SELF-CARE

CHOOSE YOUR ADVENTURE!

11 AM - 1 PM ECC LIBRARY



11 AM & 12 PM (2 SESSIONS)

JACKFRUIT CARNITAS TACOS AND
A YUMMY BEVERAGE. SAMPLES
FOR ALL PARTICIPANTS.

Sound Bath

WEST READING ROOM

11 AM & 12 PM (2 SESSIONS)

RELAX YOUR BODY & MIND WITH A
MEDITATIVE SOUND BATH.

op Pickleball

LIBRARY PATIO

GRAB A PADDLE AND PLAY ONE OF THE HOTTEST OUTDOOR GAMES AROUND!

Therapy Dogs

RESEARCH CENTER

TAKE A "PAWS" TO DESTRESS

WITH SOME FRIENDLY PUPS





CHOOSE YOUR ADVENTURE!

11 AM - 1 PM ECC LIBRARY

Mini Canvas Painting

RESEARCH CENTER

PAINT A MINI MASTERPIECE FOR YOUR HOME OR OFFICE!

Snack Bar & Aqua Fresca

ENJOY HEALTHY SNACKS & AGUA FRESCA TO REFRESH YOUR AFTERNOON

1 Loteria

RESEARCH CENTER

11 AM & 12 PM (2 SESSIONS)
JOIN US FOR TWO ROUNDS OF
FAST-PACED LOTERIA WITH PRIZES!

Repujado
RESEARCH CENTER

MAKE A MEXICAN INSPIRED ART PIECE OUT OF EMBOSSED & PAINTED TIN.

Wondergarden LIBRARY LAWN

MAKE & TAKE A MINI POTTED PLANT, PLAY LAWN GAMES & MORE!

