/DEPARTMENT MEETINGS

10:45am - 12:00pm

DIVISION/DEPARTMENT	LOCATION
Behavioral & Social Sciences	SOCS 127
Business	MBA 107
Counseling	SSC 141
Fine Arts	Haag Recital Hall
Health Sciences & Athletics	GYM 216
Humanities	HUM 114

DIVISION/DEPARTMENT	LOCATION
Industry & Technology	ITEC 115
Library & Learning Resources	Collaboration Room
Mathematical Sciences	MBA 219
Natural Sciences	LIB 166
Nursing	GYM 216/ MBA 410
Special Resource Center	Virtual Meeting

Marsee South Patio

^{*}Please be advised that active shooter safety information will be presented during the general session.



Thursday, February 9, 2023 • 2:00pm - 3:00pm East Dining Room

Instead of traditional break-out sessions, have an engaging conversation with your colleagues (over coffee) on various hot topics or challenging issues

We will have extra open tables available, feel free to come and make your own topic!

Topics	Conversation Captains
Active Shooter Training	Michael Trevis
Campus Safety and Security	Carey Drayton
Canvas Assistance	Ryan Martinez & Gema Perez
Discord, Pronto, & Student-to-Student Communication	Moses Wolfenstein
Equity & Invisible Disabilities	Mora Mattern & Elayne Kelley
Little Tips and Tricks for Making Your (Teaching) Life Easier (Canvas and more)	Evelyn Uyemura
Linguistic Justice	Erica Brenes
Managing the Emotional Labor of Teaching in the Humanities	Susan Corbin
Parental Resiliency	Cynthia Cervantes
Qualities of an Effective Teacher	Cat Lundy Daniel
Tutoring at El Camino College	Christopher Glover & Sheryl Kunisaki
ZTC Degree Pathways	Mary McMillan





FACULTY, CLASSIFIED STAFF AND MANAGERS ARE INVITED TO A

Complimentary

LUNGH

THURSDAY, FEBRUARY 9, 2023 11:30AM - 1:30PM NORTH GYM

We encourage you to step away from your work space and come by and grab a complimentary lunch!



Welcome New ECC Warriors!!

Behavioral & Social Sciences

Aguiar, Emmanuel Campos, Alonzo Chavez, Michelle DiLorenzo, Lynn Duarte, Jennifer L Fraga, Michael Gordon, LaFaune Green, Donte Hall, Angel
Inada, Jeffrey H
Jefferis, Janice C
Johnson, Christopher
Liggins, Alanah N
Mendoza Ramos, Sacramento
Moutra, Reshon T
Rafi, Muhammad

Ramirez, Lawrence J Rivera, Maria Robinson, Jennifer A Robinson, Monica D Sankofa, Jub U Stifter, Dianna D Tatsumi, Carol Yates, Arianna Young, Janet L

Business Education

Dellaca, Roger Galfaian, Mary Gastelum, Tracy M Gilligan, Kevin A Kol, Debbie Moncada, Mirna Nickl, Tracy Tomblin, David

Center for the Arts

Dickey, Matt E

Levy, Donna M

Counseling

Bello, Juan Gamboa, Cesar B Reyes, Adriana I Roaquin, Marc J Silva Mercado, Melisa

Welcome New ECC Warriors!

Enrollment Services

Crimes, Brittani A Garcia Jacobo, Nelida Garcia, Jazmin A Orzco, Andres Velasquez-Lopez, Carla P

Facilities

Luna, Gregorio

Santinac, Alicia

Swan, Li-Michael

Fine Arts

Alonso, Lizette Beach, Alicia S Beery, Brian Carter, Teryn R Chizoba, Udeorji Corbin, Neil B Field, Colin Foulds, David W
Holman, Eric J
Kaimikaua, Charmaine I
Lewis, Tracie J
Lopez Jr, Rodolfo
Madrid, Vanessa C
Martin, Arnold P

Ortega, Valerie Sack, Adam J Sit, Weng San Stenton, William K Taylor, Warren D Unoura, Deborah

Fiscal Services

Gabriel, Evelyn

Lockett, Ilika

Health Sciences & Athletics

Boerica, Sergiu Brakebill, James A Buffington, Brett Hapke, Michael S Harris, Randy Hartwill, Janina Jackson, Deryl C Kirk, Matthew McFaul, Colleen Notch, Joseph J Ortiz, Edgar Pascua, Mark Q Perez, Michele A Shaw, Carla A Wingfield, Aarin

Welcome New ECC Warriors!!

