## Using What Can I Do With This Major for your major exploration



What Can I Do With This Major can be a valuable tool for you to use for your major and career exploration. The information presented for each major does not directly pertain to any specific major program at a university, but it provides a broad view with varying details about various majors.

As you browse, you may begin to notice that there can be a lot you can do with each major, possibly more than you expected. To assist you in this exploration process, we have provided this guiding document to help you narrow down your interests within your interested major.

## There are two ways you can search for majors:

- You can enter in the search bar on the top right hand corner of the page and search for a
  desired major. You may or may not find search results that directly match with the major
  you are searching for. We suggest that you look at multiple search results, if needed, if the
  major you search for does not directly show up.
- You can also search for majors via categories; scroll up to the links at the top to "View all Majors". You can then see the categories of majors that are organized.
  - We suggest if you are undecided on your major consider narrowing down your categories by which ones you feel you are "NOT interested" in. Sometimes we help narrow our interests not by what we like, but by what we dislike.
  - Once you click on one of the categories, you will see an extensive list of majors that fit within the respective category.
  - Again, we suggest process of elimination to help you narrow down which majors you would like to explore - which ones you like, which ones you want to explore, which ones you know you don't want to go into

\_\_\_\_\_\_

- Generate a list of interested majors by taking notes. You do not have to explore everything all at once nor do we suggest that you do. Start by answering the following questions before exploring:
  - What do I know about this major?
  - What do I need to find out?

- When on the majors page, you'll notice the following:
  - Areas you could work in
  - Employers you could work for within these areas
  - Strategies recommended for you to follow to either increase your interest in the field or/and gain some experience. It is important to note that your college experience must extend beyond the classroom for you to build experience and skills that will help you stand out from your peers - to be competitive in a competitive job market.
  - Links at the bottom of each major page:
    - i. Professional Associations
    - ii. Occupational Information
    - iii. Related Resources
    - iv. Employment Information

\_\_\_\_\_

## **Suggested exercise**

- 1. Print out the Print Version of the major (found near the top of each major page)
- 2. Take 2 highlighters (i.e. yellow and blue) and a pen. Highlights line by line which areas you are interested in and which ones you want to explore
  - a. Yellow = areas I am interested in
  - b. Blue = areas I need to explore further
  - c. Cross out with a pen any areas you are not interested in
  - d. Highlight which employers you would like to work for in the future
  - e. Highlight which strategies you think you can implement or accomplish over the next year or so. Think of these strategies as defined goals to set for yourself to implement. You don't have do all of them at once but consider them as goals to set for yourself to further immerse your experience into the major

\_\_\_\_\_\_

Career exploration is essential to making informed decisions about your major and career goals. The more you gain clarity of what you want to do with your major, the better you can plan to seek opportunities as you navigate through it. Exploration may not necessarily be easy, as it requires honest reflection and understanding of yourself, and what you want out of your education. If you need further assistance in your exploration, please make an appointment with a career counselor at the El Camino Career Center.

## Click on the following link to the ECC Career Center <u>Make an Appointment with a Career Counselor</u>

Expect challenges, but also strive to find excitement and passion in your studies.