

STUDENT HEALTH SERVICES PRESENTS

How to Prepare for Finals

Virtual Workshop for Students

Learn effective strategies for:

- Time management
- Setting realistic goals
- Reducing anxiety
- Improving focus

June 1 & June 8, 2020

5-6 PM

Presented by Dr. Maria Nazarian

Zoom Meeting ID: 917 2251 9666

Password: 127452

Dial in with: 1-669-900-6833



El Camino College

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