Health Sciences & Athletics - Nursing

Minutella, Tammy

Ryan, Sanja

Salo, Christina J

Human Resources

Perez, David

Industry & Technology

Echerri, Olga M Gonzalez, Tricia Y Gonazlez-Valdovinos, Maria C Hernandez, Raul Hofmann, Harold E Hoover, William P James, Valencia Lucero, Jeannette Phamdo, Dangvinh Salcedo, Luis Solomon, David

Library & Learning Resources

Celie, Randy Ishizaka, Laura M Martinez, Felicia Oshita, Hana M Ramachandran, Shalini Reynolds, Anna M

Mathematical Sciences

Berik Giwa, Pelin Coleman, Tatangla S Davidson, Shawn K Harney, Christopher Izaddoost, Alireza Keivan Esfahani, Arshia Macias, Jose A Manookian, Noel Ortiz, Jason

Welcome New ECC Warriors!

Natural Sciences

Alexander, John U Ayala, Eduardo A Demir, Firuz Hernandez, Rebecca J Neupane, Kosh P Oswald, Sanda Pineda Enriquez, Tania Sharar, Erica L Thames, Easter Valle, Anne M Victoria Montoya, Jose Carlos

Procurement Services

Mccullum, Rita

Special Resource Center

Cruz, Jessica

Pepic-Koubati, Amra

Student Development

Tran, Anthony

Student Support Services

Delgado, Leslie J Diaz, Reina Lipscomb, La Shonda S Ruiz Rosales, Ruben A

VP Student Services

Dawson, Erica

Are you hosting an event? Is the event flex eligible for faculty?

Professional Development and Learning is available to assist with your event registration in Cornerstone!

- 1. Fill out this Activity Proposal Form.
- 2. Once your event is entered in Cornerstone you will receive an email confirmation.
- **3.** Now people can register for your event through Cornerstone. As an event host, you are able to track registration and easily take roll for your event! (Please note: event registration is not available to students.)
- 4. After your event, you are responsible for submitting attendance, our department will give you presenter flex credit after the event attendance is submitted.

Presenters also earn triple flex credit for each onehour session.

x3 For the first time you present the material

x2 The next time you present it

In the event you add yourself to the roster as an attendee, please contact our department so we may remove you from the roster.

If you have any other questions or concerns, please contact us at **prodev@elcamino.edu**.





2023 EDUCATIONAL TECHNOLOGY CONFERENCE

FRIDAY MARCH 24, 2023
IN-PERSON, SCHAUERMAN LIBRARY
(WITH SOME HYFLEX BREAKOUT SESSIONS)

Our theme is: "HyFlex Instruction in a Post-Pandemic Learning Environment."
We will have presentations on a range of topics related to using technology to enhance student learning.

We are still accepting presentation ideas!

If you have a presentation proposal, scan the QR code below or email sburnham@elcamino.edu.

CLICK HERE TO SUMMIT A PROPOSAL

(https://tinyurl.com/wmvyr868)



Brought to you by the Academic Technology
Committee and the Academic Senate.



Student Health Services (SHS) at El Camino College is committed to providing excellent, comprehensive outpatient clinical care to promote and maintain the health and well-being of our students. Take advantage of all we have to offer!

AVAILABLE SERVICES

Currently enrolled students can access the following services:

- Virtual & in-person medical visits
- Lab work and TB screenings
- Low-cost/FREE medications
- FREE STI screenings and condoms
- Low-cost Plan B and vaccinations
- Psychological/mental health services
- Wellness events/workshops
- And more!

