



Health & Community Wellness Exploratory Courses

The courses listed below are suggestions to help students explore their personal, major, and/or career interests. Please consult with an academic counselor for information about major, general education (GE), degree, and transfer credits and requirements as well as credit limitations:

<https://www.elcamino.edu/student/student-services/counseling/appointments.aspx>

Course descriptions can be found at <http://catalog.elcamino.edu/content.php?catoid=6&navoid=293>

* - Courses have prerequisite requirements that need to be completed prior to registering into the course. Please refer to the ECC catalog at <http://catalog.elcamino.edu/> and/or an academic counselor for more information at https://www.elcamino.edu/student/student-services/counseling/express_counseling.aspx

() - The terms that the course is offered if not offered in all terms/sessions. This information may be subject to change. Please check the class schedule for the most up to date information on class listing for a specific semester/term: <https://www.elcamino.edu/academics/schedules-calendars/class-schedules/index.aspx>

Administration of Justice 10- Introduction to Homeland Security (Fall)

Administration of Justice 100- Introduction to Administration of Justice

Administration of Justice 106- Criminal Justice Career Prep (Fall)

Administration of Justice 107- Crime and Control: An Introduction to Corrections (Fall, Spring)

Administration of Justice 109- Introduction to Police Patrol Procedures (Fall, Spring)

Administration of Justice 132- Forensic Crime Scene Investigation (Fall, Spring)

Contemporary Health 1- Personal and Community Health Issues

Fire and Emergency Technology 1- Fire Protection Organization

Fire and Emergency Technology 120- Emergency Medical Foundations

First Aid 1- First Aid, Cardiopulmonary Resuscitation (CPR) and Basic Emergency Care

Nursing 101- Exploring Health Occupation Careers (Fall)

Nutrition 110 [Formerly Nutrition and Foods 11]- Introduction to Nutrition



Physical Education 201 – Introduction to Adapted PE (Fall, Spring)
Physical Education 270 - Fitness and Sport Nutrition (Fall, Spring)
Physical Education 272- Care and Prevention of Athletic Injuries (Spring)
Physical Education 275- Sport Psychology
Physical Education 277- Introduction to Kinesiology
Physical Education 280- Exercise and Nutrition Programs for Fitness & Weight Management (Fall, Spring)
Physical Education 290- Personal Fitness Trainer (Fall)

Rad Tech A- Intro to Radiologic Technology (Fall, Spring)

Recreation 207- Introduction to Recreation (Winter)

Respiratory Care 170- Intro to Respiratory Care Sciences and the Profession (Fall, Spring)

