

# EL CAMINO COLLEGE STUDENT RESOURCES



California's Supplemental Nutrition Assistance Program (SNAP)

**Students: need money for food?**  
**Find out if you're eligible!**

- Application Help
- Required Verifications
- Eligibility Prescreen
- Questions Answered

**DROP-IN ASSISTANCE AVAILABLE:**

**RISE Center SSV-213**  
**Monday & Wednesday**  
**10:00 a.m.-2:00 p.m.**

**Financial Aid Lab SSV-204G**  
**Tuesday & Thursday**  
**10:00 a.m.-2:00 p.m.**

**Contact us at: 310-660-6057**

**Healthy Warriors feed  
your body, feed your mind.**

The **Warrior Food Pantry** provides free non-perishable food for El Camino College students who face food insecurity.



**LOCATION:**

**PHYS Room 116**

Visit the Warrior Pantry at  
[www.elcamino.edu/  
studentservices/warriorpantry](http://www.elcamino.edu/studentservices/warriorpantry)

**ECC students get  
around for less  
with U-Pass!**



**\$196.46\*** Fall 2017 term Metro U-Pass good for  
unlimited rides on Metro, GTrans &  
Torrance Transit

**August 28, 2017—February 25, 2018**

*\*Actual cost is prorated and decreases every two weeks.*

**For more information visit:**

[www.elcamino.edu/about/  
metroupass.asp](http://www.elcamino.edu/about/metroupass.asp)



**ECC Student  
Health Center**

Located in the Pool Building

**Contact Information:**  
**310-660-3643**

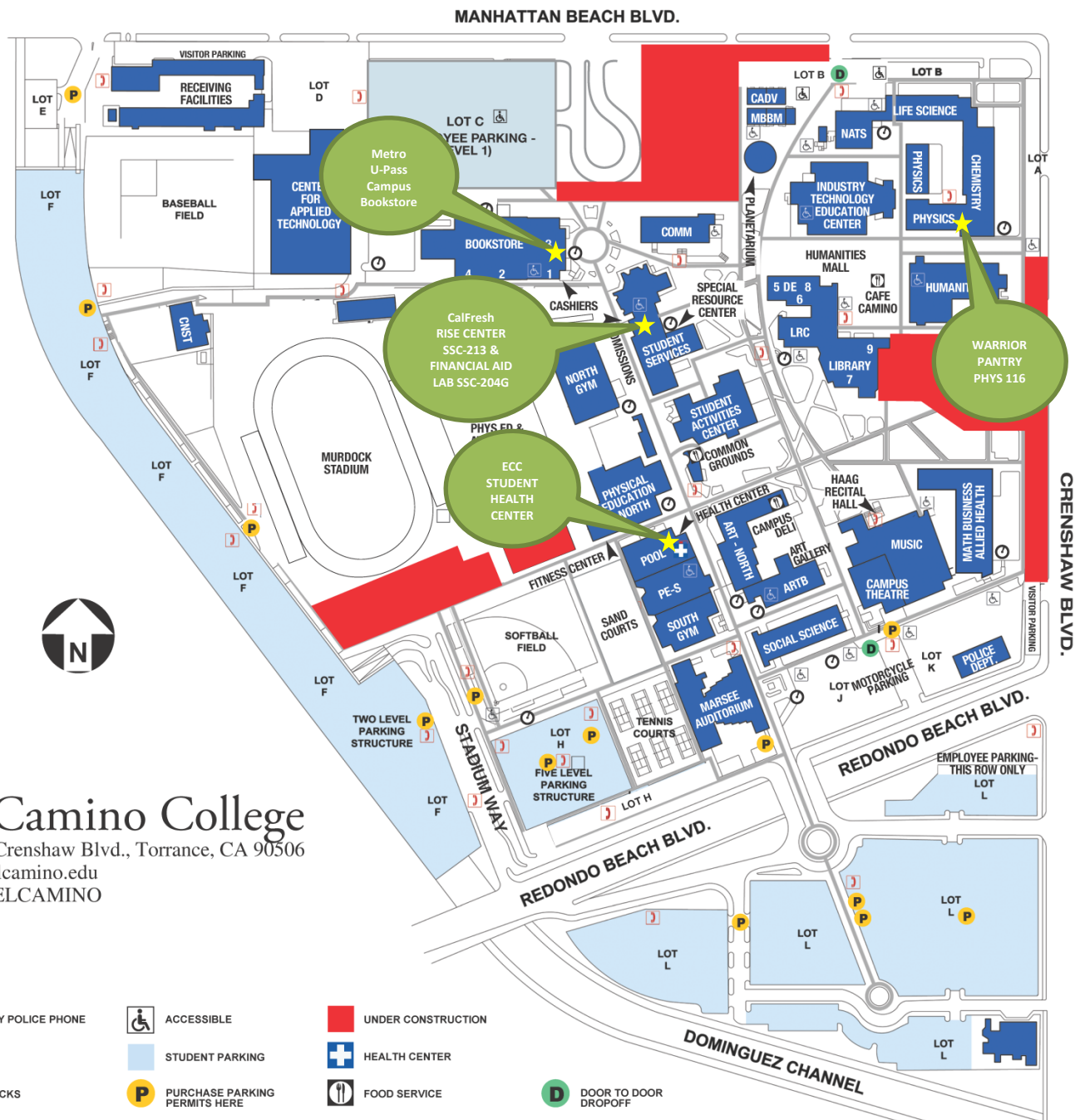
**Crisis Center: 24-Hour Phone**  
**310-392-8381**

**Substance Abuse Info & Hotline**  
**800-821-4357**

**FREE SERVICES by appointment include:**

- Medical office visits
- Psychological counseling and workshops
- STD testing (including HIV)
- **FREE** condoms
- Chiropractic Services: Every Thursday Morning
- **LOW COST** Blood/lab work & medications:  
All lab work done daily until ONE HALF HOUR  
before CLOSING

**Appointments made in person with student ID**



 **El Camino College**  
16007 Crenshaw Blvd., Torrance, CA 90506  
www.elcamino.edu  
1-866-ELCAMINO

**KEY:**



**Feeling overwhelmed?** Help is a text away.

Text: "**COURAGE**" To: 741741

FREE. 24/7. CONFIDENTIAL

Many of us will experience a mental health challenge in our lifetime.

All of us have a reason to speak up. Provided by:

**CRISIS TEXT LINE |**

**Need resources nearby?**

Visit: <http://www.bit.ly/risehelp>

- Online Resource Guide
- Up to date
- Local to El Camino College

**Call 2-1-1**

Speak with a live, highly trained service professional in your area. All calls are completely confidential.



24/7 – Confidential – All Languages