IN-PERSON & VIRTUAL MENTAL HEALTH SERVICES

Our short-term mental health psychotherapy visits help students address emotional distress in a safe, nonjudgmental environment.

We also offer **TimelyCare** – a free virtual mental health care program available to students 24/7.



LEARN MORE

Visit www.elcamino.edu/StudentHealthServices to sign up for services and workshops and learn more about how El Camino College supports healthy lifestyle practices for all Warriors.

STUDENT HEALTH SERVICES

SPRING 2023

Wellness Workshops + Events

THERAPY OR NAH

Ever wondered about therapy and whether it would be helpful for you? Attend this Q&A to learn about our services and to ask your burning questions about therapy!

Presented by Kenneth Spears | Zoom | Tuesday: 2/21 @ Noon

UNDERSTANDING & COPING WITH DEPRESSION & ANXIETY

Learn how to recognize symptoms and use effective coping strategies, such as helpful thinking patterns, mindfulness, healthy behaviors, and improved social relationships. **Presented by Dr. Maria Nazarian | Yoga Studio/GYM Room 216 | Every Monday: 2/27 through 5/22 @ 2PM**

SELF CARE 3.0 SERIES

This series will help provide you with tools to improve self-care and well-being.

3/1: Emotional Self-Care 4/5: Physical Self-Care 5/3: Social Self-Care Presented by

Dr. LaFaune Gordon | Zoom | Wednesdays: 3/1, 4/5, 5/3 @ 12:30PM

A SELF-COMPASSION SERIES

3/2: Tend to be mean to yourself when things go wrong? An introduction into using kindness to relieve stress and achieve your goals..

4/6: Building up your self-compassion! Know a little about self-compassion but want to know more? Learn how to deepen your practice of self-compassion. **5/4:** FIERCE self-compassion! Transform inner kindness to external power and change.

Presented by Dr. Victoria Kwon | Zoom | Thursdays: 3/2, 4/6, 5/4 @ Noon

FINDING BALANCE WORKSHOP

Improve mental health by identifying healthy strategies to balance the demands of school, family, and work. **Presented by Dr. Alann Dingle | Room 208 in Health Sciences Building | Tuesday: 3/7 @ Noon**

ANGER MANAGEMENT WORKSHOP SERIES

This workshop will guide students in understanding the cycle of anger and how it impacts our lives. Join at any session! **Presented by Dr. Vianey Midgette Zoom | Thursdays: 3/9, 3/16, 3/23, 3/30, 4/6, 4/20, 4/27 @ 2PM**

SPECIAL EVENTS

Mental Health First Aid Certification: 2/17, 3/3, 4/6, 5/5 @ 9AM Spring Health and Well-Being Fair: 4/4 | Library Lawn | 10AM-2PM

ACTIVE MINDS: A student club dedicated to changing the conversation about mental health and de-stigmatizing mental illness.

Therapy Dogs: 2/28 @ Club Rush; 3/28, 4/19 and 5/31 @ Library Lawn | 11AM–1PM Warrior Wellness Wednesdays: 2/22, 3/22, 4/26, 5/24, 6/7 | Library Lawn | 11:30AM

LET'S TALK ABOUT SEX - 2.0!

Want to talk about sex in a fun, non-judgmental way? Come join in on a Kahoot game to earn the title of SEX GAMES CHAMP 2.0. Pizza will be provided!

Presented by Alexus Johnson and Sandra Sloan, Registered Nurses Room 208 in Health Sciences Building | Wednesday: 3/8 @ 11:30AM

HEADACHES UNDERSTOOD

Join to learn about different types of headaches, available home treatments, and when to see a medical professional. **Presented by Chris Campbell, Nurse Practitioner | Zoom | Thursday: 3/9 @ 10AM**

PROTECT YOUR PRIVATES: REPRODUCTIVE HEALTH PRACTICES

From self-exams to screenings to preventative vaccines/medications, come and learn more about the steps you can take to protect yourself! **Presented by Courtney Crockett, Registered Nurse | Zoom | Monday: 3/13 @ 10AM**

BIRTH CONTROL 101

Learn about the different types of birth control, and separate the myths from the facts! Everyone is welcome! **Presented by Aileen Kizlinski, Nurse Practitioner | Zoom | Thursday: 3/16 @ 4PM**

THE FENTANYL FACTOR: ONE PILL CAN KILL

Fentanyl is a synthetic opioid causing a record high spike of unintentional overdoses across the United States. *Overdose Prevention and Harm Reduction practices will be reviewed.* **Presented by Dr. Julie Poepoe, Nurse Practitioner | Zoom Thursday: 3/23 @ Noon**

WHY IS SLEEP IMPORTANT IN COLLEGE?

This workshop will help to understand how your sleep, or lack thereof, affects your intellectual and physical performance. **Presented by Dr. Julie Poepoe, Nurse Practitioner | Zoom | Thursday: 3/30 @ Noon**

LET'S CLEAR THE AIR WORKSHOP

Learn about the impact of tobacco-related products on our minds, bodies, and the environment. **Presented by Vickie Beckwith, Registered Nurse Zoom | Wednesday: 4/17 @ 4PM**

LGBTQIA+ ALLYSHIP WORKSHOP

Effective Allyship is paramount in overturning systems of oppression and inequities on any level. Learn what YOU can do to be an effective LGBTQIA+ Ally!

Presented by Dr. Kenneth Spears | Zoom | Tuesday: 4/25 @ Noon

FOR ACCESSIBILITY-RELATED QUESTIONS, PLEASE CONTACT SHS AT 310-660-3643









Virtual care from anywhere.

Get on-demand support from counselors right at your fingertips.

24/7 Mental Health Support.











IT'S FOR EL CAMINO STUDENTS.

FOR FREE.

Visit timelycare.com/elcamino to learn more.



FLYING START WEEK

AT THE LIBRARY!





Discover academic supports you'll want to know about from Day One!

+ FREE FOOD!



Semester Kickoff 9am - 2pm

- "Check Out My Art 2023" reception and coffee/pastries
- Los Angeles Public Library Bookmobile



Library &
Makerspace Tours
9am - 2pm

- Free lunch while supplies last!
- Library & Learning Resources Tours
- Learn about academic supports
- Los Angeles Public Library Bookmobile



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In-House Clubs Meet & Greet + Crafternoon 12pm - 3pm

- · Crafts 2pm 3pm
- Snacks
- Tabletop Gaming Club
- M.A.G.E Club (Japanese Media)
- Warrior Esports Club

For accomodations email: Camila Jenkin, cjenkin@elcamino.edu

The El Camino Community College District is committed to providing an educational and employment environment in which no person is subjected to discrimination on the basis of actual or perceived race, color, ancestry, national origin, religion, creed, age (over 40), disability (mental or physical), sex, gender (including pregnancy and childbirth), sexual orientation, gender identity, gender expression, medical condition, genetic information, marital status, military and veteran status, or retaliation; or on any other basis as required by state and federal law.

CAMPUS MAP

El Camino College

LOCATIONS

Administration	
Art and Behavioral Science	
Art - North	C-
Art Gallery	
Baseball Field	A-
Bookstore	B-
Basic Needs Center	
East Dining Room	
Campus Theatre	
Center for Applied Technology (CAT)	B-
Central Plant	B-
Chemistry	
Communications	C-
Community Education	
Construction Technology	
Distance Education Center	
Facilities	
Gymnasium	
Haag Recital Hall	
Health Center	C-
Humanities	
Industry Technology Education Center (ITEC)	
Learning Resources Center	
Library (Schauerman)	D-
Life Science	
Marsee Auditorium	
Math Business Allied Health (MBAH)	D-
Murdock Stadium	
Music	
Natural Science	
North Field	
North Gym	
PE & Athletics Field	B-
PE South	
Physics	
Planetarium	C-
Police	D-
Pool Classroom Building	
Sand Courts	C-
Softball Field	
Social Science	
South Gym	C-
Student Activities Center (COMS 100)	C-
Student Services	C-
Special Resource Center	
Warrior Welcome Center	
Tennis Courts	C-

